Do you help a friend or family member with any of these tasks?

- Managing finances
- Providing emotional support/companionship
- Household chores
- Transportation for shopping, errands, medical appointments
- Relaying information to other family or friends
- Providing supervision for safety and/or management of challenging behaviors
- Assistance with personal care needs (e.g., dressing, bathing, bathroom help)

We can help...

AGING HELPLINE:
For aging-related information and assistance, call (919) 968-2087 or email agingtranstions@orangecountync.gov to talk to trained staff Monday – Friday, 9am – 4pm.

CAREGIVER SUPPORT GROUPS:
Groups for caregivers of those with cognitive impairments meet monthly at both Orange County senior centers. Additionally, groups for caregivers of veterans, those living with Parkinson’s and pulmonary hypertension also meet the centers.

DEMENTIA EDUCATION SERIES:
These education sessions are designed to provide information about dementia to individuals with memory concerns, caregivers, family members, friends, and interested community members.

IN-HOME CONSULTATION SERVICES:
Customized consultation services in the comfort and privacy of your home to address the challenges of everyday living in the context of dementia.

MEMORY CAFÉ:
Social gatherings for people living with dementia and their care partners occur monthly in the community. Join in for fun, entertainment and peer support.

OPTIONS COUNSELING:
Meet with a trained social worker to discuss transitions for your loved one from their current home to a new one or a higher level of care. Make a plan for these changes, looking at cost, location and personal preferences/limitations.

For more information, call the Aging Helpline today!

(919) 968-2087
Orange County Department on Aging

2020 SUPPORT GROUP SCHEDULE

Groups for caregivers of those with cognitive impairments meet monthly at both Orange County senior centers.

Robert & Pearl Seymour Center
2551 Homestead Rd • Chapel Hill, NC 27516
(919) 968-2070
2nd and 4th Fridays (*except in December) meetings are from 10:30-12:00):
- Friday, January 10
- Friday, January 24
- Friday, February 14
- Friday, February 28
- Friday, March 13
- Friday, March 27
- Friday, April 10
- Friday, April 24
- Friday, May 8
- Friday, May 22
- Friday, June 12
- Friday, June 26
- Friday, July 10
- Friday, July 24
- Friday, August 14
- Friday, August 28
- Friday, September 11
- Friday, September 25
- Friday, October 9
- Friday, October 23
- Friday, November 13
- Friday, December 4*
- Friday, December 18*

Jerry M. Passmore Center
103 Meadowlands Dr • Hillsborough, NC 27278
(919) 245-2015
2nd and 4th Thursdays (*except in December) meetings are from 1:00-2:30pm:
- Friday, January 9
- Friday, January 23
- Friday, February 13
- Friday, February 27
- Thursday, March 12
- Thursday, March 26
- Thursday, April 9
- Thursday, April 24
- Thursday, May 14
- Thursday, May 28
- Thursday, June 11
- Thursday, June 25
- Thursday, July 9
- Thursday, July 23
- Thursday, August 13
- Thursday, August 27
- Thursday, September 10
- Thursday, September 24
- Thursday, October 8
- Thursday, October 22
- Thursday, November 12
- Thursday, December 3*
- Thursday, December 17*

For more information, call the Aging Helpline today! (919) 968-2087
Go to our website: orangecountync.gov/CaregiverSupport or email us: agingtransitions@orangecountync.gov