

LEAD

Lead in Spices, Herbal Remedies, Ceremonial Powders, and Cosmetics

Some spices, herbal remedies, ceremonial powders, and cosmetics may contain lead, ***especially those imported from India, Asia, Mexico, and the Middle East.***

Spices



Spices include: Anise Seeds, Asafoetida, Chili powder/ whole chilies, Cinnamon, Cloves, Coriander, Cumin, Curry, Dagar Phool (stone flower), Garam Masala, Ginger, Hungarian Paprika, Kabsa Mix, Seven Spices Mix, and Turmeric

Herbal Teas and Remedies



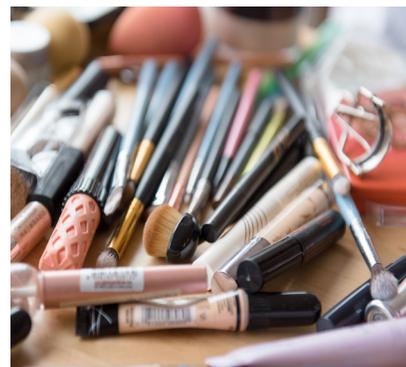
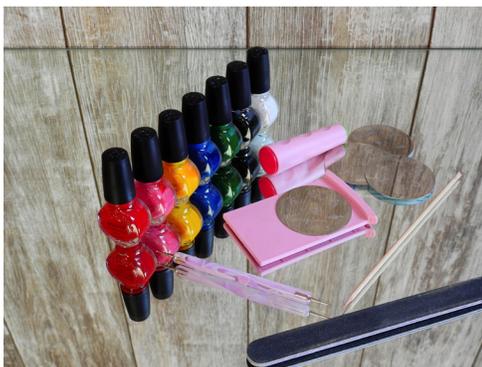
Herbal teas and remedies include: Ash Powder, Azarcon, Balguti Kesaria, Bali Gali, Ghasard, Greta, Kandu, Mojhat ceremonial drink, and Pay-loo-ah

Ceremonial Powders



Ceremonial Powders include: Kum kum, Incense, Pooja powder, Rangoli, and Vibuti (ash powder)

Cosmetics



Cosmetics include: Kohl, Kajal, Kum Kum, Sindoor, and Surma

Prevent Lead Poisoning

- Buy spices locally rather than online or overseas. Domestic products have stricter safety standards and are more likely to have been screened for heavy metals.
- Do not use products that family or friends send to you from another country.
- Keep ceremonial powders and other cosmetics out of children's reach.
- Check labels of products for a state or federal agency safety label.
- Take your children to the doctor's office or local health department to have them tested for lead.