



## **Aging in Community Senior Housing Expo II: Housing Innovations in Our Midst**

Overwhelmed by the thought of de-cluttering or downsizing?

Curious about whether renting or buying is best for you?

Worried about how you will maintain your home and yard?

All of these questions – and many more! – will be addressed at our second AGING IN COMMUNITY EXPO hosted by the Orange County Department on Aging on Saturday, May 20, 2017. Aging service providers, developers, and entrepreneurs will gather at the Seymour Center to share their housing ideas with community members.

There will be two ways to get more information about innovative housing options:

- Informational booths – there will be booths set up throughout the Seymour Center as a way for you to quickly learn more about new ideas related to senior housing ...and meet the people behind organizations who are supporting our later lives.
- Presentations – individuals and organizations will be offering 30-40 minute presentations, with time left for discussion, as a way for you to get detailed information about interesting topics related to senior housing.

This event is a great opportunity for you and other community members to think about what your later life housing could look like. You'll also learn about new housing options that currently exist or are bubbling up in Orange County. Tell your friends!

When: Saturday, May 20, 2017; 10:00am – 1:00pm

Where: Seymour Center, 2551 Homestead Road, Chapel Hill, NC

Cost: FREE!

### **Featured Presentations:**

**Pee Wee Homes: Affordable, sustainable, and social**

Inspired by the Tiny House Movement, the Advocate Church and its community partners have innovative plans to build small, sustainable homes that require residents to pay no more than 30% of their incomes in rent. Learn about how it all began and why Pee Wee homes offer one potential way to end homelessness and isolation.

### **Seniors Helping Seniors: The Seniors and Law Enforcement Together Program**

Do you wish someone would come by just to check on you? Do you need help finding solutions to nutrition or home maintenance problems? The Seniors and Law Enforcement Together Program matches seniors with friendly volunteers that support aging in place. This session will also provide valuable information on how to get involved as a volunteer.

### **Downsize and DeClutter: Simplifying your life**

Everyone has at least one pile of stuff they haven't used in years that is just taking up space. Whether you are planning to stay in your home or are preparing for a move, this session will change the way you think about your belongings and provide simple steps to make a daunting task more manageable.

### **What the future holds for senior housing in Orange County**

Come learn about current and "on the books" senior housing in Orange County. Learn about the costs and availability of local long term care options. Hear a brief overview of all of the current housing models that are available and see what the Master Aging Plan may have in store for us these next five years.

### **Renting vs. buying: The ultimate fight for your funds**

Are you getting mixed messages about whether buying or renting is the wiser decision for you? This session will help you consider your income source, expenses, and health to learn which is the best route for you.

### **Aging in Community: Is it possible?**

Come learn from those who are doing it. The session features a panel of three experts who are organizing themselves, their neighborhoods, and their communities to stay at home and build a network of support and connection.

### **Affordable housing for seniors: It's coming to Orange County!**

Habitat for Humanity is making a bold new move. They have land and a plan for senior housing in the Waterstone development. Come hear about their background research and the innovative housing and neighborhood designs they've come up with. They have pioneering ideas that stand to change the affordable housing landscape in Orange County.

**Home Safe Home** – Should you really throw out your rugs? What's the most dangerous room in the house? Are there certain activities you don't do because

you are afraid of falling? The tips you'll learn in this session will help you live safely and confidently in your home.