Senior Housing Expo: Presentation Times and Descriptions

10:30 am - 11:15 am:

1. Richard Duncan (Birch Room)

<u>Designing new homes for life long living</u> – features that look good and work well for all of a home's residents and visitors and are flexible to adapt to a household's changing lifestyle.

2. Francine Warwick, Mareah Steketee, Bev Cowdrickl (Ash Room)

Imagining a Niche Retirement Community and Center for Traditional Music and Dance:

"Musicians don't retire; they stop when there's no more music in them." – Louis Armstrong. Learn how a group of traditional musicians and dancers want to age in place together through all the stages of aging in a way that continues to provide opportunities to be of service, pass our traditions on, and do what we love in spite of the infirmities of old age.

3. Susan Fowler (Dogwood Room)

<u>Decision-Making in Community:</u> Planning a community and living in community require many decisions. How do community groups resolve the myriad issues involved in living together – from community design to pets in community (and everything in between)? Come learn about the various options – there's not just one way. We'll discuss a variety of systems and hear about your experience with some of them.

4. Paul Voss (Theater Room)

<u>Hart's Mill Ecovillage: planning for housing & commitment to aging in community</u>: A brief overview of the history & current activities of this ecovillage will be presented. Will also discuss the process leading to a selection of an ownership model for housing units and the emphasis being given to the important topic of aging, declining and dying in the context of a caring & supportive intentional community.

11:30 am - 12:15 pm:

1. Richard Duncan (Birch Room)

<u>Convenience and ease-of-use features can be added to an existing home</u> - staying in your current home safely and comfortably will mean making particular changes. There are several key alterations to consider.

2. Francine Warwick, Mareah Steketee, Bev Cowdrickl (Ash Room)

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11:30 am - 12:15 pm:

3. Jason Hart (Dogwood Room)

<u>Small, Green, Aging Friendly Home Design:</u> Aging friendly homes don't have to look like traditional long term care homes. We'll review basic design principles for small homes that live big, methods to reduce energy usage, and discuss how to integrate accessibility and flexibility into a new home or renovation.

4. Cherie Rosemond, Rachel Wilber (Theater Room)

What We Have Now and What We Say We Want: Senior Housing in Orange County: Types, Costs, and Availability: Learn about Orange County's current senior-designated housing, including care services and costs. Then, learn about new housing models that address the gaps between what we have now and what we say we want in our future.

12:30 pm - 1:15 pm:

1. Brian Morton (Birch Room)

<u>A Rating System for Recognizing Elder Star Neighborhoods</u>: Various groups, including the North Carolina Department of Commerce, Florida Department of Elder Affairs, and AARP have developed checklists intended to identify communities that are especially well suited to elders. I will discuss an alternative method of evaluation, which will identify "Elder Star Neighborhoods."

2. Giles Blunden, Tim Toben (Ashe Room)

<u>Generosity Farm: Journeying together on a Community Farm:</u> Giles and Tim are looking to create an intergenerational community that focuses on sustainable agriculture AND explicitly explores how people can journey together to the end of life.

3. Yvonne Mendenhall (Dogwood Room)

Engaging in Aging in Community: All communities, populations, and environments are different and all aging in community organizations will take on the character of their population and place. Creative neighbor-to-neighbor connections, communication, networking and caring by the seniors along with local support services make it happen. Concepts from the "villages of yesterday" can create an Engaging in Aging Community.

4. Susan Adams (Theater Room)

<u>Can Technology Help Support Aging in the Community?</u> Smart phones to smart homes — Technology is all around us. How can it support aging in place? What is available now and what is around the corner. How technology can provide safety and peace of mind, even if you are not a rocket scientist. Security at the expense of privacy, what we need to know before we buy. How to match the right technologies with your needs.

Birch and Ash Rooms: First Floor Dogwood and Theater Rooms: Second Floor