

Drilling Into Objectives: Meeting #4

Community Support and Health Services Workgroup

Overarching Goal

Coordinate ways to increase awareness of the need to maintain healthy lifestyles throughout the aging process, to identify persons early who may be at risk for poor health or injury, and to provide needed supports to maintain safe independent living, while empowering them to seek and make choices regarding health adjustments and end-of-life decisions.

Tasks over next two meetings

- Agree on 1-2 OBJECTIVES per sub-group to help us meet our goal (What) - DONE✓
- Determine a set of STRATEGIES for accomplishing each objective (How)
- Identify what organizations need to take the lead in implementing each strategy (Who)
- Establish INDICATORS for success under each strategy (Measurement)

Examples

- **OBJECTIVE:** Preserve and increase the number of affordable housing options for low and middle-income older adults.
- **STRATEGY:** Evaluate existing regulations and policies and identify those that might prevent the development of senior housing.
- **OUTCOME INDICATOR:** Changes in policies that may prevent development of senior housing, such as zoning, restrictions on Accessory Dwelling Units, school impact fees, etc.
- **AGENCIES RESPONSIBLE:** OC Planning Department, OC Housing Department, Towns of Chapel Hill, Carrboro, and Hillsborough
- **LEAD AGENCY:** OC Housing Department

Examples

- **OBJECTIVE:** Improve quality of and access to mental health and substance abuse services for older adults and their families.
- **STRATEGY:** Advocate for making dementia and depression screening a regular procedure at primary care visits for older adults.
- **OUTCOME INDICATOR:** Healthy IDEAS materials sent to primary care practices that are known to serve older adults
- **AGENCY RESPONSIBLE:** OC Department on Aging

Questions?

Let's get going!

Meeting #5:
Friday, March 24th
9-11am