

Dementia Basics

What can we expect?

This four-part series is designed to provide basic information about dementia to individuals with memory concerns, caregivers, family members, friends, and interested community members.

MEETING	DATES	TIMES	CLASS #
Session 1: Brain Health	Wed., Jan. 10	10:30am-12:30pm	(343022-10)
Session 2: Types & Stages of Dementia	Wed., Jan. 17	10:30am-12:30pm	(343022-10)
Session 3: Communication	Wed., Jan. 24	10:30am-12:30pm	(343022-10)
Session 4: Preparing for the Journey Ahead	Wed., Jan. 31	10:30am-12:30pm	(343022-10)



To register, call 919-968-2087 or email agingtransitions@orangecountync.gov

This program will take place in person at the Chapel Hill Public Library, 100 Library Dr., Chapel Hill, NC.



orangecountync.gov/Aging

