

2023 FALL HEALTH AND WELLNESS FAIR

Join us for the 2023 Health and Wellness Fair, a vibrant event dedicated to promoting a healthy and balanced lifestyle!

Uncover the latest wellness trends, discover natural remedies, and connect with experts in nutrition, mental health, and fitness. Come together with like-minded individuals and embark on a journey to achieve optimal well-being in body, mind, and spirit.

Thursday,
September 21
9am - 1pm

Seymour Center
2551 Homestead Rd
Chapel Hill, NC

First 100 guests will receive
a FREE OCDoA backpack!



Orange County
Department on Aging

FREE!

