

# Caregiver Peer Support Program

The **Caregiver Peer Support Program** provides adults who are experienced with providing direct care to a family member or loved one the opportunity to provide support to less experienced caregivers.

The Caregiver Peer Support Program strives to reduce the burden placed on caregivers, and to help caregivers expand their social connections to the local community.

By establishing a volunteer corps of experienced caregivers this program assists caregivers in Orange County by providing social support while navigating the various difficulties that come with providing care for another person, and assistance with connecting caregivers with community resources.

If you are interested in volunteering for or participating in this program please call **919-968-2087** or email **[agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)**.

