

Dementia Basics

What can we expect?

This four-part series is designed to provide basic information about dementia to individuals with memory concerns, caregivers, family members, friends, and interested community members.

MEETING	DATES	TIMES	CLASS #
Session 1: Brain Health	Tuesday, April 9	1-3pm	(255018-04)
Session 2: Types & Stages of Dementia	Tuesday, April 16	1-3pm	(255018-04)
Session 3: Communication	Tuesday, April 23	1-3pm	(255018-04)
Session 4: Preparing for the Journey Ahead	Tuesday, April 30	1-3pm	(255018-04)



To register, call 919-968-2087 or email agingtransitions@orangecountync.gov

This program will take place in person at the Orange County Public Library, 137 W Margaret Ln, Hillsborough, NC.



orangecountync.gov/Aging

