Community Engagement Work Group Meeting 1
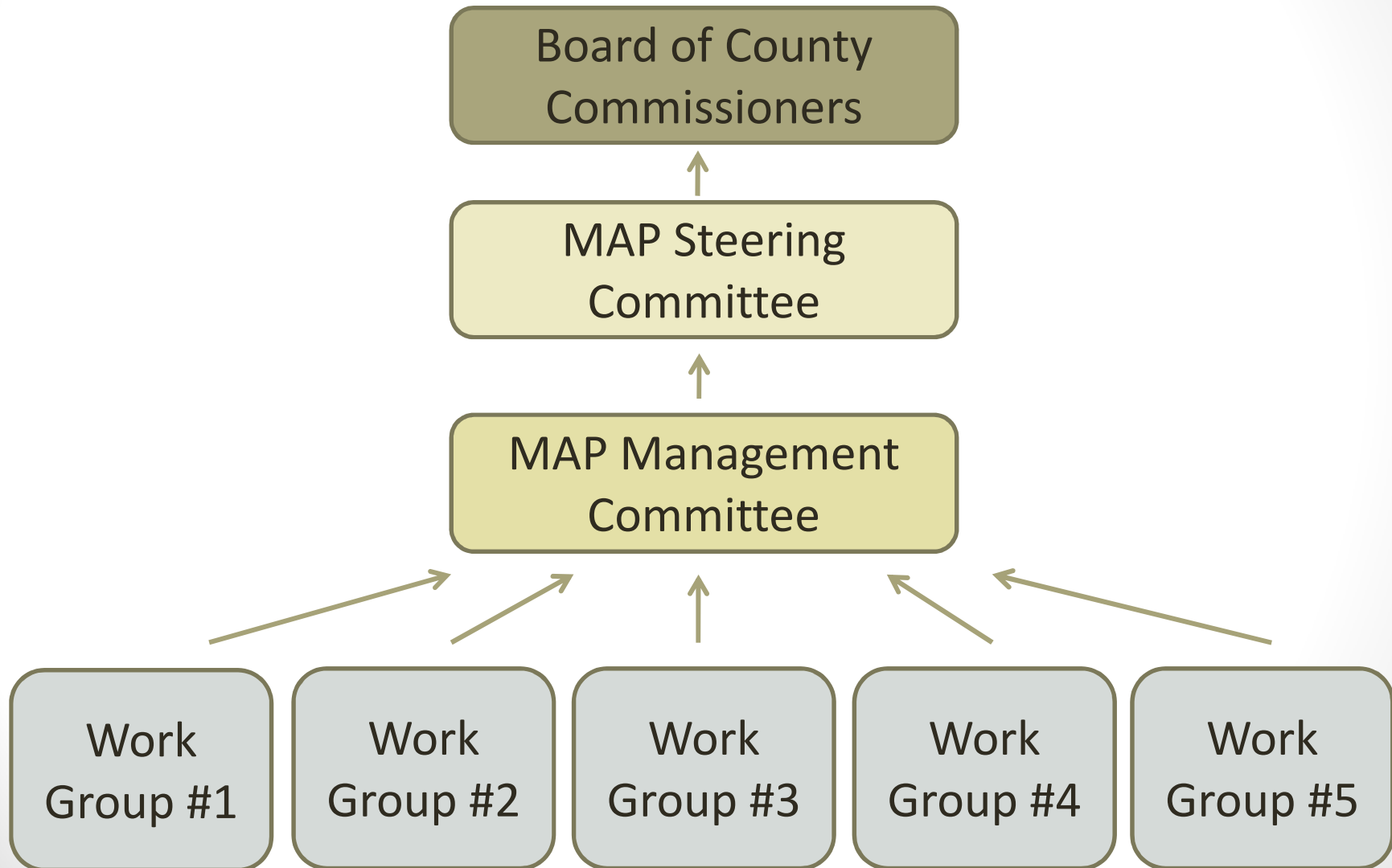
Orange County Department on Aging

2012-2017 Master Aging Plan

What is the Master Aging Plan (MAP)?

- Strategic planning process conducted every 5 years

- Outlines anticipated need for county government services due to an aging population

- Community-oriented and collaborative

- Approved by the Board of County Commissioners

- Funding allocated according to outlined goals and objectives

- Orange County was the first NC county to create a MAP

MAP Participant Structure

Board of County Commissioners

MAP Steering Committee

MAP Management Committee

Work Group #1

Work Group #2

Work Group #3

Work Group #4

Work Group #5

Workgroup Structure

Five Workgroups:

1. Health and Wellness
  Mental Health
  Physician Education
2. Housing Options
  Long-Term Care
3. Navigation and Transportation

4. Aging in Place Supports
  Food and Nutrition
  Safety and Security
5. Community Engagement and Information Access
  Public Education

Five Cross-Cutting Issues:

1. Affordability and Economic concerns
2. Geographic equity
3. Attention to under-represented groups
4. Workforce preparation
5. Information dissemination

Overlapping Issues

1. Health and Wellness

    Mental Health

    Physician Education

2. Housing Options

    Long-Term Care

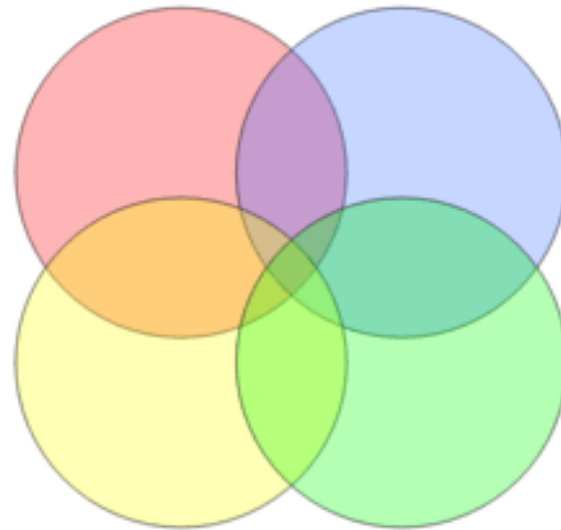**3. Navigation and Transportation**

4. Aging in Place Supports
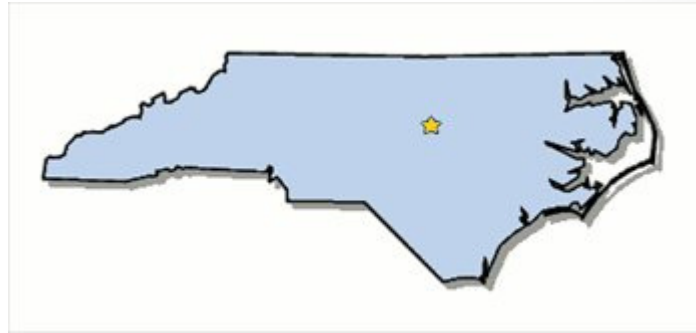
    Food and Nutrition

    Safety and Security

5. Community Engagement and Information Access

    Public Education

State Goals

- <u>Goal 1</u>: Empower older adults, their families, and other consumers to make informed decisions and to easily access existing health and long-term care options

- <u>Goal 2</u>: Enable older adults to age in their place of choice with appropriate services and supports

- <u>Goal 3</u>: Empower older adults to enjoy optimal health status and to have a healthy lifestyle

- <u>Goal 4</u>: Ensure the safety and rights of older and vulnerable adults and prevent their abuse, neglect, and exploitation

State Goals, Cont.

- <u>Goal 5</u>: Empower older adults to engage in the community through volunteerism, lifelong learning, and civic activities

- <u>Goal 6</u>: Prepare North Carolina (Orange County) for an aging population

- <u>Goal 7</u>: Ensure an adequate direct care workforce for an aging population and opportunities for older workers

- <u>Goal 8</u>: Maintain good stewardship of publicly funded services

Work Group Process: Meetings 1 and 2

- **Meeting 1: "Where We've Been and Where We're Going"**
- **Meeting 2: "Barriers and Facilitators of Success"**
  - Subgroups review what they have researched
  - Discussion of what services need protection, need to be improved, and need to be expanded
  - Group brainstorm on possible solutions for each subtopic
  - **Homework**: Identify barriers and facilitators of solution success
- **Meeting 3: "Focus on Solutions"**
- **Meeting 4: "Importance and Feasibility: Drilling Down to Objectives"**
- **Meeting 5: "What Will Success Look Like?"**

Meeting 1 Recap: Community Engagement Issues

- Public education

- Isolation

- Finding resources and services

- Multigenerational activities

- Technology

- Exploitation

- Work Support

Discussion: Ground Rules

1. There are no bad ideas or solutions

2. Participate! We want to hear from everyone

3. Listen respectfully to others

4. Mind the allotted time on the agenda

5. Use plain language (limit acronyms and jargon)

6. Assume best intentions

Discussion

- Which of these services should be **protected**, **improved**, and **expanded**?

- How do we protect, improve, or expand the services?

- What are barriers to these programs being implemented, protected, improved, or expanded?

Homework!

- **Please see your homework handout sheet**
  - Choose one or more Community Engagement issues
  - **Identify the various barriers and facilitating factors we might face in implementing, improving, expanding, or protecting programs and services in Orange County**
  - Record these programs and services on your handout

- Note:
  - As an employee or resident in Orange County, what makes it difficult to implement develop, improve, or expand this particular program or service?
  - What makes it easier?

We will discuss what you find at the beginning of our next meeting!

Thank you for your participation!

Look for an email in the next several days with:

1) Doodle poll to determine Meeting 3 date in January
2) The notes from this meeting
3) Electronic copy of the homework assignment
4) Copy of PowerPoint Slides.
5) Asking if you need any help with homework.