

Caregiver Support Groups

Meeting with other caregivers to share experiences, learn new skills, and get answers to questions about dementia and other long-term disabilities.

CHAPEL HILL	HILLSBOROUGH	VIRTUAL
Seymour Center 2551 Homestead Rd. Chapel Hill NC 27516 2nd and 4th Fridays* of each month 10:30 – 11:30am (*except December 1st and 3rd)	Passmore Center 103 Meadowlands Dr Hillsborough NC 2778 2nd and 4th Thursdays* of each month 1 – 2pm (*except December 1st and 3rd)	via Zoom 1st and 3rd Tuesdays of each month 12:30 – 1:30pm
March 11 and 25	March 10 and 24	March 1 and 15
April 8 and 22	April 14 and 28	April 5 and 19
May 13 and 27	May 12 and 26	May 3 and 17
June 10 and 24	June 9 and 23	June 7 and 21
July 8 and 22	July 14 and 28	July 5 and 19
August 12 and 26	August 11 and 25	August 2 and 16
September 9 and 23	September 8 and 22	September 6 and 20
October 14 and 28	October 13 and 27	October 3 and 17
November 11 (25 canceled due to holiday)	November 10 (24 canceled due to holiday)	November 7 and 21
December 2 and 16	December 1 and 15	December 6 and 20



Contact **Kendall Kopchick** at **919-245-4278**, kkopchick@orangecountync.gov

Or

Kim Lamon-Loperfido at **919-245-4253**, kloperfido@orangecountync.gov
for more information or to register