

# Everyone **12+** is eligible for a **COVID-19 BOOSTER**

To strengthen and extend protections against COVID-19, boosters are now available to all North Carolinians 12 and older. If you are eligible, you should get a booster now.

## **If you received a Moderna or Pfizer vaccine:**

Get your booster 5 months after your second shot.

*People who received their first COVID-19 vaccines outside of the U.S. or in clinical trials with a brand not currently authorized can also receive a **Pfizer booster shot** when they are eligible.*

## **If you received a Johnson & Johnson vaccine:**

Get your booster 2 months after your shot.

**If you are 18 and older, you can receive any brand of the COVID-19 vaccine for your booster. Young people 12-17 can only receive the Pfizer booster.**

- It is recommended that people get boosted with a mRNA vaccine – Moderna or Pfizer - instead of the Johnson & Johnson vaccine, unless they have a medical reason as to why they cannot receive an mRNA vaccine.
- An additional dose is recommended for anyone 5 and older with a compromised immune system.
- You do not need a doctor's note to get a booster. You will need to know the dates and brand of your past COVID-19 vaccines.
- Paper vaccination cards may not be necessary to receive a booster but could be helpful to document your vaccinations for some travel and venue requirements.
- At-home vaccination and free transportation may be available.



Go to [MySpot.nc.gov](https://www.myspot.nc.gov) to get information and find a vaccine location or call 1-888-675-4567.

YOU HAVE A **SPOT.** | TAKE YOUR **SHOT.**

