Aging in Place
Work Group
Meeting 2

Orange County Department on Aging

2012-2017 Master Aging Plan

Workgroup Structure

Five Workgroups:

1. Health and Wellness
    Mental Health
    Physician Education
2. Housing Options
    Long-Term Care
3. Navigation and Transportation

4. Aging in Place Supports
    Food and Nutrition
    Safety and Security
5. Community Engagement and Information Access
    Public Education

Five Cross-Cutting Issues:

1. Affordability and Economic concerns
2. Geographic equity
3. Attention to under-represented groups
4. Workforce preparation
5. Information dissemination

Work Group Process: Meetings 1 and 2

- **Meeting 1: "Where We've Been and Where We're Going"**
- **Meeting 2: "Barriers and Facilitators of Success"**
  - Subgroups review what they have researched
  - Discussion of what services need protection, need to be improved, and need to be expanded
  - Group brainstorm on possible solutions for each subtopic
  - **Homework**: Identify barriers and facilitators of solution success
- **Meeting 3: "Focus on Solutions"**
- **Meeting 4: "Importance and Feasibility: Drilling Down to Objectives"**
- **Meeting 5: "What Will Success Look Like?"**

Meeting 1 Recap: Aging in Place Issues

- **Home Repairs & Modifications**
  - Accessibility
  - Maintenance & upkeep
- **In-home care & support services**
  - Home health services
  - Assistance with household tasks & cleaning
  - Assistance with medication
- **Financial stability**
  - Cost of living
  - Home affordability (property taxes, maintenance, utilities)
  - Long term care insurance?
- **Food & nutrition**
  - Preparing meals
  - Adequate nutrition
- **Safety & security**
  - Falls prevention & other home safety issues
  - Home security
- **Social isolation**

Emerging Issues from Meeting 1

- **Need to raise awareness, education about available services**
  - Volunteers to act as liaisons (but consider cost of managing volunteers)
  - Utilizing existing networks: workshops for "links" (EMS, pastors, pharmacy)
  - So many great existing services, need to better promote these
- **Need to be proactive rather than reactive**
  - We often act only in crisis mode
  - Need to better plan for the future → aging "denial" is pervasive
  - Long-distance decision making → need multigenerational education
- **Need for unbiased, credible financial information**
- **Need to provide for those who "fall through the cracks" because of income requirements**
  - Many programs /policies only serve very low-income
  - Services should be age-based rather than income-based
- **Need more public/private partnerships**

Activities of other work groups:

- **Housing**
  - Increase number of housing options: Long-term care & Family home care
- **Community Engagement & Information Sharing**
  - Peer advisor model
  - Advertising help line
  - Mobile information unit
  - Partnerships to disseminate information
  - Literacy issues
- We all agree that need more information to determine which areas of the county have a high density of older adults (need to use GIS, other spatial mapping techniques)

Meeting 1 Homework

- Describe services, programs, and policies that exist or services, programs, and policies with potential to exist in Orange County

- Questions to Consider: **Adequacy, Efficiency, & Equity**
  1. Is the program or service adequate in meeting the demand?
  2. Is the program or service efficiently providing service or duplicating service?
  3. Is the program or service equitably available to older adults throughout the county?

Meeting 1 Recap:
Aging in Place Issues

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Discussion

- Which of these services should be **protected**, **improved**, and **expanded**?

- How do we protect, improve, or expand the services?

- What are barriers to these programs being implemented, protected, improved, or expanded?

- What makes your job difficult?

Homework!

- **Please see your homework handout sheet**
  - Choose one or more Aging in Place issues
  - **Identify the various barriers and facilitating factors we might face in implementing, improving, expanding, or protecting programs and services in Orange County**
  - Record these programs and services on your handout

- Note:
  - As an employee or resident in Orange County, what makes it difficult to implement develop, improve, or expand this particular program or service?
  - What makes it easier?

We will discuss what you find at the beginning of our next meeting!

Thank you for your participation!

Look for an email in the next several days with:

1) Doodle poll to determine Meetings 3 and 4 dates in January
2) The notes from this meeting
3) Electronic copy of the homework assignment
4) Copy of PowerPoint Slides.
5) Asking if you need any help with homework.