

Year 5 MAP Goal Implementation Status

INDICATOR	Lead Agency/ Person	Status October 2016	Status January 2017	Status April 2017	Status July 2017
GOAL 1					
1.1.2 Information Dissemination Plan implemented - Electronic media, outreach to faith-based groups and medical providers, Project EngAGE	OCDoA	A 3 rd Faith and Aging Symposium is planned for October 13 th to focus on caregiver supports. The Faith Based PE SRT published its first outreach newsletter and sent it to all Orange County faith-based organizations; newsletter will highlight OCDOA programs that can be brought on-site.	Project EngAGE graduates organized a Faith and Aging Symposium in October, a Falls Prevention Education series to residents of Eno Haven Senior apartments in Nov/Dec, and several EngAGING Issues workshops at the Chapel Hill Public Library in Oct and Nov.	Spanish Social Club expanded to an additional day, with help from student intern. Pastoral Care student working with PE Faith-Based SRT to hold series of quarterly meetings with faith reps from across the county. Numerous info sessions provided to medical providers.	OCDOA staff and volunteers attended five info fairs to distribute info and provide outreach. First quarterly Faith Outreach meeting held on June 29 th , co-hosted by the UNC Hospital/Hills, with good attendance. Collaborative relationships with UNC Health Care and Piedmont Health strengthened
1.2.1 Info related to finances, long- term care insurance and estate planning provided through Senior Centers	OCDoA/VC 55+/ Senior Centers	Four different classes offered through the senior centers during the past quarter	On-going	Ongoing	Ongoing
1.3.1 Older adults from minority, refugee and immigrant groups linked to Senior Centers	OCDoA/Senior Centers	On-going	On-going	Ongoing	Spanish Social Club has experienced growth in numbers and activities.
GOAL 2					
2.2.1	Planning		Several more	Support letter	The Town of

Changes in policies that may prevent development of senior housing	Department with help from OCDOA Advisory Board		“senior housing” developments in the planning stages in Chapel Hill and Hillsborough	sent to Hillsborough Town Council in support of Habitat for Humanity Senior Housing project	Hillsborough adopted new policies to encourage build out of accessible dwelling units.
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2.2.3 New partnerships created to increase housing choices	Housing Dept, Planning Dept, OCDOA	OCDOA public health intern working with Habitat with Humanity to solicit community input, through three focus groups at both senior centers, to inform planning of new senior housing cluster in Hillsborough.		OCDOA working closely with Habitat for Humanity to build senior housing project in Hillsborough.	Senior Housing Expo held on May 20 th , attracting nearly 200 people and more than a dozen housing related vendors
2.2.4 Organization of intentional communities in Orange County encouraged – toolkit developed	OCDoA with Charles House		On-going	Project EngAGE Neighborhood Connections SRT creating “How to Age in Place Through Neighborhood Connections” handbook	OCDOA supported Hart’s Mill co-housing in their efforts to build affordable housing using public processes such as tax credits and HOME investment partnerships funds.
2.3.1 Increased awareness of universal design	Planning Dept, OCDOA				
2.3.2 New standards and codes proposed for universal	OC Planning Dept/ OCDOA Advisory Board				

design					
2.4.1 Meetings held to advocate for safer navigation mechanisms for older adults	Planning Dept /OCDOA Advisory Board	Town of Chapel Hill initiating a new mobility and connectivity Plan. DOT survey received input from aging groups about safety enhancements around sr. centers	2017-22 MAP Work Group commissioned to develop strategies to support better and safer navigation mechanisms for older adults		Outdoor Spaces and Buildings Domain Work Group identifies numerous strategies and outcome indicators for next 5 years.
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2.4.2 Meetings with county/ regional transportation organizations to advocate for more public transportation options in rural areas	OCDOA Advisory Board		Most transportation related organizations contacted to serve on the next 2017-22 Transportation Work Group	Transportation Domain Work Group met 5 times and developed a set of recommendations for 2017-22	Transportation Work Group will continue to meet quarterly during 2017-22 to implement related strategies and indicators.
2.4.4 Navigation and transportation needs assessments conducted every 3-5 years in areas densely populated or heavily used by older adults	OCDOA, Triangle J COG, OC Planning Dept, Towns of CH, Carrboro and Hillsborough				
2.5.1 Expansion of volunteer driver programs to low-income older adults	OCDoA/VC55+	On-going	On-going	On-going	Volunteer Driver program has grown to providing 4-6 rides per week
2.5.2 Private	OCDoA	On-going	On-going	On-going	Several options now available

transportation providers encouraged to offer door-to door and other services to shopping areas					
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2.5.5 Advocacy for a consolidated /coordinated transportation system organized	OCDoA Advisory Board	OCDOA in conversation with Chapel Hill Transit and OPT to create more seamless system at service borders	On-going	Ongoing	Both transport systems engaged in continuation of 2017-22 MAP quarterly work group meetings
2.5.6 Senior driver education programs offered at least 2 times a year	OCDoA/AT	On-going	On-going	On-going	Carfit programs continue to be offered 2x a year – at least once at each senior center
2.6.1 More home-delivered meals provided to more individuals and areas of the county	OCDOA Advisory Board	OCDOA in conversation with OCIM to expand meal delivery in northern orange county	OCRA now providing a weekly meals to isolated seniors on a pilot basis	OCRA now providing meals 2x a week on a regular basis	OCRA now delivering about 70 meals 2x a week.
2.7.1 Faith-based groups encouraged to provide respite services to caregivers	OCDoA/AT	Caregiver respite topic of discussion at Aging and Faith Symposium on October 13th			Respite needs of caregivers discussed at June Faith Outreach meeting. Dementia education will be topic of September meeting.
2.7.2 Expand Friend to Friend program to	OCDOA/AT			ongoing	

provide respite to caregivers					
2.7.5 Carolina Villages project supported to promote creation of more “villages”	OCDOA, Carolina Villages	On-going	On-going		Carolina Villages closed its doors this quarter. The PE Neighborhood Connections SRT will continue to support the village movement.
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2.8.2 Home modification assistance info included in community resource guides and part of information fairs	OCDoA/AT/ Housing Department	On-going	On-going	On-going	On-going
GOAL 3					
3.1.1 More wellness and exercise classes offered to older adults in community locations, such as congregations and community centers	OCDoA	Faith Based PE SRT to publish outreach newsletter mailing to all Orange County faith-based organizations including offer to bring evidence-based exercise classes to them.	Issue to be included in “community and health services” work group in 2017-22 MAP	Initiatives to expand wellness and exercise classes into community locations are included in 2017-22 MAP	Faith Outreach SRT continues to promote evidence based offerings to faith communities through door-to-door outreach and at July quarterly faith outreach gathering
3.1.2 Two trainings a year scheduled at senior centers to train volunteers in	DoA/Wellness	On-going	On-going	On-going	On-going

how to lead evidence-based exercise programs					
3.1.3 Social Marketing Campaign implemented to encourage older adults to exercise	DoA/Wellness	Based on Capstone recommendations, OCDOA preparing to launch Fall 2016 “Brain Health Academy” featuring evidence-based practices to support optimal brain health, including exercise.	Six-session Brain Health Academy held at the Passmore Center. Will be offered in Chapel Hill beginning in March 2017	Six-session Brain Health Academy held at the Seymour Center.	Marketing Campaign included in 2017-22 MAP
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3.2.1 Promotion of the model of medical homes	CRC	On-going	On-going	On-going	On-going
3.2.2 Expansion of hospital transition programs – decline in hospital readmission rates	CRC, UNC hospitals	On-going	On-going	On-going	On-going
3.3.1 Older adults educated on mental health and substance abuse issues	OCDoA/AT/ Cardinal Innovations/ Wellness	Free depression screenings offered at senior centers			
3.3.2 Healthy IDEAS materials sent to primary care practices	OCDOA/ Wellness				
3.3.3 Access to free MH and SA screening, referrals, and	OCDoA/AT	On-going	On-going	On-going	On-going

brief counseling services expanded at Senior Centers					
3.3.4 MH needs of long-term care residents identified and advocacy for appropriate treatment organized	Cardinal Innovations – /OCDOA				
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3.4.1 Implement best ways to address spiritual needs of older adults, especially re: loss/ end of life	OCDOA senior centers/Aging Transitions	Partnership with UNC Pastoral Care program created student internship at the senior centers. 2 nd student intern placed at senior centers Aug-November. PE End-of-Life SRT provided three Fall events – two focused on “Death with Choices” initiative and one on power of “forgiveness” for healthy aging.	End of live issues will be included in the “community and Health Services” work group for the 2017-22 MAP. End of Life PE SRT held November community storytelling event on thoughts and experiences around death and dying.	PE Falls Prevention Team continues to plan primary falls prevention initiatives.	PE Falls Prevention Team planning September – November three-part “Family & Community Nights” series at Signature Health Care
3.4.1 Training provided to FBOs on how to counsel caregivers and individuals with dementia	OCDOA	Subject to be discussed at Faith and Aging Symposium in October 2016	Respite Coordinator’s position expanded to include outreach to FBOs and other organizations to provide support		UNC Pastoral Care student helped to create educational presentation to F-B groups. Will be showcased at

			to caregivers		September FB Outreach meeting, then scheduled locally in the fall.
GOAL 4					
4.1.1 EMS and DoA collaborate to provide info and training on falls prevention	OCDoA/EMS	PE Falls Prevention Team planning Fall 2016 “Mini Falls Academy” at Eno Haven senior housing in Hillsborough, highlighting primary prevention education and resources.	PE Falls Prevention Team held October – December six-session “Eno Haven Strong & Independent Academy” primary falls prevention program at Eno Haven, including EMS	PE Falls Prevention Team continues to plan primary falls prevention initiatives.	PE Falls Prevention Team planning September – November three-part “Family & Community Nights” series at Signature Health Care
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4.1.2 Reduce need for EMS ambulance response for falls intervention at LTC facilities	EMS				PE Falls Prevention SRT planning to take educational series to local nursing home in the fall.
4.1.3 Frail older adults are in safe places during emergencies – development of buddy system in rural areas	EMS/DSS/OCDOA	SALT and Project EngAGE collaboration now visiting more than 200 people per month.	On-going	On-going	SALT and Project EngAGE continue to expand numbers of volunteers and people visited routinely in rural areas.
4.2.2 LTC Learning Collaborative	OCDOA Advisory Board/Triangl	Current LTC Quality Service Award is focused on the	Five LTC organizations awarded 2016	2 members of the LTC Collaborative	

promotes person-centered care with additional focus on palliative care and end of life programs	e J AAA	implementation of palliative care and comfort services. The award application deadline was extended into October.	LTC Quality Service Awards at January BOCC meeting	served on the MAP-LTC workgroup.	
4.3.2 Information distributed about how to report abuse and neglect	OCDoA/DSS/CRC	Ongoing	On-going		On-going
GOAL 5					
5.1.1 Programs offered at Senior Centers, libraries and other community locations widely advertised	OCDoA/Senior Centers	On-going	On-going	On-going	On-going
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5.1.2 Faith communities encouraged to offer adult education at their sites	OCDoA/AT/Wellness	On-going	On-going		See Faith Outreach efforts above
5.2.1 Forums to discuss housing and transportation services offered	DoA/Housing & Planning Departments				
5.2.2 Volunteer	DoA/VC 55+	VC55+ continues to expand and recruit	On-going	On-going	On-going

recruitment services maintained through Volunteer Connect 55+ program		volunteers of all ages to focus on older adult services at both senior services and throughout the Orange County community.			
GOAL 6					
6.1.1 Create an Aging Preparedness Campaign to encourage planning and to challenge negative stereotypes	OCDOA	New activities planned for “boomers” during evening hours and weekends	Aging-preparedness will be a focus of “Community and Health Services” Work Group for 2017-22 MAP		
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6.2.1 Members of the Aging Advisory Board designated to participate in town and county housing and transportation planning efforts	OCDoA Advisory Board	On-going	New liaisons need to be designated		A member of the Advisory Board on Aging will serve as a liaison to each of the 5 ongoing MAP work groups, including Housing and Transportation
6.2.2 Complete Streets policies promoted	OCDOA Advisory Board		Will be focus of “Transportation and Outdoor spaces work group for 2017-22 MAP		OCDOA represented on our regional Complete Streets Coalition
6.2.3 Advocate for legislation that	OCDOA Advisory Board				

would increase the number of handicapped parking places in public developments					
6.2.4 Advocate for increasing standards for crosswalk time	OCDOA Advisory Board/ Triangle J AAA				
6.3..1 Funding sought for transportation and housing initiatives	OCDoA/Housing & Planning Departments				Applied for \$10k AARP Challenge grant to purchase and install seats at 15 bus stop sites in northern Orange County
GOAL 7					
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7.1.1 Opportunities for healthcare providers and students to learn more about aging-related issues expanded	OCDOA/UNC Center for Aging and Health	OCDOA, with help from UNC Partnerships in Aging, supported 4 student interns over the summer: 2 MPH students, 1 City and Regional Planning, and 1 Pastoral Care. Fall interns include 2 MSW, 5 Public Health, and 1 pastoral care students.	OCDOA is hosting a 5-student School of Public Health Capstone team to help with the MAP, along with 2 MSW students, and 1 UNC Pastoral Care graduate student. Collaborating with the UNC Partnership in Aging on 3 other student projects.	17 students from UNC and UNC-G participated in the MAP planning process.	OCDOA will host 3 student interns over the summer to work on MAP initiatives
7.1.2 Countywide recognition program for	OCDOA Advisory Board	Awards given each year in May			38 Direct Care Workers recognized for their service at

direct care workers established – promote a living wage, education and support, and opportunities for decision-making					the 2017 Direct Care Worker Awards ceremony held on May 25 th .
8.1.3 Annual MAP update	OCDoA				2012-17 MAP closed out with BOCC presentation in May 2017