



Hand Washing

Electronic Toolkit

Your Go-To Guide for Hand Washing Education Materials

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Click links below to view available resources

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Some items require an Internet connection.



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Be a GlitterBug! Borrow the GlitterBug Community Loan Kit to teach proper hand washing.



Description: The GlitterBug comes with an ultraviolet GlowBar (black light), view box, and powder that mimics dirt and germs when placed on the hands and viewed under black light. Unit runs on D-cell batteries or AC adapter and comes with lesson plans. Facilitators should have access to soap and running water.



[Request Form/Loan Agreement](#)



[Evaluation](#) (Please use the online or printable Toolkit Evaluation Form to rate the GlitterBug Community Loan Kit)



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[Cold Prevention With Hand Washing](#)

Source: WebMD



[Hand Washing: An Easy Way to Prevent Infection](#)

Source: Mayo Clinic



[Hand Hygiene and Hand Sanitizer](#)

Source: University of Florida IFAS Extension



[Hand-Washing and Diapering Equipment Reduce
Disease Among Children in Out-of-Home Child
Care Centers](#)

Source: American Academy of Pediatrics



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Websites for national and global hand washing campaigns.

Campaigns

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Sponsor	Campaign
Centers for Disease Control (CDC)	 An Ounce of Prevention www.cdc.gov/ounceofprevention
American Society for Microbiology	 Clean Hands Campaign www.washup.org
The Public-Private Partnership for Hand Washing	 Global Hand Washing Day www.globalhandwashing.org
Clean Hands Coalition / Soap and Detergent Association	 National Clean Hands Week www.cleanhandscoalition.org
Henry the Hand Foundation	 National Hand Washing Awareness Week www.henrythehand.com



Flyers

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Download flyers by clicking titles. Flyers are in English and Spanish.

Sponsor	Title
Centers for Disease Control	 Be a Germstopper www.cdc.gov/germstopper/
	 Cover Your Cough www.cdc.gov/flu
	 Wash Your Hands After a Disaster www.bt.cdc.gov/disasters/cleanup/
Minnesota Dept. of Health	 Be a Germ Buster www.health.state.mn.us/
National Food Service Management Institute (Univ. of Mississippi)	 Hands Vs. Germs www.olemiss.edu/depts/nfsmi/index.html
	 Remember to Wash Your Hands www.olemiss.edu/depts/nfsmi/index.html



Posters

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Download posters by clicking title.

Sponsor	Title
American Society for Microbiology	 Have You Washed Your Hands Today www.washup.org/page02.html
Centers for Disease Control	 An Ounce of Prevention www.cdc.gov/ounceofprevention/
NC Child Care Health and Safety Resource Center (NCCHSRC)	 Diapering Procedure
	 Infant Handwashing Poster
	 Wash Your Hands www.healthychildcarenc.org/training_materials.htm



Videos & Podcasts

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Online videos and podcasts about hand washing.

Videos:

Sponsor	Title
The Public Private Partnership for Hand Washing	 2008 Global Hand Washing Day www.globalhandwashingday.org
Kansas Dept. of Health and Environment	 Did You Wash 'Em? www.kdheks.gov/wash_em
Centers for Disease Control	 Put Your Hands Together www.cdc.gov/CDCTV/HandsTogether

Podcasts (Audio):

Sponsor	Title
Agency for Healthcare Research and Quality	 Health care 411: Hand Washing healthcare411.ahrq.gov
Centers for Disease Control	 Living in a Clean and Healthy World www2a.cdc.gov/podcasts/



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Click title to visit hand washing websites.

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Sponsor	Address
Clean Hands Coalition	 www.cleanhandscoalition.org
Soap and Detergent Association	 www.cleaning101.com
The Public-Private Partnership for Hand Washing	 www.globalhandwashing.org
World Health Organization (WHO)	 www.who.int



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Websites related to hand washing and food safety.

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Sponsor	Title
FDA Center for Food Safety and Administration	 www.cfsan.fda.gov/
Hand Washing for Life Forum	 www.handwashingforlife.com/
National Coalition for Food Safe Schools	 Food-Safe Schools Action Guide www.foodsafeschools.org
National Food Service Mgmt. Institute (Univ. of Mississippi)	 Wash Your Hands - For Schools (Vid) www.nfsmi.org
National Restaurant Association	 Hand Washing: Ready, Set, Wash www.restaurant.org/foodsafety
Partnership for Food Safety Education	 Fight Bac! www.fightbac.org
Partnership for Food Safety Education	 Be Food Safe www.fsis.usda.gov/Be_FoodSafe



Related Illnesses

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Hand washing is one of the best ways to stop the spread of germs. Click on learning tool links to learn more about illnesses related to poor hand hygiene.

Illness	Learning Tools
Common Cold	 Fact Sheet: Is it a Cold or an Allergy?  NIH Site: www3.niaid.nih.gov/topics/commonCold/
E.coli	 CDC Website: www.cdc.gov/ecoli/
MRSA	 UNC Health Care / OCHD MRSA Brochure  CDC Podcast: Key Facts About MRSA Infection
Pandemic Flu	 DHHS: www.pandemicflu.gov
Pertussis (Whooping Cough)	 NAPNAP: www.pertussis.com  CDC: www.cdc.gov/vaccines/vpd-vac/pertussis/default.htm
Seasonal Flu	 CDC Fact Sheet: Key Facts About Seasonal Flu  CDC Website: www.cdc.gov/flu/basics.htm



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Click titles for kid-friendly handwashing websites.

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Sponsor	Titles
Centers for Disease Control	 Body and Mind (BAM!) www.bam.gov
Henry the Hand Foundation	 Henry the Hand www.henrythehand.com
School Network for Absenteeism Prevention (SNAP)	 It's a SNAP! www.itsasnap.org
Nemours Foundation	 Kids Health ww.kidshealth.org
NSF International	 NSF Scrub Club www.scrubclub.org
University of Nebraska	 Sink Those Germs lancaster.unl.edu/food/sinkgerms.htm



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Download the printable evaluation form or complete the online survey to rate the usefulness of materials provided.



[Online Hand Washing Toolkit Evaluation](#)



[Printable Hand Washing Toolkit Evaluation](#)