

**Orange County
Advisory Board on Aging**

Tuesday, January 10, 1-3 p.m.
Passmore Center and Virtual

MINUTES

In attendance: Heather Altman, Colin Austin, Jeff Charles, Jerry Gregory, Saru Salvi, Vibeke Talley, Sandy Walker, Dick White, Ann Bradford, Aging Board candidate; Staff: Dawn Smith, Beverly Shuford and Janice Tyler

Absent Excused: Rachel Bearman, James Harris

Absent Unexcused:

1. Introductions and Announcements
 - a. Heather welcomed everyone to the first meeting of 2023
 - b. Lucinda Poole has decided to resign from the board due to her work load. She will try to remain involved in the MAP Communications & Information workgroup
2. Approval of Minutes – November 8, 2022
 - a. Approved

Director's Report

3. Staff Updates
 - a. Janice encouraged everyone to continue to get vaccinated and boosted. Booster rates are lagging in NC and cases of Covid-19, the flu and other viruses are spreading. Please wear masks to help reduce the spread.
 - b. Commissioners Bedford and Greene and Janice attended the Carol Woods Retirement Community residents' meeting and reception on 1/10/2023. The Commissioners spoke and thanked Carol Woods' residents for their \$175k charitable gift to fund our MAP work.
 - c. Seymour Center Facility Manager – Zachery Amos
 - i. Zach started early December. He comes to us from Virginia and is a graduate of William & Mary
 - d. Seymour Center Program Coordinator Assistant -Samantha Bell
 - i. Samantha's first day was yesterday. She was hired to fill the position vacated by Meghan Rushing and comes with great experience. This position was formerly shared between both centers. However, due to the growing need at the Seymour Center a full-time assistant was needed. This position will now be 100% at the Seymour Center
 - e. Seymour Center Evening Facility Manager assistant – Brittany Johnson
 - i. Brittany Johnson was offered the position, but has since reconsidered. We will reach out to the next candidate, and if interested, we will begin reference checks
 - f. Passmore Center Part-time Program Coordinator Assistant position posted
 - i. Position closes tomorrow. This part-time position will be for two full days per week at Passmore
 - g. Wellness Program Assistant position to be posted soon
 - i. The part-time position has been approved and will be funded through UNC and ARPA funds. The position will help expand evidence-based fitness programs and current wellness programs
 - h. MAP Intern - Leiha Edmonds

- i. Leiha replaces the intern position previously held by Cass Dictus. Leiha holds a Master's degree in urban planning and policy from the University of Illinois at Chicago. She is currently working on her PhD in geography. Her research focuses on geographies of urban aging with attention to care economies, age-friendly policies, and elders' experiences in urban redevelopment processes.
 - i. Durable Medical Equipment Program Assistant - Matthew Cobb
 - i. Matthew is UNC – OT student and will be working part-time to assist in managing the DME program, coordinating lending and maintaining equipment. Donations and the need for DME has increased faster than our full-time OT could keep up.
- 4. Opioid Advisory Committee update – First meeting January 23
 - a. Janice was appointed to the committee. This is a County appointed committee created to deal with the opioid settlement money coming in to our state and county.
- 5. PBS show taping featuring our Dementia Friendly Business Campaign– NC Impact – February 3, 7:30 p.m.
 - a. The UNC School of Government and PBS show, NC Impact talked to Janice and Marie Dagger (OCDOA OT) about our Dementia Friendly Business Program. Mark your calendar to watch.
- 6. Orange County Community Health Assessment Leadership Team
 - a. Assessment takes place every four years. Older adults are missing from the assessment. Janice is now on the leadership committee. The first meeting is at the same time as the AAA board meeting on the 17th. Vibeke, Jeff and Dick will go to the AAA meeting and report back.
- 7. Thank you to Carol Woods Residents Association for Charitable gift for MAP implementation (see 3.b.)
- 8. Aging In Community – Accessory Dwelling Units presentation – Friday, January 20, 4-5:30 p.m. Seymour Center
 - a. Very excited about this presentation. Alison Smith, Aging Transitions team member, built an ADU in her back yard for her parents and will be sharing the process. We hope this will be the first of many ADU programs. Dick has an ADU as do many in OC. We would like to do a tour of these homes and promote. County ordinance has changed to allow for larger accessory units.
 - b. Discussion followed about HOA's who do not allow ADUs. You have to take this up with your HOA.
 - c. Discussion followed about creating programs about:
 - i. Solar panels, the process and related financials
 - ii. Electric vehicles
- 9. VSED (Voluntary Stopping of Eating and Drinking), Dementia and Advance Directives program– Thursday, January 12, 4-6 p.m. Seymour Center
 - a. Put on your calendar. The program features a national speaker. Registration deadline extended through Wed, Jan 11

New Business

- 10. Board vacancies – Carrboro Rep will be appointed Feb. 16
 - a. Lucinda Poole's resignation (see 1.b.)
 - b. Expecting Ann Bradford to be appointed on Feb 16
 - c. Look ahead, in anticipation of one more round of appointments this FY. We have some people who will be rotating off in June: Heather, board chair, and Colin, board vice-chair.
 - i. Colin is at the end of his 2nd term. Colin could be extended, if approved, for a year if he is willing to chair. He agreed. Janice will send a recommendation to the BOCC clerk.
 - b. Will need to think about a vice-chair and filling Lucinda's vacancy. Saru mentioned that she knows someone who might apply. Lucinda's position is an "at large" position.
 - c. Rachel Bearman's 1st term is ending, but she is willing to be reappointed.

- d. One at-large position open now, must be 60+. As of June, another at-large position will open for someone under 60.
 - e. Looking for a Chinese candidate if possible to represent our large Chinese (OCDOA participant) community.
 - f. Look to the MAP participants and Project EnGAGE graduates for recruiting candidates
11. 2023 Aging Board Meeting Schedule
- a. Everyone should have received a schedule with the meeting announcement. One change noted, Janice will be at the NC Association on Aging Conference on the 2nd Tuesday of March. The Board agreed to change the meeting to March 7.
12. 2023-24 Budget Kick-off
- a. Kicking off on Thursday, Jan 12. Budget guidelines include having offsetting revenue source for increases in department budget. At this time we don't anticipate any big changes in our budget.
 - b. We received approval from the County Manager for an additional evening position at the Seymour Center. We will have to officially ask for that position to be added to our budget and will submit the request on Feb 24.
 - c. County staff are interested to know if there will be a wage adjustment; this remains to be seen. Competitive wages are needed to recruit and retain staff. County benefits are great and should not be overlooked.
 - d. SMART goals are very important within the budget process/document.
 - e. 86% of the budget comes from property tax.
 - f. Need for in-home services funding. The ARPA (American Rescue Plan Act) is ending.
13. Aging Board Annual Report to BOCC – Due January 27
- a. Janice is working on the report with Heather. Heather will present to the BOCC on Feb 16th at 7pm. This is a short report briefly summing up what we have accomplished in the past year, and what we are looking forward to or working on in the coming year.
14. NISC National Accreditation – NC DAAS Centers of Merit and Excellence program
- a. We received our National Accreditation which lasts for 5 years.
 - b. NCOA & NISC are ending the national accreditation program. After that, we must do the State's Center of Merit or Center of Excellence accreditation process. This is new for us and will require more reporting. The tool for the state is focused on programming and very detailed oriented. It requires a long look back and is subjective. The board expressed frustration that a whole new process must be put in place. This effects the general purpose funding that is received annual from the NC General Assembly. Centers that are not accredited receive one portion of funding; Centers of Merit receive two portions and Centers of Excellence received three portions, which is what we receive for being national accredited. The Centers of Merit and Excellence process is subjective and penalizes the lower funded centers in NC.
15. Outreach Efforts, including possible new radio show with WCOM
- a. Discussion followed regarding potential topics:
 - i. Medical topics. Jeff Charles will be a guest to speak about surviving a stroke
 - ii. Friday Facts – Heather's interviews and coalition focus
 - iii. Topics ADU, LTC, Options Counseling, issues, workforce development
 - iv. Old age workarounds
 - v. Call in
 - vi. Legal issues
 - vii. Death Café – aquamation – hydrolysis
 - viii. EMS DNR bracelet and new DNR plus medical info slap bracelet info – Apricot system
 - ix. Aphasia – TAPP group – Jeff to email to Heather information

2022-27 Master Aging Plan

16. MAP Workgroups – Third Quarter meetings are happening
 - a. Janice asked if everyone is assigned to a MAP workgroup and attending meetings
 - b. Did we fill social participation? Saru will be on the Inclusion and Social Participation workgroup, meeting this Thursday at 3pm. Cyd & Dawn will contact Saru.
 - c. Ann has not been assign, Janice will assign her.
 - d. Kendall Kopchick will be leading the Housing workgroup, as Cherie Rosemond is retiring on Feb. 1.
 - e. Jerri is on Community Health along with Heather.
 - f. Jeff is on Transportation – Brandi has not scheduled the next meetings yet. When scheduled, she will contact Transportation workgroup members.
 - g. Vibeke is on the Communication Workgroup
17. MAP Tracking and Evaluation
 - a. Leiha and Janice are working on the details of the matrix. Leiha will focus on how to get baseline data in MAP to know not just antidotal but support with hard data. Janice is meeting with her tomorrow, thinking about how we will do evaluation and putting processes in place for the next 5 years. Setting up for success.

Committee Progress Reports if needed:

18. Senior Tar Heel Legislature (STHL)– Dick White
 - a. Reappointed for a year. Vibeke is our alternate, but she hasn't heard anything from the STHL <https://ncseniortarheellegislature.org/> yet. Vibeke and Janice will check in with Mary Warren next week.
19. Adult Care Home Community Advisory Committee
 - a. No report
20. Nursing Home Community Advisory Committee – Vibeke Talley
 - a. The NHCAC is continuing to make visits. Autumn Cox, Ombudsman, reports they still don't have the training completed and are waiting to get people trained and onboard to make site visits
21. Friends of the Passmore Center – James Harris
 - a. Announced the Yard Sale/Plant Sale on Sat, May 13, 9am – 1pm
 - b. Las Vegas Night will not happen due to rise in Covid-19 cases
 - c. Suggestion Zoom BINGO
22. Friends of the Seymour Center
 - a. No report

Adjournment

**Next meeting: February 14, 2023 from 1 – 3 pm; Seymour Center & Virtual
Wear red and bring chocolate**