

## HOW YOU CAN BE INVOLVED IN HEALTHY CAROLINIANS OF ORANGE COUNTY

Join the more than 80 other individuals and organizations partnering with Healthy Carolinians to find creative solutions to help all Orange County residents make **health** a priority. Membership is free and open to the public.

If you have an interest in improving health and wellness in your community, then we need you. Join us today!

**Complete the questionnaire, detach and return to:**

Healthy Carolinians  
2501 Homestead Road  
Chapel Hill, NC 27516

OR

**Contact the Office of Healthy Carolinians of Orange County today!**  
(919) 968-2022 ext 291

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

\_\_\_\_\_ I would like to serve on a committee.  
List committee: \_\_\_\_\_

\_\_\_\_\_ I am interested in volunteering at community events.

\_\_\_\_\_ I would like to be on the mailing list.

\_\_\_\_\_ I would like to assist with the next community health assessment.

Comments:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Healthy Carolinians of Orange County

2501 Homestead Road  
Chapel Hill, NC 27516  
(919) 968-2022 ext 291  
bmunson@co.orange.nc.us

**Healthy Carolinians of Orange County website:**

[www.co.orange.nc.us/health/](http://www.co.orange.nc.us/health/)

**State Office of Healthy Carolinians website:**

[www.healthycarolinians.org](http://www.healthycarolinians.org)



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## Healthy Carolinians of Orange County



*Partnering to Improve the Health  
of All Orange County Residents*



# Healthy Carolinians

## WHO WE ARE

Healthy Carolinians of Orange County is a network of agencies and citizens partnering to promote health and wellness in Orange County.

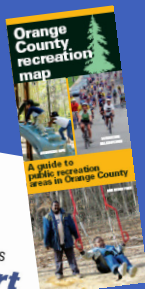
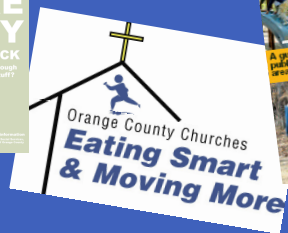
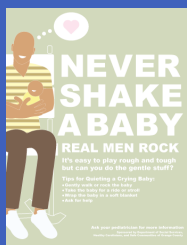
## OUR MISSION

To advocate, guide and assist Orange County in planning and implementing health care strategies to promote healthy lifestyles, improve health status and prevent premature death.

## WHAT WE DO

- Build and promote collaborative partnerships
- Identify critical health needs in the community
- Guide local planning efforts to improve health
- Support innovative health programs
- Advocate for health-promoting policies

*A sample of projects completed by Healthy Carolinians of Orange County and our many partners.*



## OUR IMPACT

- Hold annual *Real Men Rock* event to raise awareness about Shaken Baby Syndrome
- Organized and delivered ongoing community training programs on recognition and response to family violence
- Produced and distributed a *Teen Friendly Mental Health Provider* directory
- Organized a community mental health awareness campaign
- Produced and distributed the *Orange County Recreation Map* of all public recreation areas in the county
- Developed the *S.L.I.C.E of Life* pilot wellness program for Orange County Government employees
- Coordinated the 2007 *Orange County Community Health Assessment*

## PRIORITY HEALTH ISSUES

- Access to Health Care
- Adolescent Health
- Health Promotion
- Mental Health and Substance Abuse
- Transportation

### Overall Goal

To reduce health disparities

## COMMITTEES

**Healthy Carolinians Council** is the governing body. The Council helps select priority health issues, guides the work of the county partnership and advocates for health issues at the state and local level.

**Advocates for Children Committee** focuses on child abuse, child health issues and community education about these issues.

**Advocates for Adolescents Committee** focuses on improving health for all adolescents, and reducing risky teen behaviors.

**Health Promotion Committee** focuses on promoting healthy lifestyles to prevent and reduce the burden of chronic disease.

**Mental Health and Substance Abuse Committee** focuses on reducing stigma around mental health and substance abuse, and improving access to needed services.