



LANCE KOZLOWSKI



LANCE KOZLOWSKI

# State of the County Health Report



*Orange County, North Carolina  
December 2005*



## CONTRIBUTORS INCLUDE HEALTHY CAROLINIANS COMMUNITY PARTNERS:

---

Lynn Blanchard  
*Director, Carolina Center for Public Service, UNC-Chapel Hill*

Beverly Foster  
*Director, Undergraduate Programs, UNC-Chapel Hill  
School of Nursing*

Isabel Geffner  
*Executive Director, The Community Backyard*

Anne Purcell  
*Director of Student Services, Orange County Schools*

Melissa Radcliff  
*Executive Director, Family Violence Prevention Center*

Michele Rivest  
*Executive Director, Orange County Partnership for Young Children*

Denise Shaffer  
*OC DSS, Adult and Children Programs Supervisor*

Judy Truitt  
*Director, Orange-Person-Chatham Area Mental Health Program*

Stephanie Willis  
*School Health Coordinator, Chapel Hill-Carrboro City Schools*

## ORANGE COUNTY HEALTH DEPARTMENT STAFF:

---

Maria Hitt, *Healthy Carolinians Coordinator*

Angela Cooke, *Dental Health Services Division Director*

Ron Holdway, *Environmental Health Services Division Director*

Donna King, *Health Education and Promotion Services Supervisor*

Darrell Renfro, *Family Home Visiting Services Supervisor*

Wayne Sherman, *Personal Health Services Division Director*

Rosemary Summers, *Health Director*

Healthy **Carolinians**  
of Orange County



## OVERVIEW

The purpose of this document is to provide a mid-cycle review, of the top ten priority health issues, determined during the 2003 community health assessment. At that time, community and agency representatives worked with the Health Department and Healthy Carolinians to prioritize health issues for Orange County and determine the following top ten areas of concern:

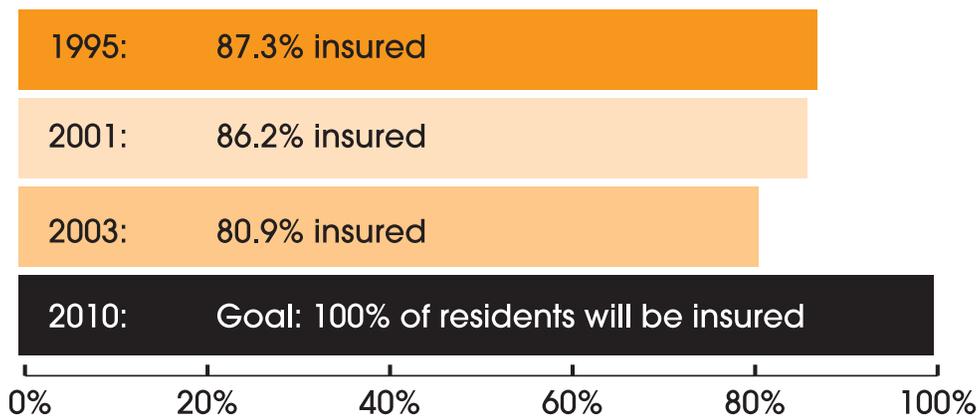
- Barriers to accessing health care services
- Obesity among adults and children
- High rates of substance abuse
- Access to mental health services
- Access to dental health services for low-income residents
- High cancer rates
- High rates of reported and substantiated child abuse and neglect
- Degrading air quality
- High suicide rates
- High unintentional injury rates

Over the past two years, the Health Department, Healthy Carolinians and community partners have worked to address these issues and this document will summarize the status of our combined efforts. Other activities and health initiatives have also been organized over the past two years in Orange County but we have not included them, as we may not be aware of them at this time. If you are working on a health initiative in one of the top ten areas that is not included in this report, please contact *Maria Hitt, Coordinator of Healthy Carolinians of Orange County*, to tell us about your work. She can be reached at 968-2022 ext. 291.

## ACCESS TO HEALTH CARE

Barriers to accessing care are a mixture of issues that include lack of transportation, insurance, financial resources and sometimes language and cultural barriers. Cost of insurance, prescription drugs and health care in general continue to increase as do the number of uninsured residents. Employers, especially small employers, are finding it more and more difficult to afford coverage for their employees. Some of the efforts underway to help improve the situation in Orange County are listed below, but the number of uninsured has increased over the past 10 years and we have a long way to go to make sure that everyone has equal access to care.

Percent of Orange County residents, birth to age 64, with health insurance<sup>1</sup>:



### ORANGE COUNTY HEALTH DEPARTMENT:

- Hillsborough clinic began offering primary care services to patients enrolled in prevention services in January 2005.
- Became a Carolina Access provider to offer primary care to Medicaid eligible clients.
- Added two night clinics each week.

- Implemented open access scheduling (same day appointments).
- Hired a full-time Spanish translator and Spanish speaking front desk staff.

### THE “CENTRAL CAROLINA HEALTH NETWORK”, A CAROLINA ACCESS II/III MODEL:

- Was initiated to provide a local managed care system to provide high quality, lower cost care for Medicaid recipients in Orange, Chatham, Caswell, and Alamance Counties.
- Health Departments, Social Services, UNC Physicians and Associates, Piedmont Health Services, and private providers are involved.
- A coordinator has been hired to oversee the work of this Network.
- Recipient of a multi-million dollar Healthy Communities Access Program (HCAP) grant to develop infrastructure to serve the uninsured in the community.

### CHAPEL HILL-CARRBORO CITY SCHOOLS AND ORANGE COUNTY SCHOOLS:

- Identify students who do not have health insurance.
- Provide to those students/parents information about Health Choice.
- Work to ensure that all students who fail school screenings for vision, hearing, and dental receive follow-up care.
- Secure care for students that have health issues that interfere with learning, often including the provision of school transportation.

### UNC-CHAPEL HILL STUDENT HEALTH ACTION COALITION (SHAC):

- Expanded their outreach program to include diabetes foot clinics, with a health education component, through two African-American churches in the Northern rural part of the county.
- Mobile SHAC pairs interdisciplinary teams of students with homebound elderly patients of the UNC Hospitals to assist them with navigating the healthcare system and accomplishing basic activities of daily living.
- Provide health and wellness services such as yoga classes and healthy cooking at Club Nova, a clubhouse program for people with mental illness, in Carrboro.

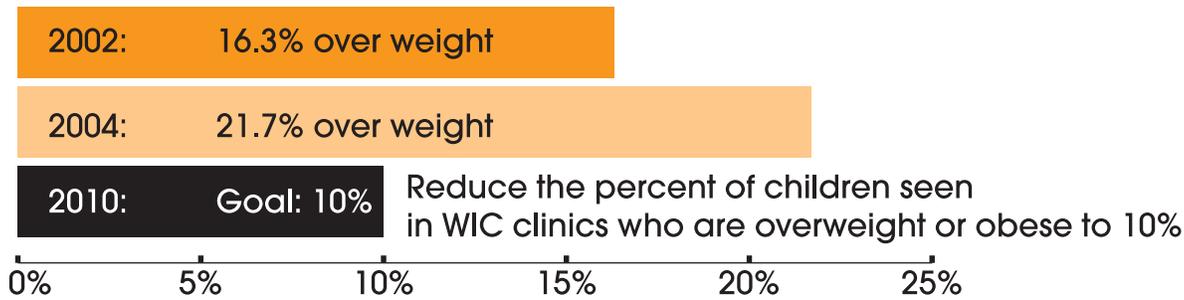
## OVERWEIGHT AND OBESITY

Obesity among adults and children has become epidemic in our society and is resulting in increases in chronic diseases such as diabetes and heart disease at younger and younger ages. Orange County is no exception and has seen an increase in the number of adults and children that are overweight in our community. Many groups are working to try and turn the situation around, particularly within the schools and among young people.

Percent of adults classified as obese by body mass index in Orange County<sup>2</sup>:



## Percent of children ages 2-4 seen in WIC clinics in Orange County who were overweight<sup>3</sup>:



### IN THE SCHOOLS:

- Chapel Hill-Carrboro City Schools and Orange County Schools have both revamped their school lunch menus, after school snack programs, and vending machines to add healthier options. Orange County Schools have more water and milk beverage options versus soda; Chapel Hill-Carrboro City Schools have eliminated soda for students, and offer only 50-100% juice, low-fat milk or water as beverage choices.
- Chapel Hill-Carrboro City Schools discourages food as a reward for students, encourages fund-raising options to include nutritious foods, and limits the numbers of classroom food-related “parties” to one event per month.
- Chapel Hill-Carrboro City Schools and Orange County Schools are both increasing options for student physical activity to comply with state-mandated physical activity requirements.

### WITH THE ORANGE COUNTY HEALTH DEPARTMENT:

- Orange County Health Department (OCHD) has added nutritional counseling services, the Teen Bodyworks program for overweight youth in one Hillsborough middle school and offers programs for seniors, diabetics and others related to improving nutrition to reduce overweight and chronic disease.
- In collaboration with the OC Department on Aging, the OCHD has started offering a 5-week comprehensive diabetes management program.
- OCHD now offers a 12-week comprehensive weight management program for adults. The program involves nutrition, exercise and behavior change strategies.
- The OCHD completed an Active Seniors project in collaboration with Triangle J Council of Governments and the Orange County Department on Aging. Teams of trained senior evaluators conducted walk-ability and bike-ability assessments around the site of the new Chapel Hill Senior Center and Homestead Park. Their work resulted in the requirement of a crosswalk across Homestead Rd. in the Senior Center building permit to be issued by the Town.



- Healthy Carolinians, Healthy Choices Committee, in collaboration with Blue Cross and Blue Shield of North Carolina and the Orange County Personnel Department, has developed an employee wellness program for Orange County employees. The committee is now working with other businesses and the Chambers of Commerce to encourage the implementation of employee wellness programs and promoting the NC Prevention Partners-Prevention First Challenge as one possible tool.

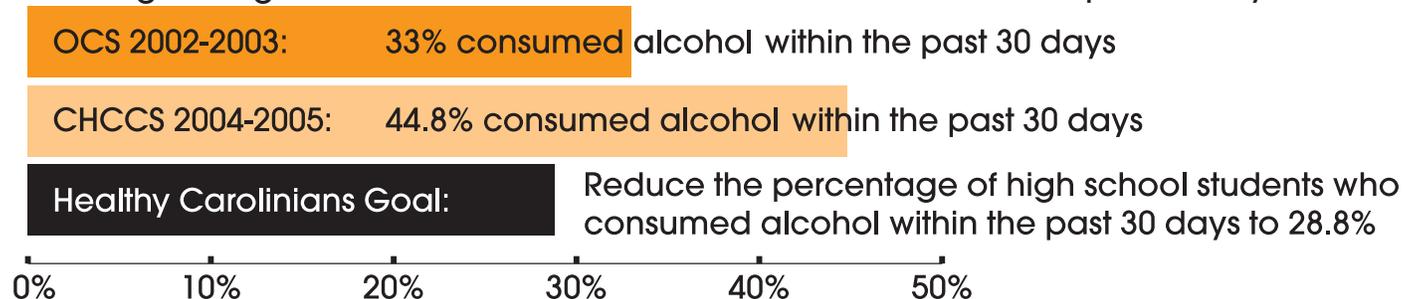
## IN THE COMMUNITY:

- The Orange on the Move Coalition of Cooperative Extension, organized a 6-week program called PAYOFF in collaboration with the YMCA and OCHD. This after school program, focused on behavioral and nutritional changes and physical activity, has been offered twice to overweight youth and their parents in the Chapel Hill area. They have also worked closely with the schools to advocate for changes in the school nutrition programs.
- The Orange County Partnership for Young Children developed a public awareness campaign on healthy lifestyles and resources for Latino families. Materials were distributed to local restaurants and PSA's played on Latino radio stations.
- The Chapel Hill News now features weekly health related articles including a once a month column on nutrition and another on family health topics.
- UNC-Chapel Hill Center for Environmental Health and Susceptibility has established an Obesity Research Core that funds a variety of obesity research projects. A major interest has emerged in understanding the key ways the physical environment has affected obesity. UNC is unique in the number of scholars that focus research on the built environment and various relationships of it with dietary behavior, physical activity and obesity throughout the life cycle.
- The State Employees Health Plan, which serves UNC-Chapel Hill and UNC Hospitals, has initiated HealthSmart. HealthSmart offers timely information and support on health issues such as nutrition, weight management, smoking cessation, stress management and chronic condition management.
- The Town of Chapel Hill received an Active Living by Design grant from the Robert Wood Johnson Foundation to improve the built environment of Chapel Hill to encourage more physical activity. As a part of this effort the Town has developed the "Go Chapel Hill" program to encourage physical activity among town employees and residents.
- The Arc of Orange County, in partnership with the UNC Wellness Center, has started a wellness program for people with developmental disabilities served by their agency that includes, fitness, nutrition and cooking classes.

## SUBSTANCE ABUSE

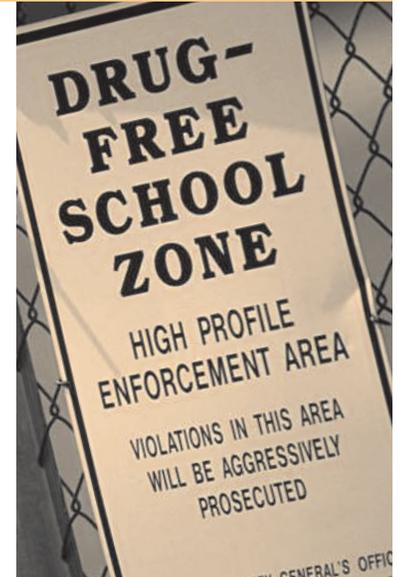
A high rate of substance abuse is one of the greatest challenges we face and substance abuse is a causal factor in some of the other issues in the top ten such as child abuse and neglect and unintentional injury. Substance abuse and mental illness are often seen as co-morbidities. Many efforts are being made to try and help those in our community who are dealing with this issue.

Percentage of high school students who consumed alcohol within the past 30 days<sup>4</sup>:

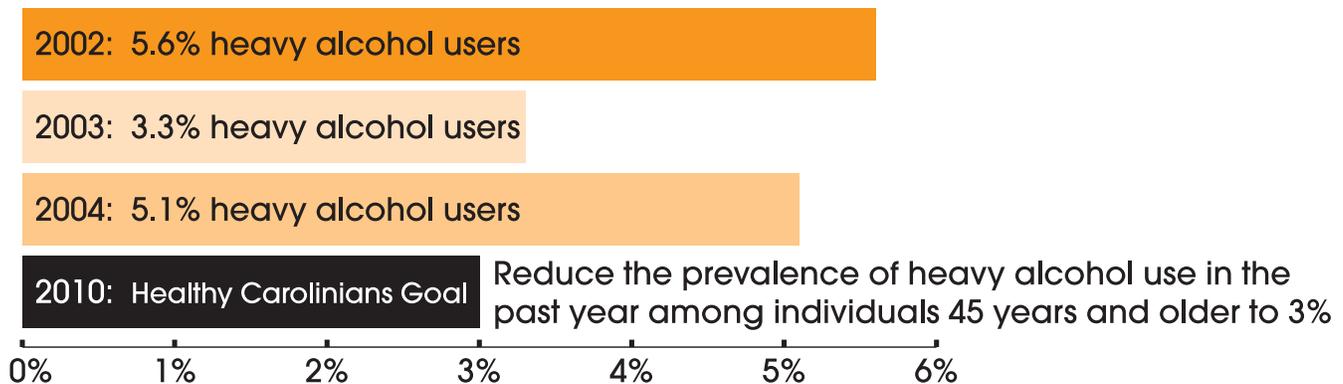


## TO REDUCE SUBSTANCE ABUSE AMONG YOUNG PEOPLE IN ORANGE COUNTY:

- The Community Backyard has received a \$100,000 grant from the Substance Abuse and Mental Health Services Administration (SAMSHA). As part of the Drug Free Communities Support Program the award is focused on efforts to reduce substance abuse, including alcohol, tobacco, and drugs, among Orange and Chatham County youth and to strengthen collaboration among various sectors in the community.
- The Community Backyard has also begun the Substance Abuse Treatment and Training Institute (SATTI) and has brought nationally recognized educators to train our community's professionals to be better counselors for youth experiencing substance abuse issues.
- The Committee for Alcohol and Drug Free Teenagers was formed by a concerned parent and has grown to nearly 100 members that advocate for changing community norms around under-age drinking and substance use.
- Chapel Hill-Carrboro City Schools revised its substance abuse policy and is conducting a broad marketing campaign to make sure that students and parents are informed about the policy and its consequences.
- A new partnership between the Chapel Hill YMCA and Chapel Hill-Carrboro City Schools will bring the first program for short-term suspended students to our community in order to provide these youth with a positive alternative to being out of school.
- OPC Area Program worked with each school system to apply for additional Safe and Drug Free Community and School prevention funds. OPC Area Program has been awarded \$70,000 for start up funds and another \$100,000 starting in July 2006. These funds will enhance prevention efforts in school settings.
- OPC Area Program has received a MAJORS grant from the state in order to provide youth in the juvenile justice system that have a substance abuse diagnosis with services that are based on best practice models.



## Percentage of adults age 45+ who are heavy alcohol users in Orange County<sup>5</sup>:



## TO HELP ADULTS WITH SUBSTANCE ABUSE ADDICTIONS IN ORANGE COUNTY:

- Family Drug Treatment Court has been established to work specifically with families that have a substance abuse issue and are involved with child protective services.
- OPC Area Program and Freedom House Recovery Center are working together to increase capacity to serve individuals with substance abuse issues. Increased capacity includes non-hospital medical detox, social setting detox, medical clearance to access detox services (except in life threatening emergencies), medication evaluations, day treatment and/or access to other community supports, and care coordination/discharge planning. There are currently 14 beds with plans to increase beds in the future. Freedom House will function as a hospital diversion program; its mission is to support the best practice model of serving substance abusers in the community.

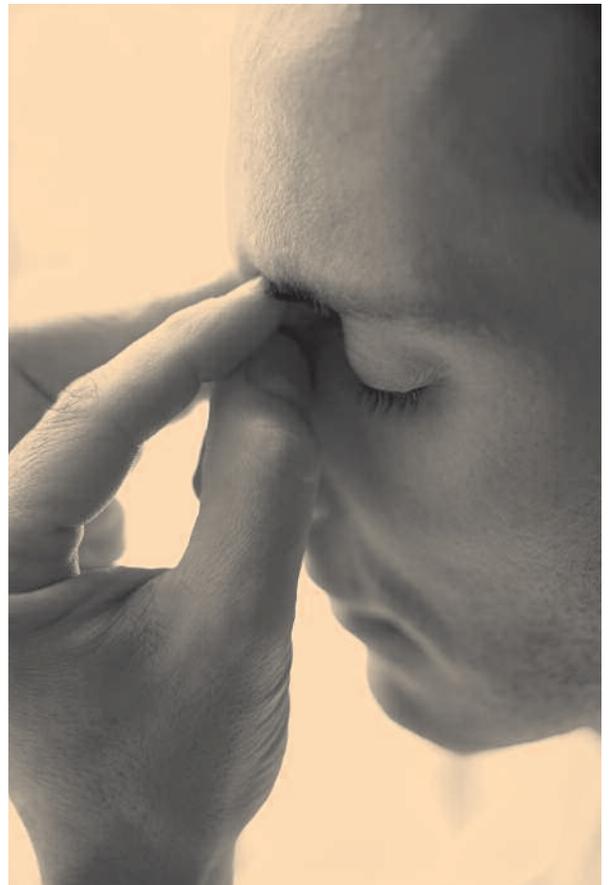
- OPC also partners with: Residential Treatment Services of Alamance as a hospital diversion for consumers with substance abuse issues who require detox services and stabilization; The Pathways Program for pregnant substance abusing women; and Preferred Alternatives to provide Wellness Recovery Action Plan (WRAP) training to consumers to increase their ability to effectively cope with triggers to their substance abuse and find healthy alternatives to dealing with stressors.

## MENTAL HEALTH SERVICES

Access to Mental Health Services is a constantly changing situation with the implementation of legislative reform still very much in flux. Despite the ongoing uncertainty, various groups are working to try and improve mental health service delivery to the community. Additionally, OPC Area Program is doing its best to stay abreast of the changes and to continue to administrate effective mental health services in the community. Accurate and reliable data related to mental health services is not readily available. The number of individuals receiving inpatient mental health services has dropped as a result of the current mental health reform and a move to provide services in the community rather than in state facilities.

### COMMUNITY-BASED ACTIVITIES:

- Under the direction of OPC Mental Health, the community continues to develop child and family teams for those young people whose needs for mental health, substance abuse, and other services are very high. The work of these teams is to provide the least restrictive and most comprehensive care for youth in a coordinated fashion. All community partners work collectively to ensure that one plan is in place for a child's benefit.
- The Orange County Collaborative conducted a retreat to identify the most pressing needs for children and families in the community. The need for foster care and therapeutic foster care was identified as most important, and the Collaborative has been focusing its work on enhancing the options for children and families who need these services here in Orange County.
- The Advocates for Adolescents Committee of Healthy Carolinians has been focused on mental health issues for teens and developed the "teen friendly therapist" listing to help those seeking services. They have also been conducting focus groups with teens and providers about mental health issues for adolescents to determine how service provision could be improved.
- A community coalition spearheaded by Healthy Carolinians and the National Alliance for the Mentally Ill (NAMI) organized "Nothing to Hide; A Community Dialogue on Mental Illness" including a photographic exhibit of families with mental illness, a one-woman show about life with bi-polar disorder, a teen event, film showings, book discussion and community forums. The photos were displayed in 10 locations around the County and over 1,000 people participated in events or viewed the exhibit. The group, which includes representatives from UNC-Chapel Hill, The Mental Health Association, OPC and mental health consumers, has made a commitment to continue to work together to reduce stigma and raise awareness about mental illness on a community level.



- Efforts are underway to establish a campus NAMI chapter to help provide support and information to the UNC-Chapel Hill student population about mental health and illness.
- OPC is partnering with peer support providers in the community such as The Mental Health Association in Orange County who sponsor Peer Bridgers, Compeer, and Vocteer and the Chrysalis Foundation for Mental Health who sponsor Club Nova. These peer programs promote empowering individuals to utilize the support of peer run organizations and groups in their recovery. These are best practice models.

## PROGRAMS AND SERVICES:

- OPC continues to partner with community providers such as Public Health, Department of Social Services, Emergency Services, Red Cross, local universities, law enforcement, UNC Hospital, and private physicians to provide access to care through the OPC STAR unit.
- OPC Area Program has worked with community partners to award grants to start new best practice community and home-based services. These new services are slated to start in December 2005-January 2006 and include Multisystemic Therapy through Youth Villages and Rapid Response Emergency Therapeutic Foster Homes through Caring Family Network. Also offered will be intensive in-home services for youth with substance abuse problems through Carolina Outreach and Family Preservation Services and intensive in-home services for low risk sex offending youth and for emergency respite care through Family Preservation Services.
- Chapel Hill-Carrboro City Schools (CHCCS) is creating new partners with Orange County Health Department and UNC Psychiatry Department to provide in-school mental health services. OCHD has contracted with the CHCCS to provide a half time mental health therapist (LCSW) to work with three middle schools (McDougle, Smith, Phillips) this school year.
- Orange County Schools, in partnership with the Department of Social Services has added additional social workers to the school system and as of January 2006 will have a social worker in each school in the system to help students with various issues including mental health referrals and family issues.
- The OCHD also added a Mental Health therapist (LCSW) in 2003 to provide therapy in the home, clinic and schools for Medicaid eligible adults and children.
- A new service entity, El Futuro, has been established to provide mental health services specifically to Spanish-speaking clients. They have a new office in Carrboro, and also provide services at the Carrboro Community Health Center and in Siler City.

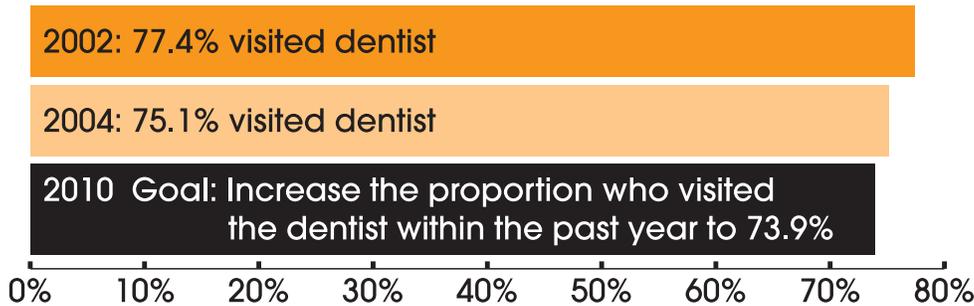
## MENTAL HEALTH FACILITIES:

- OPC Area Program and community partners continue to work on reducing the use of group home care for youth with behavior disorders and increase the use of community-based services. From March 2005-October 2005, the percentage of Orange County youth served by child case managers living in group homes decreased from 20% to 10%.
- OPC awarded Lutheran Family Services a contract to provide an Adult High Intensity Support Group Home for individuals needing a higher level of support in the community. The home is called Homestead Place and will have 4 beds. This group home will offer a higher level of support for individuals who have behavioral concerns secondary to their Mental Health and/or Substance Abuse and/or Developmental Disability, and currently cannot live at a lower level of care in the community.

## DENTAL HEALTH SERVICES

Access to Dental Services for low-income residents remains one of the greatest challenges for our community. Efforts to provide services to low-income residents have faced multiple challenges, not the least of which is finding qualified dentists who are willing to work with low-income patients or accept Medicaid.

Percentage of Orange County adults who visited the dentist in the past 12 months for any reason<sup>6</sup>:

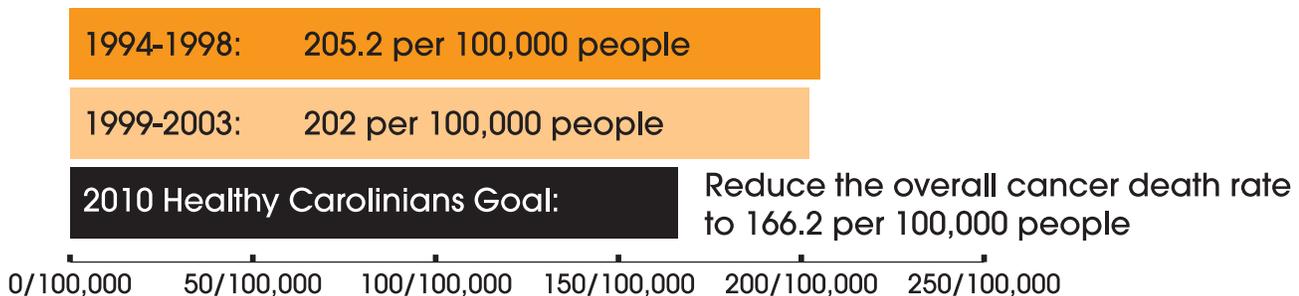


- Piedmont Health Services has a dentist working for them after a lengthy period without a provider and has also expanded their care to all patients when previously they only served pregnant women and children. However, they currently have a 2 month wait for appointments.
- The OCHD now has a dentist as well and partners with UNC School of Dentistry to provide low-cost dental services, approximately three days a week, in both the Carrboro and Hillsborough locations. OCHD is seeking funds to expand services to full time in both locations. The waiting list is also two months long.
- The OCHD Dental Health Service also has established a contract with Chapel Hill Training and Outreach Program to provide dental services to children in the Orange County Headstart program.
- The OCHD offered a small health fair including dental screenings for children in September 2005. The event was focused on the Latino community in the Hillsborough area, but was poorly attended.
- The UNC-Chapel Hill Student Health Action Coalition (SHAC) now offers a free dental clinic two nights per week instead of one in the OCHD dental clinic at Carr Mill Mall in Carrboro.
- The Orange County Partnership for Young Children, for the past three years, has recruited and encouraged private dentists to participate in their preschool dental screening, education and treatment program by “Adopting a Child Care Center.”

## CANCER

High cancer rates continue to plague Orange County, and while the rate has dropped slightly, cancer is still the leading cause of death. In order to address the high rates of cancer in Orange County, the Orange County Health Department continues to promote healthy lifestyles, as many cancers can be linked to smoking, poor nutrition and excessive weight. Special programs are also being offered in specific areas that may influence cancer rates over the long term.

Age-adjusted cancer mortality rate for all types of cancers in Orange County<sup>7</sup>:



- The youth tobacco prevention project called Tobacco Reality Unfiltered (TRU), funded for the past 3 years by the Health and Wellness Trust Fund, helps reduce tobacco use among teens and reduce smoking in public areas.
- A toll free smoking cessation hotline, 1-800 QUIT NOW, has recently been launched by the State of North Carolina. Those who want to quit can receive free telephone counseling and support by calling the bi-lingual line 8 AM to 12 AM, 7 days a week.
- The Men As Navigators (MAN) for Health project is underway in the Efland-Cheeks area of the county educating lay health advisors in the community about prostate cancer and promoting the use of preventive services to help reduce the high rate of prostate cancer in the African-American population.
- OCHD is conducting a special cancer survey in the Mill Creek area of Northern Orange County as a result of community concerns related to reportedly high rates of cancer in the area.

## CHILD ABUSE AND NEGLECT

A high rate of reported and substantiated child abuse and neglect has been an ongoing area of concern for Orange County, and with high rates of substance abuse and continuing economic concerns, the prevalence remains unabated. Many are working to try and reduce these numbers by providing support to families and training for professionals in how to respond.

Number of children found substantiated for child abuse and neglect or in need of services in Orange County<sup>8</sup>:

2002-2003: 420 cases of child abuse and neglect

2003-2004: 322 cases of child abuse and neglect

2004-2005: 276 cases of child abuse and neglect

Healthy Carolinians 2010 Objective: Reduce the rate of repeat substantiated maltreatment (abuse and neglect) of children.



- The Department of Social Services has launched the Multiple Response System (MRS) over the past year to help work more effectively with families to resolve their problems with a team approach. Families that are being investigated for neglect where children are not in immediate danger are offered the family assessment model, which invites the family to bring other supportive people of their choosing to engage in the process of providing helping services to improve the family situation.
- The Advocates for Children Committee of Healthy Carolinians began to offer training for professionals in 2003. Topics include recognition and response to child abuse and neglect and domestic violence, and associated issues that can result in family violence such as depression in mothers, substance abuse, and dating violence. To date over 250 people from more than 65 agencies have participated in the trainings.
- The Orange County Partnership for Young Children continues to fund parenting programs for families at risk of abuse through the Orange County Health Department. Using the Healthy Families model, this program targets parents, especially new parents, with young children ages 0-3, and provides intensive home visiting services for up to three years.

## AIR QUALITY

Degrading air quality is a continuing challenge for the County. With high traffic in our County and in this region of the state, and because there are two interstate highways crosscutting the area, and a large number of commuters in and out of the county for work, degrading air quality continues to be a problem to resolve for Piedmont counties in North Carolina. Also contributing to this problem is the typical air mass movement into this region from the heavily industrialized Ohio Valley. In an attempt to place a greater emphasis on environmental health issues such as this, the main focus of the 2007 Orange County Community Health Assessment will be environmental health. Efforts in reducing problems with outdoor air quality are better dealt with on a regional and state level. Many of the local initiatives described here relate to indoor air quality.



Number of high ozone days in the Triangle<sup>9</sup>:

2001: 1 day Code Red

2001: 8 days Code Orange

2003: 1 day Code Red

2003: 7 days Code Orange

2004: 0 days Code Red

2004: 3 days Code Orange



Healthy Carolinians 2010 objective: Ensure that all North Carolinians breathe air that meets the new health-based standard for ozone (baseline to be established)

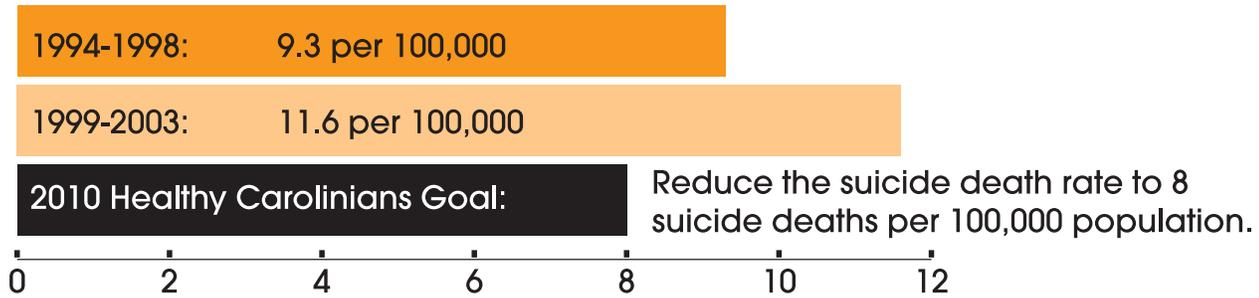
- Orange County, Chapel Hill and Carrboro are jointly conducting a Greenhouse Gas Emissions Inventory and Reduction Plan.
- The Commission for the Environment is preparing a report for the Board of County Commissioners (BOCC) on possible local strategies to address ground-level ozone.
- The Tobacco Reality Unfiltered (TRU) youth tobacco prevention project has been working to improve indoor air quality by advocating for smoke-free environments. Collaborating with the Orange County Asthma Coalition the project developed an on-line smoke-free dining guide and the first annual "AAH Tour". The Air Awareness for Health Tour featured such activities as media promotion of smoke-free restaurants, a teen "Kick Butts" Day, and promotion of on-line smoking cessation resources. In addition, the TRU project coordinator has worked with the OCHD Environmental Health Division to educate restaurant permit applicants about the benefits of offering smoke-free dining.

- Orange County Schools passed an Integrated Pest Management (IPM) policy to eliminate the indiscriminate use of pesticide spraying.
- Chapel Hill-Carrboro City Schools is working on a similar policy that would extend to outdoor herbicides, idling of diesel buses, IPM inside the schools, and other improvements in indoor air quality

## SUICIDE

Because of a higher than average rate of suicide in the county, this issue was included in the top ten. But due to its effect on a small number of people annually, and concentration on the larger mental health system changes underway, it has not been an area of major focus at this time.

Age adjusted suicide rate for Orange County per 100,000 population<sup>10</sup>:

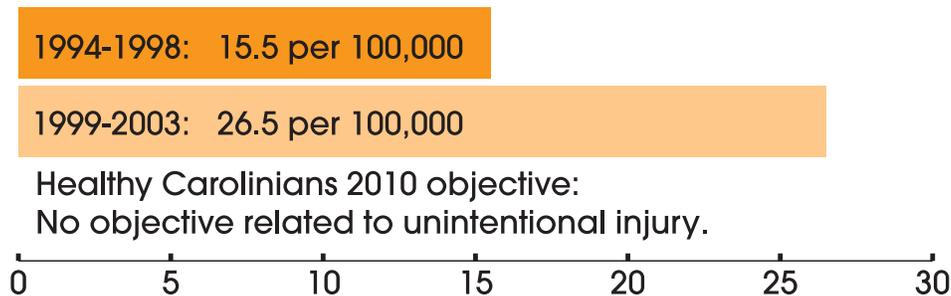


- UNC-Chapel Hill has formed a Suicide Risk Reduction Task Force that submitted a report and recommendations to the Vice Chancellor for Student Affairs.
- The community group that organized the Nothing to Hide; Community Dialogue on Mental Illness project is considering a focus on suicide for 2006.

## HIGH UNINTENTIONAL INJURY RATE

While rates for injuries in Orange County are higher than the state rate, the actual number of deaths due to injury is small and the types of injuries that result in death are diverse. For these reasons it is difficult to target a program that would lower these rates. The County continues to encourage car seat and seat belt use, and the Health Department, Cooperative Extension, and the Department on Aging offer the “Remembering When” Program to seniors to reduce fires and falls among this population.

Age-adjusted death rate for unintentional injuries in Orange County<sup>11</sup>:





## DATA SOURCES

1. Sheps Center for Health Research
2. NC State Center for Health Statistics, BRFSS
3. 2004 NC-NPASS data, accessed at [www.eatsmartmovemorenc.com](http://www.eatsmartmovemorenc.com)
4. Youth Risk Behavior Survey (YRBS) administered by CHCCS and OCS
5. NC State Center for Health Statistics, BRFSS
6. *ibid*
7. NC State Center for Health Statistics, 1999-2003 Race-sex specific age-adjusted mortality rates by County
8. NC Division of Social Services, Children's Services
9. NC Department of Environment and Natural Resources
10. NC State Center for Health Statistics, 1999-2003 Race-sex specific age-adjusted mortality rates by County
11. *ibid*

### Common abbreviations used in this report:

<b>DSS</b>	Department of Social Services
<b>CHCCS</b>	Chapel Hill -Carrboro City Schools
<b>OCHD</b>	Orange County Health Department
<b>OCS</b>	Orange County Schools
<b>OPC</b>	Orange-Person-Chatham Area Mental Health Program
<b>SHAC</b>	Student Health Action Coalition
<b>UNC-Chapel Hill</b>	University of North Carolina at Chapel Hill



## HEALTHY CAROLINIANS OF ORANGE COUNTY

Maria Hitt, Coordinator

2501 Homestead Road, Chapel Hill, North Carolina 27516

Phone: 968-2022 (ext 291) • Email: [mhitt@co.orange.nc.us](mailto:mhitt@co.orange.nc.us)

[www.co.orange.nc.us/health/](http://www.co.orange.nc.us/health/)