

Things to Know About Ebola

Ebola IS NOT easy to “catch”.

None of the household contacts of Thomas Duncan (the first patient in Dallas, TX) contracted the disease.

Facts *about* **Ebola** in the U.S.

You can't get Ebola through air



You can't get Ebola through water



You can't get Ebola through food



You can only get Ebola from

- Touching the blood or body fluids of a person who is sick with, or has died from Ebola
- Touching contaminated objects, like needles
- Touching infected animals, their body fluids, or their meat

The federal, state, and local governments are working to plan and prepare for the potential of another Ebola case.

- Travelers coming from the affected African countries are required to fly into one of 5 identified US airports for enhanced screening.
- The North Carolina Communicable Disease Branch is offering guidance and training on contact tracing and monitoring, First Responder preparation, protection, and cleanup.
- The Orange County Health Department, Emergency Services, and UNC Hospital are working together to prepare and test Ebola response plans.



NC Ebola Information Hotline

1-800-222-1222

Helpful websites:

- Orange County: <http://www.orangecountync.gov/health/ebola.asp>
- North Carolina: <http://www.ncdhhs.gov/ebola/>
- CDC: <http://www.cdc.gov/vhf/ebola/index.html>