

Diabetes Resource Pages

Organization: Central Carolina Health Network	Address: P. O. Box 3568, Chapel Hill, NC 27515
Contact Person: Jennifer Albright or Anita Hill	Phone: 919-966-4123 Fax: 919-966-6125
Email: jalbright@ncaccesscare.org	Website: None
Diabetes Treatment/Management Services Provided:	
<u>Treatment Services:</u> Work directly with the patient and provider to enforce self-management in compliance with provider's plan.	
<u>Case Management:</u> We case manage Carolina Access Medicaid patients with diabetes, all ages.	
<u>Types of Payment:</u> No charge.	
Educational Services Provided:	
<u>Client-Based Services:</u> Work directly with patient to educate them about their disease, self-management techniques, medication therapy management and support.	
<u>Staff Development and Training:</u> Offer courses for clinic staff on diabetes, asthma and other chronic diseases as requested.	
Research Initiative Involvement:	
We don't conduct research, but will participate in program evaluation efforts. We have been involved with a program on obesity at UNC Peds.	
Collaborative Efforts or Partnerships with Other Organizations:	
Work with health departments, DSS, private practices, UNC Hospitals/P&A and community health centers. Representatives serve on our CCHN executive committee.	
Currently Using Best Practice Guidelines:	
We use best practice guidelines created by Community Care of North Carolina. All providers receive a toolkit which includes these guidelines.	
Future Programming Goals Related to Diabetes:	
1) be involved with the Medicaid audit this spring; 2) in January, receive an updated list of Medicaid patients with diabetes to evaluate for case management services; 3) send case managers to ECU Diabetes Fellowship Training.	
Other Topics/Services:	
Will continue to develop our uninsured patients program, piggy-back on upcoming pediatric audits to conduct chart reviews on lead level testing, conduct surveys of patients presenting at the UNC emergency room and conduct a pilot polypharmacy intervention in Chatham County.	

Organization: Chapel Hill/Carrboro City Schools	Address: Lincoln Center, 750 S. Merritt Mill Rd., Chapel Hill, NC 27516
Contact Person: Stephanie Willis	Phone: 919-967-8211 ext. 245 Fax: 919-918-7096
Email: swillis@chccs.k12.nc.us	Website: None
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> Students: Fitness testing, BMI. Employees: Hope to provide screening.	
<u>Treatment Services:</u> Referral of students and employees to community providers as indicated.	
<u>Case Management Services:</u> School nurses monitor individual students with diabetes.	
<u>Types of Payment:</u> Need additional money for programs on nutrition; physical activity.	
Educational Services Provided:	
<u>Staff Development and Training:</u> Employee staff development to recognize signs and symptoms of diabetes, student education 8 th grade; individual education; classroom education.	
Collaborative Efforts or Partnerships with Other Organizations:	
UNC Cardiology; Healthy Carolinian; Orange on the Move; Orange County Health Department.	
Currently Using Best Practice Guidelines:	
Need more health staff educators.	
Future Programming Goals Related to Diabetes:	
Need to increase screening activities.	

Organization: Chapel Hill Eyecare	Address: 235 S. Elliott Rd., Chapel Hill, NC
Contact Person: Dr. Michael Carstens	Phone: 919-968-4774 Fax: 919-942-5291
Email: None	Website: www.chapelhilleyecare.com
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> Comprehensive dilated exams and follow-up. <u>Treatment Services:</u> Diabetic monitoring and assessment, treatment is referred. <u>Types of Payment:</u> Self-pay, Medicare, Blue Cross, United Health.	
Educational Services Provided:	
<u>Client-Based Services:</u> One-on-one patient education. <u>Community-Based Services:</u> Dr. Carstens is available for lectures, especially in area of provider education.	
Involvement in Research Initiatives:	
Duke Research Study.	
Collaborative Efforts or Partnerships with Other Organizations:	
Lecturer for Chronic Disease Collaborative; Resource for S.H.A.C.	
Future Programming Goals Related to Diabetes:	
Currently working on establishing an eye clinic in rural N.C. to provide comprehensive eye care to underserved area. Partnering with Piedmont H.S.	
Other Topics/Services:	
Special interest in the care of diabetics and diabetic eye disease.	

Organization: Chapel Hill Foot and Ankle	Address: 1506 E. Franklin St., Suite 104, Chapel Hill, NC 27514
Contact Person: Dr. Jane Andersen	Phone: 919-960-8858 Fax: 919-960-2882
Email: Jander1130@aol.com	Website: www.chapelhillfootandankle.com
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> Foot exams. <u>Treatment Services:</u> Foot and ankle care: ulcers, palliative care, pain, etc. <u>Types of Payment:</u> Insurance or self-pay.	
Educational Services Provided:	
<u>Client-Based Services:</u> Individual evaluation.	
Collaborative Efforts or Partnerships with Other Organizations:	
APMA – American Podiatric Medical Association. www.apma.org	
Future Programming Goals Related to Diabetes:	
Increase awareness of foot problems with diabetes.	

Organization: N.C. Oral Health Section	Address: 200 N. Greensboro St., Carr Mill Mall, Suite D-15
Contact Person: Wendy Schwade	Phone: 919-968-2033 Fax: 919-968-2021
Email: wendy.schwade@ncmail.net	Website: None
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> May identify children during dental screening that have obvious problems.	
Educational Services Provided:	
<u>Community-Based Services:</u> Health fairs – classroom education for school age children.	
<u>Staff Development & Training:</u> NC Oral Health incorporates diabetes education. Exhibits connect oral health & diabetes.	
Collaborative Efforts or Partnerships with Other Organizations:	
Other state agencies; Eat Smart Move More; State Public Health agencies; Chair of Orange Co. School Health Advisory Council.	
Future Programming Goals Related to Diabetes:	
Continue to incorporate nutrition education in dental education for children and groups. Continue to use diabetes exhibits for groups.	

Organization: N.C. Prevention Partners	Address: 88 VilCom Circle, Suite 110, Chapel Hill, NC 27514
Contact Person: Jennifer Hastings	Phone: 919-969-7022 Fax: 919-960-0592
Email: Jennifer@ncpreventionpartners.org	Website: www.preventionpartners.org
<p>Educational Services Provided:</p> <p><u>Staff Development & Training:</u> Prevention Rx provides science-based tools and trainings for healthcare professionals to ensure that nutrition, physical activity, and quitting tobacco are systematically addressed in patient care.</p> <p>Prevention Rx brings nutrition, physical activity, and quitting tobacco use into patient care by establishing healthcare prevention systems. NC Prevention Partners offers Prevention Rx workshops throughout North Carolina to healthcare professionals working in physicians' offices, hospitals, health departments, and community health centers. Participants gain valuable resources featuring brief screening and counseling tools entitled the Starting the Conversation series and an on-line referral database called the NC Good Health Directory. Additional guidance is provided for how to modify patient history forms, document prevention encounters, file for reimbursement, and report progress.</p> <p>More information about Prevention Rx is available at www.ncpreventionpartners.org under Programs.</p>	
<p>Collaborative Efforts or Partnerships with Other Organizations:</p> <p>Project with the NC Diabetes Prevention & Control Branch, NC Division of Public Health, DHHS grant to assist businesses to establish diabetes prevention policies and environments at the worksite.</p>	
<p>Other Topics/Services:</p> <p>The <u>Preventive Benefits Watch</u> is a web-based profile of the preventive health insurance benefits offered by NC private and public health plans. Currently, NC Prevention Partners tracks counseling and medication benefits for tobacco use, physical activity, nutrition, obesity, hypertension, and cholesterol management, diabetes, and pre-diabetes. Cancer benefits for prevention and treatment will be added in 2006-2007.</p> <p>The <u>NC Good Health Directory</u> (www.ncgoodhealthdirectory.com) is a comprehensive referral directory of statewide resources, including healthcare providers, programs, hospitals, and clinics to assist individuals to be physically active, eat healthy, and quit all tobacco use. This resource assists healthcare professionals and the general population in locating services, vendors, and resources throughout the state that can help those ready to improve their health. The NC Good Health Directory is a searchable database organized by county, city, and zip code.</p> <p><u>Starting the Conversation</u> series: The Starting the Conversation (STC) series is a set of brief screening, counseling, and referral tools, primarily for use by healthcare providers with adult populations. These unique tools help healthcare professionals effectively and efficiently advise and counsel their patients and refer them to expert treatment and support. All tools are available in English and Spanish. There is also a tobacco tool created specifically for Lumbee American Indians. More information about the Starting the Conversation series is available at www.ncpreventionpartners.org under Publications.</p> <p>The <u>Prevention 1st Challenge</u> provides a set of on-line strategic tools and resources businesses can use to improve employee health and to reduce healthcare costs through policies and environments that support healthy eating, physical activity, and quitting tobacco use.</p> <p>The primary tools of the Prevention 1st Challenge include the following:</p> <ul style="list-style-type: none"> • Prevention Audit: This on-line tool enables a business to assess its existing nutrition, physical activity, and tobacco use policies and environments. Access to the on-line audit at 4 intervals throughout a 12-month period allows businesses to evaluate their efforts and monitor their progress. • Prevention Report Card: The Prevention Audit results in a Prevention Report Card with grades in physical activity, nutrition, and tobacco use that reflect the business' responses on the audit. The Prevention Audit and Report Card help your business to establish a prevention baseline and evaluate progress over the 12 months. • Prevention Plan Guides, Quick Start Steps, and Sample Policies: These tools provide guidance and resources for businesses to create a strategic plan to improve their Prevention Report Card grades and support employee health. 	

Organization: Orange County Department on Aging	Address: 400 S. Elliott Rd., Chapel Hill, NC 27514
Contact Person: Myra S. Austin	Phone: 919-968-2073 Fax: 919-968-2093
Email: maustin@co.orange.nc.us	Website: www.co.orange.nc.us
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> (Diabetes Management Classes co-sponsored with the O.C. Health Department.) Bi-annual glucose screening. <u>Types of Payment:</u> No charge.	
Educational Services Provided:	
<u>Community-Based Services:</u> Diabetes Management Education Classes.	
Collaborative Efforts or Partnerships with Other Organizations:	
Orange County Health Department, UNC School of Pharmacy, Private Practice Exercise Physiologist.	
Future Programming Goals Related to Diabetes:	
Provide management classes four times per year at senior centers in Orange County.	

Organization: Orange County Health Department	Address: 300 West Tryon Street, Hillsborough, NC 27278
Contact Person: Renee Kemske	Phone: 919-968-2022 ext. 309 Fax: 919-969-4777
Email: rkemske@co.orange.nc.us	Website: www.co.orange.nc.us
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> Chronic Disease Nurse: Screenings at Senior Centers; Screening of enrolled symptomatic clients by clinic staff. <u>Treatment Services:</u> Medical Nutrition Therapy for people with Diabetes or those at risk. Medical Management of Diabetics by clinic staff. <u>Case Management:</u> Medical Nutrition Therapy for people with Diabetes or those at risk. Chronic Disease Nurse provides care coordination of Non-Medicaid referred Diabetics in the community. <u>Types of Payment:</u> Nutrition Services: Sliding Scale; Clinic Services – Sliding Scale, Medicaid, BCBS; Chronic Disease Care Coordination – no charge at this time.	
Educational Services Provided:	
<u>Client-Based Services:</u> Medical Nutrition Therapy for people with Diabetes or those at risk. Individualized education for those receiving Chronic Disease Care Coordination. <u>Community-Based Services:</u> Five-Week Diabetes Program (nutrition, exercise, medication) in partnership with Dept. on Aging.	
Collaborative Efforts or Partnerships with Other Organizations:	
Dept. on Aging for group programs and classes; "Fit Feet Program" in conjunction with Dept. on Aging; Flu/Pneumonia Vaccinations in Senior Centers/ Retirement and group homes.	
Currently Using Best Practice Guidelines:	
American Diabetes Association, American Dietetic Association Guidelines.	
Future Programming Goals Related to Diabetes:	
Convening the Diabetes Task Force; partnering with other community organizations to expand diabetes awareness, education, and programming efforts. Expanding Diabetes initiatives; Certified Diabetes Educator(s) on staff.	
Other Topics/Services:	
Nutrition Counseling Services for any condition; sliding scale fee; some insurances accepted. Group classes and health fairs by health promotion staff upon request.	

Organization: UNC Hospitals Cardiac Rehabilitation	Address: UNC Wellness Center, 100 Sprunt St., Chapel Hill, NC 27517
Contact Person: Betty Matteson, MA, Program Director	Phone: 919-843-2154 or 919-843-2158 Fax: 919-843-2191
Email: ematteson@unch.unc.edu	Website: www.uncwellness.com
Diabetes Treatment/Management Services Provided:	
<u>Treatment Services:</u> Cardiac Rehabilitation and Bridge to Wellness Programs – Assessment, education, medically supervised exercise, nutrition counseling, smoking cessation, and psychosocial support. <u>Types of Payment:</u> <i>Cardiac Rehabilitation:</i> Covered by Medicare and most other 3 rd party payors. Non-covered expenses may be covered by UNCH charity care or scholarship. <i>Bridge to Wellness:</i> Self-pay (limited scholarship funds are available).	
Educational Services Provided:	
<u>Client-Based Services:</u> One on one and group education sessions regarding diabetes and pre-diabetes <u>Staff Development and Training:</u> Diabetes Resource Nurse on staff.	
Future Programming Goals Related to Diabetes:	
Interested in developing a program for risk factor reduction – at lower cost than Bridge Program (\$300/month)	

Organization: UNC Family Medicine Center	Address: 110 Manning Dr., Aycock Bldg., Chapel Hill, NC 27599
Contact Person: Joan Galbraith, NP	Phone: 919-966-2010 Fax: 919-966-6126
Email: joan_galbraith@med.unc.edu	Website: www.uncwellness.com
Diabetes Treatment/Management Services Provided:	
<u>Screening Services:</u> Full service primary care clinic. <u>Treatment Services:</u> Above, 3-hour new diabetic class; skin/foot care clinic. <u>Case Management Services:</u> Chronic care specialist - NP <u>Types of Payment:</u> Sliding scale, mc/card, insurance, charity care.	
Educational Services Provided:	
<u>Client-Based Services:</u> 3-hour diabetic class; skin/foot care clinic.	
Research Initiatives Involvement:	
Chronic care model collaborative.	
Future Programming Goals Related to Diabetes:	
Registry; standardized patient education materials; self-management goals.	

Organization: UNC School of Pharmacy – Med. Management for Older Adults	Address: CB# 7360, Kerr Hall, Chapel Hill, NC 27599
Contact Person: Jena Ivey, PharmD	Phone: 919-843-2278 Fax: 919-966-8486
Email: geriatricpharmacy@unc.edu	Website: www.geriatrics.unc.edu
Diabetes Treatment/Management Services Provided:	
<u>Treatment Services:</u> Work with physicians at UNC Div. Of Geriatrics to help optimize diabetes therapy; _____ meter training, provide free meters; community educational series with O.C. Dept. of Aging. <u>Types of Payment:</u> Standard UNC clinic-based fees. Home visits = no charge.	
Educational Services Provided:	
<u>Client-Based Services:</u> Home visits to Orange County older adults. <u>Community-Based Services:</u> Community Educational Diabetes seminars with O.C. Dept. of Aging.	
Currently Use Best Practice Guidelines:	
ADA	
Future Programming Goals Related to Diabetes:	
Expand education seminars to other areas/organizations in Orange County.	

Organization: UNC Podiatry	Address: 5316 Highgate Dr., Suite 125, Durham, NC 27713
Contact Person: Howard Kashefsky, DPM	Phone: 919-484-1437 Fax: 919-806-2181
Email: feetfixer@earthlink.net	Website: None
Diabetes Treatment/Management Services Provided: <u>Screening Services:</u> Based on ADA Recommendations. <u>Treatment Services:</u> UNC Wound Management and Prevention. <u>Case Management Services:</u> Acute Care available. <u>Types of Payment:</u> UNC policies.	
Educational Services Provided: <u>Client-Based Services:</u> Written and verbal. <u>Community-Based Services:</u> Lectures. <u>Staff Development and Training:</u> On-site training available.	
Research Initiatives Involvement: Multiple research studies ongoing.	
Collaborative Efforts or Partnerships with Other Organizations: In the past – Project Direct; American Podiatry Medical Association; N.C. Foot and Ankle Society.	
Currently Use Best Practice Guidelines: Based on ADA. Recommendations based on Carville Screening Protocols.	
Future Programming Goals Related to Diabetes: Tracking outcomes – performance based; evidence based medicine.	
Other Topics/Services: Provide management of all foot problems including infections, wounds, prevention, acute and chronic care.	

Organization: UNC Wellness Center at Meadowmont	Address: 100 Sprunt Street, Chapel Hill, NC 27517
Contact Person: Liz Watt	Phone: 919-966-5500 Fax: 919-893-3276
Email: ewatt@unch.unc.edu	Website: www.uncwellness.com
Diabetes Treatment/Management Services Provided: <u>Treatment Services:</u> Nutrition education. <u>Types of Payment:</u> Standard fee.	
Educational Services Provided: <u>Client-Based Services:</u> Nutrition education.	