

## ORANGE COUNTY BOARD OF HEALTH MEETING AGENDA

**DATE:** September 25, 2013  
**TIME:** 7:00 P.M.  
**PLACE:** Whitted Building, Board of Health Conference Room  
 300 West Tryon Street  
 Hillsborough, NC 27278

<u>TIME</u>	<u>ITEM</u>	
7:00 pm	I. Welcome New Employees	
7:05 – 7:10	II. Public Comment for Items NOT on Printed Agenda <i>Public Comment for Items ON Printed Agenda will be handled during that agenda item</i> (Please sign up for both on sheet near the entrance to room.) <i>Please limit your comments to 3 minutes.</i>	
7:10 – 7:15	III. Approval of September 25, 2013 Agenda	
7:15 – 7:20	IV. Action Items (Consent) A. Minutes of August 28, 2013 meeting	
7:20 – 7:45	V. Action Items (Non-Consent) A. Committee to Select New Member B. Health Director Evaluation Process	Matthew Kelm Matthew Kelm
7:45 - 8:30	VI. Educational Sessions A. Visioning Results B. SFPP Update C. Innovations Grant D. Teen Health Advocates E. Substance Abuse Dashboard	Colleen Bridger Keith Walker Meredith Stewart Tiffany Mackey Mike Fliss
8:30 – 8:50	VII. Reports and Discussion with Possible Action A. Informational Items a. Health Director's Report b. BOCC/BOH Joint Meetings c. Media Items	Colleen Bridger
8:50 – 8:55	VIII. Board Comments	
9:00	VIII. Adjournment	

**BOARD MEMBERS: To ensure a quorum, SEND E-MAIL to [vjones@orangecountync.gov](mailto:vjones@orangecountync.gov) advising her of your attendance at this meeting OR CALL 919-245-2411.**

MINUTES  
ORANGE COUNTY BOARD OF HEALTH  
August 28, 2013

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**ORANGE COUNTY HEALTH DEPARTMENT MISSION STATEMENT:** *To enhance the quality of life, promote the health, and preserve the environment for all people in the Orange County community.*

**THE ORANGE COUNTY BOARD OF HEALTH MET ON** August 28, 2013, at the Orange County Health Department, 300 West Tryon Street, Hillsborough, NC.

**BOARD OF HEALTH MEMBERS PRESENT:** Corey Davis, Vice-Chair; Liska Lackey; Tony Whitaker; Susan Elmore; Michael Wood; Commissioner Bernadette Pelissier, Michael Carstens; and Paul Chelminski.

**BOARD OF HEALTH MEMBERS ABSENT:** Matthew Kelm; Alex White, and Carol Haggerty (resigned effective August 28, 2013).

**STAFF PRESENT:** Colleen Bridger, Health Director; Donna King, Public Health Education Director; Pam McCall, Public Health Nursing Director; Christy Bradsher, Financial and Administrative Services Division Director; Tom Konsler, Environmental Health Director ; Stacy Shelp, Communications Manager; Annette Moore, Attorney-Orange County Legal Department, Meredith Stewart, Senior Public Health Educator; Ann Zellmer, Public Health Nurse II; and Vondra Jones, Administrative Assistant.

**GUESTS PRESENT:** None.

**I. Welcome New Employees**

Dr. Bridger introduced new staff members: Ann Zellmer, Public Health Nurse II and Meredith Stewart, Senior Public Health Educator;

**II. Public Comment for Items NOT on Printed Agenda: None**

**III. Approval of August 28, 2013 Agenda**

***Motion was made to approve the August 28, 2013 agenda and carried without dissent.***

**IV. Action Items (Consent)**

**A. Minutes Approval of June 26, 2013 Meeting**

***Motion was made to approve the June 26, 2013 meeting minutes and carried without dissent.***

**B. Minutes of June 26, 2013 Closed Session Minutes**

**Approved with correction of typo in Section I – “regular” should be “regulate” and carried without dissent.**

**V. Action Items (Non-Consent)**

**A. Fee and Eligibility Policy - Christy Bradsher**

The Health Department was recently notified of changes in income verification for Family Planning services by the Women's Health Branch of the NC Division of Public Health. In the past, recipients of Title X funds including Local Health Departments were not allowed to require proof of income or charge a patient receiving Family Planning services if they stated they had no income.

We are now allowed to verify the income of those receiving Family Planning services as we do with all other programs as outlined in the department's Fee and Eligibility Policy. In order to be consistent across programs we are requesting to reflect this change by removing section III. C. of the policy to make income eligibility applicable to and consistent across all programs.

Also, in order to follow the County's Debt Set Off policy and procedures as a means of creating a consistent billing cycle for both Medical and Dental, we have removed sections VII. I and. J. We are requesting approval of revisions as noted in the attached policy.

***Concerns were raised regarding this action being a barrier to women's health services; the homeless population; migrant workers; and other persons who can't verify a permanent residence and/or income. Christy Bradsher stated no one would be denied any medical services. Corey Davis asked that Dr. Bridger issue an internal Health Department policy regarding the administration of this Fee Policy change that would ensure that Orange County citizens will not be refused medical services. A motion was made by Michael Carstens; seconded by Liska Lackey; and carried without dissent.***

**B. Adoption of Revisions to Orange County Wastewater System Rules and Resolution for Adoption – Tom Konsler**

This agenda item is carried over from the June 2013 Board of Health meeting at which revisions were considered for adoption along with a resolution for adoption. The Board requested that the resolution contain more explicit verbiage as to why the adoption of rules is necessary to protect public health.

The rule revisions attached are the same as those considered in June, however the resolution now contains additional justification for adoption in the interest of public health. The attachment is a summary that tracks the changes showing only the affected sections of the rule. The full rule is available for review.

MINUTES  
ORANGE COUNTY BOARD OF HEALTH  
August 28, 2013

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Orange County Board of Health last adopted revisions to the Rules for Wastewater Treatment and Disposal Systems in February of 2009. Since that adoption, some of the terminology and jurisdiction for different types of systems has changed, creating the potential for confusion. The following rules are proposed for revisions

- **.1934 Scope**
  - The term "sludge" has been replaced with "land applied residuals"
  - The Environmental Management Commission is the adopting entity for rules
- **.1935 Definitions**
  - The term "wastewater systems" has been added to reflect the more broad definition that includes both:
    - ground absorption systems (permitted by OCHD) and
    - systems that discharge treated waste to the ground surface or surface waters (permitted by DWQ)
- **.1961 Maintenance of Systems**
  - The requirement that staff inspect systems that have no operator is no longer included
  - Terminology is corrected for clarity and to align with the definitions
- **The Resolution** has been revised to reflect the requirements of the law and to include more justification of the need for adoption of the rule.

**Discussions centered on the usage of the term DWQ (Division of Water Quality) versus DWR (Division of Water Resources) which is thought to be the new terminology. A motion was made by Liska Lackey to approve the rule with directions to Staff and Legal Counsel to clarify the usage of DWQ and to add the appropriate nomenclature as needed. The motion was seconded by Bernadette Pelissier, and carried without dissent.**

## **VI. Educational Sessions**

### **A. Affordable Care Act 101 – Corey Davis and Dr. Colleen Bridger**

- North Carolina received \$4M to employ Health Navigators to assist residents with the upcoming ACA Plan
- E-Pass System requires Navigators
  - Government has established training programs for Navigators and other personnel that will be required
  - **Certification Applications Specialist** training enrollment will begin October 1<sup>st</sup>, 2013
- Corey's presentation can be found on the Health Department S:/ drive
- Dr. Bridger updated the Board on the ACA Planning meetings spearheaded by the Health Department which include multiple organizations and groups
- The newly-formed Orange County ACA Oversight Group will meet monthly beginning September 2013

### **B. Substance Abuse/Mental Health Committee Update – Meredith Stewart**

- The Mental Health & Substance Abuse Subcommittee met on August 20<sup>th</sup>. Topics of discussion included a review of the strategic plan timeline and upcoming action

steps; presentation of draft data dashboard; and review and selection of substance abuse prevention strategies. Subcommittee members elected to explore two options for preventing prescription drug abuse and overdose. The first is to review available data to identify providers in need of pain management training and registration with the Controlled Substance Reporting System (CSRS). The second strategy is to explore the creation of a policy for screening of prescription drug misuse/abuse and prescription and/or distribution of naloxone at the OCHD. Naloxone reverses the effects of an opioid overdose, is not a controlled substance, and has no abuse potential.

**C. Dashboards – Mike Fliss**

- Mike presented an electronic presentation of the Billing dashboard prototype
- Child and Family Obesity dashboard final draft handout was reviewed.

**VII. Reports and Discussion with Possible Action**

**A. Informational Items**

- a. **Health Director's Report-** See attached Health Directors Report. No additional information to report.
- b. **Media Items** were reviewed which focused on Orange County's events, particularly our new "No Smoking" policy
- c. **Healthy Carolinians 2013 Annual Meeting – September 27<sup>th</sup>, 2013**

**VIII. Board Comments -** No additional comments given

**IX. Adjournment**

***A motion was made to adjourn the meeting at 9:01pm and was seconded and carried without dissent.***

**The next Board of Health Meeting will be held September 24<sup>th</sup>, 2013 at the Orange County Health Department, 300 West Tryon Street, Hillsborough, NC at 7:00 p.m.**

Respectfully submitted,

Colleen Bridger, MPH, PhD.  
Health Director  
Secretary to the Board

**ORANGE COUNTY BOARD OF HEALTH  
AGENDA ITEM SUMMARY**

**Meeting Date:** September 25, 2013

**Agenda Item Subject:** Smoke Free Public Places (SFPP) rule progress update

**Attachment(s):** SFPP Progress Update PowerPoint

**Staff or Board Member Reporting:** Keith Walker

**Purpose:**  Action  
 Information only  
 Information with possible action

**Summary Information:** Staff will be presenting on the progress and success of the Smoke Free Public Places rule. The outline of the presentation consists of progress related to sub committees that include communication, cessation, signage, and enforcement. Staff will also provide information regarding challenges as well as future implementation steps.

**Recommended Action:**  Approve  
 Approve & forward to Board of Commissioners for action  
 Approve & forward to \_\_\_\_\_  
 Accept as information  
 Revise & schedule for future action  
 Other (detail):

### ORANGE COUNTY BOARD OF HEALTH SMOKE-FREE PUBLIC PLACES RULE



PROGRESS and SUCCESS



### Communication

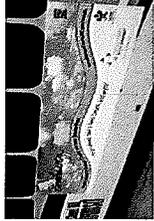
**Proactive Outreach  
 Smoking Response  
 Teams (SRT)**



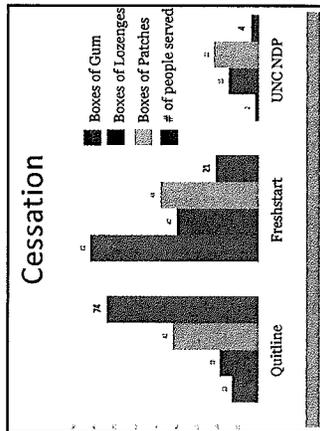
Less than  
 1 out of 2  
 survey respondents  
 knew about the rule.

### Communication

9,711,652 Impressions

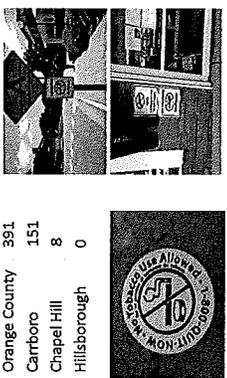


- Billboards
- Buses
- DPAC
- Television



### Signage

Orange County	391
Carboro	151
Chapel Hill	8
Hillsborough	0



### Evaluation

Locations:	11
Had receptacles:	9.1%
# Observed:	586
# Observed smoking:	19
Smoking %	3.2%

Legend: Ch Clay, Ch Sou, Ch Wex, H Gold Park, H Triangle Sportsplex

### Lessons Learned

**Successes**



**Challenges**

- Enforcement Philosophy
- Municipal Signage
- Education/Outreach by Partners
- Response to Cessation efforts
- Quitline NRT contract

### Next Steps

- Enhanced signage options for businesses
- UNC Nicotine Dependence Program: \$25 Incentive
- Offsite Freshstart Classes
- Extended NRT distribution to Quitline enrollees
- Enforcement/Compliance check-in with local Law Enforcement.

**ORANGE COUNTY BOARD OF HEALTH  
AGENDA ITEM SUMMARY**

**Meeting Date:** September 25, 2013

**Agenda Item Subject:** Innovation Grant Update

**Attachment(s):** Innovation Grant Update Presentation

**Staff or Board Member Reporting:** Meredith Stewart

**Purpose:**  Action  
 Information only  
 Information with possible action

**Summary Information:**

On August 22<sup>nd</sup>, 2012 the Board of Health passed a resolution expressing support for a culture of innovation at the Orange County Health Department. To provide opportunities for employees to identify challenges and explore solutions to health department service and programming challenges, the Board of Health allocated \$20,000 per year for an "Innovation Grant" program. Staff applied for funding through a formal application process, identifying the need for and the intended results of their grant.

In January 2013, four projects were approved as the first round of grants. The projects included:

1. Nicotine Dependence Satellite Center
2. Computer Integrated Medical Equipment
3. OCHD Video Technology
4. Lead Outreach Programming

Today's report is a summary of the progress to date on these projects, including accomplishments and challenges.

**Recommended Action:**  Approve  
 Approve & forward to Board of Commissioners for action  
 Approve & forward to \_\_\_\_\_  
 Accept as information  
 Revise & schedule for future action  
 Other (detail):

# Agenda Item Number: VI.-C

## COMPUTER ASSISTED MEDICAL EQUIPMENT



Purchase medical equipment (e.g. blood pressure cuffs) to integrate with new EHR software



Budget: \$6,700  
Spent: 0%



Delayed due to Patagonia implementation

## OCHD MEDIA RESOURCES



Production of professional grade OCHD video resources for staff and the public



Budget: \$1,000  
Spent: 96%



Video editing software  
4 videos  
362 views

## CHILDHOOD LEAD POISONING PREVENTION



Intervene proactively and educate families on lead poisoning hazards



Budget: \$300  
Spent: 100%



Lead sampling supplies  
2 consultations

## NICOTINE DEPENDENCE PROGRAM SATELLITE



Provide tobacco cessation services and NRT to Northern Orange County

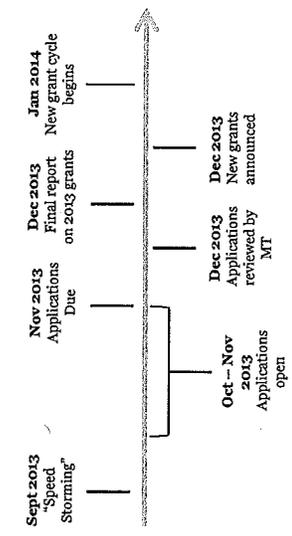


Budget: \$12,000  
Spent: 50%



Outreach  
4 referrals  
75% completion  
25% quit  
59 boxes NRT

## LOOKING FORWARD



## INNOVATION GRANTS



MID-YEAR PROGRESS REPORT  
INFORMATION AS OF AUGUST 15<sup>TH</sup>, 2013



**ORANGE COUNTY BOARD OF HEALTH  
AGENDA ITEM SUMMARY**

**Meeting Date: 09/25/2013**

**Agenda Item Subject: Teen Health Advocates to Promote Healthy Behaviors**

**Attachment(s): Yes, PowerPoint and YouTube Video**

**Staff or Board Member Reporting: Tiffany Seniece Mackey, MPH**

**Purpose:**     \_\_\_ Action  
              \_\_\_  Information only  
              \_\_\_ Information with possible action

**Summary Information:**

In 2012-2013 the Orange County Health Department and Cedar Ridge High School worked together to develop a Teen Health Advocate (THA) program at Cedar Ridge. The Health Department received a \$10,000 grant from JBS International Inc to implement this as a pilot program at Cedar Ridge and fund the program through the first 9 months. After the first year, we plan to offer and hope to implement the program in the other Orange County High Schools while continuing the program at Cedar Ridge.

Presentation includes: Successes, Challenges, Lessons Learned/Best Practices, Evaluation/Measureable Outcomes, Closing, and PSA by the Teen Health Advocates from Cedar Ridge High School

**Recommended Action:**     \_\_\_ Approve  
                                  \_\_\_ Approve & forward to Board of Commissioners for action  
                                  \_\_\_ Approve & forward to \_\_\_\_\_  
                                  \_\_\_  Accept as information  
                                  \_\_\_ Revise & schedule for future action  
                                  \_\_\_ Other (detail):

# AGENDA ITEM NUMBER: VI-D



**Orange County Health Department**  
Teen Health Advocates to Promote Healthy Sexual Behaviors

**Successes**

- Obtained school system permission to offer a Teen Health Advocate program
- Developed and implemented the program at a local high school
- Recruited school advisor for program
- 14 students joined the program and 11 participated in HPV training
- Developed promotional materials and logo for HPV prevention
- 24 students vaccinated at school-site HPV clinics—46% male
- Hosted summer retreat for Teen Health Advocates





**Challenges**

- Obtaining school system approval in a timely manner
- Getting students to respond and submit registration forms
- Getting media approval from schools—i.e. Facebook and Twitter
- Maintaining student interest during summer
- Staff changes mid-project
- Limited time with students prior to end of school year
- Recruiting diverse participants





**Lessons Learned/Best Practices**

- Tailor promotions to target audience: promotional materials, presentations, incentives
- Include teens in planning process—teen designed program logo, incentives, planned activities
- Meeting during school “plus period” (break time) instead of after or before school
- Schedule vaccination clinics during school hours
- Identifying the best form of communication for students






**Evaluation/Measurable Outcomes**

- Establishment of functioning Teen Health Advocate group
- Comparison of pre and post test results following HPV training
- Vaccination of 24 students with HPV vaccine within 12 months





**Closing**

- Next Steps
- Questions?
- Implementing the Teen Health Advocate program in other high schools
- Expanding the role of the group
- Offering presentations at local Middle Schools
- Offering more HPV vaccination clinics at both high schools and middle schools





<http://www.youtube.com/watch?v=nqphAybn1>



**ORANGE COUNTY BOARD OF HEALTH  
AGENDA ITEM SUMMARY**

**Meeting Date:** September 25, 2013

**Agenda Item Subject:** Substance Abuse and Mental Health Dashboard

**Attachment(s):** Handouts to be provided at the BOH meeting

**Staff or Board Member Reporting:** Mike Fliss

**Purpose:**  Action  
 Information only  
 Information with possible action

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**Summary Information:**

The Substance Abuse and Mental Health dashboard is second in our series of 3 and incorporates changes from last month's discussion. This represents the next step in our iterative process to create dashboards to communicate and monitor BOH priority health issues. We will spend some time discussing this dashboard and seeking input on how to improve it.

**Recommended Action:**  Approve  
 Approve & forward to Board of Commissioners for action  
 Approve & forward to \_\_\_\_\_  
 Accept as information  
 Revise & schedule for future action  
 Other (detail):

**ORANGE COUNTY BOARD OF HEALTH  
AGENDA ITEM**

**Meeting Date:** September 25, 2013

**VII. Reports and Discussions with Possible Action**

**A. Informational Items**

- a. Health Director's Report**
- b. BOCC/BOH Joint Meetings**
- c. Media Items (August-September)**



RALEIGH • DURHAM • FAYETTEVILLE

Posted: September 12  
Updated: September 13

## US measles tally already among worst in 15 years

By MIKE STOBBE, AP Medical Writer

ATLANTA — Health officials say 2013 already is one of the worst years for measles in the U.S. in more than 15 years, with many of the cases being linked to an outbreak in Orange County, North Carolina.

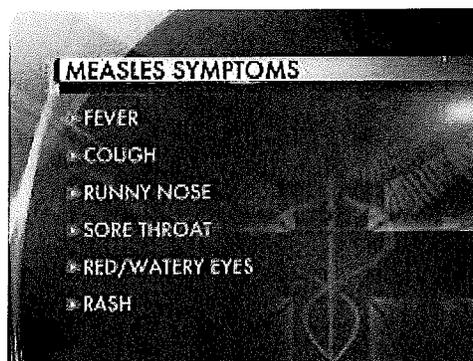
Before a vaccine became available about 50 years ago, nearly all children got measles by their 15th birthday. In those days, nearly 500 Americans died from measles each year.

Now, the U.S. has about 60 cases each year. But so far this year, officials have seen 159 cases. The highest count since the mid-1990s was 222 in 2011.

The largest outbreak of the year was in Brooklyn. The second largest was in North Carolina, where 23 cases were reported in May. Many of them originated in Orange County.

Most young children are vaccinated against measles. But outbreaks still occur, usually when travelers pick up the measles virus abroad and then spread it among unvaccinated people here.

Nearly all of this year's cases have been traced to travelers.



# The Herald-Sun

## Mold closes Chapel Hill High media center

Sep. 09, 2013 @ 05:38 PM

Jamica Ashley

CHAPEL HILL —

Clean-up is under way at Chapel Hill High School after mold was discovered last week in the school's media center.

The media center in Chapel Hill High School is closed this week as professional contractors clean the library, including the shelves and books, after staff at the high school reported mold on the spines of leather-bound books.

"We consulted with both the Orange County Public Health Department and the North Carolina Public Health Department and have shared our approach and plan to clean the media center with the respective officials," said Jeff Nash, office of community relations for Chapel Hill-Carrboro City Schools in a press release. "They are supportive of our plan and approach. An Orange County health official will visit the school this week to observe the cleaning process.

"The doors and vents to the media center will be sealed in plastic and an air containment system will be used to filter the air and exhaust it to the outside," Nash said. "... the process will be monitored by an industrial hygienist to assure safe cleaning procedures are followed."

The cleaning will take place when school is not in session.

The cleanup of mold in the media center is estimated to cost between \$15,000 and \$20,000. There have been no reports of any chronic health problems being aggravated because of the mold in either students or staff. No other schools in the district have reported mold in their facilities.

The mold is being attributed to this summer's wet weather and humidity. When Chapel Hill saw flooding in June, the high school began to develop mold. A contractor was brought in to take care of repairs and remove mold, school officials said.

"We are asking employees to report any mold sightings to administration in order to arrange for safe and expedient removal."

A report Monday stated that an employee's camera bag had mold on it, Nash added.

To prevent a recurrence of mold growth in the school, Chapel Hill High will run its boilers and air-conditioning system simultaneously to help maintain low humidity levels. Nash said that this is not a "good long-term approach" and that "the district has conducted a professional facility analysis of our older schools and is developing long-term solutions to address challenges such as these."

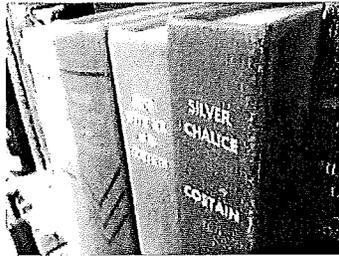
Chapel Hill High School was built in 1966 and currently has a list of repairs and renovations to be addressed including an HVAC upgrade, floor replacement, exterior waterproofing and drainage.

"The board will be discussing a long range facility study report at its meeting on Sept. 19," Nash said. "The study will provide a more detailed analysis of the needs."

WNCN

## Chapel Hill High closes library to clean moldy books

Posted: Sep 09, 2013 4:17 PM EDT Updated: Sep 09, 2013 4:17 PM EDT  
by Justin Quesinberry -



The library at Chapel Hill High School is closed this week while a crew removes and cleans every book from its shelves

CHAPEL HILL, N.C. -

The library at one Chapel Hill school is closed this week to keep students away from the books.

The precaution comes as mold was found growing on the edge of some leather-bound books at Chapel Hill High School

A crew will remove and clean every book from the shelves of the library this week during times when students are not in class.

The cleanup could cost between \$15,000 and \$20,000.

Over the summer, some classrooms flooded, which caused some mold there. That was cleaned up before students returned, but school leaders think the library mold grew from moisture that came through the HVAC system.

Todd LoFrese, assistant superintendent for support services for Chapel Hill-Carrboro schools, said the library mold likely grew from moisture that came through the HVAC system. He blamed an unusually humid summer for the problems.

"Occasionally we have some smaller, isolated issues if a HVAC unit in a classroom stops working or if you get some moisture or some flooding in a particular classroom. I think was a little larger-scale for us," LoFrese said.

The mold has disrupted the normal flow of the school, Principal Sulura Jackson said.

"You work to try to make sure your media center is the heart of your school and you want students to have access to that resource. So, we can't relocate the media center, but we can relocate the resources that are there," Jackson said.

Library staff will be relocated to a computer room so they can continue to help students.

A representative from the Orange County Health Department observed some of the cleaning process. Also, an industrial hygienist will monitor to make sure proper procedures are followed.

The school is temporarily running boilers and the air conditioning system at the same time to help keep humidity levels low.

According to a news release from Chapel Hill-Carrboro City Schools, "Chapel Hill High School is one of our older facilities and is in need of significant repairs and renovations.

"The district has conducted a professional facility analysis of our older schools and is developing long term solutions to address challenges such as these. This fall, district administration will share results with the community and will also present findings and solutions related to Chapel Hill High School at an upcoming school improvement team meeting."



## Consignment sales in Raleigh, Durham, Garner, Fayetteville this week

By Sarah Lindenfeld Hall

Posted: 8.40 p.m. 9/9/13

Tags: Consignment sales

It's a very busy week for children's consignment sales. I suspect I wasn't the only one busy washing, hanging and tagging kids items over the weekend.

We have seven sales this week. Here are the public shopping hours. Happy shopping!

Divine Consign Show, which features high-end, gently used boutique clothing and new overstocks from boutique brands, is open to the public 9:30 a.m. to 8 p.m., Wednesday, and 9:30 a.m. to 2 p.m., Thursday, when some items are half off. Check **the sale's website** for more information about early shopping hours for first-time moms, grandparents and others. I featured **the sale's new owner Mendy Legleiter**, who took the reins from its founder, Kelly Rives. The sale takes place at Falls Pointe Shopping Center on Falls of Neuse Road in north Raleigh.

**Kidcycle** holds its sale at Northgate Mall in Durham this week. Public hours are 10 a.m. to 8 p.m., Friday and Saturday, and noon to 6 p.m., Sunday, when some items are half off. This sale also always holds a Dollar Day sale when every item left is just \$1. All proceeds from this fall's Dollar Day sale will go to the Orange County Health Department. Dollar Day is 1 p.m. to 5 p.m., Sept. 21.

The **Nearly New Clothing Exchange** is open 9 a.m. to 6 p.m., Thursday and Friday, and 9 a.m. to 5 p.m., Saturday. Some items are half off from 9 a.m. to 3 p.m., Saturday. Some items are 75 percent off from 3 p.m. to 5 p.m. The sale is at the North Haven Church Gym at 6620 Six Forks Rd., Raleigh.

At Hayes Barton Baptist Church in Raleigh's Five Points, **Kidz Stuff Consignment Sale** will be open to the public from 7 p.m. to 8:30 p.m., Thursday; 9 a.m. to 7 p.m., Friday; and 8 a.m. to noon, Saturday. Some items will be half off on Saturday. The hours include new extended hours on Friday evening for shoppers. (Full disclosure: I've shopped and consigned at this sale for many years).

**Garner United Methodist Church's sale** is 7 p.m. to 9 p.m., Friday, and 8 a.m. to 11 a.m. and noon to 2 p.m., Saturday. Some items are half off from noon to 2 p.m., Saturday. The church is at 201 Methodist Dr. in Garner.

The **Kids Exchange in Fayetteville** is open 9 a.m. to 7 p.m., Thursday and Friday, and 10 a.m. to 5 p.m., Saturday, when some items are half off. The sale is at the Freedom Courts Sports Complex, 3130 Gillespie St. in Fayetteville.

And, slightly different than the usual children's consignment sale, **JockSale Raleigh** will hold its first sale here at Village at TownRidge Plaza, 4112 Pleasant Valley Rd., Raleigh. The sale features all sorts of sports and fitness equipment. Sale dates are 11 a.m. to 7 p.m., Friday and Saturday, and 1 p.m. to 4 p.m., Sunday.

There are still many sales left this season. To search our database, [click here](#).

## Young Children At High Risk Of Whooping Cough

By Ran Northam

Posted August 27, 2013 at 7:00 pm 0 Comments



*Photo by Micah Taylor*

ORANGE COUNTY – Counties west of the Triangle were hit hard by pertussis, or whooping cough, just before the start of the school year, and local officials are taking steps to keep your children safe.

“Children younger than a year old, according to the statistics, about half of those children will end up in the hospital,” Orange County Community Health Services Supervisor, Judy Butler with statistics regarding those who catch whooping cough. “Out of those that end up in the hospital, one to two percent will die.”

She says it can be severe for others as well, but the biggest concern is for babies, especially those younger than two month because they are unable to receive the vaccine.

Last week, the N.C. Department of Health and Human Services approved free whooping cough vaccines in the three affected counties: Davidson, Forsyth, and Rockingham. In mid-August, more than 325 cases were reported across the three counties.

Butler says that hasn’t changed the process in which vaccines are given in Orange County.

“If a child is 18 or younger, they may qualify for free vaccines,” Butler says. “There’s a list of qualifications with one of those being children who don’t have insurance, then the vaccine is free. But for adults, unless they are pregnant, there is a charge for the vaccine.”

You can consult your doctor or the Orange County Health Department for more information on eligibility.

Butler says the Orange County Health Department offers and promotes DTaP and Tdap vaccinations year round.

“We technically give more right now because of the requirement for kindergarten entry, and it’s a requirement for sixth grade entry,” Butler says. “So we actually give more doses this time of year. But, we really push it all year.”

Last year there were 23 cases of whooping cough in Orange County. It’s not as simple as just treating the confirmed cases. Butler says 367 people who came in contact with those 23 affected had to be contacted and checked.

Butler says whooping cough can be hard to detect because it starts as a cold.

“...which is a pain, because we can’t assume everyone with a cold has pertussis,” Butler says. “But when it develops into a cough that persists for two weeks or longer or becomes severe—especially in younger children, they may have what’s called fits of coughing where they cough, cough, cough, cough, but then finally breathe in. Sometimes with that inspiration there is almost a whooping sound.”

Statewide, officials are urging people to get vaccinated, even though there may not be reports in your county.

For more information on whooping cough, [click here](#).

For more information on the Orange County Health Department, [click here](#).

URL: <http://www.dailytarheel.com/article/2013/08/chapel-hill-public-health-0827>

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## Chapel Hill ranks 6th in health policy study

By Holly West | The Daily Tar Heel

By McKenzie Coey | The Daily Tar Heel



Chris Conway / DTH

Chapel Hill implemented a Smoke-Free Public Places Rule this year.

Chapel Hill doesn't need an apple a day to keep the doctor away — they have top-ranked health policies for that.

The Durham-Chapel Hill metropolitan area ranked sixth in the nation of top markets for health and wealth, according to a study analyzing top housing markets across counties in 11 states.

The report, prepared by RealtyTrac and Local Market Monitor, aimed to educate families about the quality of health different metropolitan areas have to offer before making a decision about where to move. The study considered 10 health-related factors like activity rate, obesity and percentage of good air days.

Stacy Shelp, spokeswoman for the Orange County Health Department, said health and wealth are often linked because affluent areas can spend the money to advance community health initiatives.

“We are doing a lot of partnering within the community with organizations with different initiatives that promote health and healthy living,” Shelp said.

The county’s Smoke-Free Public Places Rule was implemented Jan. 1, and Shelp said it’s an example of communities investing in public health.

In the Durham-Chapel Hill metro area, 12 percent of the population smokes and 2 percent has had heart attacks, according to the study.

Shelp said the town is often recognized for its health initiatives, including walkability.

“Things like bike paths, getting people to use alternative forms of transportation, that not only helps the environment but it helps people personally and physically,” said sophomore Rachel Woods.

But Shelp said there is still room for improvement.

“It is obviously always nice to see us ranked high for the health of our community — we strive for that,” she said. “With reports like this, you look at Orange County and it looks like we are doing really well. When you have cities like Chapel Hill and Durham that have resources like UNC Hospitals and Durham hospitals, it can skew those numbers.”

Shelp said the department was continuing to expand efforts to provide more people with access to the health and wealth the study refers to.

“We are trying to inspire people to be healthier and continue to move further up in the ranking.”

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