

ORANGE COUNTY



Department of Environment,
Agriculture, Parks & Recreation

PROGRAM GUIDE

Sept.-Dec. 2015



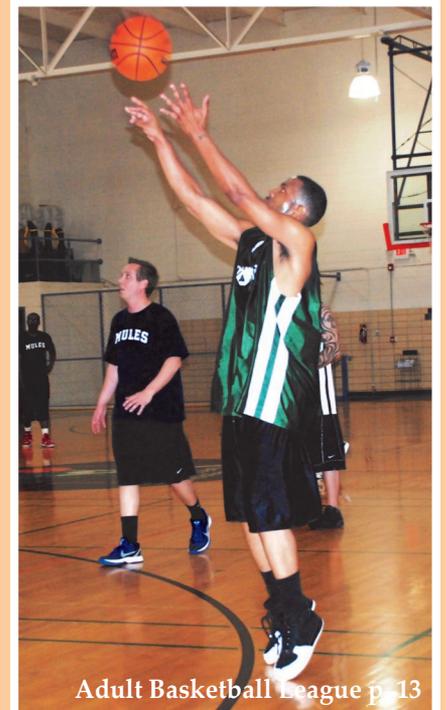
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Halloween Spooktacular p. 6



Youth Basketball League p. 12



Adult Basketball League p. 13

302 West Tryon Street, Hillsborough, NC, 27278 • 919.245.2660
Register in-person Monday-Friday, 8:00 a.m.-5:00 p.m.
Register online at <http://www.orangecountync.gov/deapr/registration.asp>



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**DEPARTMENT OF ENVIRONMENT,
AGRICULTURE, PARKS & RECREATION**

David Stancil, Director

Recreation Division

302 West Tryon Street, Hillsborough, NC 27278

Administration	919.245.2660
Weather Hotline	919.245.2669
Open Gymnasium Hotline.....	919.245.2667
Fax	919.644.3042
Christopher Sousa, Recreation Superintendent	919.245.2661
Lee Barnes, Recreation Manager.....	919.245.2668
Molly Fitzsimons, Recreation Manager.....	919.245.2663
James Lyon, Recreation Programs Supervisor	919.245.2671
Vacant, Recreation Programs Supervisor	919.245.2670
Amanda High, Recreation Programs Coordinator	919.245.2665

**ORANGE COUNTY RECREATION DIVISION
MISSION STATEMENT**

DEAPR-Recreation Division exists to provide Orange County residents of all ages, backgrounds, abilities, and interests with a wide variety of affordable recreation programming, open access to recreation facilities, and opportunities for all people to gather, celebrate, and engage in activities that promote healthy lifestyles, teach important life skills, and build a stronger community.

Director; Natural and Cultural Resources Division; Support Services

306A Revere Road, Hillsborough, NC 27278

Administration	919.245.2510
Fax	919.644.3351

Parks Division

Parks Operation Base, 6823 Millhouse Road, Chapel Hill, NC 27516

Administration	919.245.2660
Fax	919.967.3097

ORANGE COUNTY PARKS & RECREATION COUNCIL

Each member of the Council shall be a County resident appointed by the Orange County Board of Commissioners. This council consults with and advises the Department of Environment, Agriculture, Parks and Recreation, and the Board of County Commissioners on matters affecting recreation policies, programs, personnel, finances, and the acquisition and disposal of lands and properties related to the total community recreation program, and to its long-range planning for recreation.

- Neal Bench, Chair
- Tori Williams Reid, Vice-Chair
- Joel Bulkley
- James E. Carter
- Evelyn Daniel
- Allan Green
- John Greeson
- Betty Khan

- Hayward Rhodes
- Rob Robinson
- Daniel Siler

*Chapel Hill Parks and Recreation Advisory
Board Liaison
Mary Musacchia*



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Environment-Agriculture-
Parks-Recreation/

0781964609118



@OCDEAPR

To REGISTER

Registrations are processed first-come, first-served.

Online: Log on to www.orangecountync.gov/deapr/registration.asp. If you or your family has participated with us before and you do not know your account information, call 919.245.2660 for further assistance.

In Person: Visit the Central Recreation Center, 302 West Tryon Street, Hillsborough during regular office hours, Monday through Friday, 8:00 a.m.-5:00 p.m.

MANDATORY RECREATION INSURANCE

All youth (15-years-old and under) who participate in any Orange County DEAPR-Recreation youth program will be required to enroll for recreation participant insurance (RecTrac activity #700000-15 for 2015 programs) and pay a fee of five dollars (\$5). The recreation participant insurance will cover your child while participating in Orange County DEAPR-Recreation youth programs from January 1 through December 31. All youth participants must purchase the recreation participant insurance once per calendar year regardless of whether or not they have personal medical insurance. In the cases where participants have their own insurance, the County's recreation participant insurance plan will act as an excess insurance policy. In the case of a participant that does not have personal medical insurance the recreation insurance will act as a primary insurance. For further details please visit our website or contact us at 919.245.2660.



2015 Einstein Science—Junior Campers & Counselors

REFUND POLICY

Fees are 100% refundable when the program is cancelled by the Department. If requested prior to seven days in advance of the reservation date or first program date, a full refund less a \$5 administrative fee will be given. If requested between two and six days of the reservation date or first program date, a 50% refund less \$5 will be given. No refund will be given if requested less than two days before reservation date or first program date. No administrative fee is charged if a household credit is accepted.

FINANCIAL ASSISTANCE

Need assistance paying for your child's registration costs? Contact Orange County Department of Social Services for information about scholarship assistance and to learn how to apply. Contact: Department of Social Services, 919.245.2800

PHOTO POLICY

Orange County DEAPR reserves the right to photograph and publish photographs of participants for publicity purposes. Photographs may also be shared with the program instructors.

INCLUSION POLICY

Orange County DEAPR-Recreation is committed to providing inclusive recreation opportunities and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations will be provided. If you or a family member will need accommodations, please add the request on the registration form and/or call our office at 919.245.2660.

ORANGE COUNTY SCHOOLS BOARD OF EDUCATION STATEMENT

As a service to the community, the Orange County Board of Education permits the distribution of these materials relating to non-school related services, activities, and programs, however, it does not endorse and is not responsible for the services, activities and programs advertised or promoted herein.

PARKS & RECREATION LOCATOR MAP

Want to find the park closest to your home? Looking for a specific amenity but not sure which park has it? Need driving directions to a specific park? Try the interactive parks locator map. The tool includes parks and recreation facilities for the towns of Carrboro, Chapel Hill, Hillsborough, Mebane (Orange County portion) and Orange County.

<http://server2.co.orange.nc.us/parklocator/>

Parks and Recreation Facility Locator Map
(Including the Parks and Recreation Facilities of Orange County, Carrboro, Chapel Hill, Hillsborough, and Mebane facilities within Orange County)

Select a Park that has:
-Select-
40 matching parks found

- Adams Tract**
207 Estes Drive
Carrboro, NC 27510
919-918-7364
Check official [park website](#) for news and availability.
[Zoom To](#) | [Details](#) | [Get Directions](#)
- Anderson Park**
302 Hwy. 54 West
Carrboro, NC 27510
919-918-7364
Check official [park website](#) for news and availability.
[Zoom To](#) | [Details](#) | [Get Directions](#)
- Baldwin Park**
400 Broad Street
Carrboro, NC 27510
919-918-7364
Check official [park website](#) for news and availability.
[Zoom To](#) | [Details](#) | [Get Directions](#)
- Brewers Lane Park**
102 Hargrave Street
Carrboro, NC 27510
919-918-7364
Check official [park website](#) for news and availability.
[Zoom To](#) | [Details](#) | [Get Directions](#)

PARKS AND FACILITIES

For facility reservations at all sites, please visit <http://www.orangecountync.gov/deapr/registration>, call 919.245.2660, or visit the Central Recreation Center during office hours to schedule facility use at least one week in advance. The listed facilities are sites owned and/or operated by Orange County. They are open to the public for activities scheduled by Orange County and as scheduled by other agencies for special programs offered to the community. Some facilities may be reserved for private use.

Amenity	Location(s)	Resident Rate	Non-Resident Rate	Additional Fees <i>(Vending fees below may apply)</i>
Activity Rooms	CRC; ECCP	\$25.00/hour	\$37.50/hour	
Baseball/Softball Fields	CGCP; ECCP; FP	\$25.00/hour	\$37.50/hour	Lights \$25.00/hour
Basketball Courts (Outdoor)	CGCP; ECCP; FP	\$5.00/hour	\$7.50/hour	Lights \$5.00/hour
Farmer's Market Pavilion	FMP	\$10.00/day	\$15.00/day	\$20.00 Restroom Key Deposit
Gymnasium	CRC	\$35.00/hour	\$52.50/hour	
Multi-Purpose Fields	CGCP; CRC; ECCP	\$25.00/hour	\$37.50/hour	
Soccer Fields	SCC	\$25.00-\$35.00/hour	\$52.50/hour	Lights \$25.00/hour
Shelters	CGCP; ECCP; FP	\$20.00/day	\$30.00/day	\$20.00 Restroom Key Deposit
Tennis Courts (Outdoor)	FP	\$5.00/hour	\$7.50/hour	Lights \$5.00/hour
Vending Fees		Special Event		Tournament
Product/Merchandise Sales		\$15.00/booth		\$100.00/day/field

CENTRAL RECREATION CENTER (CRC)

302 West Tryon Street | Hillsborough, NC 27278

Office Hours: 8:00 a.m.-5:00 p.m.

Reservation Hours: 8:00 a.m.-10:00 p.m.

Administrative Offices, Program Registrations & Facility Reservations, Activity Areas, Gymnasium, Multi-Purpose Field, Picnic Area, Playground



EFLAND-CHEEKS COMMUNITY CENTER & PARK (ECCP)

117 Richmond Road | Mebane, NC 27243

Reservation Hours: 8:00 a.m.-10:00 p.m. (fields closed Mondays)

Lighted track & basketball courts March-October: Sunrise-10:00 p.m.

Lighted track & basketball courts November-April: Sunrise-9:00 p.m.

Activity Room, Catering Kitchen, Small Stage, Outdoor Lighted Basketball Courts, Picnic Shelters, Lighted Ball Field, Lighted Walking Track, Picnic Tables, Playground

FAIRVIEW PARK (FP)

195 Torain Street | Hillsborough, NC 27278

Reservation Hours: 8:00 a.m.-10:00 p.m. (fields closed Mondays)

Lighted track & basketball courts March-October: Sunrise-10:00 p.m.

Lighted track & basketball courts November-April: Sunrise-9:00 p.m.

Lighted Ball Field, Outdoor Lighted Basketball Courts, Lighted Tennis Courts, Horseshoe Pits, Lighted 1/4 mile Walking Track, Natural Surface Trail, Picnic Shelter, Playground



CEDAR GROVE COMMUNITY PARK (CGCP)

5800 Highway 86 North | Cedar Grove, NC 27231

Reservation Hours: 8:00 a.m.-10:00 p.m. (fields closed Mondays)

Lighted track & basketball courts March-October: Sunrise-10:00 p.m.

Lighted track & basketball courts November-April: Sunrise-9:00 p.m.

Lighted Ball Fields, Outdoor Lighted Basketball Courts, Multi-purpose Field, Picnic Shelter, Restrooms, Playground, Lighted Walking Track

**FARMER'S MARKET PAVILION (FMP)/
RIVER PARK (RP)**

140 East Margaret Lane | Hillsborough, NC 27278

Reservation Hours: 8:00 a.m.-10:00 p.m.

Event Space, Open Field, Trails, Picnic Shelter

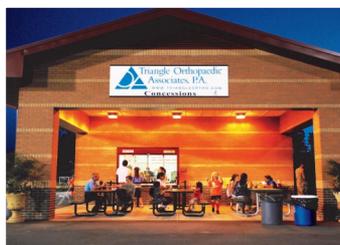


SOCCER.COM CENTER (SCC)

4701 West Ten Road | Efland, NC 27243

Reservation Hours: 8:00 a.m.-10:00 p.m. (fields closed Mondays)

Lighted Soccer Fields, Concession Stand, Picnic Shelter



BLACKWOOD FARM (BF)

4215 NC 86 South | Hillsborough, NC 27278

Friday, Saturday, and Sunday

September: 8:00 a.m.-7:00 p.m.

October-December: 8:00 a.m.-5:00 p.m.

Holiday closures Nov. 26, 27, Dec. 23, 24, 25

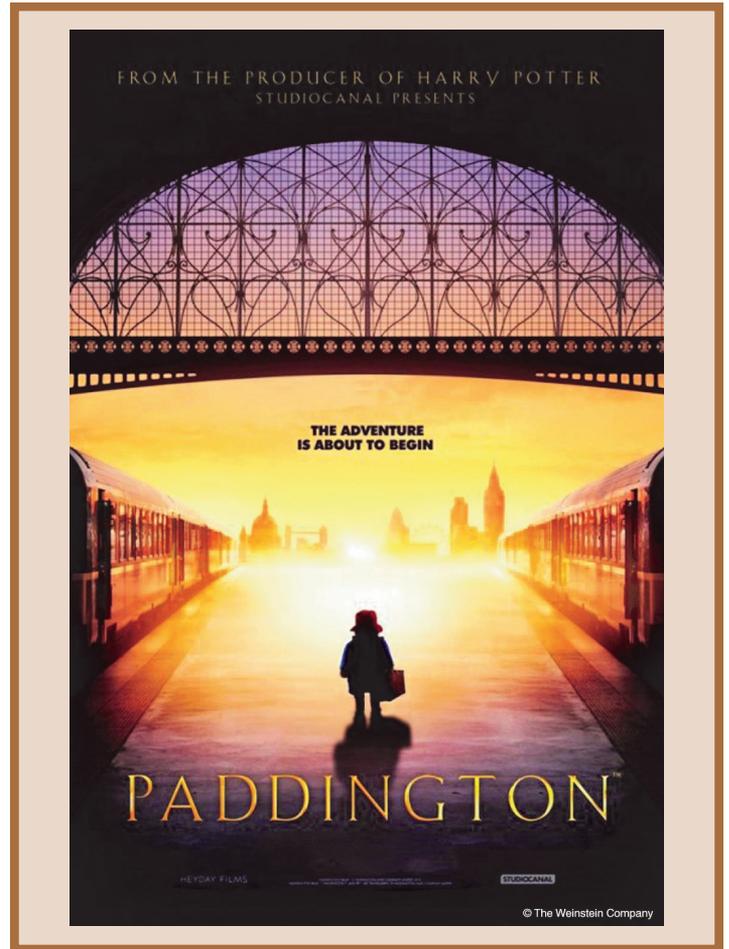
Picnic Shelter (first-come, first-served), Hiking Trails, Fishing, Open Fields, Historic Farmhouse, Restroom Facilities



Movies *in the* Park

Movie admission is free.
Concession items available for purchase.
Bring your blankets and lawn chairs.

Saturday, September 19 • 8:15 p.m.
Efland-Cheeks Community Park
117 Richmond Road, Efland, NC
Rain date: Saturday, September 26



Orange County DEAPR - Recreation

HALLOWEEN SPOOKTACULAR

Saturday, October 24 • 4:30-7:30 p.m.
Central Recreation Center

Join us at the for our annual Halloween Party. The area will be transformed into a Halloween paradise. Your little ghouel or goblin can play many wonderful games and win prizes. Other activities include bounce houses, bingo, cake walks, and concessions.

No pre-registration. Admission is free. Ticket sheets available for purchase the day of the event.



PRESCHOOL HOLIDAY PARTIES

These one and a half hour workshops are great for little ones to explore the holidays, develop social skills, and play with others. Each program is themed around a special day and will feature crafts, coloring, stories, and more.

Ages: 3-5-years-old
Day: Monday
Time: 5:30 p.m.-7:00 p.m.
Min./Max.: 6/10
Fee: \$10
Location: Central Recreation Center
Instructor: Recreation Division Staff

Little Goblins

Come dressed in your Halloween costume as the Little Goblins spend the afternoon playing games, making spooky crafts, enjoying stories, and much more.

Date: Oct. 26
Register by: Oct. 19
Program #: 841103-B

Dashing through the Snow

Bring your holiday spirit as we celebrate the season. Enjoy a variety of activities including decorating cookies, making an ornament, and much more.

Date: Dec. 21
Register by: Dec. 14
Program #: 811103-A

LEGO® PARTY

Lego party is great for little ones to make new friends and develop social skills. Each activity is themed around Legos®. The party will feature crafts, coloring, food, games, and much more.

Ages: 4-6-years-old
Day: Monday
Date: Sept. 28
Register by: Sept. 21
Program #: 841106-A
 Nov. 16
Register by: Nov. 9
Program #: 841106-B
Time: 4:00 p.m.-5:30 p.m.
Min./Max.: 4/20
Fee: \$10
Location: Central Recreation Center
Instructor: Recreation Division Staff



CREATIVE MOVEMENT

This series introduces students to beginning dance movements, stretching, interpretation, and free-style movement—all done to age-appropriate and theme-appropriate music. In addition, each week will introduce ballet basics and explore different types of dance movement. Students will increase confidence, cooperation, listening and team work skills all while having fun on their feet.

Ages: 3-5-years-old
Day: Wednesday
Dates: Oct. 28-Dec. 9
Register by: Oct. 21
Program #: 841101-B
 (no class Nov. 25)
 Jan. 6-Feb. 10
Register by: Dec. 30
Program #: 811101-A
Time: 4:15 p.m.-5:00 p.m.
Min./Max.: 4/10
Fee: \$36
Location: Central Recreation Center
Instructor: Kat McGee





CREATIVE ARTS

The focus of this program is materials and how to manipulate them. Some of the materials include but are not limited to: pen and ink, pencil, watercolors, acrylic or tempera paints, paper mâché, collage/decoupage assemblage (sculpture from recycled materials), fabric works, cartooning, performance/video, pinhole photography, and text. The goal of the program is to let the kids get creative with how they use each material and to have fun!

Ages: 7-9-years-old
Day: Thursday
Dates: Oct. 1-Nov. 5
Register By: Sept. 24
Program #: 842103-A
Time: 4:30 p.m.-5:30 p.m.
Min./Max.: 6/15
Fee: \$36
Location: Central Recreation Center
Instructor: Laura Casey

PIANO LESSONS

Classes are taught in a group environment with individual keyboards and headsets. Class instruction includes music theory, one-on-one practice with the instructor, and individual practice time. All experience and skill levels welcome. Beginner music books will be provided for in-class work. Intermediate and advanced students will work on music based on their experience and interests and will need to purchase their own music book; the instructor will provide guidance in selecting intermediate and advanced material.

Ages: 7-15-years-old
Day: Monday
Dates: Sept. 14-Oct. 19
Register by: Sept. 7
Program #: 842107-A
 Nov. 2-Dec. 7
 Oct. 26
842107-B
Time: 5:30 p.m.-7:00 p.m.
Min./Max.: 5/10
Fee: \$48
Location: Central Recreation Center
Instructor: Elena Marinina



ADVANCED 2D ART

This class for the older artist will focus on various forms of two-dimensional art, including drawing, painting, and printmaking. Artists will learn and refine technique while exploring the limits of their imaginations.

Ages: 10-15-years-old
Day: Thursday
Dates: Oct. 1-Nov. 5
Register By: Sept. 24
Program #: 842116-A
Time: 5:30 p.m.-6:30 p.m.
Min./Max.: 6/15
Fee: \$36
Location: Central Recreation Center
Instructor: Laura Casey



RHYTHM AND MOVEMENT

There is going to be a whole lot of jumping, stomping, clapping, and dancing around when you join this fun class! Every week, this series offers easy-to-follow movements to upbeat, age-appropriate music. Students get to hone their listening skills and work as a team on at least one routine. Miss Kat will also teach you something new each week, introducing participants to a different type of movement. This might include smooth Latin moves or group dancing, perhaps Dance Fitness or Country Line Dancing. This diverse series will keep your attention and get you moving!

Ages: 6-10-years-old
Day: Wednesday
Dates: Oct. 28-Dec. 9
Register by: Oct. 21
Program #: 842111-B
 (no class Nov. 25)
 Jan. 6-Feb. 10
 Dec. 30
812111-A
Time: 5:15 p.m.-6:00 p.m.
Min./Max.: 4/10
Fee: \$36
Location: Central Recreation Center
Instructor: Kat McGee

SHORTY CHEF—EUROPEAN TOUR

Shorty Chef is a six-week program where children learn to make healthy snacks, easy meals, and simple desserts. This session, kids will “visit” a new European country each week. Recipes will focus on traditional foods from Italy, Spain, France, and more! Kids will learn basic culinary skills such as measuring and mixing techniques, how to use various cooking tools, how to follow recipes and much more. Throughout the session, kids will make a recipe booklet with all of their creations. *Some ingredients may contain peanuts, tree nuts, dairy, gluten, or eggs.

Ages: 5-8-years-old
Day: Monday
Dates: Sept. 21-Oct. 26
Register by: Sept. 14
Program #: 842112-A
Time: 6:00 p.m.-7:15 p.m.
Min./Max.: 8/12
Fee: \$40
Location: Central Recreation Center
Instructor: Recreation Division Staff



JUNIOR CHEF—EUROPEAN TOUR

Junior Chef is a six-week program where children learn to make healthy snacks, easy meals, and simple desserts. This session, kids will "visit" a new European country each week. Recipes will focus on traditional foods from Italy, Spain, France, and more! Kids will learn basic culinary skills such as measuring and mixing, how to follow recipes and much more. Throughout the session, kids will make a recipe booklet with all of their creations. *Some ingredients may contain peanuts, tree nuts, dairy, gluten, or eggs.

Ages: 9-12-years-old
Day: Monday
Dates: Nov. 9-Dec. 14
Register by: Nov. 2
Program #: 842113-A
Time: 6:00 p.m.-7:15 p.m.
Min./Max.: 8/12
Fee: \$40
Location: Central Recreation Center
Instructor: Recreation Division Staff



FAMILY TAE KWON DO

Tae Kwon Do is a way of life. Although physical training and developing flexibility of the body are positive aspects of Tae Kwon Do, discipline and mental training are most important. Tae Kwon Do teaches confidence and helps develop positive self-esteem. Students receive instruction in principles such as: respect, humility, perseverance, self-control, and honesty. Additional fees for testing may apply.

Ages: 4-years-old to Adult
Day: Tuesday
Dates: Sept. 29-Nov. 3
Register by: Sept. 22
Program #: 845101-A
 Nov. 10-Dec. 15
Register by: Nov. 3
Program #: 845101-B
 Jan. 5-Feb. 9
Register by: Dec. 29
Program #: 815101-A
Time: 5:45 p.m.-7:00 p.m.
Min./Max.: 6/40
Fee: \$48
Uniform Fee: \$55 (Payable to US Tae Kwon Do Center)
Location: Central Recreation Center
Instructor: Master Steve Kim

TAE KWON DO

Tae Kwon Do allows us to become more confident in ourselves and helps develop a healthy self-esteem. Students receive instruction in principles such as respect, humility, perseverance, self-control, and honesty. Additional fees for testing may apply.

Ages: 4-12-years-old
Day: Friday
Min./Max.: 6/20
Fee: \$48
Uniform Fee: \$55 (Payable to US Tae Kwon Do Center)
Location: Central Recreation Center
Instructor: Master Steve Kim

Youth Beginner

Dates: Oct. 2-Nov. 6
Register by: Sept. 25
Program #: 842101-A
 Nov. 13-Dec. 22
Register by: Nov. 6
Program #: 842101-C
 (no class Nov. 27; last class on Tuesday, Dec. 22)
 Jan. 8-Feb. 12
Register by: Dec. 31
Program #: 812101-A
Time: 5:30 p.m.-6:30 p.m.

Youth Advanced

Dates: Oct. 2-Nov. 6
Register by: Sept. 25
Program #: 842101-B
 Nov. 13-Dec. 22
Register by: Nov. 6
Program #: 842101-D
 (no class Nov. 27; last class on Tuesday, Dec. 22)
 Jan. 8-Feb. 12
Register by: Dec. 31
Program #: 812101-B
Time: 6:30 p.m.-7:30 p.m.



EFLAND-CHEEKS COMMUNITY CENTER & PARK (ECCP)

117 Richmond Road | Mebane, NC 27243

Reservation Hours: 8:00 a.m.-10:00 p.m. (fields closed Mondays)
 Lighted track & basketball courts March-October: Sunrise-10:00 p.m.
 Lighted track & basketball courts November-April: Sunrise-9:00 p.m.

Activity Room, Catering Kitchen, Small Stage, Outdoor Lighted Basketball Courts, Picnic Shelters, Lighted Ball Field, Lighted Walking Track, Picnic Tables, Playground

KIDS' ZONE

Efland-Cheeks Community Center welcomes neighbors to a fun and safe environment for drop-in after school. Board games, art supplies, and computers available. Parent must pre-register and sign waiver.

Ages: 6-13-years-old
Day: Mondays & Wednesdays
Dates: **Program #:**
 Sept. 2-Sept. 30 842811-A through 842811-H
 Oct. 5-Oct. 28 842811-I through 842811-P
 Nov. 2-Nov. 30 842811-Q through 842811-Y
 Dec. 2-Dec. 16 812811-A through 812811-E
 Jan. 4-Jan 27 812811-F through 812811-L
Time: 2:45 p.m.-5:30 p.m.
Fee: \$3 per day
Location: Efland-Cheeks Community Center
Instructor: Recreation Division Staff

TAI CHI

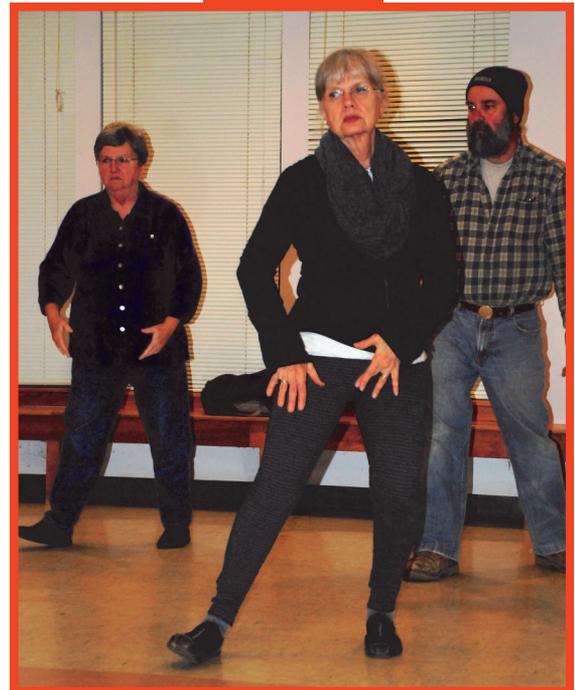
Tai Chi is a "soft" martial arts program that involves an exercise system of moving meditation. Major emphasis is on stress relief and freeing the body from unnecessary tension. Beginners and the experienced are welcome.

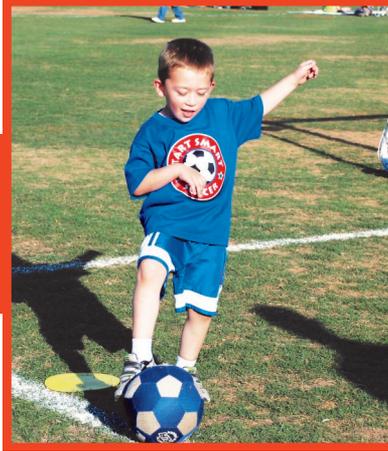
Ages: 18-years-old to Adult
Day: Tuesday
Dates: **Register by:** **Program #:**
 Oct. 27-Dec. 8 Oct. 20 844106-A
 Jan. 5-Feb. 16 Dec. 29 814106-A
Time: 6:00 p.m.-7:00 p.m.
Min./Max.: 4/15
Fee: \$56
Location: Efland-Cheeks Community Center
Instructor: Nina Maier

MORNING MINGLE

Come and spend your morning in a relaxing and social environment! Coffee, cards, chess, and checkers provided. No fee or registration required. Just show up! Meet old and new friends.

Ages: All ages
Day: Tuesdays & Thursdays
Dates: **Register by:** **Program #:**
 Sept. 1-Nov. 24 No pre-registration required 844801-A
 Dec. 1-Jan. 28 No pre-registration required 814801-A
Time: 9:00 a.m.-12:00 p.m.
Fee: Free
Location: Efland-Cheeks Community Center
Instructor: Recreation Division Staff





START SMART SOCCER

The Start Smart Program is a sports development class structured to teach you and your child the basic skills of a sport. Parents and children will be led by trained instructors through six weeks of motor skill development activities. Participants will receive an award, t-shirt, and picture at the conclusion of the program. Start Smart Soccer will focus on the fundamentals of running, dribbling, passing and receiving, shooting, and throw-ins. The program helps prepare children for organized soccer using fun and safe equipment to teach them the basic motor skills needed to participate. **Parent participation is mandatory!**

Ages: 3-5-years-old
Day: Tuesday
Dates: Sept. 15-Oct. 20
Time: 5:15 p.m.-6:00 p.m.
 Sept. 15-Oct. 20 6:15 p.m.-7:00 p.m.
Register by: Sept. 8
Min./Max.: 12/18
Fee: \$45
Location: Soccer.com Center
Instructor: Recreation Division Staff

Program #:
 641207-A
 641207-B



START SMART BASKETBALL

The Start Smart Program is a sports development class structured to teach you and your child the basic skills of a sport. Parents and children will be led by trained instructors through six-weeks of motor skill development activities. The program helps prepare children for organized basketball using fun and safe equipment to teach them the basic motor skills needed to participate. Start Smart Basketball will focus on the fundamentals of running, dribbling, passing and shooting. Participants will receive an award, t-shirt, and picture at the conclusion of the program. **Parent participation is mandatory!**

Ages: 3-5-years-old
Day: Tuesday
Time: 6:00 p.m.-6:45 p.m.
Dates: Nov 3-Dec. 8
Register by: Oct. 27
 Dec. 29
Min./Max.: 8/18
Fee: \$45
Location: Central Recreation Center
Instructor: Recreation Division Staff

Program #:
 641201-A
 611201-A

YOUTH TENNIS LESSONS—OUTDOOR

Tennis Lessons will teach and develop fundamentals such as hand positions, volleying, serving, and rules of the game. The skills youth develop will allow for a lifetime of playing the game.

Ages: 5-8-years-old 5:30 p.m.-6:30 p.m.
 9-12-years-old 6:30 p.m.-7:30 p.m.
Days: Tuesday & Thursday
Dates: Sept. 22-Oct. 29
Register by: Sept. 15
Min./Max.: 4/10
Fee: \$45
Location: Orange High School
 500 Orange High School Rd, Hillsborough
Instructor: Andy Brown

Program #:
 641215-A
 641215-B



YOUTH WINTER BASKETBALL LEAGUE

The Orange County Youth Basketball League is a developmental and recreational program for area youth ages 5 to 15. Volunteer coaches will work with the children to improve individual skills in dribbling, passing, and shooting, while instilling values in teamwork and sportsmanship. Players ages 7 and above will be placed on teams through a mandatory skills assessment process. Practice date and time is scheduled based on coach and facility availability - players may not request specific practice dates and/or times. Pre-season will consist of two practices per week, one weekday evening and one Saturday. After games begin, the regular season will consist of one practice per week on Saturday and one weekday evening game per week. The season will conclude with a single-elimination tournament.

Division:	Ages:	Practice Days:	Game Days:	Dates:	Register by:	Min./Max.:	Program #:
Mighty-Mite	5-6-years-old	Saturday	Saturday	Nov. 14-Feb. 13	Oct. 23	32/80	611101-A
Pee Wee	7-8-years-old	Mon.-Fri.	Saturday	Nov. 16-Feb. 20	Oct. 23	32/80	611101-B
Pee Wee Girls	7-9-years-old	Mon.-Fri.	Saturday	Nov. 16-Feb. 20	Oct. 23	32/40	611101-D
Mite	9-10-years-old	Mon.-Fri.	Saturday	Nov. 16-Feb. 20	Oct. 23	32/80	611101-C
Midget	11-12-years-old	Mon.-Fri.	Saturday	Nov. 16-Feb. 20	Oct. 23	32/60	611101-E
Midget Girls	10-12-years-old	Mon.-Fri.	Saturday	Nov. 16-Feb. 20	Oct. 23	20/30	611101-G
Junior	13-15-years-old	Mon.-Fri.	Mon.-Fri.	Nov. 30-Feb. 20	Nov. 16	32/40	611101-F

***Age as of Nov. 1, 2015**

Time: Varies by Division
Fee: \$50
Location: Central Recreation Center
Instructor: Volunteer Coaches

Skills Assessments (select one at time of registration):

All held at the Central Recreation Center.

Pee Wee

Monday, Nov. 2—6:00 p.m.
 Saturday, Nov. 7—8:00 a.m., 8:45 a.m., 9:30 a.m.

Pee Wee Girls

Thursday, Nov. 5—6:00 p.m.
 Saturday, Nov. 7—10:15 a.m., 11:00 a.m.

Mite

Wednesday, Nov. 4—6:00 p.m.
 Saturday, Nov. 7—11:45 a.m., 12:30 p.m., 1:15 p.m.

Midget

Tuesday, Nov. 3—7:00 p.m.
 Saturday, Nov. 7—2:45 p.m., 3:30 p.m.

Midget Girls

Friday, Nov. 6—6:00 p.m.
 Saturday, Nov. 7—2:00 p.m.

Junior

Monday, Nov. 23—6:00 p.m.
 Tuesday, Nov. 24—7:00 p.m.

Parent Meetings:

All held at the Central Recreation Center.
 Saturday, Nov. 14—10:00 a.m.-10:45 a.m.
 Saturday, Dec. 5—10:00 a.m.-10:45 a.m.

** All dates and times are subject to change based on weather or other unforeseen circumstances.





ADULT MEN’S BASKETBALL LEAGUE

Spend one evening per week enjoying a little friendly competition. This adult men's basketball league will include at least 9 regular season games and a post-season tournament. Prizes will be awarded to the top regular season and tournament finishers. Former college players are permitted with age restrictions. Rosters may have up to 13 players. To register, the team captain must complete a team registration form and each player must complete an individual player waiver.

- Ages:** 16-years-old to Adult
- Day:** Sunday
- Dates:** Jan. 10-Mar. 20
- Register by:** Dec. 18
- Program #:** 612101-A
- Time:** 5:30 p.m.-10:30 p.m.
- Min./Max.:** 4 teams/10 teams
- Fee:** \$415
- Location:** Central Recreation Center



ADULT CO-REC VOLLEYBALL LEAGUE

This Adult Co-Rec Volleyball League will feature two games per week played at the Central Recreation Center in downtown Hillsborough. The schedule will include ten weeks of regular season play and a post-season tournament. Prizes are awarded to the top regular season and tournament finishers. Level of play is semi-competitive. Registration is as a team. Interested individuals should contact OCDEAPR at 919.245.2660

- Ages:** 16-years-old to Adult
- Day:** Sunday
- Dates:** Jan. 10-May 15
- Register By:** Dec. 27
- Program #:** 612111-A
- Time:** 9:00 a.m.-4:00 p.m.
- Min./Max.:** 4 teams/14 teams
- Fee:** \$130
- Location:** Central Recreation Center

OPEN GYMNASIUM

The Central Recreation Center gymnasium is open for an open gym walking and basketball. Participants may purchase a daily pass, 6-month pass, or 12-month pass. Open gym calendars are available at the Central Recreation Center and online. Please note: Open Gym schedules change monthly and are subject to change daily. Please call the Open Gym Hotline at 919.245.2667 for daily updates or visit our website. It is recommended that participants bring their own equipment. Open gym participants under the age of 13 must be accompanied by a guardian.

Please note that there will be limited Open Gym in early September due to facility maintenance.

	Monday	Tuesday	Wednesday	Thursday	Friday
Walking	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.
Basketball	9:30 a.m.-12:00 p.m. 1:30 p.m.-5:00 p.m.	9:30 a.m.-12:00 p.m. 1:30 p.m.-3:30 p.m.	9:30 a.m.-5:00 p.m.	9:30 a.m.-12:00 p.m. 1:30 p.m.-3:30 p.m.	9:30 a.m.-5:00 p.m.
Gym Pass Fees:	\$25 Annual Pass; \$15 Six-month Pass; \$3 Daily Pass				

LITTLE RIVER REGIONAL PARK: A DURHAM COUNTY/ORANGE COUNTY PARTNERSHIP

301 Little River Park Way | Rougemont, NC 27527

Park Office: 919.732.5505

Picnic Shelters, 7 miles of Hiking Trails, 7 miles of Single Track Biking Trails, Playground, 1/4 mile Paved "Loop" Trail, Picnic Areas, 391 acres of Natural Area.

Amenity		Resident Rate	Additional Fees
Shelters	Large Shelter seats 100; Small Shelter seats 40	\$20.00/day	
Campsite	Available Fridays, Saturdays, and Sundays from February 1 to November 15	\$30.00/night	\$50.00 deposit due at check-in

TINY TREKKERS PROGRAMS

Tiny Trekkers is a series of programs designed for young children ages 2-4-years-old accompanied by an adult. Trekkers learn about nature through stories, activities, crafts and games.

Ages: 2-4-years-old
Day: Monday
Time: 10:00 a.m.-11:00 a.m.
Min./Max.: 4/12
Instructor: Little River Regional Park Staff

Hummingbirds

Trekkers try to keep up with the hummingbirds zipping around the park. Participants will learn how they get their food and fly so fast.

Date: Sept. 14
Fee: Free*
Location: Large Shelter

Lizards

Trekkers learn about lizards. We will search for anoles, fence lizards, and skinks as we learn about the special ways they protect themselves from predators.

Date: Oct. 5
Fee: Free*
Location: Large Shelter

Trees

This month our Trekkers talk trees: some grow tall, some grow wide, but can you guess what they all hide? Stories, crafts and some tree-mendous fun!

Date: Nov. 2
Fee: Free*
Location: Large Shelter

** Free programs made possible by donations from the Little River Trail Runs and the TrailHeads Running Club.*



DISCOVERY CLUB PROGRAMS

Discovery Club programs are geared toward children ages 5-years-old and up accompanied by an adult. Programs focus on learning about nature and science through hands-on activities and exploration.

Ages: 5-years-old and up
Day: Saturday
Time: 2:00 p.m.-3:30 p.m.
Min./Max.: 4/12
Instructor: Little River Regional Park Staff

Rocks & Fossils

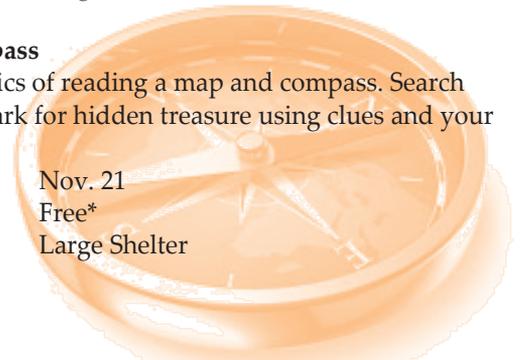
We'll dig into how rocks and fossils are formed and the tools archeologists use. Start your own rock collection and search for fossils from North Carolina.

Date: Oct. 24
Fee: Free*
Location: Large Shelter

Map & Compass

Learn the basics of reading a map and compass. Search around the park for hidden treasure using clues and your new skills.

Date: Nov. 21
Fee: Free*
Location: Large Shelter



ENVIRONMENTAL EDUCATION AT LITTLE RIVER

The Little River Regional Park offers a variety of nature programs for all ages. Regularly scheduled programs and special events are listed here. Park staff can also arrange programs on a variety of topics for schools, scouts, or other groups. For more information, call the park office at 919.732.5505. Pre-registration is required unless otherwise noted.

FALL/WINTER NATURE WALKS

We'll explore the trails of Little River Park on some informal group walks. These walks led by park staff will be at a pace which allows for picture taking and enjoyment of the natural surroundings. We'll have a few guide books and binoculars to loan. Call the park office for more information: 919.732.5505.

Day: Monday
Date: Sept. 7
 Friday Oct. 16
 Friday Nov. 27
 Friday Jan. 1
Time: 9:00 a.m.-11:30 a.m.
Location: Large Shelter
Fee: Free; no registration required

HAUNTED HIKE WITH CLAWS

Ghouls and goblins of all ages are invited to experience the park after dark. Explore the ¼-mile paved trail and discover what tricks and treats await. Wildlife educators from CLAWS will be stationed along the trail with their owls, ravens and hawks.

Ages: All
Day: Friday
Date: Oct. 30
Time: 7:00 p.m.-10:00 p.m.
Location: Large Shelter
Fee: Free; no registration required



STARGAZING AT LITTLE RIVER

The fine folks from Morehead Planetarium will bring out the high power telescopes and give us a tour of the night sky. Bring a blanket, camp chairs or your own telescope or binoculars. Be sure to call the park office after 4pm for cancellation updates: 919-732-5505.

Ages: All
Date: Oct. 23
Time: 7:30 p.m.-9:30 p.m.
 Nov. 6 6:00 p.m.-8:00 p.m.
 Dec. 13 8:00 p.m.-10:00 p.m.
Location: Play Meadow
Fee: Free; no registration required

EDIBLE ORNAMENTS

It's peanut butter, pinecone- craft time, folks! Find out what birds are hanging around for the winter and make a few nature-themed ornaments for them to eat.

Ages: All
Day/Date: Saturday, Dec. 19
Time: 1:00 p.m.-4:00 p.m.
Location: Large Shelter/Park Office
Fee: Free*; no registration required

CHRISTMAS BIRD COUNT

Come count the birds at Little River. Join staff as we tally the diverse species of birds found around the park for Audubon's Christmas Bird Count.

Ages: 6 and above
Day/Date: Sunday, Dec. 20
Time: 9:00 a.m.-12:00 p.m.
Location: Park Office
Fee: Free; no registration required



MEET OUR INSTRUCTORS



ANDY BROWN

Program taught: Youth Tennis Lessons—Outdoor (p. 11)

Coach Brown has been involved with tennis lessons and instruction with all age levels. Coach Brown is still a state ranked player, active in both singles and doubles play. During his career, he has also coached football, basketball, golf, volleyball and served as Director of Athletics at Orange High School and Chapel Hill High School. He also spent two years as assistant basketball coach at UNC-Pembroke.



LAURA CASEY

Programs taught: Creative Arts (p. 8) & Advanced 2D Art (p. 8)

Ms. Laura Casey has been a Creative Arts Instructor for Orange County DEAPR-Recreation for over five years. Ms. Casey is also the art teacher at Cameron Park Elementary School. Ms. Casey received her Bachelor of Fine Arts from the Atlanta College of Art in Atlanta, GA, and then gained her Art Education Licensure for K-12 from North Carolina Central University.



MASTER KIM

Programs taught: Family Tae Kwon Do (p. 9) & Tae Kwon Do (p. 9)

Master Kim is originally from South Korea and has been studying Tae Kwon Do since he was 5-years-old. He is a 5th-degree black belt in Tae Kwon Do. He is also a 6th-degree black belt in Judo and a 6th-degree black belt in Kendo. He has been teaching Tae Kwon Do in the United States since 1994 and started teaching classes in North Carolina in 2009.



NINA MAIER

Program taught: Tai Chi (p. 10)

Nina Maier has been studying Tai Chi and Qigong since 1994 and teaching since 1998. She practices and teaches Chen Style and Wu/Hao Style Tai Chi Quan and Shiba Luohan Gong qigong as well as other qigong sets. She is dedicated to the preservation of these ancient arts and to sharing them with others to increase self-knowledge, health, and well-being.



ELENA MARININA

Program taught: Piano (p. 8)

Elena Marinina is a classical voice and piano instructor who graduated from Odessa Music School of Arts in Ukraine as a pianist, choir director, piano teacher, and a teacher of music theory. She has two Master of Arts degrees from Odessa Conservatory; one as a Choir Conductor and one as a Classical Singer. Her career includes being a vocal soloist, an opera singer, and a piano and voice instructor.



KAT MCGEE

Programs taught: Creative Movement (p. 7) & Rhythm & Movement (p. 8)

Kat has been teaching Dance since 1978, and earned her national certification to teach through Dance Masters of America and Carolina Dance Masters. Kat has taught continuously since 1980; offering group lessons, private lessons and specialized choreography services. She also teaches Ballroom Dance, Intrinsic Dance, and is lead choreographer for a local dance troupe.