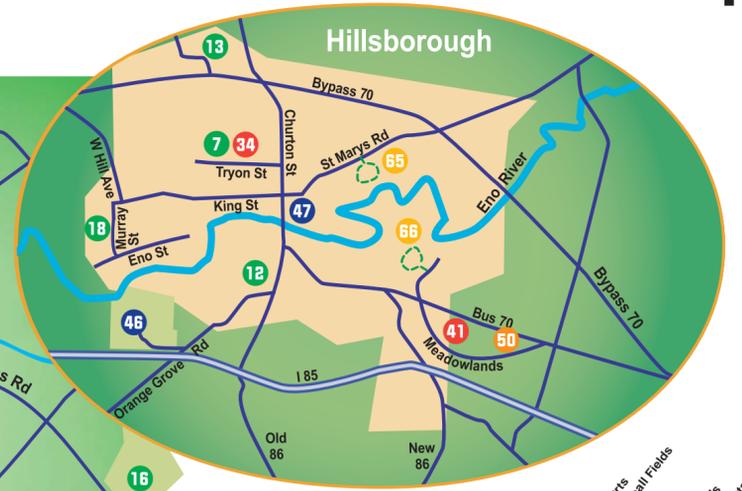
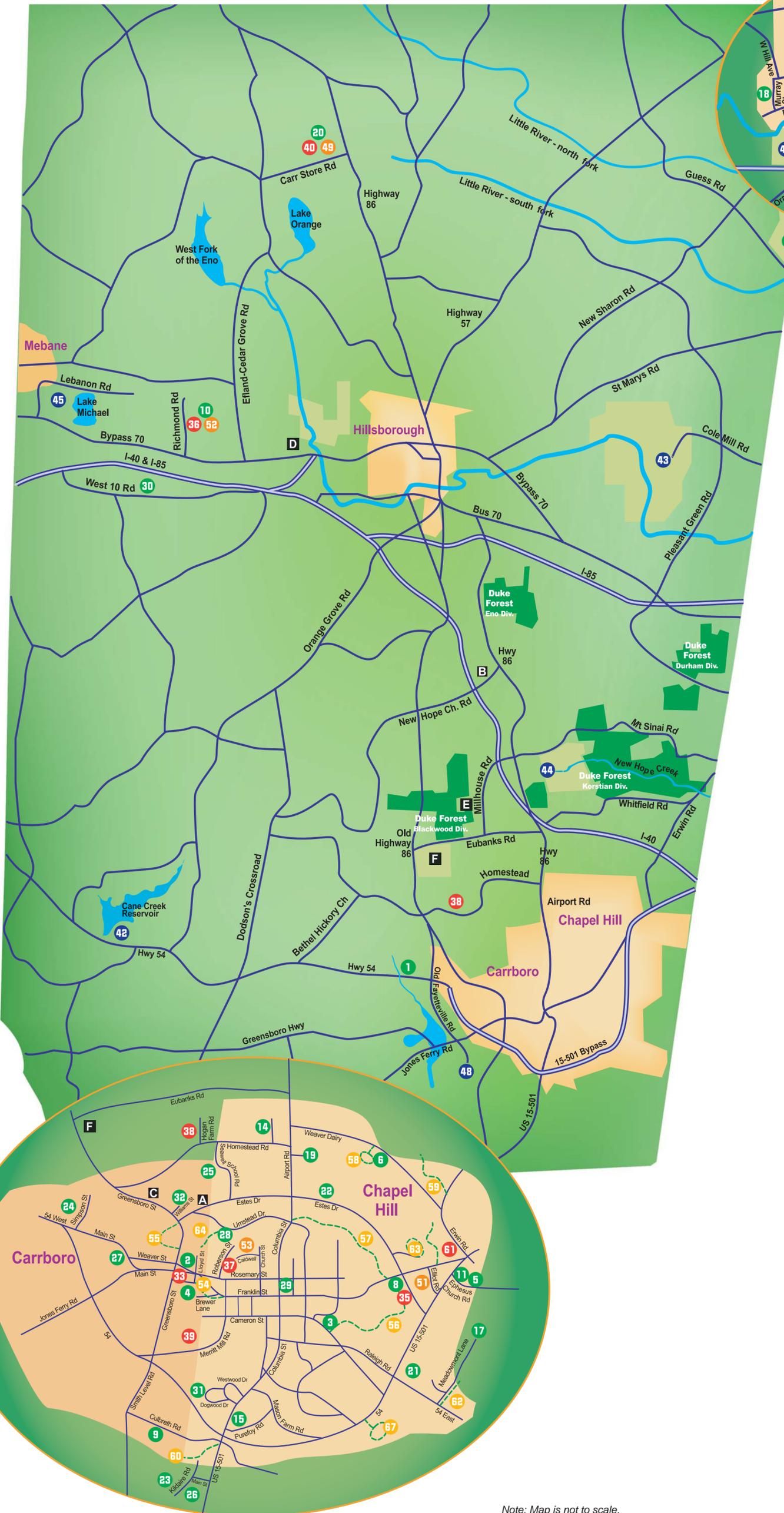


# Orange County Recreation Map



## Parks

|                                     | Playground | Baseball/Softball | Baseball Courts | Tennis Courts | Soccer Courts | Multi-Use Fields | Volleyball Courts | Special Features | Picnic Shelter | Picnic Areas | Trails |
|-------------------------------------|------------|-------------------|-----------------|---------------|---------------|------------------|-------------------|------------------|----------------|--------------|--------|
| 1 ANDERSON COMMUNITY PARK           |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 2 BALDWIN MINI-PARK                 |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 3 BATTLE PARK                       |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 4 BREWERS LANE PARK                 |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 5 BURLINGTON PARK                   |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 6 CEDAR FALLS PARK                  |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 7 CENTRAL RECREATION CENTER PARK    |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 8 CHAPEL HILL COMMUNITY CENTER PARK |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 9 CULBRETH SCHOOL SOFTBALL FIELDS   |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 10 EFLAND-CHEEKS COMMUNITY PARK     |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 11 EPHEBUS PARK                     |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 12 EXCHANGE CLUB PARK               |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 13 FAIRVIEW COMMUNITY PARK          |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 14 HOMESTEAD PARK                   |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 15 JONES PARK                       |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 16 LITTLE RIVER REGIONAL PARK       |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 17 MEADOWMONT PARK                  |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 18 MURRAY STREET NEIGHBORHOOD PARK  |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 19 NORTH FOREST HILLS PARK          |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 20 NORTHERN HUMAN SVCS. CENTER PARK |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 21 OAKWOOD PARK                     |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 22 PHILLIPS PARK                    |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 23 SCROGGS SCHOOL MULTI-USE PARK    |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 24 SIMPSON MINI-PARK                |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 25 SMITH SCHOOL SOCCER FIELDS       |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 26 SOUTHERN COMMUNITY PARK          |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 27 TOWN COMMONS PLAY AREA           |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 28 UMSTEAD PARK                     |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 29 JAMES C. WALLACE PARK            |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 30 WEST TEN SOCCER CENTER           |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 31 WESTWOOD PARK                    |            |                   |                 |               |               |                  |                   |                  |                |              |        |
| 32 WILSON NEIGHBORHOOD PARK         |            |                   |                 |               |               |                  |                   |                  |                |              |        |

## Special Features

- BATTING CAGE
- SKATEBOARD PARK
- OPEN TO PUBLIC AFTER 5PM AND WEEKENDS
- DOG PARKS
- MOUNTAIN BIKE TRAILS
- COMING SOON

## Recreation Centers

|                                   | Swimming Pools | Baseball Courts | Meeting Rooms | Claques | Ice Skating | Climbing Wall | Kitchen |
|-----------------------------------|----------------|-----------------|---------------|---------|-------------|---------------|---------|
| 33 CARRBORO CENTURY CENTER        |                |                 |               |         |             |               |         |
| 34 CENTRAL RECREATION CENTER      |                |                 |               |         |             |               |         |
| 35 CHAPEL HILL COMMUNITY CENTER   |                |                 |               |         |             |               |         |
| 36 EFLAND-CHEEKS COMMUNITY CENTER |                |                 |               |         |             |               |         |
| 37 HARGRAVES COMMUNITY CENTER     |                |                 |               |         |             |               |         |
| 38 HOMESTEAD COMMUNITY CENTER     |                |                 |               |         |             |               |         |
| 39 LINCOLN CENTER GYM             |                |                 |               |         |             |               |         |
| 40 NORTHERN HUMAN SERVICES CENTER |                |                 |               |         |             |               |         |
| 41 TRIANGLE SPORTSPLEX            |                |                 |               |         |             |               |         |

## Parks on the Horizon

|                                | Soccer | Baseball/Softball | Dog Park | Multi-Use Fields | Historic Site | Picnic Shelter | Playground |
|--------------------------------|--------|-------------------|----------|------------------|---------------|----------------|------------|
| 42 ADAMS TRACT                 |        |                   |          |                  |               |                |            |
| 43 BLACKWOOD FARM              |        |                   |          |                  |               |                |            |
| 44 MARTIN LUTHER KING JR. PARK |        |                   |          |                  |               |                |            |
| 45 MCGOWAN CREEK PRESERVE      |        |                   |          |                  |               |                |            |
| 46 MILLHOUSE ROAD PARK         |        |                   |          |                  |               |                |            |
| 47 TWIN CREEKS (MONIESE NOMP)  |        |                   |          |                  |               |                |            |

## Lakes & River Parks

|  | Wading | Boat Launch | Fishing (B/C) | Boat Rentals | Hiking & Walks | Picnic Shelter | Picnic Areas | Camping |
|--|--------|-------------|---------------|--------------|----------------|----------------|--------------|---------|
| 48 CANE CREEK RESERVOIR                |        |             |               |              |                |                |              |         |
| 49 ENO RIVER STATE PARK                |        |             |               |              |                |                |              |         |
| 50 JOHNSTON MILL NATURE PRESERVE       |        |             |               |              |                |                |              |         |
| 51 LAKE MICHAEL                        |        |             |               |              |                |                |              |         |
| 52 OCCONEECHEE MTN. STATE NATURAL AREA |        |             |               |              |                |                |              |         |
| 53 RIVER PARK                          |        |             |               |              |                |                |              |         |
| 54 UNIVERSITY LAKE                     |        |             |               |              |                |                |              |         |

## Senior Centers

- 55 CEDAR GROVE SENIOR PROGRAMMING & NUTRITION SITE
- 56 CENTRAL ORANGE SENIOR CENTER
- 57 CHAPEL HILL SENIOR CENTER
- 58 EFLAND-CHEEKS COMMUNITY CENTER & NUTRITION SITE
- 59 SEYMOUR SENIOR CENTER

## Greenways & Trails

- Carrboro Off-Road Bikeways**
- 60 ELIZABETH COTTON BIKEWAY
  - 61 FRANCES SHETLEY BIKEWAY
- Chapel Hill Greenways**
- 62 BATTLE BRANCH TRAIL
  - 63 BOLIN CREEK TRAIL
  - 64 CEDAR FALLS TRAIL
  - 65 DRY CREEK TRAIL
  - 66 FAN BRANCH TRAIL
  - 67 LOWER BOOKER CREEK TRAIL
  - 68 MEADOWMONT TRAIL
  - 69 PRITCHARD PARK
  - 70 TANYARD BRANCH TRAIL
  - 71 AYR MOUNT-POET'S WALK
  - 72 HISTORIC OCCONEECHEE SPEEDWAY TRAIL
  - 73 NC BOTANICAL GARDENS & TRAILS

Note: Map is not to scale.  
Last Updated: Summer 2008



# senior centers

The Orange County Department on Aging operates three multipurpose senior centers to provide opportunities for enrichment, community involvement, socialization, and public service benefits. The department works with a variety of agencies to provide programming for seniors at the senior centers and community centers listed here. Classes, field trips, health and wellness programs, crafts, lectures, movies, support services and many other opportunities are offered for residents age 55 and over. Visit their website [www.co.orange.nc.us/aging/](http://www.co.orange.nc.us/aging/) or call the numbers below for more information.

- 49 **Cedar Grove Senior Programming & Nutrition Site** ..... 732-8194  
5800-A NC Hwy 86 North, Cedar Grove
- 50 **Central Orange Senior Center** ..... 245-2015  
515 Meadowlands Drive, Hillsborough
- 51 **Chapel Hill Senior Center** ..... 968-2070  
400 S. Elliot Road, Chapel Hill
- 52 **Efland-Cheeks Community Center & Nutrition Site** ..... 563-1130  
117 Richmond Road, Mebane
- 53 **Seymour Senior Center** ..... 968-2080  
2551 Homestead Road, Chapel Hill



# public school facilities

There are 27 public schools in Orange County that have tracks, playgrounds, playing fields, tennis courts and basketball courts. Availability for use by the public varies from school to school. These can be a convenient location to get some exercise but you must contact each school for details on available facilities and hours for public use.

- Chapel Hill-Carrboro City Schools** ..... 967-8211
- Orange County Schools** ..... 732-8126

# Orange County Recreation Map



ANDERSON PARK



DOWNTOWN HILLSBOROUGH

# A guide to public recreation areas in Orange County



# welcome

In the past 11 years in Orange County, we have built five parks, eight playing fields, greenways, soccer fields, and recreation areas. Passage of the 1997 and 2001 county-wide Parks Bonds allowed us to create the Joint Master Recreation & Parks Report and the Lands Legacy Program, which reflect current and long range needs throughout Orange County.

Orange County has made great strides in the protection of critical watersheds, natural resources, open space, nature corridors, and lands. Our acquisitions include more than 1,150 acres of new parkland and preserves in Chapel Hill, Cedar Grove, Little River, and Cheeks Townships. Underway are parks and recreation areas including a swimming pool at Homestead Park (opening September 2008), expansion of Bolin Creek Greenway, and expansion of Efland, Northern and Fairview Parks.

Thank you citizens of Orange County for supporting this vision for the future. Please use this guide created to help you enjoy the many recreation and park opportunities in Orange County.

# getting started with exercise

- Start slowly and work your way up.
- 5-10 minutes of walking is a good beginning if you haven't been exercising.
- At least 30 minutes a day of physical activity is recommended for adults and 1 hour for children. It doesn't have to be all at once either, you can do 3, 10-minute sessions over the course of the day.
- Physical activity can include walking, gardening, mowing the lawn or cleaning the house in addition to running, biking, soccer, tennis, swimming and other forms of activity.
- Make exercise a family affair! Go with a family member for an after work or after dinner walk around the neighborhood or farm.
- Take a weekend hike to a new location you haven't visited before to keep it interesting.
- Try a new activity. Rent a canoe and go for a paddle at one of our lakes. Explore the many opportunities available for recreation in Orange County.

# exercise safely

- If you have been sedentary or have health problems, check with your doctor before beginning an exercise program.
- Walk and exercise in well lit areas if you are out at night.
- Go with a friend or exercise buddy, it makes exercise safer and more fun. Plus you can help motivate each other.
- Consider the weather, dress appropriately, avoid exercising in the heat of the day and drink plenty of water year round.
- Beware of ticks when exploring woodland areas and mosquitoes when enjoying the outdoors. Use insect repellents and check yourself and your children for ticks when returning from outside activities. Some mosquitoes and ticks can carry diseases.



# unique recreation opportunities in Orange County



**ICE SKATING RINK**  
Located at **Triangle Sportsplex 11** in Hillsborough

**DOG PARKS**  
There are two special dog parks located at **Anderson Community Park 1** in Carrboro and **Homestead Park 14** in Chapel Hill where dogs can run free. At all other locations, please help protect the natural environment by staying on marked trails, picking up trash and keeping dogs on a leash. Please be considerate of others and clean up after your dog.

**BATTING CAGE & SKATEBOARD PARK**  
Both are located at **Homestead Park 14** in Chapel Hill.

**ROCK CLIMBING WALLS**  
At **Central Recreation Center 34** in Hillsborough and the **Chapel Hill Community Center 35**.

This map was created through a joint effort by:  
Orange County Government  
Healthy Carolinians of Orange County  
Parks and Recreation  
Environment and Resource Conservation Department  
Intergovernmental Parks Work Group

Photography by: David Hunt  
PRINTED ON RECYCLED PAPER



# recreation centers

With 9 recreation centers in Orange County, there is something for everyone. Basketball, swimming, ice-skating, climbing walls, classes, programs and more are available to residents young and old.

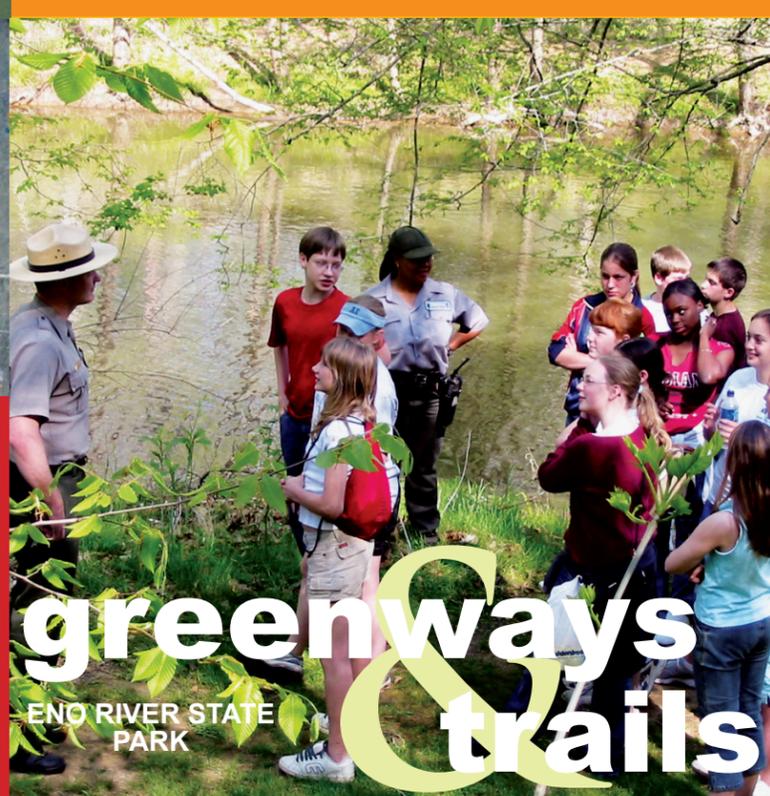
- 33 Carrboro Century Center .....918-7385  
100 North Greensboro Street, Carrboro
- 34 Central Recreation Center .....245-2660  
300 West Tryon Street, Hillsborough
- 35 Chapel Hill Community Center .....968-2790  
120 South Estes Drive, Chapel Hill
- 36 Efland-Cheeks Community Center .....245-2660  
117 Richmond Road, Efland
- 37 Hargraves Community Center .....968-2794  
216 North Roberson Street, Chapel Hill
- 38 Homestead Community Center .....245-2660  
600 Homestead Road, Chapel Hill
- 39 Lincoln Center Gym .....968-2784  
750 Merritt Mill Road, Chapel Hill
- 40 Northern Human Services Center .....245-2660  
5800 Hwy 86 North, Cedar Grove
- 41 Triangle SportsPlex .....644-0339  
1 Dan Kidd Drive, Hillsborough



# lakes & river parks

Orange County has several lakes and rivers as well as two state parks. Boating, fishing and hiking are available, come enjoy these beautiful resources!

- 42 Cane Creek Reservoir (OWASA) .....942-5790  
Hwy 54 West, Chapel Hill
- 43 Eno River State Park .....383-1686  
6101 Cole Mill Road, Durham
- 44 Johnston Mill Nature Preserve .....833-3662  
Mount Sinai Road, 1.1 mile from NC 86  
Triangle Land Conservancy: [www.tlc-nc.org](http://www.tlc-nc.org)
- 45 Lake Michael .....563-4573  
Lebanon Road, Mebane (open March-October)
- 46 Little River Regional Park .....732-5505  
Orange/Durham County Partnership  
301 Little River Park Way, Rougemont
- 48 Occonechee Mtn. State Natural Area .....383-1686  
Virginia Cates Road, Hillsborough
- 47 River Park .....245-2660  
Margaret Lane/Cameron Street, Hillsborough
- 48 University Lake (OWASA) .....942-8007  
400 South Old Fayetteville Road, Chapel Hill (off Jones Ferry)



# greenways & trails

Walking is one of the best and simplest ways to get exercise. Orange County has many trails for walking, hiking and biking. There are also trails located in many parks. (See the parks listing on the reverse side for additional trails.)

- Carrboro Off-Road Bikeways**
- 54 Elizabeth Cotton Bikeway  
Cameron Avenue at Merritt Mill Road to Roberson Street
  - 55 Frances Shetley Bikeway  
Estes Drive At Greensboro Street to Shelton

**Chapel Hill Parks and Recreation Greenways**

For a detailed greenway map call Chapel Hill Parks and Recreation 968-2784 or visit their website: [www.chapelhillparks.org](http://www.chapelhillparks.org).

- 56 Battle Branch Trail
- 57 Bolin Creek Trail
- 58 Cedar Falls Trail
- 59 Dry Creek Trail
- 60 Fan Branch Trail
- 61 Lower Booker Creek Trail
- 62 Meadowmont Trail
- 63 Pritchard Park
- 64 Tanyard Branch Trail

- Orange County**
- 65 Ayr Mount-Poet's Walk .....732-6886  
376 Saint Mary's Road, Hillsborough
  - 66 Historic Occonechee Speedway Trail .....732-6886  
Elizabeth Brady Road, Hillsborough
  - 67 NC Botanical Gardens & Trails .....962-0522  
15-501 54 Bypass at Old Mason Farm Road, Chapel Hill

**Duke Forest**

There are four divisions of Duke Forest with public access in Orange County. These are the Blackwood, Durham, Eno and Korstian divisions. For a detailed map call 613-8013 or visit their website: [www.env.duke.edu/forest](http://www.env.duke.edu/forest).



# parks

Orange County has 32 public parks, there is probably one near you. COME OUT AND PLAY! (See the map inside to find out what activities are provided at each park.)

- 1 Anderson Community Park ..... 918-7364  
302 Hwy 54 West, Carrboro
- 2 Baldwin Mini-Park ..... 918-7364  
400 Broad Street, Carrboro
- 3 Battle Park ..... 962-0522  
Country Club Road, Chapel Hill
- 4 Brewers Lane Park ..... 918-7364  
102 Hargraves Street, Chapel Hill
- 5 Burlington Park .....968-2784  
Ephesus Church Road, Chapel Hill
- 6 Cedar Falls Park .....968-2784  
501 Weaver Dairy Road, Chapel Hill
- 7 Central Recreation Center Park ..... 245-2660  
300 West Tryon Street, Hillsborough
- 8 Chapel Hill Community Center Park .....968-2784  
120 South Estes Drive, Chapel Hill
- 9 Culbreth School Softball Fields .....968-2784  
225 Culbreth Road, Chapel Hill
- 10 Efland-Cheeks Community Park .....245-2660  
117 Richmond Road, Efland
- 11 Ephesus Park .....968-2784  
1501 Ephesus Church Road, Chapel Hill
- 12 Exchange Club Park .....732-9283  
331 Exchange Park Lane, Hillsborough
- 13 Fairview Community Park .....245-2660  
515 Rainey Street, Hillsborough

- 14 Homestead Park .....968-2784  
100 Northern Park Drive, Chapel Hill
- 15 Jones Park .....968-2784  
Holland Drive and Purefoy Road, Chapel Hill
- 16 Little River Regional Park .....732-5505  
Orange/Durham County Partnership  
301 Little River Parkway, Rougemont
- 17 Meadowmont Park .....968-2784  
601 Meadowmont Lane, Chapel Hill
- 18 Murray Street Neighborhood Park .....732-1270  
Murray Street, Hillsborough
- 19 North Forest Hills Park .....968-2784  
Collums Drive, Chapel Hill
- 20 Northern Human Services Center Park ...245-2660  
5800 Hwy 86 North, Cedar Grove
- 21 Oakwood Park .....968-2784  
Berkley Road/Oakwood Drive, Chapel Hill
- 22 Phillips Park .....968-2784  
Estes Drive, Chapel Hill
- 23 Scroggs School Multi-Use Fields .....968-2784  
501 Kildaire Road, Chapel Hill
- 24 Simpson Mini-Park .....918-7364  
301 Simpson Street, Carrboro
- 25 Smith School Soccer Fields .....968-7364  
1709 High School Road, Chapel Hill
- 26 Southern Community Park .....918-7364  
US 501 & Dogwood Acres Drive, Chapel Hill
- 27 Town Commons Play Area .....918-7364  
301 West Main Street, Carrboro
- 28 Umstead Park .....968-2784  
399 Umstead Road, Chapel Hill
- 29 James C. Wallace Park .....968-2784  
Rosemary Street, Chapel Hill (top of parking deck)
- 30 West Ten Soccer Center (Opening September 2008)  
4701 West Ten Road, Efland
- 31 Westwood Park .....968-2784  
530 Dogwood Drive, Chapel Hill
- 32 Wilson Neighborhood Park .....918-7364  
101 Williams Street, Carrboro



# swimming

Lap swimming, swimming lessons, water aerobics, leisure swimming, adaptive aquatics and more.

- 35 Chapel Hill Community Center .....968-2790  
120 South Estes Drive, Chapel Hill
- 37 Hargraves Community Center .....968-2794  
216 North Roberson Street, Chapel Hill
- 38 Homestead Aquatic Center (Opening September 2008)  
100 Northern Park Drive, Chapel Hill
- 41 Triangle Sportsplex .....644-0339  
1 Dan Kidd Drive, Hillsborough



# parks & recreation

These four departments oversee recreation leagues, classes, camps, after-school programs, and facilities. Visit their websites or call for more information to receive their program catalogue.

- Carrboro Recreation and Parks .....918-7364  
100 North Greensboro Street, Carrboro;  
[www.townofcarrboro.org](http://www.townofcarrboro.org)
- Chapel Hill Parks and Recreation .....968-2784  
200 Plant Road, Chapel Hill: [www.chapelhillparks.org](http://www.chapelhillparks.org)
- Mebane Recreation Department .....563-3629  
200 West Lee Street, Mebane; [www.cityofmebane.com](http://www.cityofmebane.com)
- Orange County Parks and Recreation .....245-2660  
300 West Tryon Street, Hillsborough;  
[www.co.orange.nc.us/RecParks/](http://www.co.orange.nc.us/RecParks/)