

# Passmore Center Activity Calendar

**September 2017**  
Wednesday

**Sunday                      Monday                      Tuesday                      Thursday                      Friday                      Saturday**

					<p><b>8:00am</b> - Billiards <sup>1</sup></p> <p><b>9:00am</b> - Rummikub</p> <p><b>9:00am</b> - Leatherworks</p> <p><b>9:30am</b> - Rook</p> <p><b>10:00am</b> - Games</p> <p><b>10:00am</b> - Open Artist Studio/</p> <p><b>10:00am</b> - Tai Chi-Arthritis Fo</p> <p><b>10:00am</b> - Dominoes</p> <p><b>11:00am</b> - Table Tennis</p> <p><b>11:00am</b> - Care Partner Resp</p> <p><b>11:00am</b> - Silver Sneakers</p> <p><b>12:00pm</b> - Lunch</p> <p><b>12:30pm</b> - Mah Jong</p> <p><b>1:00pm</b> - Hand &amp; Foot Card</p>	<p><b>9:00am</b> - Sportsplex Class <sup>2</sup></p>
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NOTE Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

# Passmore Center Activity Calendar

**September 2017 (Continued)**

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**1:30pm** - Open Pottery Studi <sup>1</sup>

**2:00pm** - Busy Beaders

<sup>2</sup>

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>9:00am</b> - Sportsplex Class
	<b>8:45am</b> - Pacesetter Class	<b>9:00am</b> - Rummikub	<b>8:45am</b> - Pacesetter Class	<b>9:30am</b> - Line Dance	<b>9:00am</b> - Rummikub	
	<b>9:00am</b> - Rummikub	<b>9:00am</b> - Tap Dance-Beginn	<b>9:00am</b> - Rummikub	<b>9:30am</b> - Blood pressure ch	<b>9:00am</b> - Physical Function	
	<b>10:00am</b> - Games	<b>9:00am</b> - Farmers' Market at	<b>9:00am</b> - Leatherworks	<b>10:00am</b> - Coffee with a Cop	<b>9:00am</b> - Leatherworks	
	<b>10:00am</b> - Aerobics	<b>9:00am</b> - SHIIP	<b>10:00am</b> - Strength Training f	<b>10:00am</b> - Strong and Steady	<b>9:30am</b> - Rook	
	<b>10:00am</b> - Open Pottery Studi	<b>10:00am</b> - Games	<b>10:00am</b> - Karaoke Sing A Lo	<b>10:00am</b> - Hillsb. Garden Clu	<b>10:00am</b> - Games	
	<b>10:00am</b> - Gentle Joy of Yog	<b>10:00am</b> - Tap Dance-Interm	<b>10:00am</b> - Aerobics	<b>10:00am</b> - Creative Crafters	<b>10:00am</b> - Open Artist Studio/	
	<b>10:00am</b> - Dominoes	<b>10:00am</b> - Strong and Steady	<b>10:00am</b> - Garden Club	<b>10:00am</b> - Gentle Joy of Yog	<b>10:00am</b> - Tai Chi-Arthritis Fo	
	<b>11:00am</b> - Silver Sneakers	<b>10:00am</b> - Inspirational Topic	<b>10:00am</b> - Dominoes	<b>10:00am</b> - Dominoes	<b>10:00am</b> - Dominoes	
	<b>1:00pm</b> - Hand & Foot Card	<b>10:00am</b> - TOPS Weigh in	<b>10:30am</b> - Knitting-Beginning	<b>12:00pm</b> - Wii-open play	<b>10:30am</b> - Garden Party	
	<b>1:00pm</b> - Contract Bridge	<b>10:00am</b> - Quilting	<b>11:00am</b> - Silver Sneakers	<b>12:00pm</b> - Lunch	<b>11:00am</b> - Table Tennis	
	<b>2:00pm</b> - Line Dance	<b>10:00am</b> - Dominoes	<b>11:15am</b> - Ageless Grace	<b>12:00pm</b> - Physical Therapy	<b>11:00am</b> - Care Partner Resp	
	<b>4:00pm</b> - SHIIP	<b>11:00am</b> - Take off pounds s	<b>12:00pm</b> - Lunch	<b>1:00pm</b> - Bakgammon & Ch	<b>11:00am</b> - Silver Sneakers	
	<b>4:30pm</b> - Tai Chi -Chen	<b>12:00pm</b> - Lunch	<b>1:00pm</b> - Hand & Foot Card	<b>1:00pm</b> - Spades	<b>12:00pm</b> - Lunch	

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## Passmore Center Activity Calendar

September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	<div style="text-align: right; color: red;">4</div> <p><b>5:00pm</b> - Pickle Ball</p> <p><b>6:00pm</b> - Tai Chi Wu/Hao</p> <p><b>6:00pm</b> - Basic Drawing</p>	<div style="text-align: right; color: red;">5</div> <p><b>12:00pm</b> - Physical Therapy</p> <p><b>12:30pm</b> - Mah Jong</p> <p><b>1:00pm</b> - Chess</p> <p><b>1:00pm</b> - Line Dance</p> <p><b>2:00pm</b> - Acrylic Painting</p> <p><b>2:30pm</b> - Walking</p> <p><b>4:00pm</b> - Caregivers' Suppo</p> <p><b>6:00pm</b> - Open Pottery Studi</p>	<div style="text-align: right; color: red;">6</div> <p><b>1:00pm</b> - Contract Bridge</p> <p><b>1:00pm</b> - Wood Carving Clu</p> <p><b>2:00pm</b> - Senior Times 101</p> <p><b>3:00pm</b> - Oil Painting Studio</p> <p><b>4:00pm</b> - Sew What Sewing</p> <p><b>6:00pm</b> - Wood Carving Clu</p>	<div style="text-align: right; color: red;">7</div> <p><b>1:00pm</b> - Digital Photograph</p> <p><b>1:30pm</b> - Advanced Waterco</p> <p><b>2:00pm</b> - Shuffleboard</p> <p><b>3:00pm</b> - Cruise Information</p> <p><b>4:00pm</b> - Fused Glass</p> <p><b>5:30pm</b> - Beginning Waterco</p> <p><b>6:00pm</b> - Digital Photograph</p> <p><b>7:00pm</b> - Ballroom Dance Cl</p>	<div style="text-align: right; color: red;">8</div> <p><b>12:30pm</b> - Mah Jong</p> <p><b>1:00pm</b> - Hand &amp; Foot Card</p> <p><b>1:30pm</b> - Open Pottery Studi</p> <p><b>2:00pm</b> - Busy Beaders</p>	9

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10	11	12	13	14	15
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
	8:45am - Pacesetter Class	9:00am - Rummikub	8:45am - Pacesetter Class	9:30am - Line Dance	9:00am - Rummikub	
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	9:00am - Rummikub	9:30am - Blood pressure ch	9:00am - Physical Function	
	10:00am - Games	9:00am - Farmers' Market at	9:00am - Veteran's Caregiv	10:00am - Strong and Steady	9:00am - Leatherworks	
	10:00am - Jolly 79ers Club	9:00am - SHIIP	9:00am - Fit Feet-Sept	10:00am - Creative Crafters	9:30am - Rook	
	10:00am - Aerobics	10:00am - Games	9:00am - Leatherworks	10:00am - Project EngAGE T	10:00am - Games	
	10:00am - Open Pottery Studi	10:00am - Tap Dance-Interm	10:00am - Strength Training f	10:00am - Gentle Joy of Yog	10:00am - Open Artist Studio/	
	10:00am - Gentle Joy of Yog	10:00am - Everyday Living wi	10:00am - Karaoke Sing A Lo	10:00am - Dominoes	10:00am - Tai Chi-Arthritis Fo	
	10:00am - Dominoes	10:00am - Strong and Steady	10:00am - Aerobics	10:30am - Scrabble Talk	10:00am - Dominoes	
	11:00am - Silver Sneakers	10:00am - Inspirational Topic	10:00am - Garden Club	12:00pm - Wii-open play	11:00am - Table Tennis	
	12:00pm - Birthday Party-Sep	10:00am - TOPS Weigh in	10:00am - Dominoes	12:00pm - Lunch	11:00am - Care Partner Resp	
	12:00pm - Lunch	10:00am - Quilting	10:30am - Knitting-Beginning	12:00pm - Physical Therapy	11:00am - Silver Sneakers	
	12:30pm - Pottery Class	10:00am - Dominoes	11:00am - Silver Sneakers	12:00pm - Thursday Tell All	12:00pm - Lunch	
	1:00pm - Hand & Foot Card	11:00am - Take off pounds s	11:15am - Ageless Grace	1:00pm - Bakgammon & Ch	12:30pm - Mah Jong	

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

10	11	12	13	14	15	16
	1:00pm - Contract Bridge	12:00pm - Lunch	12:00pm - Strategy, Disciplin	1:00pm - Spades	1:00pm - Hand & Foot Card	
	1:00pm - Card Making & Mo	12:00pm - Physical Therapy	12:00pm - Lunch	1:00pm - Digital Photograph	1:30pm - Open Pottery Studi	
	1:00pm - Travel Club	12:30pm - Mah Jong	12:30pm - Beginning Pottery	1:15pm - Flicks at Passmore	2:00pm - Busy Beaders	
	2:00pm - Line Dance	1:00pm - Chess	1:00pm - Hand & Foot Card	1:30pm - Advanced Waterco		
	3:00pm - Oil Painting	1:00pm - Grief Support Grou	1:00pm - Contract Bridge	2:00pm - Retirement for Boo		
	3:00pm - Art Show Receptio	1:00pm - Line Dance	1:00pm - Wood Carving Clu	4:00pm - Fused Glass		
	4:00pm - SHIIP	2:00pm - Acrylic Painting	2:00pm - Music Appreciation	5:30pm - Beginning Waterco		
	4:30pm - Tai Chi -Chen	2:30pm - Walking	3:00pm - Oil Painting Studio	6:00pm - Digital Photograph		
	5:00pm - Pickle Ball	6:00pm - Open Pottery Studi	4:00pm - Simply Delicious M	7:00pm - Ballroom Dance Cl		
	5:30pm - Cooking and Dinn		4:00pm - Sew What Sewing			
	6:00pm - Tai Chi Wu/Hao		4:15pm - Senior Care			
	6:00pm - Basic Drawing		5:30pm - Zentangle			
			6:00pm - Wood Carving Clu			

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
	8:45am - Pacesetter Class	9:00am - Rummikub	8:45am - Pacesetter Class	8:00am - Hillsborough Senio	9:00am - Rummikub	
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	9:00am - Rummikub	9:30am - Line Dance	9:00am - Falls Prevention	
	9:30am - Friends of Passmo	9:00am - Farmers' Market at	9:00am - Leatherworks	9:30am - Blood pressure ch	9:00am - Falls Prevention	
	10:00am - Games	9:00am - SHIIP	10:00am - Strength Training f	10:00am - Strong and Steady	9:00am - Leatherworks	
	10:00am - Aerobics	10:00am - Games	10:00am - Karaoke Sing A Lo	10:00am - Creative Crafters	9:30am - Rook	
	10:00am - Open Pottery Studi	10:00am - Tap Dance-Interm	10:00am - Aerobics	10:00am - Project EngAGE T	9:30am - Table Tennis	
	10:00am - Gentle Joy of Yog	10:00am - Everyday Living wi	10:00am - Garden Club	10:00am - Gentle Joy of Yog	10:00am - Open Artist Studio/	
	10:00am - Dominoes	10:00am - Strong and Steady	10:00am - Dominoes	10:00am - Dominoes	10:00am - Dominoes	
	11:00am - Silver Sneakers	10:00am - Inspirational Topic	10:30am - Knitting-Beginning	10:30am - Scrabble Talk	11:00am - Care Partner Resp	
	12:00pm - Lunch	10:00am - TOPS Weigh in	11:00am - Silver Sneakers	12:00pm - Wii-open play	11:00am - Silver Sneakers	
	12:30pm - Pottery Class	10:00am - Quilting	11:15am - Ageless Grace	12:00pm - Lunch	12:00pm - Lunch	
	1:00pm - Hand & Foot Card	10:00am - Dominoes	12:00pm - Lunch	12:00pm - Physical Therapy	12:30pm - Mah Jong	
	1:00pm - Contract Bridge	11:00am - Take off pounds s	12:30pm - Beginning Pottery	1:00pm - Bakgammon & Ch	1:00pm - Hand & Foot Card	

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	17	18	19	20	21	22
	1:00pm - Card Making & Mo	11:00am - Barn Dinner Theat	1:00pm - Hand & Foot Card	1:00pm - Spades	1:30pm - Open Pottery Studi	23
	2:00pm - Memory Cafe	12:00pm - Lunch	1:00pm - Contract Bridge	1:00pm - Digital Photograph	2:00pm - Busy Beaders	
	2:00pm - Line Dance	12:00pm - Physical Therapy	1:00pm - Wood Carving Clu	1:30pm - Advanced Waterco		
	3:00pm - Oil Painting	12:30pm - Mah Jong	2:00pm - Music Appreciation	2:00pm - Retirement for Boo		
	4:00pm - SHIIP	1:00pm - Chess	3:00pm - Oil Painting Studio	3:30pm - Adult Care Home		
	4:30pm - Tai Chi -Chen	1:00pm - Grief Support Grou	4:00pm - Sew What Sewing	4:00pm - Fused Glass		
	5:00pm - NCCU Alumni Ass	1:00pm - Line Dance	6:00pm - Wood Carving Clu	5:30pm - Autumn Dinner an		
	5:00pm - Pickle Ball	2:00pm - Acrylic Painting		5:30pm - Beginning Waterco		
	5:30pm - Cooking and Dinn	2:30pm - Walking		6:00pm - Digital Photograph		
	6:00pm - Tai Chi Wu/Hao	6:00pm - Open Pottery Studi		7:00pm - Ballroom Dance Cl		
	6:00pm - Basic Drawing					

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>8:00am</b> - Billiards	<b>9:00am</b> - Sportsplex Class
	<b>8:45am</b> - Pacesetter Class	<b>9:00am</b> - Rummikub	<b>8:45am</b> - Pacesetter Class	<b>9:30am</b> - Line Dance	<b>9:00am</b> - Rummikub	
	<b>9:00am</b> - Rummikub	<b>9:00am</b> - Tap Dance-Beginn	<b>8:45am</b> - Healthy Carolinian	<b>9:30am</b> - Blood pressure ch	<b>9:00am</b> - Leatherworks	
	<b>10:00am</b> - Games	<b>9:00am</b> - SEANC	<b>9:00am</b> - Rummikub	<b>10:00am</b> - Strong and Steady	<b>9:30am</b> - Rook	
	<b>10:00am</b> - Aerobics	<b>9:00am</b> - Farmers' Market at	<b>9:00am</b> - Fit Feet-Sept	<b>10:00am</b> - Creative Crafters	<b>9:30am</b> - Table Tennis	
	<b>10:00am</b> - Open Pottery Studi	<b>9:00am</b> - SHIP	<b>9:00am</b> - Leatherworks	<b>10:00am</b> - Project EngAGE T	<b>10:00am</b> - Games	
	<b>10:00am</b> - Gentle Joy of Yog	<b>10:00am</b> - Games	<b>10:00am</b> - Strength Training f	<b>10:00am</b> - Gentle Joy of Yog	<b>10:00am</b> - Open Artist Studio/	
	<b>10:00am</b> - Dominoes	<b>10:00am</b> - Tap Dance-Interm	<b>10:00am</b> - Karaoke Sing A Lo	<b>10:00am</b> - Dominoes	<b>10:00am</b> - Dominoes	
	<b>11:00am</b> - Silver Sneakers	<b>10:00am</b> - Everyday Living wi	<b>10:00am</b> - Aerobics	<b>10:30am</b> - Scrabble Talk	<b>11:00am</b> - Care Partner Resp	
	<b>12:00pm</b> - Lunch	<b>10:00am</b> - Strong and Steady	<b>10:00am</b> - Garden Club	<b>12:00pm</b> - Wii-open play	<b>11:00am</b> - Silver Sneakers	
	<b>12:30pm</b> - Pottery Class	<b>10:00am</b> - Inspirational Topic	<b>10:00am</b> - Dominoes	<b>12:00pm</b> - Lunch	<b>12:00pm</b> - Lunch	
	<b>1:00pm</b> - Hand & Foot Card	<b>10:00am</b> - TOPS Weigh in	<b>10:30am</b> - Knitting-Beginning	<b>12:00pm</b> - Physical Therapy	<b>12:30pm</b> - Mah Jong	
	<b>1:00pm</b> - Contract Bridge	<b>10:00am</b> - Quilting	<b>11:00am</b> - Silver Sneakers	<b>12:00pm</b> - Thursday Tell All	<b>1:00pm</b> - Hand & Foot Card	
	<b>1:00pm</b> - Card Making & Mo	<b>10:00am</b> - Dominoes	<b>11:15am</b> - Parkinson's Suppo	<b>1:00pm</b> - Bakgammon & Ch	<b>1:30pm</b> - Open Pottery Studi	

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# Passmore Center Activity Calendar

## September 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	24	25	26	27	28	29
	2:00pm - Line Dance	11:00am - Take off pounds s	11:15am - Ageless Grace	1:00pm - Magical Fairy Gard	2:00pm - Busy Beaders	
	3:00pm - Oil Painting	12:00pm - Lunch	12:00pm - Lunch	1:00pm - Spades		
	4:00pm - SHIIP	12:00pm - Physical Therapy	12:30pm - Beginning Pottery	1:00pm - Digital Photograph		
	4:30pm - Tai Chi -Chen	12:30pm - Mah Jong	1:00pm - Hand & Foot Card	1:30pm - Advanced Waterco		
	5:00pm - Pickle Ball	1:00pm - Chess	1:00pm - Contract Bridge	2:00pm - Retirement for Boo		
	5:30pm - Cooking and Dinn	1:00pm - Grief Support Grou	1:00pm - Wood Carving Clu	2:00pm - Shuffleboard		
	6:00pm - Tai Chi Wu/Hao	1:00pm - Line Dance	2:00pm - Music Appreciation	4:00pm - Fused Glass		
	6:00pm - Basic Drawing	2:00pm - Acrylic Painting	3:00pm - Oil Painting Studio	5:30pm - Beginning Waterco		
		2:30pm - Walking	4:00pm - Sew What Sewing	6:00pm - Digital Photograph		
		6:00pm - Open Pottery Studi	6:00pm - Wood Carving Clu	7:00pm - Ballroom Dance Cl		
						30

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