

Passmore Center - Activity Calendar

November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:00am - Billiards ¹	8:00am - Billiards ²	8:00am - Billiards ³	9:00am - Holiday Craft Sho ⁴
			8:30am - SHIP	9:30am - Line Dance	8:00am - Table Tennis	9:00am - Holiday Craft Sho
			8:45am - Pacesetter Class	9:30am - Blood pressure ch	9:00am - Leatherworks	9:00am - Holiday Craft Sho
			9:00am - Leatherworks	10:00am - Creative Crafters	9:00am - Rummikub	9:00am - Holiday Craft Sho
			10:00am - Garden Club	10:00am - Project EngAGE T	9:30am - Rook	
			10:00am - Dominoes	10:00am - Gentle Joy of Yog	9:30am - NC Symphony-Tch	
			10:00am - Senior Times 101	10:00am - Dominoes	10:00am - Dominoes	
			10:00am - Karaoke Sing A Lo	10:00am - Strong and Steady	10:00am - Open Artist Studio/	
			10:00am - Transportation Info	10:00am - Hillsb. Garden Clu	10:00am - Games	
			10:00am - Aerobics	10:30am - Scrabble Talk	11:00am - Silver Sneakers	
			10:00am - Strength Training f	12:00pm - Lunch	11:00am - Care Partner Resp	
			10:30am - Knitting-Beginning	12:00pm - Physical Therapy	12:00pm - Lunch	
			11:00am - Silver Sneakers	12:00pm - Wii-open play	12:30pm - Mah Jong	
			11:15am - Ageless Grace	12:30pm - SHIP	1:00pm - Hand & Foot Card	



Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			12:00pm - Tax-free Investing:	1:00pm - Bakgammon & Ch	1:30pm - Open Pottery Studi	
			12:00pm - Lunch	1:00pm - Spades	2:00pm - Busy Beaders	
			12:30pm - Beginning Pottery	1:00pm - Digital Photograph	2:00pm - Pickle Ball	
			1:00pm - Wood Carving Clu	1:30pm - Advanced Waterco		
			1:00pm - Contract Bridge	1:30pm - Christmas on a Sh		
			1:00pm - Hand & Foot Card	2:00pm - Shuffleboard		
			2:00pm - Pickle Ball	3:30pm - Staff Meeting		
			3:00pm - Oil Painting	4:00pm - Fused Glass		
			4:00pm - Sew What Sewing	5:30pm - Beginning Waterco		
			6:00pm - Wood Carving Clu	7:00pm - Ballroom Dance Cl		

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
	8:00am - Intern	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Swim meet
	8:00am - Billiards	8:30am - SHIP	8:30am - SHIP	9:30am - Blood pressure ch	8:30am - Veteran's Apprecia	8:00am - Swim meet
	8:45am - Pacesetter Class	9:00am - Farmers' Market at	8:45am - Pacesetter Class	9:30am - Line Dance	8:45am - True Blue UNC To	9:00am - Sportsplex Class
	9:00am - Rummikub	9:00am - Rummikub	9:00am - Fit Feet-Nov	10:00am - Creative Crafters	9:00am - Leatherworks	11:00am - Swim meet
	10:00am - Project EngAGE	9:00am - Tap Dance-Beginn	9:00am - Leatherworks	10:00am - Project EngAGE T	9:00am - Rummikub	
	10:00am - Gentle Joy of Yog	10:00am - Quilting	9:00am - Rummikub	10:00am - Gentle Joy of Yog	9:00am - Physical Function	
	10:00am - Dominoes	10:00am - Dominoes	9:00am - Veteran's Caregiv	10:00am - Dominoes	9:30am - Rook	
	10:00am - Jolly 79ers Club	10:00am - Strong and Steady	10:00am - Garden Club	10:00am - Strong and Steady	10:00am - Dominoes	
	10:00am - Aerobics	10:00am - Inspirational Topic	10:00am - Dominoes	10:00am - Bus Riding 101	10:00am - Open Artist Studio/	
	10:00am - Open Pottery Studi	10:00am - TOPS Weigh in	10:00am - Karaoke Sing A Lo	10:30am - Scrabble Talk	10:00am - Games	
	10:00am - Games	10:00am - Games	10:00am - Aerobics	12:00pm - Lunch	11:00am - Silver Sneakers	
	11:00am - Silver Sneakers	10:00am - Tap Dance-Intern	10:00am - Strength Training f	12:00pm - Tell All	11:00am - Care Partner Resp	
	12:00pm - Lunch	11:00am - Take off pounds s	10:30am - Knitting-Beginning	12:00pm - Physical Therapy	12:00pm - Lunch	
	12:00pm - Birthday Party-Nov	12:00pm - Lunch	10:30am - Pain Management	12:00pm - Wii-open play	12:30pm - Mah Jong	

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Passmore Center Activity Calendar

November 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

5

12:30pm - SHIIP
 12:30pm - Pottery
 1:00pm - Contract Bridge
 1:00pm - Hand & Foot Card
 1:00pm - Card Making
 2:00pm - Line Dance
 3:00pm - Oil Painting
 4:30pm - Tai Chi -Chen
 5:00pm - Pickle Ball
 5:30pm - Tarheel Depressio
 5:30pm - Cooking and Dinn
 6:00pm - Basic Drawing
 6:00pm - Tai Chi Wu/Hao
 6:00pm - Pottery Class

6

12:00pm - Physical Therapy
 12:30pm - Mah Jong
 1:00pm - Chess
 1:00pm - Line Dance
 2:00pm - Acrylic Painting
 2:30pm - Walking
 3:30pm - Project EngAGE-S
 4:00pm - Caregivers' Suppo
 6:00pm - Open Pottery Studi
 6:00pm - Digital Photograph
 6:00pm - Digital Photograph

7

11:00am - Silver Sneakers
 11:15am - Ageless Grace
 12:00pm - Lunch
 12:30pm - Beginning Pottery
 1:00pm - Wood Carving Clu
 1:00pm - Contract Bridge
 1:00pm - Hand & Foot Card
 2:00pm - Pickle Ball
 3:00pm - Oil Painting
 4:00pm - Sew What Sewing
 4:15pm - Senior Care
 5:30pm - Zentangle
 6:00pm - Wood Carving Clu

8

12:30pm - SHIIP
 1:00pm - Bakgammon & Ch
 1:00pm - Spades
 1:00pm - Digital Photograph
 1:15pm - Flicks at Passmore
 1:30pm - Advanced Waterco
 3:30pm - Staff Meeting
 4:00pm - Fused Glass
 5:30pm - Beginning Waterco
 7:00pm - Ballroom Dance Cl

9

1:00pm - Hand & Foot Card
 1:30pm - Open Pottery Studi
 2:00pm - Busy Beaders
 2:00pm - Pickle Ball

10

11

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

12	13	14	15	16	17	18
8:00am - Swim meet	8:00am - Intern	8:00am - Billiards	8:00am - Billiards	8:00am - Hillsborough Senio	8:00am - Billiards	8:00am - Swim meet
8:00am - Swim meet	8:00am - Billiards	8:30am - SHIP	8:30am - SHIP	8:00am - Billiards	9:00am - Leatherworks	8:00am - Swim meet
8:00am - Swim meet	8:45am - Pacesetter Class	9:00am - Farmers' Market at	8:45am - Pacesetter Class	9:30am - Blood pressure ch	9:00am - Rummikub	9:00am - Sportsplex Class
	9:00am - Rummikub	9:00am - Rummikub	9:00am - Leatherworks	9:30am - Line Dance	9:00am - Physical Function	11:00am - Swim meet
	10:00am - Gentle Joy of Yog	9:00am - Tap Dance-Beginn	9:00am - Rummikub	10:00am - Creative Crafters	9:30am - Rook	
	10:00am - Dominoes	10:00am - Quilting	10:00am - Garden Club	10:00am - Project EngAGE T	10:00am - Dominoes	
	10:00am - Aerobics	10:00am - Dominoes	10:00am - Dominoes	10:00am - Gentle Joy of Yog	10:00am - Open Artist Studio/	
	10:00am - Open Pottery Studi	10:00am - Strong and Steady	10:00am - Karaoke Sing A Lo	10:00am - Dominoes	10:00am - Games	
	10:00am - Games	10:00am - Inspirational Topic	10:00am - Aerobics	10:00am - Strong and Steady	10:30am - Thanksgiving Lunc	
	11:00am - Silver Sneakers	10:00am - TOPS Weigh in	10:00am - Strength Training f	10:30am - Scrabble Talk	11:00am - Silver Sneakers	
	12:00pm - Lunch	10:00am - Games	10:30am - Knitting-Beginning	12:00pm - Lunch	11:00am - Care Partner Resp	
	12:30pm - SHIP	10:00am - Tap Dance-Interm	11:00am - Silver Sneakers	12:00pm - Physical Therapy	12:30pm - Mah Jong	
	12:30pm - Pottery	10:30am - Southern Supreme	11:15am - Ageless Grace	12:00pm - Wii-open play	1:00pm - Hand & Foot Card	
	1:00pm - Contract Bridge	11:00am - Take off pounds s	12:00pm - Lunch	12:30pm - SHIP	1:30pm - Open Pottery Studi	

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

12

13

14

15

16

17

18

1:00pm - Hand & Foot Card

12:00pm - Lunch

12:30pm - Beginning Pottery

1:00pm - Bakgammon & Ch

2:00pm - Busy Beaders

1:00pm - Travel Club

12:00pm - Physical Therapy

1:00pm - Wood Carving Clu

1:00pm - Spades

2:00pm - Pickle Ball

1:00pm - Card Making

12:30pm - Mah Jong

1:00pm - Contract Bridge

1:00pm - Digital Photograph

2:00pm - Line Dance

1:00pm - Chess

1:00pm - Hand & Foot Card

1:30pm - Advanced Waterco

3:00pm - Oil Painting

1:00pm - Line Dance

1:00pm - Parkinson's Suppo

2:00pm - Shuffleboard

3:00pm - Art Show Receptio

2:00pm - Acrylic Painting

2:00pm - Pickle Ball

3:30pm - Adult Care Home

4:30pm - Tai Chi -Chen

2:30pm - Walking

3:00pm - Oil Painting

3:30pm - Staff Meeting

5:00pm - Pickle Ball

6:00pm - Open Pottery Studi

4:00pm - Sew What Sewing

4:00pm - Fused Glass

5:30pm - Cooking and Dinn

6:00pm - Digital Photograph

6:00pm - Wood Carving Clu

5:30pm - Beginning Waterco

6:00pm - Basic Drawing

6:00pm - Digital Photograph

7:00pm - Ballroom Dance Cl

6:00pm - Tai Chi Wu/Hao

6:00pm - Pottery Class

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

19	20	21	22	23	24	25
8:00am - Swim meet	8:00am - Intern	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
8:00am - Swim meet	8:00am - Billiards	8:30am - SHIP	8:30am - SHIP	9:30am - Blood pressure ch	9:00am - Leatherworks	
8:00am - Swim meet	8:45am - Pacesetter Class	9:00am - Farmers' Market at	8:45am - Pacesetter Class	9:30am - Line Dance	9:00am - Rummikub	
	9:00am - Rummikub	9:00am - Rummikub	8:45am - Healthy Carolinian	10:00am - Creative Crafters	9:30am - Rook	
	9:30am - Friends of Passmo	9:00am - Tap Dance-Beginn	9:00am - Fit Feet-Nov	10:00am - Project EngAGE T	10:00am - Dominoes	
	10:00am - Gentle Joy of Yog	10:00am - Quilting	9:00am - Leatherworks	10:00am - Gentle Joy of Yog	10:00am - Open Artist Studio/	
	10:00am - Dominoes	10:00am - Dominoes	9:00am - Rummikub	10:00am - Dominoes	10:00am - Games	
	10:00am - Aerobics	10:00am - Strong and Steady	10:00am - Garden Club	10:00am - Strong and Steady	11:00am - Silver Sneakers	
	10:00am - Open Pottery Studi	10:00am - Inspirational Topic	10:00am - Dominoes	10:30am - Scrabble Talk	11:00am - Care Partner Resp	
	10:00am - Games	10:00am - TOPS Weigh in	10:00am - Karaoke Sing A Lo	12:00pm - Physical Therapy	12:30pm - Mah Jong	
	11:00am - Silver Sneakers	10:00am - Games	10:00am - Aerobics	12:00pm - Wii-open play	1:00pm - Hand & Foot Card	
	12:00pm - Lunch	10:00am - Tap Dance-Interm	10:00am - Strength Training f	12:30pm - SHIP	1:30pm - Open Pottery Studi	
	12:30pm - SHIP	11:00am - Take off pounds s	10:30am - Knitting-Beginning	1:00pm - Bakgammon & Ch	2:00pm - Busy Beaders	
	12:30pm - Pottery	12:00pm - Lunch	11:00am - Silver Sneakers	1:00pm - Spades	2:00pm - Pickle Ball	

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	19	20	21	22	23	24
	1:00pm - Contract Bridge	12:00pm - Physical Therapy	11:15am - Ageless Grace	1:00pm - Digital Photograph		25
	1:00pm - Hand & Foot Card	12:30pm - Mah Jong	12:00pm - Lunch	2:00pm - Shuffleboard		
	1:00pm - Card Making	1:00pm - Chess	12:30pm - Beginning Pottery	3:30pm - Staff Meeting		
	2:00pm - Memory Cafe	1:00pm - Line Dance	1:00pm - Wood Carving Clu	4:00pm - Fused Glass		
	2:00pm - Line Dance	2:00pm - Acrylic Painting	1:00pm - Contract Bridge	5:30pm - Beginning Waterco		
	3:00pm - Oil Painting	2:30pm - Walking	1:00pm - Hand & Foot Card	7:00pm - Ballroom Dance Cl		
	4:30pm - Tai Chi -Chen	3:30pm - Project EngAGE-S	2:00pm - Pickle Ball			
	5:00pm - Pickle Ball	6:00pm - Open Pottery Studi	3:00pm - Oil Painting			
	5:00pm - NCCU Alumni Ass	6:00pm - Digital Photograph	4:00pm - Sew What Sewing			
	5:30pm - Cooking and Dinn	6:00pm - Digital Photograph	6:00pm - Wood Carving Clu			
	6:00pm - Basic Drawing					
	6:00pm - Tai Chi Wu/Hao					
	6:00pm - Pottery Class					

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

26

8:00am - Intern
 8:00am - Billiards
 8:45am - Pacesetter Class
 9:00am - Rummikub
 10:00am - Gentle Joy of Yog
 10:00am - Dominoes
 10:00am - Aerobics
 10:00am - Open Pottery Studi
 10:00am - Games
 11:00am - Silver Sneakers
 12:00pm - Lunch
 12:30pm - SHIIP
 12:30pm - Pottery
 1:00pm - Contract Bridge

27

8:00am - Billiards
 8:30am - SHIIP
 9:00am - SEANC
 9:00am - Farmers' Market at
 9:00am - Rummikub
 9:00am - Tap Dance-Beginn
 10:00am - Quilting
 10:00am - Dominoes
 10:00am - Strong and Steady
 10:00am - Inspirational Topic
 10:00am - TOPS Weigh in
 10:00am - Games
 10:00am - Tap Dance-Interm
 11:00am - Take off pounds s

28

8:00am - Billiards
 8:30am - SHIIP
 8:45am - Pacesetter Class
 9:00am - Leatherworks
 9:00am - Rummikub
 10:00am - Garden Club
 10:00am - Dominoes
 10:00am - Karaoke Sing A Lo
 10:00am - Aerobics
 10:00am - Strength Training f
 10:30am - Knitting-Beginning
 11:00am - Silver Sneakers
 11:15am - Ageless Grace
 12:00pm - Lunch

29

8:00am - Billiards
 9:30am - Blood pressure ch
 9:30am - Line Dance
 10:00am - Creative Crafters
 10:00am - Project EngAGE T
 10:00am - Gentle Joy of Yog
 10:00am - Dominoes
 10:00am - Strong and Steady
 10:30am - Scrabble Talk
 12:00pm - Lunch
 12:00pm - Physical Therapy
 12:00pm - Wii-open play
 12:30pm - SHIIP
 1:00pm - Bakgammon & Ch

30

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Passmore Center - Activity Calendar

November 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

26

1:00pm - Hand & Foot Card
1:00pm - Card Making
2:00pm - Line Dance
2:00pm - Senior Times 101
3:00pm - Oil Painting
4:30pm - Tai Chi -Chen
5:00pm - Pickle Ball
5:30pm - Cooking and Dinn
6:00pm - Basic Drawing
6:00pm - Tai Chi Wu/Hao
6:00pm - Pottery Class

27

12:00pm - Lunch
12:00pm - Physical Therapy
12:30pm - Mah Jong
1:00pm - Chess
1:00pm - Line Dance
2:00pm - Acrylic Painting
6:00pm - Open Pottery Studi
6:00pm - Digital Photograph

28

12:30pm - Beginning Pottery
1:00pm - Wood Carving Clu
1:00pm - Contract Bridge
1:00pm - Hand & Foot Card
2:00pm - Prime Time Player
3:00pm - Oil Painting
4:00pm - Sew What Sewing
6:00pm - Wood Carving Clu

29

1:00pm - Spades
1:00pm - Digital Photograph
1:30pm - Advanced Waterco
2:00pm - Shuffleboard
3:30pm - Staff Meeting
4:00pm - Fused Glass
5:30pm - Beginning Waterco
7:00pm - Ballroom Dance Cl

30

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