

Passmore Center Activity Calendar

August 2017

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		1	2	3	4	5
		8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
		9:00am - Rummikub	8:45am - Pacesetter Class	9:30am - Intern	9:00am - Leatherworks	
		9:00am - Tap Dance-Beginn	9:00am - Leatherworks	9:30am - Line Dance	9:00am - Rummikub	
		9:00am - Farmers' Market at	9:00am - Rummikub	9:30am - Blood pressure ch	9:00am - SHIIP	
		9:00am - SHIIP	10:00am - Intern	10:00am - Strong and Steady	9:30am - Rook	
		10:00am - Strong and Steady	10:00am - Strength Training f	10:00am - Gentle Joy of Yog	10:00am - Tai Chi-Arthritis Fo	
		10:00am - Inspirational Topic	10:00am - Dominoes	10:00am - Dominoes	10:00am - Dominoes	
		10:00am - Quilting	10:00am - Karaoke Sing A Lo	10:00am - Creative Crafters	10:00am - Games	
		10:00am - Dominoes	10:00am - Aerobics	10:00am - In-home Care Wor	10:00am - Open Artist Studio/	
		10:00am - Games	10:00am - Garden Club	10:30am - Scrabble Talk	10:30am - Summer Bingo	
		10:00am - Tap Dance-Interm	10:30am - Knitting with Childr	12:00pm - Lunch	11:00am - Care Partner Resp	
		10:00am - TOPS Weigh in	11:00am - Silver Sneakers	12:00pm - Wii-open play	11:00am - Silver Sneakers	
		11:00am - Take off pounds s	12:00pm - Lunch	12:00pm - Physical Therapy	12:00pm - Lunch	
		12:00pm - Lunch	12:00pm - Outsmart the Sca	1:00pm - Maintenance	12:30pm - Mah Jong	



NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		1	2	3	4	5
		12:00pm - Physical Therapy	12:30pm - Beginning Pottery	1:00pm - Bakgammon & Ch	1:00pm - Hand & Foot Card	
		12:30pm - Mah Jong	1:00pm - Hand & Foot Card	1:00pm - Digital Photograph	1:30pm - Open Pottery Studi	
		1:00pm - Chess	1:00pm - Senior Times 101	1:00pm - Spades	2:00pm - Pickle Ball	
		1:00pm - Line Dance	1:00pm - Wood Carving Clu	1:30pm - Advanced Waterco	2:00pm - Busy Beaders	
		2:00pm - Acrylic Painting	1:00pm - Contract Bridge	4:00pm - Fused Glass		
		2:00pm - Get the Most Out o	2:00pm - Pickle Ball	5:30pm - Beginning Waterco		
		2:30pm - Walking	2:00pm - Rehearsal	6:00pm - Project EngAGE		
		3:30pm - Project EngAGE	3:00pm - Oil Painting Studio	7:00pm - Ballroom Dance Cl		
		4:00pm - Caregivers' Suppo	4:00pm - Sew What Sewing			
		6:00pm - Digital Photograph	6:00pm - Wood Carving Clu			
		6:00pm - Open Pottery Studi				

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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
	8:45am - Pacesetter Class	9:00am - Rummikub	8:45am - Pacesetter Class	9:00am - One Stop Shop Cli	9:00am - Leatherworks	
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	9:00am - Fit Feet-Aug	9:00am - One Stop Shop Cli	9:00am - Rummikub	
	10:00am - Intern	9:00am - Farmers' Market at	9:00am - Leatherworks	9:30am - Intern	9:00am - Physical Function	
	10:00am - Project EngAGE	9:00am - SHIP	9:00am - Rummikub	9:30am - Line Dance	9:00am - SHIP	
	10:00am - Gentle Joy of Yog	10:00am - Strong and Steady	9:00am - Veteran's Caregiv	9:30am - Blood pressure ch	9:30am - Rook	
	10:00am - Dominoes	10:00am - Inspirational Topic	10:00am - Intern	10:00am - Strong and Steady	10:00am - Tai Chi-Arthritis Fo	
	10:00am - Games	10:00am - Quilting	10:00am - Strength Training f	10:00am - Gentle Joy of Yog	10:00am - Dominoes	
	10:00am - Open Pottery Studi	10:00am - Dominoes	10:00am - Dominoes	10:00am - Dominoes	10:00am - Games	
	10:00am - Jolly 79ers Club	10:00am - Games	10:00am - Karaoke Sing A Lo	10:00am - Creative Crafters	10:00am - Open Artist Studio/	
	10:00am - Aerobics	10:00am - Tap Dance-Interm	10:00am - Aerobics	10:00am - In-home Care Wor	11:00am - Care Partner Resp	
	11:00am - Silver Sneakers	10:00am - Dementia Basics	10:00am - Garden Club	10:30am - Scrabble Talk	11:00am - Silver Sneakers	
	12:00pm - Birthday Party	10:00am - TOPS Weigh in	10:30am - Knitting with Childr	12:00pm - Lunch	11:00am - Table Tennis	
	12:00pm - Lunch	11:00am - Take off pounds s	11:00am - Silver Sneakers	12:00pm - Wii-open play	12:00pm - Lunch	

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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

6

12:30pm - Pottery Class
1:00pm - Hand & Foot Card
1:00pm - Contract Bridge
1:00pm - Card Making-Aug
2:00pm - Line Dance
3:00pm - Oil Painting
4:00pm - SHIIP
4:30pm - Tai Chi -Chen
5:00pm - Pickle Ball
5:30pm - Tarheel Depressio
5:30pm - Cooking and Dinn
6:00pm - Tai Chi Wu/Hao
6:00pm - Basic Drawing

7

12:00pm - Lunch
12:00pm - Physical Therapy
12:30pm - Mah Jong
1:00pm - Chess
1:00pm - Line Dance
1:00pm - Advisory Board on
2:00pm - Acrylic Painting
3:00pm - Tattoo & Tunes Ha
6:00pm - Digital Photograph
6:00pm - Open Pottery Studi

8

11:15am - Ageless Grace
12:00pm - Lunch
12:30pm - Beginning Pottery
1:00pm - Hand & Foot Card
1:00pm - Wood Carving Clu
1:00pm - Contract Bridge
2:00pm - Pickle Ball
2:00pm - Rehearsal
3:00pm - Oil Painting Studio
4:00pm - Sew What Sewing
6:00pm - Wood Carving Clu

9

12:00pm - Physical Therapy
12:00pm - Thursday Tell All
1:00pm - Bakgammon & Ch
1:00pm - Digital Photograph
1:00pm - Spades
1:15pm - Flicks at Passmore
1:30pm - Advanced Waterco
4:00pm - Fused Glass
5:30pm - Beginning Waterco
7:00pm - Ballroom Dance Cl

10

12:30pm - Mah Jong
1:00pm - Hand & Foot Card
1:30pm - Open Pottery Studi
2:00pm - Pickle Ball
2:00pm - Busy Beaders

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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

13	<p>8:00am - Billiards</p> <p>8:45am - Pacesetter Class</p> <p>9:00am - Rummikub</p> <p>10:00am - Gentle Joy of Yog</p> <p>10:00am - Dominoes</p> <p>10:00am - Games</p> <p>10:00am - Open Pottery Studi</p> <p>10:00am - Aerobics</p> <p>11:00am - Silver Sneakers</p> <p>12:00pm - Lunch</p> <p>12:30pm - Pottery Class</p> <p>1:00pm - Hand & Foot Card</p> <p>1:00pm - Contract Bridge</p> <p>1:00pm - Card Making-Aug</p>	14	<p>8:00am - Billiards</p> <p>9:00am - NC Museum of His</p> <p>9:00am - Rummikub</p> <p>9:00am - Tap Dance-Beginn</p> <p>9:00am - Farmers' Market at</p> <p>9:00am - SHIIP</p> <p>10:00am - Strong and Steady</p> <p>10:00am - Inspirational Topic</p> <p>10:00am - Quilting</p> <p>10:00am - Dominoes</p> <p>10:00am - Games</p> <p>10:00am - Tap Dance-Interm</p> <p>10:00am - Dementia Basics</p> <p>10:00am - TOPS Weigh in</p>	15	<p>8:00am - Billiards</p> <p>8:45am - Pacesetter Class</p> <p>9:00am - Leatherworks</p> <p>9:00am - Rummikub</p> <p>10:00am - Strength Training f</p> <p>10:00am - Public Trip-Southp</p> <p>10:00am - Dominoes</p> <p>10:00am - Karaoke Sing A Lo</p> <p>10:00am - Aerobics</p> <p>10:00am - Garden Club</p> <p>10:30am - Knitting with Childr</p> <p>11:00am - Silver Sneakers</p> <p>11:15am - Ageless Grace</p> <p>12:00pm - Lunch</p>	16	<p>8:00am - Hillsborough Senio</p> <p>8:00am - Billiards</p> <p>9:30am - Line Dance</p> <p>9:30am - Blood pressure ch</p> <p>10:00am - Strong and Steady</p> <p>10:00am - Project EngAGE</p> <p>10:00am - Gentle Joy of Yog</p> <p>10:00am - Dominoes</p> <p>10:00am - Creative Crafters</p> <p>10:30am - Scrabble Talk</p> <p>12:00pm - Lunch</p> <p>12:00pm - Wii-open play</p> <p>12:00pm - Physical Therapy</p> <p>1:00pm - Bakgammon & Ch</p>	17	<p>8:00am - Billiards</p> <p>9:00am - Leatherworks</p> <p>9:00am - Rummikub</p> <p>9:00am - Physical Function</p> <p>9:00am - SHIIP</p> <p>9:30am - Rook</p> <p>10:00am - Tai Chi-Arthritis Fo</p> <p>10:00am - Dominoes</p> <p>10:00am - Games</p> <p>10:00am - Open Artist Studio/</p> <p>11:00am - Care Partner Resp</p> <p>11:00am - Silver Sneakers</p> <p>11:00am - Table Tennis</p> <p>12:00pm - Lunch</p>	18	<p>9:00am - Sportsplex Class</p>	19
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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

13

1:00pm - Travel Club

2:00pm - Line Dance

3:00pm - Oil Painting

4:00pm - SHIIP

4:30pm - Tai Chi -Chen

5:00pm - Pickle Ball

5:30pm - Cooking and Dinn

6:00pm - Tai Chi Wu/Hao

6:00pm - Basic Drawing

14

11:00am - Take off pounds s

12:00pm - Lunch

12:00pm - Physical Therapy

12:30pm - Mah Jong

1:00pm - Chess

1:00pm - Line Dance

2:00pm - Acrylic Painting

2:30pm - Walking

3:30pm - Project EngAGE

6:00pm - Digital Photograph

6:00pm - Open Pottery Studi

15

12:30pm - Beginning Pottery

1:00pm - Hand & Foot Card

1:00pm - Wood Carving Clu

1:00pm - Contract Bridge

2:00pm - Pickle Ball

2:00pm - Rehearsal

3:00pm - Oil Painting Studio

4:00pm - Sew What Sewing

6:00pm - Wood Carving Clu

16

1:00pm - Digital Photograph

1:00pm - Spades

1:30pm - Advanced Waterco

4:00pm - Fused Glass

5:30pm - Caribbean Night P

5:30pm - Beginning Waterco

7:00pm - Ballroom Dance CI

17

12:30pm - Mah Jong

1:00pm - Hand & Foot Card

1:30pm - Open Pottery Studi

2:00pm - Pickle Ball

2:00pm - Busy Beaders

18

19

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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

20	21	22	23	24	25	26
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	9:00am - Sportsplex Class
	8:45am - Pacesetter Class	9:00am - Rummikub	8:45am - Pacesetter Class	9:30am - Line Dance	9:00am - Leatherworks	11:30am - Affordable Housin
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	8:45am - Healthy Carolinian	9:30am - Blood pressure ch	9:00am - Rummikub	
	9:30am - Friends of Passmo	9:00am - Farmers' Market at	9:00am - Fit Feet-Aug	10:00am - Strong and Steady	9:00am - SHIIP	
	10:00am - Gentle Joy of Yog	9:00am - SHIIP	9:00am - Leatherworks	10:00am - Gentle Joy of Yog	9:30am - Korner's Folly	
	10:00am - Dominoes	9:00am - SEANC	9:00am - Rummikub	10:00am - Dominoes	9:30am - Rook	
	10:00am - Games	10:00am - Strong and Steady	10:00am - Strength Training f	10:00am - Creative Crafters	10:00am - Tai Chi-Arthritis Fo	
	10:00am - Open Pottery Studi	10:00am - Inspirational Topic	10:00am - Dominoes	10:30am - Scrabble Talk	10:00am - Dominoes	
	10:00am - Aerobics	10:00am - Quilting	10:00am - Karaoke Sing A Lo	12:00pm - Lunch	10:00am - Games	
	11:00am - Silver Sneakers	10:00am - Dominoes	10:00am - Aerobics	12:00pm - Wii-open play	10:00am - Open Artist Studio/	
	12:00pm - Lunch	10:00am - Games	10:00am - Garden Club	12:00pm - Physical Therapy	11:00am - Care Partner Resp	
	12:30pm - Pottery Class	10:00am - Tap Dance-Interm	10:30am - Knitting with Childr	12:00pm - Thursday Tell All	11:00am - Silver Sneakers	
	1:00pm - Hand & Foot Card	10:00am - TOPS Weigh in	11:00am - Silver Sneakers	1:00pm - Bakgammon & Ch	11:00am - Table Tennis	
	1:00pm - Contract Bridge	11:00am - Take off pounds s	11:15am - Ageless Grace	1:00pm - Digital Photograph	12:00pm - Lunch	

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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

20	21	22	23	24	25	26
	1:00pm - Card Making-Aug 2:00pm - Memory Cafe 2:00pm - Line Dance 3:00pm - Oil Painting 4:00pm - SHIIP 4:30pm - Tai Chi -Chen 5:00pm - Pickle Ball 5:00pm - NCCU Alumni Ass 5:30pm - Cooking and Dinn 6:00pm - Tai Chi Wu/Hao 6:00pm - Basic Drawing	12:00pm - Lunch 12:00pm - Physical Therapy 12:30pm - Mah Jong 1:00pm - Chess 1:00pm - Line Dance 2:00pm - Acrylic Painting 2:30pm - Walking 6:00pm - Digital Photograph 6:00pm - Open Pottery Studi	11:15am - Parkinson's Suppo 12:00pm - Lunch 12:30pm - Beginning Pottery 1:00pm - Hand & Foot Card 1:00pm - Wood Carving Clu 1:00pm - Contract Bridge 2:00pm - Pickle Ball 2:00pm - Rehearsal 2:30pm - Make and Take M 3:00pm - Oil Painting Studio 4:00pm - Sew What Sewing 6:00pm - Wood Carving Clu	1:00pm - Spades 4:00pm - Fused Glass 5:30pm - Beginning Waterco 7:00pm - Ballroom Dance Cl	12:30pm - Mah Jong 1:00pm - Hand & Foot Card 1:30pm - Open Pottery Studi 2:00pm - Pickle Ball 2:00pm - Busy Beaders	

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August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

27	<p>8:00am - Billiards</p> <p>8:45am - Pacesetter Class</p> <p>9:00am - Rummikub</p> <p>10:00am - Gentle Joy of Yog</p> <p>10:00am - Dominoes</p> <p>10:00am - Games</p> <p>10:00am - Open Pottery Studi</p> <p>10:00am - Aerobics</p> <p>11:00am - Silver Sneakers</p> <p>12:00pm - Lunch</p> <p>12:30pm - Pottery Class</p> <p>1:00pm - Hand & Foot Card</p> <p>1:00pm - Contract Bridge</p> <p>1:00pm - Card Making-Aug</p>	28	<p>8:00am - Billiards</p> <p>9:00am - Rummikub</p> <p>9:00am - Tap Dance-Beginn</p> <p>9:00am - Farmers' Market at</p> <p>9:00am - SHIP</p> <p>10:00am - Strong and Steady</p> <p>10:00am - Inspirational Topic</p> <p>10:00am - Quilting</p> <p>10:00am - Dominoes</p> <p>10:00am - Games</p> <p>10:00am - Tap Dance-Interm</p> <p>10:00am - Dementia Basics</p> <p>10:00am - TOPS Weigh in</p> <p>11:00am - Take off pounds s</p>	29	<p>8:00am - Billiards</p> <p>8:45am - Pacesetter Class</p> <p>8:45am - Healthy Carolinian</p> <p>9:00am - Leatherworks</p> <p>9:00am - Rummikub</p> <p>10:00am - Strength Training f</p> <p>10:00am - Dominoes</p> <p>10:00am - Karaoke Sing A Lo</p> <p>10:00am - Aerobics</p> <p>10:00am - Garden Club</p> <p>11:00am - Silver Sneakers</p> <p>11:15am - Ageless Grace</p> <p>12:00pm - Lunch</p> <p>12:30pm - Beginning Pottery</p>	30	<p>8:00am - Billiards</p> <p>9:30am - Line Dance</p> <p>9:30am - Blood pressure ch</p> <p>10:00am - Strong and Steady</p> <p>10:00am - Gentle Joy of Yog</p> <p>10:00am - Dominoes</p> <p>10:00am - Creative Crafters</p> <p>10:30am - Scrabble Talk</p> <p>12:00pm - Lunch</p> <p>12:00pm - Wii-open play</p> <p>12:00pm - Physical Therapy</p> <p>1:00pm - Bakgammon & Ch</p> <p>1:00pm - Spades</p> <p>4:00pm - Fused Glass</p>	31		
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Passmore Center Activity Calendar

August 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

27

2:00pm - Line Dance

3:00pm - Oil Painting

4:00pm - SHIIP

4:30pm - Tai Chi -Chen

5:00pm - Pickle Ball

5:30pm - Cooking and Dinn

6:00pm - Tai Chi Wu/Hao

6:00pm - Basic Drawing

28

12:00pm - Lunch

12:00pm - Physical Therapy

12:30pm - Mah Jong

1:00pm - Chess

1:00pm - Line Dance

2:30pm - Walking

6:00pm - Digital Photograph

6:00pm - Open Pottery Studi

29

1:00pm - Hand & Foot Card

1:00pm - Wood Carving Clu

1:00pm - Contract Bridge

2:00pm - Pickle Ball

2:00pm - Rehearsal

3:00pm - Oil Painting Studio

4:00pm - Sew What Sewing

6:00pm - Wood Carving Clu

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5:30pm - Beginning Waterco

7:00pm - Ballroom Dance Cl

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