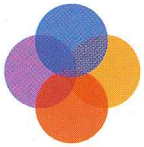
AGING TRANSITIONS TEAM



Mary Fraser, DSW
Administrator

Carla Allison, BSW
Social Worker

Eileen Apicella, BS
Transportation Specialist

Carolyn Jefferson, BSN
Caregivers Day Out Coordinator

Mary Lynn Piven, PHD RN
Mental Health Consultant

Beverly Shuford, BBA
Information and Benefits Specialist

Pam Tillett, MSW
Social Worker

Mary-Ann Weston, MSW
Social Worker

Jenny Womack, MS OTR/L
Occupational Therapy Consultant

Zhenzhen Yu, MSW
Bilingual Social Worker

ONE - STOP - SHOP LOCATIONS

Robert & Pearl Seymour Center
2551 Homestead Road
Chapel Hill, NC 27516
919.968.2070

Central Orange Senior Center
103 Meadowlands Drive
Hillsborough, NC 27278
(Adjacent to the Sportsplex)
919.245.2015

Visit us online:
www.orangecountync.gov/aging

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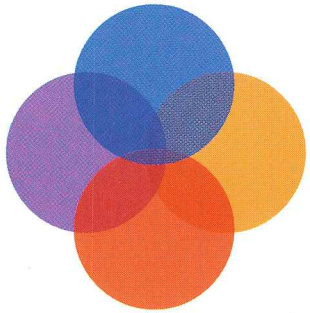
OrangeCountyDepartmentOnAging

Orange County Department on Aging

endless possibilities

ONE - STOP - SHOP



Aging Transitions Services

HELPLINE
919.968.2087

agingtransitions@orangecountync.gov

ONE - STOP - SHOP AGING TRANSITIONS SERVICES

**All services are offered at no charge to older adults living in Orange County.*

Information & Assistance Helpline
Resource information, consultation, and referrals to aging services available Monday-Friday, 9:00 a.m. - 4:00 p.m.

Chinese Helpline
Resource information, assistance and referrals. Please call 919.259.0232.

Insurance & Benefits
Counselors available by appointment to help clients understand and navigate the public benefits system.

Long & Short-Term Care Planning
Certified Options Counselors help develop person-centered plans for long and short-term care needs.

Caregiver Support Services
Dementia and Parkinson's caregiver support groups offered at both senior centers.

Caregiver Day Out Respite Program
Caregivers can drop their loved one off for supervised activities and lunch on Wednesdays, 11:00 a.m. - 4:00 p.m. Call 919.929.1742 for reservations.

ONE - STOP - SHOP BENEFITS

One-Stop-Shop is a collaboration between the Orange County Departments on Aging and Social Services.

Through One-Stop-Shop, residents can visit the County's Senior Centers to learn about and access a full range of aging-related services and supports.

The Aging Transitions Team is available to help people determine what services they are eligible for and to make plans for the future.

Contact Us Today!

919.968.2087

agingtransitions@orangecountync.gov

ONE - STOP - SHOP AGING TRANSITIONS SERVICES

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In-Home Safety Inspections
An Occupational Therapist is available to conduct home safety inspections and make recommendations that could help prevent falls and enhance mobility.

Public Transportation
A Transportation Specialist is available to help identify transportation options for non-drivers and help with accessing services. Transportation Call Center 919.717.1853, Monday-Friday.

Durable Medical Equipment
Donate gently used durable medical equipment to those in need.

Telephone Reassurance
Volunteers make "good morning" calls to those who live alone, Monday-Friday, between 8:00 a.m. - 9:30 a.m.

Friend to Friend Program
Community-based volunteers are matched with socially isolated seniors for companionship and friendship.