

## Volunteer Connect 55+ Listings

April-May 2015

a new volunteer program within the Orange County Dept on Aging

(rev 4-01-2015)

919-245-4240 245-4241 245-4243 | [www.orangecountync.gov/aging/volunteerconnect55](http://www.orangecountync.gov/aging/volunteerconnect55)

*VC55+...to enrich the lives of people 55+ in Orange County  
by connecting them to meaningful volunteer experiences in the community*

- 1 VOLUNTEER CALENDAR
- 2 SHORT-TERM OPPORTUNITIES
- 3 ONGOING VOLUNTEER NEEDS

### ANNOUNCEMENT

If you are currently volunteering with the **Dept on Aging, Senior Center Friends, VITA Tax Service or schools**, you will automatically become a member of the Volunteer Connect 55+ program.



### 1 VOLUNTEER CALENDAR

- **By April 10-Former RSVP Volunteers**, please turn in your hours through March 31 to RSVP
- **Future Service Hours**-Volunteers with the following agencies and programs should continue to submit hours served after March 31 for local government final reports: **Dept on Aging, Friends of both Senior Centers, VITA Tax Service and both school districts**
- **Wondering where you can find out about opportunities to volunteer in the community?** Contact us about future orientation dates and resources
- **November** - Memory Screener Volunteers to interview clients on National Memory Screening Day, which focuses on early detection and intervention of memory problems. 3 hr shift at either senior center. Masters or professional degree in counseling, social work, nursing, etc.

### 2 SHORT-TERM OPPORTUNITIES

- **Interested in being a "Miss Daisy Driver"?** Are you a good driver with a desire to help an older adult get to services and other important locations? If you have a few hours a week to spare and a car, check out our new volunteer transportation program seeking volunteer drivers for the Orange County area. The program reimburses your gas and provides resource materials. Learn more by calling 919-717-1853 or [enilsen@orangecountync.gov](mailto:enilsen@orangecountync.gov)
- **Want to be a Friend to an older adult?** Client enjoys cooking and visiting farmer's markets. She no longer drives and misses looking through the produce. She would love to share an hour or so a week with a new Friend and go on some related outings
- **Did you know that research shows music can impact the lives of people living with memory loss?** Give the gift of music **once a month** to special people in assisted living so they can again listen to their favorite music in a familiar setting. Work with staff and the client's family to identify and download music to an IPOD. Check back once a month to update their music choices

### 3 ONGOING VOLUNTEER NEEDS

#### Are your computer or smart phone skills already tuned up?

Maybe you can share your skills with the Seymour Tech computer classes that focus on helping older adults learn about *their* new notebooks, smart phones, computers and more. Help the main instructor as a classroom coach or become an instructor.

- Visit: [www.seymourtechnologycenter.org](http://www.seymourtechnologycenter.org)
- Email: [mgilliom@gmail.com](mailto:mgilliom@gmail.com)



- **Want to be part of an active community center for older adults?** Become a Front Desk Volunteer. Meet new faces, orient visitors to the facility, answer phones and help with program registration. Openings at the Seymour Center, Tues OR Thurs 5-9 pm or part of Saturday between 9-5:30. You pick the time and schedule-once a week or once a month
- **Help monitor hypertension in the older population.** Qualified volunteers needed to become part of an on-call blood pressure nurse pool to serve as substitutes at either senior center. Current or retired state license for LPN or RN required



#### Want to help the senior center gardens either hands-on or indoors?

- **Garden Volunteers** have fun on work days and at meetings, getting to know each other and sharing interests and skills.
- They have a chance to work with Master Gardeners to decide plantings, adopt garden spots, keep a scrapbook, or work on their own in a flower bed at either Central Orange Senior Center in Hillsborough or at the Seymour Center in Chapel Hill.
- **Call about sharing your interests**