

ORANGE COUNTY
ADVISORY BOARD ON AGING

Minutes
November 11, 2014

PRESENT: Heather Altman, Alex Castro, Peggy Cohn, Winston Liao, Sandra Nash (representing Ed Flowers) Donna Prather, Dick White,

EXCUSED: Mary Altpeter, Ed Flowers, Lorenzo Mejia

STAFF: Eileen Apicella, Mary Fraser, Kathie Kearns, Janice Tyler

The meeting was called to order at the Central Orange Senior Center by Chair Heather Altman. Winston Liao was introduced as a newly-appointed Advisory Board member. The minutes of the October 14 meeting were approved following a motion made by Dick White and a second by Alex Castro.

Mary Fraser presented a summary of the Music In My Mind project activities in the absence of an Advisory Board liaison. The Long Term Care Collaborative has chosen this project as its focus for this year's Quality Service Awards. She announced that the Alive Inside documentary is now available on Netflix. The Chair suggested that a screening be scheduled prior to beginning the December 9 Advisory Board meeting. It was agreed that those interested members will meet at Carol Woods for lunch at 12:30pm. The film will be shown @ 12:45. The Advisory Board meeting will follow from 1:45 to 3:15.

Music in My Mind-MF: no Board rep since dan resigned. Mary summarizes. Scholarships for NH; 15 ipod shuffle. Initiative to improve quality of ltc. Qualit of Service award:MiMM is this year's focus. Deadline is tomorrow. 'Alive Inside" dvd; also available on Netflixs. Heather offers to host a showing: Dec 9 Bd meeting/movie: lunch @ 12:30 Movie-12:45; meeting @ 1:45; meeting until 3:15. DoA will buy dvd. Will asked for Bd representation to this committee after showing.

Alex-Trans Advisory Board is advirsrtising for membership. Rural reps met with NCDOT staff about cyclist safety. Could there be safety lanes in rural roads with poor visibility – Chuck Edwards.

Nursing Home rep Sandra Nash: new nominees for appointment Gerry Gregory and Jerry Scriber) who have attended and are being trained. Ed's term is expiring. Signature Health Care-changed administrators again to Turner Pickett. Ca Points is on 15 admin in 4 ½ years. Home office has come in 24/7- same owners; Winton-how does effect accreditation. As long as pass its o.k. Have both family and patient boards.

Eileen intro

Carolina Villages – Heather summarized: external interest to expand to Hillsborough, Durham or Chatham; currently running a special. 5 New board members. Interim Executive Director is being made permanent. MAP goal.

Friends of COSC – need a rep. could serve as ex-officio until opening in June. promoting a cruise to New England. Helped sponsor the breakfast.

Friends of Seymour: Goat Gala. Gotten great publicity.

CRC: state received federal grant to support activities. No money will trickle down but does show fed/st support. Reviewing procedures; surrounding counties are being looked at ; look at this organization when budgeting (MAP???)

STHL-Dick had no report

MOW's-Alex-bursting at the seams and lookgin 1735, 3367-doubled in 4 years. Hope to continue to grow-have the volunteers but need space and \$ for meals. Going to Alamance today where they cover their entire county. Norma White (Project EngAGE grad) working to expand in N O county.

Director's Report: our visit to Chelsey senior center. We are so lucky in Orange County. Mismatched chairs and Styrofoam plates.

VITA transfer: meeting with Chatham Co CoA; we will probably always be the training agent. They can apply for their own # \$\$: Public Policy students have been putting together a business plan for RSVP after the federal funds ends.

Japanese delegation-Mary: visited senior centers , Heather's house and Carol Woods on election day. Visited our ccrs. infor sharing on future trends. Similar models with multi levels of care with no membership. They also shared their multi-generational day care model in home-like facility. Heather; struck with creation of affordable housing for all incomes that are not accessible. 81% of their seniors die in the hospotal compared to 40-something. Their hospitals serve as long term care facilities.

Hospice? They have good medical insurance and have nationized LTC insurance to ease the hospital burden. Peggy-are they thinking elevators in the old bldgs? Yes. They wanted to look at 'motivation'.

Liao: what's the take-away that this Board to explore further? Combo housing and health – what we're doing was validated. We must change Medicare to a LTC insurance policy. JT-since last meeting the Housing expo was held with great response. ; 20 booths and 8 presenters; vendors were enthused; Heather-SHARP meeting the response was overwhelming positive . Maybe this should replace the Resource Fair. Could include home care providers. Alex-Habitat in OC build a duplex for TOCH that will be affordable housing for seniors – dedication this Friday. TOCH will manage it their Housing system. JT-at this morning's veterans breakfast an American Legion member mentioned they are interested inselling; Janice urged them to consider senior housing. Nancy-who allows them to 'opt out" for payment in lieu? The bank. Sequey to Community Home Trust. Units are available now due to lack of lenders.

Aging in Stride: more than 100 showed on the rainy day.

Project EngAGE- week 9 this Thursday. Current graduate class still meeting monthly.

Yvette Missri working with the teams. 27. Feisty and motivated. Alex-key word is 'team'. Wellness is last week's focus. Food scarcity. Could get public health intern this summer to explore.

JT will be doing an orientation for 3 new board members.

Something going to BOCC on Nov 18 re; space study findings. Alex-generator!!! Bond coming up.
Sheriff-elect at this mornigns meeting.
Nov 21 is Thanksgiving Dinner @ COSC.

STHL: budgeting cuts being rumored-contact your legislators. Valerie Foushee and Graig Meyer - Dick will invite him to what? JT-tour, lunch, bd mtg. Alex-helpful to develop point papter that could be used to educate elected officials.

Heather statistics with stories...putting the face on aging. Silver economy. Peggy: add statistic to annual report.
Project Engage: change words 27 people through 13 weeks

Insert Fabulousness; dynamic

Expand margins; remove fonts.
Mobilty mgr - what did that person accomplish?

Emergin issues: sc ec=xpansion; Heather-appendices?
Implementation for MAP attached.
Impact list as requested by Carol Woods.
Make it an annual report as well as BOCC report. Alex: transportation – recommended to OUTboard the expansion that is going to be implemented.

JT-bridge two fiscal years...will send it out to AB before submitted.

Eileen and Alex:

A-MAP year 3 : 2.4.2: implementation of new services by OPT
This Board can assist with getting the word out about this new service because if it is not used it will go away.

6.2.2: Complete Streets policy-more friendly streets for both pedestrians and cycling. In W Va a movement was promoted by AARP. Legislative packet-AB prepare resolution to BOCC recommending they include complete streets in their legislative package. Can encourage neighboring counties, STHL,; in other areas: why not us?

12" for trucks vs. 4" more for bikes. JT-we have already turned in current legislative agenda requests; could build a case for next year on complete streets.

Mary, Alex and Eileen met earlier to review MAP issues that the Board needs to address-could use a work group along with Towns and County to work on Complete Streets plan. If you have interest let Mf or EA know. Alex-countywide

Faith-based: PE continues to organize for the March 5, 1-3 event for 155 orgs that exist in OC.
Heather-next Wed there is a Carol Woods event with Dr. Gary Gundersson on Faith and Health.

Next Tuesday is Natl Memory Screening Day. (Nov 18).

Lorenzo just an award from Natl Alzheimers Assn award. Winston-also COPD month, which is the 3rd highest cause of death; mostly over age 65.