

Glossary of Housing Terms
2012-2017 Master Aging Plan
Housing Work Group

Senior Housing Net: <http://www.seniorhousingnet.com/care-selection/glossary.aspx?source=web>

Accessory Dwelling Units (ADU): A small self-contained dwelling unit located on the same lot as a detached house but is physically separated from the main house. Back-yard cottages typically include a living room, sleeping area, kitchen, and bathroom and have a lockable entrance door. A backyard cottage may also be located above the garage. Also known as granny flats/ in-law suite, garage apartments/backyard cottages. (source: <http://www.raleighpublicrecord.org/udo-2/2011/04/11/udo-day-5-granny-flats/>)

Assisted Living: provide supervision or assistance with activities of daily living (ADLs); coordination of services by outside health care providers; and monitoring of resident activities to help to ensure their health, safety, and well-being. Assistance may include the administration or supervision of medication, or personal care services provided by a trained staff person.*

CCRC: Continuing Care Retirement Communities, also known as a life-care community, is a type of retirement community where a number of aging care needs, from assisted living, independent living and nursing home care, may all be met in a single residence, whether in an apartment in a congregate housing facility, a room or apartment in an assisted living facility, and in a skilled nursing home. These various levels of shelter and care are housed on different floors or wings of a single high-rise building or in physically adjacent buildings, such as garden apartments, cottages, duplexes, mid- and low-rise buildings, or spread out in a campus setting.*

Co-Housing: A cohousing community is a type of intentional community composed of private homes with full kitchens, supplemented by extensive common facilities. A cohousing community is planned, owned and managed by the residents, groups of people who want more interaction with their neighbours.*

Family Care Home: A Family Care Home is a residential home with support and supervisory personnel by an agency, organization, or individual that provides room and board, personal care and habilitation services in a family environment for at least two and no more than six persons.*

NORC: A Naturally Occurring Retirement Community—or a NORC (rhymes with “fork”)—is a community that was not originally designed for seniors, but that has a large proportion of residents who are older adults (at least 60 years old).*

* source: Wikipedia