

# Community Engagement Existing Programs and Services

## 1) Isolation

- Senior Center and Programs
  - Potlucks, lunch, dances, special events, clubs, social outlet to connect
- Telephone Reassurance
  - Daily phone calls to home bound older adults
- Aging Transitions
  - Home visits
- Retired Senior Volunteer Program (RSVP)
  - Older adults are engaged in the community through volunteering

## 2) Finding Resources and Services

- Community Resource Guide
  - Available at Centers, local congregations, and other community areas
- Community Resource Fairs
  - OC Department on Aging –Transitions Team
- Senior Health Insurance and Information Program (SHIIP)
- Sportsplex bulletin board
- Senior Times
  - Quarterly newsletter that is delivered and distributed
- Aging Website and Listserv
- UNC Wellness at Meadowmont
  - Partner with our Wellness Program
- Orange County Visitors Bureau
  - Direct older adult center for additional services
- Senior Center
  - Newcomer's coffee, drop in visits, OCDOA staff

## 3) Multigenerational Activities

- Older adults as mentors
  - RSVP tutoring programs in school systems
  - Pen Pal
    - Central Orange program with the school systems
- Older adults as leaders
  - Friends Board
  - Aging Advisory Board
  - Senior Clubs
  - The OC Jammers (ambassador)

#### 4) Technology

- Senior Net
  - Older adults teach older adult computer courses
- Community Colleges
  - Free classes for our senior adults, 65+
- Access to Public computers at local senior centers and libraries

#### 5) Public Education

- OCDOA Staff (community fair and presentations, conferences)
  - Wellness (ex: diabetes, balance, etc.)
  - Aging Transitions-
    - Transitioning from home to retirement community, and/ or support groups – Parkinson's, dementia, etc.
- UNC Institute on Aging
  - Classes; conferences on all aspects of aging
- Division of Aging and Adult Services
  - Press releases on aging issues capturing federal to local agendas
- American Association of Retired Persons (AARP)
  - Advocate for older adults and send out info via regular mail, email, etc.
- SHIP
  - Educate on various insurance including Medicare Part D