

## **Health and Wellness Work Group Issues**

### **Identified by Formative Research and Community Forum**

#### **1) Affordability**

- Insurance.
- Availability of healthcare options.

#### **2) Mental health**

- Grief and loss.
- Dementia.

#### **3) Caregiving support**

- Health and wellness for caregivers.

#### **4) Alternative health options**

- Older adults do not always desire medication.

#### **5) Finding appropriate care**

- Gerontologists.
- Physicians who accept Medicare.
- Hotline for older adults to determine if a doctor's visit is necessary.

#### **Discussion Questions:**

- 1) What do you think about these issues that are listed?
- 2) Are there one or two priorities that we should focus on?
- 3) Are there issues in Orange County that need to be added to this list?