

Health and Wellness Work Group

Meeting 1 Agenda

November 10th, 2011 1:00 – 3:30 PM

- 1) Welcome and refreshments (1:00 – 1:30)**
- 2) Introductions (1:30 – 1:45)**
- 3) Presentation (1:45 – 2:05)**
 - a. What is the 2012-2017 Master Aging Plan?
 - b. What community processes have gotten us here?
 - c. Cross-cutting issues and overlap between work groups
 - d. Work group process – what can you expect as a participant?
- 4) Discussion (2:05 – 3:10)**
 - a. Work group ground rules (2:05 – 2:15)
 - b. Health and Wellness issues (2:15 – 2:40)
 - i. Issues already identified by Orange County Citizens
 - ii. What should be prioritized or added to this list?
 - c. Existing programs and services (2:40 – 3:10)
- 5) Meeting Wrap-up (3:10 – 3:30)**
 - a. Who is missing from this meeting? (3:10 – 3:20)
 - b. Homework for Meeting Two (3:20 – 3:30)

We thank you for your interest and participation in this work group.
Please be sure to note the date of our second work group meeting:

December 8th, 2011, 1:00 – 3:30 PM