

## **AGING IN PLACE – DRAFT GOALS, AIP OBJECTIVES, & STRATEGIES**

### **NUTRITION & FOOD SECURITY**

- has one AIP Objective and three strategies.

**Goal 2:** Enable older adults to age in their place of choice with appropriate services and supports

**AIP Objective 1:** Protect and increase the provision of meal services and meal assistance in Orange County.

**AIP Strategy A.1:** Expand home-delivered meal services, such as but not limited to Meals on Wheels, to more individuals and areas of the county that are in need of this service.

**AIP Strategy B.1:** The Department on Aging should establish relationships with other local organizations (such as but not limited to Department of Social Services Elder Protective Services and Sheriff's Department) to identify adults in need of meal assistance services for referral to local agencies.

**AIP Strategy C.1:** The Department on Aging should collaborate with Carolina Villages to promote the creation of villages in Orange County, naturally occurring retirement communities in which neighborhood networks assist with aging in place, through education, information sharing, and technical support.

**AIP Strategy D.1:** The Department on Aging should hire a Volunteer Coordinator who can recruit, train, and manage a cadre of volunteers willing to assist with meal preparation and/or meal delivery, as well as offer technical assistance to local organizations interested in providing meal assistance services to older adults.

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### **IN-HOME SUPPORT & CAREGIVING**

- has one AIP Objective and five strategies.

**Goal 2:** Enable older adults to age in their place of choice with appropriate services and supports

**AIP Objective 2:** Increase provision of and access to short-term and/or long-term in-home support services that allow for aging in place and support the financial and geographic expansion of existing efforts to provide in-home care.

**AIP Strategy A.2:** Increase financial resources to support and expand the efforts of local organizations that provide for the unmet needs of low-income older adults such as but not limited to: A Helping Hand, Carolina Villages, Meals on Wheels, Project Compassion, and Soltys Adult Day Care, etc.

**AIP Strategy B.2:** The Department on Aging should offer additional caregiver education and support for both professional and non-professional caregivers.

**AIP Strategy C.2:** Expand Caregiver Day Out programs at Senior Centers and Adult Day programs in Orange County.

**AIP Strategy D.2:** Advocate for the empowerment of Certified Nursing Assistants (CNAs) to participate in patient care and decision-making.

**AIP AIP Strategy E.2:** Establish a county-wide recognition program for Certified Nursing Assistants (CNAs) and supportive employers of CNAs.

**AIP Strategy F.2:** The Department on Aging, in partnership with other agencies, should design and deliver educational workshops on a quarterly basis to caregivers, CNAs, RN supervisors, and administrators on topics related to aging (such as dementia and depression) and issues related to caregiving (such as stress management).

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## HOUSING

- has two AIP Objectives, one has three strategies, the other has four AIP Objectives

**Goal 2:** Enable older adults to age in their place of choice with appropriate services and supports

**AIP Objective 3:** Increase awareness of the positive impact of home modifications on quality of life, health, and one's ability to age in place.

**AIP Strategy A.3:** Hold workshops at the Senior Center (and other locales such as churches, community centers, and hardware stores) on universal design, as well as the positive benefits of home modifications on quality of life and property value.

**AIP Strategy B.3:** Research existing building codes and encourage codes that incorporate universal design and safety issues related to aging in place.

**AIP Strategy C.3:** The Department on Aging should conduct a media campaign to promote the benefits of universal design (through print, radio, and/or television).

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**Goal 2:** Enable older adults to age in their place of choice with appropriate services and supports

**AIP Objective 4:** Ensure that more older adults in Orange County are able to maintain, modify, and afford their homes.

**AIP Strategy A.4:** Advocate for an increase in the income qualification limit under the Homestead Tax Exemption program so that more low-income older adults are able to benefit.

**AIP Strategy B.4:** Conduct a feasibility study to measure the impact of raising the income qualification limit under the Homestead Tax Exemption program.

**AIP Strategy C.4:** The Department on Aging should collaborate with Carolina Villages to promote the creation of villages in Orange County, naturally occurring retirement communities in which neighborhood networks assist with aging in place, through education, information sharing, and technical support.

**AIP Strategy D.4:** The Department on Aging should hire a Volunteer Coordinator who can recruit, manage, and provide information on volunteers and screened contractors who can provide home repair and modification services for older adults.

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#### INFORMATION NEEDS

- has three AIP Objectives, one with five strategies, one with three strategies, one with one AIP Strategy

**Goal 1:** Empower older adults, their families, and other consumers to make informed decisions and to easily access health and long-term care options  
OR

**Goal 2:** Enable older adults to age in their place of choice with appropriate services and supports

**AIP Objective 5:** Increase awareness of available services related to aging in place to Orange County residents, especially those living in rural areas.

**AIP Strategy A.5:** The Department on Aging should hire a marketing person to: develop and implement a marketing plan to disseminate information and promote the aging helpline.

**AIP Strategy B.5:** The Department on Aging should hire a Volunteer Coordinator who can recruit, train, and manage a cadre of volunteers willing to provide assistance related to computer literacy and technology access for older adults.

**AIP Strategy C.5:** Advocate for broadband access to underserved areas.

**AIP Strategy D.5:** The Department on Aging should establish a permanent working group of volunteers (Orange County Cares) who can work with the Volunteer Coordinator to assist with promotion of services, identification of unmet needs, and support of existing efforts.

**AIP Strategy E.5:** The Department on Aging should create a mobile aging in place information unit to provide information and services in rural areas of the county.

**AIP Strategy F.5:** The Department on Aging should establish relationships with other local organizations (such as Department of Social Services Elder Protective Services and Sheriff's

Department) to identify at-risk older adults for referral to the Department on Aging and promote available services for preventative purposes.

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**Goal 1:** Empower older adults, their families, and other consumers to make informed decisions and to easily access health and long-term care options

**AIP Objective 6:** Provide unbiased financial advice and financial planning assistance to Orange County residents and advocate for the financial health of older adults.

**AIP Strategy A.6:** Research and prepare a brief concerning Department of Insurance's responsiveness to long-term care insurance claims complaints.

**AIP Strategy B.6:** The Department on Aging should hire a Volunteer Coordinator to utilize volunteers and existing educational materials to provide financial advice to older adults through mobile units and workshops.

**AIP Strategy C.6:** Provide advocacy services to low-income older adults.

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**Goal 6:** Prepare Orange County for an aging population

**AIP Objective 7:** Promote "aging preparedness" so that the Orange County community and its residents may be better able to transition to senior living.

**AIP Strategy A.7:** Research strategies and best practices in consideration of development of a marketing plan for an aging preparedness campaign.