

**Aging in Place Workgroup**  
**Meeting 1 Minutes**  
**11/21/2011**

Awareness of other services/education

Awareness of Adult Day Health services

- Assistance with Alzheimer's diagnoses
- Provides hygiene services
- nonprofit, fees for services based on sliding fee scale
- 2 offices in Orange County

Education is key, need more awareness → Orange Count Cares

- volunteers who get the word out and act as liaisons
- information central
- could augment help line
- no closed doors

Resource list should be expanded into a brochure

- workshop for pastors, EMS, other "links" → force multiplier
- circuit riders get word out → point person based in DOA

Information dissemination → workshops

- credible, unbiased
- financial planning

Community watch education meetings

- successful, places are willing and open to this kind of information (Schley → The Grange, community agriculture place)

Information overload, would be nice to have a clearinghouse

- Aging Help Line: need to know how to use it, which questions are acceptable. County should have one number. Use radio and TV PSAs to promote it.

Is this accessible to everyone it?

Phone trees, could divvy up territory among consistent, trusted people. Helps with social connection and is low-cost.

OCDOA telephone reassurance

Helping Hand has paid and volunteer companions

- 1/3 receive volunteers
- do more than just companionship

Housing Choices

Aging in community → need more housing choices for older adults

Financial considerations

- Due to market and financial situation, it is difficult for some to move

- home maintenance is difficult
  - other housing options are unaffordable
  - financial insecurity
- Lobby to reduce and hold taxes for elderly
- California as example
  - OC has program in place (but only for low-income people)
- Education around legal issues

### Slip through the cracks

- Need to expand services beyond those who are very low-income, those that slip through the cracks
- Programs should be age-based rather than income-based (New Jersey as example)

### Social Isolation

- “drawing in”
- role of volunteer fire department and EMS
- Around holidays, referrals go up

### Home Modifications

Universal Design as another resource → need to build more awareness

→ needs more financial support

Baptist Aging Ministries does home modifications

A Brush with Kindness: home modifications through Habitat

### Utilizing existing communities

Project Compassion

- Help them to create support communities, volunteer teams
- medical needs can overshadow social needs
- Project Compassion works in neighborhoods, rural areas

Outreach to rural churches

- bulletin board, workshops

Need to reach out beyond congregations: civic groups, grassroots organizations, clubs, synagogues, grocery stores, pharmacy

- Expand definition of “community” → it’s not just geography
- MAAP ([www.mapp27517.com](http://www.mapp27517.com)) starting telephone network to initiate contact → people are reluctant to ask for help

### Long distance decision-making

- Primary prevention, training for those who help others age in place
- multigenerational training
- people don’t want to burden or bother their children

Patient advocates do this, but charge.

- need someone that doesn’t charge

### Public/private partnerships

Need more

### Disaster preparedness

- OCDOA is working with EMS to do this
- C.E.R.T: Community Emergency Response Team

### Cost of managing volunteers

Volunteers aren't free

### Aging Denial

People aren't ready → aging denial → need for marketing  
Cultural issues around aging reality

### Proactive rather than reactive

We often only react when we're in crisis mode  
Need to get prepared, be proactive  
Need to get coordinated

### Other Models

Nurse Family Partnership Model

- Adaption of existing programs, but targeted to a different population
  - Independent Living does home visits & modifications → uses Habitat volunteers
  - low-income only, needs to expand
  - Village networks
  - how do we adapt this to less dense areas?
  - can be expensive, had yearly dues (expense of vetting services, liability insurance)
  - there are currently federal demonstration projects
  - difficulty in finding funding to support these initiatives
- Sustainability is an issue → need to adapt a business like model

### Who's Missing?

- Lawyers → Nancy has contact
- eldercare
- estate planning
- Ministers from Northern Orange
- O.C.I.M: OC Congregation in Mission
- geriatrician, M.D.
- CH/Carrboro Police
- dietician
- PT
- Habitat
- Fire department/EMS
- Financial adviser (unbiased) → Nancy has contact
- job counseling (retirement → AARP)
- Department of Labor: Senior Worker Program

### Things needed:

- Monday evening series, Aging 101. Poorly attended
- need list of services provided by DOA

### Homework

#### Housing Repair/Modifications

- Alex
- Maureen

#### In-home care/support

- Maureen
- Cathy
- Marc

#### Financial

- Caroline (LTC)
- Nancy

#### Food & Nutrition

- Lenore
- Nancy

#### Safety & Security

#### Social Isolation

- Steven
- Chick
- Yvonne
- Pamela