# Selective Spinal Immobilization (NSAIDs)

**Objective:** Perform proper clearing of spinal immobilization

## Task | Points Possible | Points Awarded
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**N: Perform Neurological Exam**
Identify any neurologic complaints from patient
- *Extremity numbness, tingling, burning or paresthesia*  
- *Extremity weakness or paralysis*  
Evaluating motor function and sensation in each extremity  
**2**

**S: Significant mechanism of injury / Extremes of Age**
Assess patient age 65 or greater / 5 or less  
Assess for significant mechanism of injury
- Fall from ≥ 3 ft and/or ≥ 5 ft stairs or steps  
- MVC ≥ 30 mph, rollover, and/or ejection  
- Motorcycle, bicycle, other mobile device, or pedestrian-vehicle crash  
- Diving or axial load to spine  
- Electric shock
**5**

**A: Alertness / Mental Status**
Patient is alert to person, place, time, and situation
Assess if any LOC occurred during or after incident
**1**

**I: Intoxication**
Assess if any indication that the patient is intoxicated, impaired decision-making ability (alcohol, drugs)
- Difficulty with cognitive functions: difficulty answering questions, following commands  
- Slurred speech  
- Unsteady gait or difficulty ambulating
**3**

**D: Distracting Injury**
Assess for any other injury producing significant pain in this patient
- Extremity fractures  
- Significant soft tissue injuries  
- Significant burns
**3**

Pain reported as 6 or greater on the pain scale  
**1**

**S: Spinal Exam**
Palpate and inspect the spinous process of each vertebra for pain, deformity, or significant trauma over the spine
- C-spine  
- T-spine  
- L-spine
**3**

Assess range the cervical spine by having patient (immediately stop exam if any pain):
- Flex by touching the chin to the chest  
- Extend the head posterior  
- Touch chin to right shoulder  
- Touch chin to left shoulder
**4**

Determine if patient is ambulatory or non-ambulatory
**1**

If pt is positive for any of NSAIDS criteria then pt was properly placed in c-collar, pt must be placed flat on stretcher
**2**

**27**

*Successful completion includes earning a minimum of 23 points*