



Department of Environment,  
Agriculture, Parks & Recreation

## THIS MONTH

### December 27

Start Smart Basketball Registration  
Deadline

### December 29

Tai Chi Registration Deadline

### Late December

January-April Program Guide  
published

## COMING UP

### January 6

Adult Men's Basketball League  
Registration Deadline

### January 6

Adult Co-Rec Volleyball League  
Registration Deadline

## ORANGE COUNTY DEAPR RECREATION DIVISION

302 West Tryon Street  
Hillsborough  
919.245.2660  
Office: M-F, 9:00 a.m.-5:00 p.m.

More programs and more  
information available online  
[http://www.orangecountync.gov/  
departments/deapr/athletic\\_and  
recreation\\_programs.php](http://www.orangecountync.gov/departments/deapr/athletic_and_recreation_programs.php)



@orangecountyncrec

# ORANGE COUNTY Recreation Newsletter DECEMBER 2016

## START SMART BASKETBALL

The Start Smart Program is a sports development class structured to teach you and your child the basic skills of a sport. Parents and children will be led by trained instructors through six-weeks of motor skill development activities. The program helps prepare children for organized basketball using fun and safe equipment to teach them the basic motor skills needed to participate. Start Smart Basketball will focus on the fundamentals of running, dribbling, passing and shooting. Participants will receive an award, t-shirt, and picture at the conclusion of the program. **Parent participation is mandatory!**

**Ages:** 3-5-years-old  
**Day:** Tuesday  
**Time:** 6:15 p.m.-7:00 p.m.  
**Dates:** Jan. 3-Feb. 7  
**Min./Max.:** 12/24  
**Fee:** \$45  
**Location:** Central Recreation Center  
**Instructor:** Recreation Division Staff

**Register by:** Dec. 27  
**Program #:** 611201-A



## ADULT MEN'S BASKETBALL LEAGUE

Spend one evening per week enjoying a little friendly competition. This adult men's basketball league will include at least 9 regular season games and a post-season tournament. Prizes will be awarded to the top regular season and tournament finishers. Former college players are permitted with age restrictions. Rosters may have up to 13 players. To register, the team captain must complete a team registration form and each player must complete an individual player waiver.

**Ages:** 16-years-old to Adult  
**Day:** Sunday  
**Dates:** Jan. 15-Apr. 9  
**Time:** 4:30 p.m.-10:30 p.m.  
**Min./Max.:** 4 teams/12 teams  
**Fee:** \$415  
**Location:** Central Recreation Center

**Register by:** Jan. 6  
**Program #:** 612101-A

## ADULT CO-REC VOLLEYBALL LEAGUE

This Adult Co-Rec Volleyball League will feature two games per week played at the Central Recreation Center in downtown Hillsborough. The schedule will include ten weeks of regular season play and a post-season tournament. Prizes are awarded to the top regular season and tournament finishers. Level of play is semi-competitive. Registration is as a team. Interested individuals should contact OCDEAPR at 919.245.2660.

**Ages:** 16-years-old to Adult  
**Day:** Sunday  
**Dates:** Jan. 15-Apr. 2  
**Time:** 10:00 a.m.-4:00 p.m.  
**Min./Max.:** 4 teams/12 teams  
**Fee:** \$130  
**Location:** Central Recreation Center

**Register By:** Jan. 6  
**Program #:** 612111-A



## NEW PROGRAM—CAPOEIRA (BRAZILIAN MARTIAL ARTS)

Capoeira is a Brazilian martial art that combines elements of martial arts with dance, acrobatics, and music. Jason Zwilling is a Graduado (black belt equivalent) who began training in New York and continues to practice after moving to Hillsborough with his family two years ago. He has taught locally at various locations and is eager to introduce the sport to more members of the community. Classes will be held on Wednesday afternoons 4:30 p.m. to 5:30 p.m. beginning in January for youth aged 7- to 12-years-old. Register in late December when next program guide publishes.

## READY, SET, RUN!

Congratulations to our Ready, Set, Run! participants. Young runners began meeting twice per week in August to train both physically and mentally to accomplish their goals. After 12-weeks, 18 runners completed the program by participating in the Eve Carson Memorial 5K for Education in Chapel Hill on Saturday, November 12.



Front row (L to R): Ryan Matthews, Joshua Moore, Anna Tricomi, Maggie Ryan, Cayden Beneville; Second row (L to R): Sydney Mason, Caper Glee Nolen-Weathington, Carter Tricomi, Caiden Kulberg, Gage Byrd, Vidya Kasthuria, Stella Fadden, Kathryn Scully, Grace McDaniel, Chesley Ramos, Oran Blankfard, Amanda High, Gabriel Treschl; Back row (L to R): Veronica Wisniewski, Logan Horton, Christian Summey



"My favorite part of Ready, Set, Run! is playing capture the flag. My favorite part of the race was winning."  
—Gage Byrd, 11  
1<sup>st</sup> place, Male Under 13



"My favorite part of Ready, Set, Run! is playing all of the games. My favorite part of the race was seeing all of the beautiful sights on campus."  
—Anna Tricomi, 9

**Ready, Set, Run! will resume in March and conclude with a race in mid-May. Look for it in our next program guide due out in late December.**

## THANK YOU! VOLUNTEER COACHES

Thank you to all Fall 2016 Youth Soccer League Volunteer head coaches:

Eric Alverson	Staci Hengsterman	David Ogden
Brent Arnold	Charlie Hopkins	Federico Pous
Brian Bailey	Nick Jeffries	Clem Satterfield
Shane Barbee	Meghann Johnson	John Sawyer
Otto Bermeo	Jennifer Jordan	Gabe Shinn
JP Carter	Lauren Kruse	Brian Sullivan
Wiley Carter	Mike Lane	Jay Sunde
David Cowan	Robert Ligon	David Van Mater
Matthew Farrelly	Chris Loch	Phil Venable
Terry Follmer	Kevin Mason	Virginia Walters
John Gaddy	Garen McClure	Chris Wehrman
Jesus Gonzalez	Geoffrey McDonald	Cuabeya Woods
Shayne Guiliano	Miguel Muñoz	

We will soon be recruiting coaches for our Spring Youth Volleyball and Youth Soccer Leagues. Volunteers are expected to teach fundamental skills to youth participants while emphasizing skill development, fair play, teamwork, sportsmanship, and fun. All volunteers must complete a volunteer application and criminal background check. For more information, contact Orange County Recreation at 919.245.2660 or [jljon@orangecountync.gov](mailto:jljon@orangecountync.gov).



## FALL RECREATION CLASSIC

On Saturday, November 5, many Orange County Youth Soccer League players participated in the 2016 Fall Recreation Classic. This event is held every season at the Soccer.com Center in partnership with other area youth soccer organizations to bring together recreation-level players for a weekend of fun and tournament competition.



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