

Bring gloves, tools, and a hat on planting/workdays.

Inspirational Topics for Practical Living

Join us for this discussion series to uplift and encourage you throughout the week. If you have questions about the topics or materials, call 919-245-2015.

Leaders: Walter Faribault & Madeline Riley

Central Orange SC

Tuesdays (254000-01) 10 - 11 am

Issues of Faith

This time is for those who enjoy gathering together for scriptures, songs and uplifting words of encouragement. Join Annie Cotton as she leads these inspirational discussions.

Leader: Annie Cotton

Seymour Center

Wednesdays (357010) 10:30 - 11:30 am

Mandarin Mah Jong: Learn to Play like a Pro!

An ancient Chinese game which you will find challenging and fun, and good for memory exercise too. Similar to Poker, but more similar to rummy, the goal is to reach the highest combination of tiles which are called sets. Players will learn what sets are and how to best arrange them. Once the tiles can be identified and other game directions are learned, you will feel like a pro when it is all said and done. Come out and let the games begin!

Fee: FREE

Leader: Alice Sury

Seymour Center

Thursdays, Mar 5 - May 28 (324024) 10:30 am- 12 noon

Match Your Volunteer Interest

Current or new volunteers! Learn how to use the web tool HandsOnTriangle.org to match your interest with a volunteer opportunity near you. Search by your interest, zip code or desired agency. Pre-registration suggested due to limited computers. Contact RSVP 55+ Volunteer Program at 919-245-4241. Call for future orientations!

Fee: FREE

Seymour Center (357309-01)

Wed, Feb 18 9 - 11 am

Passage Meditation (Satsang)

Moved to the new Wellness - Interest Group section on page 20.

Sudoku

Keep your brain sharp with this game that is sure to offer a challenge. If you have never tried Sudoku, or would like to learn tips to advance from the basic puzzle to the "evil" one, come join us. Sudoku game sheets provided; however you are welcome to bring some to share. Coach: Beverly Sanders

Fee: FREE

Seymour Center

Thursdays (357037)

10:30 am – 12 noon

Take Off Pounds Sensibly (TOPS)

Moved to the new Wellness – Interest Group section on page 20.

Tar Heel Depression Glass Club

The Tar Heel Depression Glass Club was formed in the spring of 1984. The group shares a common interest in collecting and preserving the glassware of the American Depression era. Past programs have included talks on Heisey, Fostoria, and Cambridge; Jewel Tea, Mayfair, Fiesta, Hall teapots, Cloverleaf, and Fire-King jade-ite. Other times, however, the program will be about something related to the interest of a club member that is not specifically related to collectible glass or dinnerware. Some examples of these programs have been talks on cast iron, children's toys from the 1940s and 1950s, glass paperweights, Guardian cookware, and antique purses. Among the activities enjoyed by members are monthly meetings, social outings and trips to glass manufacturing areas of the country (West Virginia, Ohio, and Pennsylvania). This is an open group and new members are always welcome. For additional information contact the center or ncglassclub@hotmail.com

Central Orange SC

1st Mon: Mar 2; Apr 6; May 4 (237001-01)

5:30 – 8 pm

Writers' Discussion Group

This group published its fourth book, *Lest the Colors Fade*. We are always looking for new members, including experienced and beginner writers. We help each other by offering helpful suggestions to improve our work. The group has previously published three other books, *Echoes* (1997), *A Generation Speaks* (2000), and *Challenges on the Home Front* (2005). Contact Joseph DiBona at 336-364-7978.

Seymour Center

1st & 3rd Tues: Mar 3, 17; Apr 7, 21; May 5, 19 (357003)

2 – 4 pm