

SUPPORT GROUPS

Alcoholics Anonymous (AA) Group

The meeting of Alcoholics Anonymous (AA) is intended to help seniors explore their drinking difficulties in an understanding environment that relies on AA's proven 12-step approach. Particular attention will be given to the early phases of recovery. This is an open meeting of Alcoholics Anonymous that non-alcoholic people may attend.

Seymour Center

Wednesdays (357070)

3 pm

Caregivers' Support Groups

Meet with other caregivers to share experiences, learn new skills, and to get answers to questions about dementia and other long-term disabilities. Group is open, friendly and informal. Reservations are not required but supervised activities can be available for loved ones during group time with a reservation 24 hours in advance. For reservations, call 919-968-2087. For more information about the group and caregiving in general, call Pam Tillett at 919-245-4278.

Passmore Center Register by: one week prior to meeting date

1st Tue, Sep 5; Oct 3; Nov 7 (255005-1)

4 - 5:30 pm

Seymour Center Register by: one week prior to meeting date

2nd & 4th Fri, Sep 8, 22; Oct 13, 27; Nov 10, 24 (352755)

10:30 am - 12 noon

Hearing Loss Association of Chapel Hill

Call Ruth Miller, 919-622-8467.

FTD (Frontotemporal Degeneration) Support Group

A regional support group for caregivers with a loved one diagnosed with Frontotemporal Degeneration. For more information about the group contact Kathy LaFone, 919-632-8083, or timlafone@yahoo.com

Burlington/Mebane area

3rd Tue, Sep 19; Oct 17; Nov 21

Low Vision Support Group

For more info for Seymour group and Passmore group contact Kim Tyler at 919-560-8633.

Seymour Center

1st Tue, Sep 5; Oct 3; Nov 7 (352777)

10 am

Memory Cafes

A new social outlet for people with dementia and their care partners. Come for fun activities and light refreshments.

Seymour Center

2nd Mon, Sep 11; Oct 9; Nov 13

1:30 - 3:30 pm

Passmore Center

3rd Mon, Sep 18; Oct 16; Nov 20 (255017-01)

2 - 4 pm

NAMI Orange County Support Group

This group is sponsored by NAMI (National Alliance on Mental Illness) Orange County. It is a structured, interactive support group open to family members and friends of children and adults with a mental illness. For more information, contact Joanna Owen, bowen.joanna1@gmail.com, or call NAMI Orange Information Line, at 919-929-7822. Information about NAMI Orange County is available at www.NAMIOrange.org

Seymour Center

2nd Tue, Sep 12; Oct 10; Nov 14 (357009) 7 pm
Christ United Methodist Church (Office Building)
1st Wed, Sep 6; Oct 4; Nov 1 12 noon

Parkinson's Disease Caregivers Open Discussion Group

Join family and friends who care for people with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information contact the support group leader, Jessica Shurer, at 919- 843-1657 - jshurer@neurology.unc.edu or visit the website: www.chapelhillparkinsons.weebly.com

Seymour Center

1st Tue, Sep 5; Oct 3; Nov 7 (352851) 12:30 - 1:30 pm

Parkinson's Disease Patient Open Discussion Group

Join other people who have been diagnosed with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information contact the support group leader, Jessica Shurer, MSW, LCSW at 919- 843-1657 - jshurer@neurology.unc.edu or visit the website: www.chapelhillparkinsons.weebly.com

Seymour Center

1st Tue, Sep 5; Oct 3; Nov 7 (352879) 1:30 - 3 pm

Pulmonary Hypertension (PH)

PH Association Requests: Patients, family members, friends, and anyone who would like to learn more about this disease are welcome to come and participate in this quarterly meeting. For information, call Mitzi Twine, 919-419-9091.

Seymour Center

Sat, Oct 21 (352833) 11:30 am - 1:30 pm

Spouse Loss Support Group

For those experiencing the loss of their spouse.

To register for this group please call or email Gail Smith, 919-218-7995

Cynthia.Smith@unhealth.unc.edu

Register by: 1 week prior to meeting date

Seymour Center Wed, Sep 13 - Oct 25 (352789 -04) 1 - 2:30 pm
Wed, Nov 1 - Dec 13 (352789 -05) 1 - 2:30 pm

Stroke Support Group

Contact Kelly O'Brien at 919-966-2029

UNC Wellness Center @ Meadowmont

2nd Wed, Sep 13; Oct 11; Nov 8

1 pm

Triangle Aphasia Project, Unlimited

Maura English Silverman, MS, CCC/SLP, Founder and Senior Advisor. Visit the web site at www.asphasiaproject.org for more information.

UNC CRC Building

Thursdays

1:30 - 2:30 pm