

SUPPORT GROUPS

Alcoholics Anonymous (AA) Group

The meeting of Alcoholics Anonymous (AA) is intended to help seniors explore their drinking difficulties in an understanding environment that relies on AA's proven 12-step approach. Particular attention will be given to the early phases of recovery. This is an open meeting of Alcoholics Anonymous that non-alcoholic people may attend.

Seymour Center (357070)

Wednesdays

3 pm

Caregivers' Support Groups

Meet with other caregivers to share experiences, learn new skills, and to get answers to questions about dementia and other long-term disabilities. Group is open, friendly and informal. Reservations are not required but supervised activities can be available for loved ones during group time with a reservation 24 hours in advance. For reservations, call 919-968-2087. For more information about the group and caregiving in general, call Pam Tillett at 919-245-4278.

Passmore Center (255005-1)

1st Tue, Mar 7; Apr 4; May 2

4 - 5:30 pm

Seymour Center (352755)

2nd & 4th Fri, Mar 10, 24; Apr 14, 28; May 12, 26

10:30 am - 12 noon

Hearing Loss Association of Chapel Hill

Call Ruth Miller, 919-622-8467.

FTD (Frontotemporal Degeneration) Support Group

A regional support group for caregivers with a loved one diagnosed with Frontotemporal Degeneration. For more information about the group contact Kathy LaFone, 919-632-8083, or timlafone@yahoo.com

Burlington/Mebane area

3rd Tue, Mar 21; Apr 18; May 16

Low Vision Support Group

For more info for Seymour group contact Carol Tickle at 919-643-2620.

For more information for Passmore group contact Kim Tyler at 919-560-8633.

Passmore Center (252752-01)

2nd Mon Mar 13; Apr 10; May 8

10 am

Seymour Center (352777)

1st Tue, Mar 7; Apr 4; May 2

10 am

Memory Cafes

A new social outlet for people with dementia and their care partners. Come for fun activities and light refreshments.

Seymour Center

2nd Mon, Mar 13; Apr 10; May 8

1:30 - 3:30 pm

Passmore Center

3rd Mon, Mar 20; Apr 17; May 15

2 - 4 pm

NAMI Orange County Support Group

This group is sponsored by NAMI (National Alliance on Mental Illness) Orange County. It is a structured, interactive support group open to family members and friends of children and adults with a mental illness. For more information, contact Kay Maltbie at 919-402-1630. Information about NAMI Orange County is available at www.NAMIOrange.org

Seymour Center (357009)

4th Tue, Mar 28; Apr 25; May 23

7 - 8:30 pm

Parkinson's Disease Caregivers Open Discussion Group

Join family and friends who care for people with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information, contact: Jessica L. Shurer, MSW, LCSW Center Coordinator & Clinical Social Worker, National Parkinson's Foundation Center of Excellence Movement Disorders Center, UNC-CH Department of Neurology 919-843-1657, or visit the website: www.chapelhillparkinsons.weebly.com

Seymour Center (352851)

1st Tue, Mar 7; Apr 4; May 2

12:30 - 1:30 pm

Parkinson's Disease Patient Open Discussion Group

Join other people who have been diagnosed with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information, contact: Jessica L. Shurer, MSW, LCSW Center Coordinator & Clinical Social Worker, National Parkinson's Foundation Center of Excellence Movement Disorders Center, UNC-CH Department of Neurology 919-843-1657, or visit the website: www.chapelhillparkinsons.weebly.com For questions, contact the support group leader, Jessica Shurer, at 919- 843-1657 or jshurer@neurology.unc.edu.

Seymour Center (352879)

1st Tue, Mar 7; Apr 4; May 2

1:30 - 3 pm

Parkinson's Disease Support and Education Group

Open to both the person with Parkinson's and/or the caregiver. Includes an educational presentation and/or topic discussion. Care partners will meet separately to discuss topics they choose, while the people with PD meet in a different room to share concerns, tips, etc. People with PD and their caregivers meet together for informal coffee on second Wednesdays at 11:15 a.m. at Weaver St Market, Hillsborough.

Passmore Center (255004-1)

4th Wed, Mar 22; Apr 26; May 24

11:15 am - 1 pm

Pulmonary Hypertension (PH)

PH Association Requests: Patients, family members, friends, and anyone who would like to learn more about this disease are welcome to come and participate in this quarterly meeting. For information, call Mitzi Twine, 919-419-9091.

Seymour Center (352833)

Sat, Apr 22

11:30 am - 1:30 pm

Stroke Support Group

Contact Kelly O'Brien at 919-966-2029

UNC Wellness Center @ Meadowmont

2nd Wed, Mar 8; Apr 12; May 10

1 pm

Triangle Aphasia Project, Unlimited

Maura English Silverman, MS, CCC/SLP, Founder and Senior Advisor. Visit the web site at www.asphasiaproject.org for more information.

UNC CRC Building

Thursdays

1:30 - 2:30 pm

UNC Hospice Grief/Loss Support Group

Group is for those experiencing grief or loss of a loved one. To register for this group, please call or email Gail Smith, 919-218-7995 or CynthiaSmith@unchealthcare.unc.edu

Passmore (242505-02)

Tue, Feb 21- Mar 28

1:30 - 3 pm

Seymour Center (3527521-03)

Fri, Feb 24 - Mar 31

1 - 2:30 pm