

SUPPORT GROUPS

Alcoholics Anonymous (AA) Group

The meeting of Alcoholics Anonymous (AA) is intended to help seniors explore their drinking difficulties in an understanding environment that relies on AA's proven 12-step approach. Particular attention will be given to the early phases of recovery. This is an open meeting of Alcoholics Anonymous that non-alcoholic people may attend.

Seymour Center (357070)

Wednesdays

3 pm

Caregivers' Support Groups

Meet with other caregivers to share experiences, learn new skills, and to get answers to questions about dementia and other long-term disabilities. Group is open, friendly and informal. Reservations are not required but supervised activities can be available for loved ones during group time with a reservation 24 hours in advance. For reservations, call 919-968-2087. For more information about the group and caregiving in general, call Pam Tillett at 919-245-4278.

Passmore Center (255005-1)

1st Tue, Jun 6; Aug 1

4 - 5:30 pm

Seymour Center (352755)

2nd & 4th Fri, Jun 9, 23; Jul 14, 28; Aug 11, 25

10:30 am - 12 noon

Hearing Loss Association of Chapel Hill

Call Ruth Miller, 919-622-8467.

FTD (Frontotemporal Degeneration) Support Group

A regional support group for caregivers with a loved one diagnosed with Frontotemporal Degeneration. For more information about the group contact Kathy LaFone, 919-632-8083, or timlafone@yahoo.com

Burlington/Mebane area

3rd Tue, Jun 20; Jul 18; Aug 15

Low Vision Support Group

For more info for Seymour group and Passmore group contact Kim Tyler at 919-560-8633.

Seymour Center (352777)

1st Tue, Jun 6; Aug 1

10 am

Memory Cafes

A new social outlet for people with dementia and their care partners. Come for fun activities and light refreshments.

Seymour Center

2nd Mon, Jun 12; Jul 10; Aug 1

1:30 - 3:30 pm

Passmore Center

3rd Mon, Jun 19; Jul 17; Aug 21

2 - 4 pm

NAMI Orange County Support Group

This group is sponsored by NAMI (National Alliance on Mental Illness) Orange County. It is a structured, interactive support group open to family members and friends of children and adults with a mental illness. For more information, contact Joanna Owen, bowen.joanna1@gmail.com, or call NAMI Orange Information Line, at 919-929-7822. Information about NAMI Orange County is available at www.NAMIOrange.org

Seymour Center (357009)

2nd Tue, Jun 13; Jul 11; Aug 8 7 pm

Christ United Methodist Church (Office Building)

1st Wed, Jun 7; Jul 5; Aug 2 12 noon

Parkinson's Disease Caregivers Open Discussion Group

Join family and friends who care for people with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information, contact: Jessica L. Shurer, MSW, LCSW Center Coordinator & Clinical Social Worker, National Parkinson's Foundation Center of Excellence Movement Disorders Center, UNC-CH Department of Neurology 919-843-1657, or visit the website: www.chapelhillparkinsons.weebly.com

Seymour Center (352851)

1st Tue, Jun 6; Aug 1 12:30 - 1:30 pm

Parkinson's Disease Patient Open Discussion Group

Join other people who have been diagnosed with Parkinson's disease in this support group. Share your experiences and learn new skills. Facilitated by UNC-CH Dept of Neurology. For information, contact: Jessica L. Shurer, MSW, LCSW Center Coordinator & Clinical Social Worker, National Parkinson's Foundation Center of Excellence Movement Disorders Center, UNC-CH Department of Neurology 919-843-1657, or visit the website: www.chapelhillparkinsons.weebly.com For questions, contact the support group leader, Jessica Shurer, at 919- 843-1657 or jshurer@neurology.unc.edu.

Seymour Center (352879)

1st Tue, Jun 6; Aug 1 1:30 - 3 pm

Pulmonary Hypertension (PH)

PH Association Requests: Patients, family members, friends, and anyone who would like to learn more about this disease are welcome to come and participate in this quarterly meeting. For information, call Mitzi Twine, 919-419-9091.

Seymour Center (352833)

Sat, Jun 24; Aug 26 11:30 am - 1:30 pm

Stroke Support Group

Contact Kelly O'Brien at 919-966-2029

UNC Wellness Center @ Meadowmont

2nd Wed, Jun 14; Jul 12; Aug 9 1 pm

Triangle Aphasia Project, Unlimited

Maura English Silverman, MS, CCC/SLP, Founder and Senior Advisor. Visit the web site at www.asphasiaproject.org for more information.

UNC CRC Building
Thursdays

1:30 - 2:30 pm