

PASSMORE - OCTOBER 2016 ACTIVITY CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|--|---|--|---|---|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Games 9:00A - Rummikub 10:00A - Dominoes 10:00A - Open Pottery Studio 10:00A - Aerobics 10:00A - Gentle Joy of Yoga 10:00A - Jolly 79ers Club 10:30A - Project EngAGE 11:00A - Silver Sneakers 12:00P - Birthday Party-Oct 12:00P - Lunch 12:30P - Pottery Class 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 2:00P - Line Dance 3:00P - Oil Painting 4:30P - Tai Chi -Chen 5:00P - Pickle Ball 5:30P - Cooking and Dinner 5:30P - Dinner with David 5:30P - Tarheel Depression G 6:00P - Tai Chi Wu/Hao | 8:00A - Billiards 9:00A - Games 9:00A - Farmers' Market at P 9:00A - Tap Dance-Beginners 9:00A - Rummikub 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Inspirational Topics 10:00A - Tap Dance-Intermedi 10:00A - Quilting 10:30A - TOPS Weigh in 11:00A - Take off pounds sens 12:00P - Lunch 1:00P - Line Dance 1:00P - Mah Jong 2:00P - Better Back Care Exe 2:00P - Acrylic Painting 2:30P - Walking 3:45P - Project EngAGE | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Leatherworks 9:00A - Rummikub 10:00A - Art Without Expectat 10:00A - Dominoes 10:00A - Aerobics 10:00A - Strength Training-Ad 10:00A - Karaoke Sing A Long 10:00A - Garden Club 11:00A - Silver Sneakers 11:15A - Ageless Grace 12:00P - Outsmart the Scamm 12:00P - Open Pottery Studio 12:00P - Lunch 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:00P - Wood Carving Club 2:00P - Pickle Ball 5:30P - Fused Glass-Evening 6:00P - Wood Carving Club | 8:00A - Billiards 9:00A - Games 9:00A - Hearing Screening 9:00A - Beginning Watercolor 9:00A - Rummikub 9:30A - Line Dance 10:00A - Mobile Prescription 10:00A - Bus Riding 101 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Gentle Joy of Yoga 10:00A - Creative Crafters 10:30A - Scrabble Talk 12:00P - Wii-open play 12:00P - Lunch 1:15P - Flicks at Passmore 1:30P - Advanced Watercolor 2:00P - Better Back Care Exe 2:00P - Retirement for Boome 4:00P - Fused Glass 5:30P - Beginning Watercolor 6:30P - Brain Health Academ 7:00P - Ballroom Dance Clas | 8:00A - Billiards 9:00A - Games 9:00A - Pickle Ball 9:30A - Rook 10:00A - Dominoes 10:00A - Open Artist Studio 10:00A - Care Partner Respite 10:30A - Fun Bingo 11:00A - Silver Sneakers 12:00P - Lunch 1:00P - Caregiver Creative C 1:00P - Hand & Foot Card Ga 1:00P - Mah Jong 2:00P - Pickle Ball 3:00P - Busy Beaders | |

Activities are subject to change.

Please contact the Passmore Center at (919) 245-2015
prior to the event or activity to verify that there have been no program changes.



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|---|---|--|---|--|-----------|
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Games 9:00A - Rummikub 10:00A - Fabric Mandala Colla 10:00A - Dominoes 10:00A - Open Pottery Studio 10:00A - Aerobics 10:00A - Gentle Joy of Yoga 10:30A - Veterans Benefits Cl 11:00A - Silver Sneakers 12:00P - Lunch 12:30P - Pottery 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:00P - Travel Club 1:30P - Chocolate, Tea, and 2:00P - Line Dance 2:30P - Natural Skin Care 3:00P - Oil Painting 4:30P - Tai Chi -Chen 5:00P - Pickle Ball 5:30P - Cooking and Dinner 5:30P - Dinner with David 6:00P - Tai Chi Wu/Hao | 8:00A - Billiards 9:00A - Games 9:00A - Farmers' Market at P 9:00A - Tap Dance-Beginners 9:00A - Rummikub 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Inspirational Topics 10:00A - Tap Dance-Intermedi 10:00A - Quilting 10:30A - Dementia Education 10:30A - TOPS Weigh in 11:00A - Take off pounds sens 12:00P - Lunch 1:00P - Line Dance 1:00P - Mah Jong 2:00P - Acrylic Painting 2:30P - Walking | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Leatherworks 9:00A - Rummikub 10:00A - Art Without Expectat 10:00A - Dominoes 10:00A - Aerobics 10:00A - Strength Training-Ad 10:00A - Karaoke Sing A Long 10:00A - Garden Club 11:00A - Silver Sneakers 11:15A - Ageless Grace 12:00P - Open Pottery Studio 12:00P - Lunch 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:00P - Wood Carving Club 2:00P - Pickle Ball 5:30P - Fused Glass-Evening 6:00P - Wood Carving Club | 8:00A - Billiards 9:00A - Games 9:00A - One Stop Shop Cli 9:00A - One Stop Shop Clinic 9:00A - Beginning Watercolor 9:00A - Rummikub 9:30A - Line Dance 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Gentle Joy of Yoga 10:00A - Creative Crafters 10:30A - Scrabble Talk 12:00P - Wii-open play 12:00P - Lunch 12:00P - Thursday Tell All 2:00P - Retirement for Boome 3:00P - Telling Your Story 3:00P - Faith-Based Aging In 4:00P - Fused Glass 4:00P - Faith-Based Aging In 5:30P - Beginning Watercolor 6:30P - Brain Health Academ 7:00P - Ballroom Dance Clas | 8:00A - Billiards 9:00A - Games 9:00A - Pickle Ball 9:30A - Table Tennis 9:30A - Rook 10:00A - Dominoes 10:00A - Open Artist Studio 10:00A - Care Partner Respite 11:00A - Silver Sneakers 12:00P - Project EngAGE 12:00P - Lunch 1:00P - Hand & Foot Card Ga 1:00P - Mah Jong 2:00P - Pickle Ball 3:00P - Busy Beaders | |

PASSMORE - OCTOBER 2016 ACTIVITY CALENDAR

| Sunday 16 | Monday 17 | Tuesday 18 | Wednesday 19 | Thursday 20 | Friday 21 | Saturday 22 |
|--------------|---|---|--|---|---|----------------|
| | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Games 9:00A - Rummikub 9:30A - Friends of Passmore 10:00A - Fabric Mandala Colla 10:00A - Dominoes 10:00A - Open Pottery Studio 10:00A - Aerobics 10:00A - Gentle Joy of Yoga 11:00A - Silver Sneakers 12:00P - Lunch 12:30P - Pottery 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:30P - Holiday Gift Ideas F 2:00P - Line Dance 2:00P - Memory Cafe 3:00P - Oil Painting 4:30P - Tai Chi -Chen 5:00P - Pickle Ball 5:00P - NCCU Alumni Associ 5:30P - Cooking and Dinner 5:30P - Dinner with David 6:00P - Tai Chi Wu/Hao | 8:00A - Billiards 9:00A - Games 9:00A - Farmers' Market at P 9:00A - Tap Dance-Beginners 9:00A - Rummikub 10:00A - Project EngAGE 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Inspirational Topics 10:00A - Tap Dance-Intermedi 10:00A - Quilting 10:30A - TOPS Weigh in 11:00A - Take off pounds sens 12:00P - Lunch 1:00P - Line Dance 1:00P - Mah Jong 2:00P - Acrylic Painting 2:30P - Walking | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Leatherworks 9:00A - Flu Shots 9:00A - Rummikub 10:00A - Art Without Expectat 10:00A - Dominoes 10:00A - Aerobics 10:00A - Strength Training-Ad 10:00A - Karaoke Sing A Long 10:00A - Garden Club 11:00A - Silver Sneakers 11:15A - Ageless Grace 12:00P - Open Pottery Studio 12:00P - Lunch 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:00P - Wood Carving Club 2:00P - Pickle Ball 5:30P - Fused Glass-Evening 6:00P - Wood Carving Club | 8:00A - Billiards 8:00A - Hillsborough Senior 9:00A - Games 9:00A - Beginning Watercolor 9:00A - Rummikub 9:30A - Line Dance 10:00A - Project EngAGE 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Gentle Joy of Yoga 10:00A - Creative Crafters 10:30A - Scrabble Talk 12:00P - Wii-open play 12:00P - Lunch 1:30P - Advanced Watercolor 2:00P - Afternoon Tea 4:00P - Fused Glass 5:30P - Beginning Watercolor 6:30P - Brain Health Academ 7:00P - Ballroom Dance Clas | 8:00A - Billiards 9:00A - Games 9:00A - Pickle Ball 9:30A - Table Tennis 9:30A - Rook 10:00A - Dominoes 10:00A - Open Artist Studio 10:00A - Care Partner Respite 11:00A - Silver Sneakers 12:00P - Lunch 1:00P - Caregiver Creative C 1:00P - Hand & Foot Card Ga 1:00P - Mah Jong 2:00P - Pickle Ball 3:00P - Busy Beaders | |

PASSMORE OCTOBER 2016 ACTIVITY CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--|---|---|---|---|-----------|
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Games 9:00A - Rummikub 9:30A - Weaving in Circle 10:00A - Dominoes 10:00A - Open Pottery Studio 10:00A - Aerobics 10:00A - Gentle Joy of Yoga 11:00A - Silver Sneakers 12:00P - Lunch 12:30P - Project EngAGE 12:30P - Pottery 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:30P - Gemstone Tree of Lif 2:00P - Line Dance 2:30P - Natural Skin Care 3:00P - Oil Painting 4:30P - Tai Chi -Chen 5:00P - Pickle Ball 5:30P - Cooking and Dinner 5:30P - Dinner with David 6:00P - Tai Chi Wu/Hao | 8:00A - Billiards 9:00A - Games 9:00A - Farmers' Market at P 9:00A - Tap Dance-Beginners 9:00A - SEANC 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Inspirational Topics 10:00A - Tap Dance-Intermedi 10:00A - Quilting 10:30A - Dementia Education 10:30A - TOPS Weigh in 11:00A - Take off pounds sens 12:00P - Lunch 1:00P - Line Dance 1:00P - Mah Jong 2:00P - Acrylic Painting 2:30P - Walking 3:45P - Project EngAGE | 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Leatherworks 9:00A - Rummikub 10:00A - Art Without Expectat 10:00A - Dominoes 10:00A - Aerobics 10:00A - Strength Training-Ad 10:00A - Karaoke Sing A Long 10:00A - Garden Club 11:00A - Silver Sneakers 11:15A - Ageless Grace 12:00P - Open Pottery Studio 12:00P - Lunch 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 1:00P - Wood Carving Club 1:30P - Composting 101 2:00P - Pickle Ball 5:30P - Fused Glass-Evening 6:00P - Wood Carving Club | 8:00A - Billiards 9:00A - Games 9:00A - Beginning Watercolor 9:00A - Rummikub 9:30A - Line Dance 10:00A - Dominoes 10:00A - Strong and Steady 10:00A - Gentle Joy of Yoga 10:00A - Creative Crafters 10:30A - Scrabble Talk 12:00P - Wii-open play 12:00P - Lunch 12:00P - Thursday Tell All 1:30P - Elegant Ornaments 1:30P - Advanced Watercolor 3:00P - Telling Your Story 4:00P - Fused Glass 5:30P - Beginning Watercolor 6:30P - Brain Health Academ 7:00P - Ballroom Dance Clas | 8:00A - Billiards 9:00A - Games 9:00A - Pickle Ball 9:30A - Table Tennis 9:30A - Rook 10:00A - Dominoes 10:00A - Open Artist Studio 10:00A - Care Partner Respite 11:00A - Silver Sneakers 12:00P - Lunch 1:00P - Caregiver Creative C 1:00P - Hand & Foot Card Ga 1:00P - Mah Jong 1:00P - MAP 3:00P - Busy Beaders | |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|-----------|--|---------|-----------|----------|--------|----------|--|
| 30 | 31 8:00A - Billiards 8:45A - Pacesetter Class 9:00A - Games 9:00A - Reflexology 9:00A - Rummikub 10:00A - Fabric Mandala Colla 10:00A - Dominoes 10:00A - Open Pottery Studio 10:00A - Aerobics 10:00A - Gentle Joy of Yoga 11:00A - Silver Sneakers 12:00P - Lunch 12:30P - Pottery 12:30P - Contract Bridge 1:00P - Hand & Foot Card Ga 2:00P - Line Dance 3:00P - Oil Painting 4:30P - Tai Chi -Chen 5:00P - Pickle Ball 5:30P - Cooking and Dinner 5:30P - Dinner with David 6:00P - Tai Chi Wu/Hao | | | | | | |