Passmore Center Activity Calendar

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Games **9:00am** - Therapeutic Mass **9:00am** - Rummikub **10:00am** - Open Pottery Studi **10:00am** - Gentle Joy of Yog **10:00am** - Project EngAGE **10:00am** - Jolly 79ers Club **10:00am** - Dominoes **10:00am** - Aerobics **10:30am** - In Praise of Age **11:00am** - Silver Sneakers **12:00pm** - Birthday Party-Ma	2 **8:00am** - Billiards **9:00am** - Games **9:00am** - Tap Dance-Beginn **9:00am** - Farmers' Market at **9:00am** - Rummikub **10:00am** - Inspirational Topic **10:00am** - Tap Dance-Interm **10:00am** - Quilting **10:00am** - TOPS Weigh in **10:00am** - Dominoes **10:00am** - Strong and Steady **11:00am** - Take off pounds s **12:00pm** - Physical Therapy **12:00pm** - Lunch	3 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Leatherworks **9:00am** - Rummikub **10:00am** - Garden Club **10:00am** - Strength Training f **10:00am** - Karaoke Sing A Lo **10:00am** - Dominoes **10:00am** - Aerobics **11:00am** - Silver Sneakers **11:15am** - Ageless Grace **12:00pm** - Time Matters: A W **12:00pm** - Lunch **12:30pm** - Beginning Pottery	4 **8:00am** - Billiards **9:00am** - Games **9:00am** - Rummikub **9:30am** - Blood pressure ch **9:30am** - Line Dance **10:00am** - Coffee with Corina **10:00am** - Creative Crafters **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Strong and Steady **10:30am** - Scrabble Talk **11:00am** - Age Out Loud Seri **12:00pm** - Physical Therapy **12:00pm** - Lunch	5 **8:00am** - Billiards **9:00am** - Games **9:00am** - Leatherworks **9:00am** - Rummikub **9:30am** - Rook **10:00am** - Open Artist Studio/ **10:00am** - Temple Theatre Le **10:00am** - Care Partner Resp **10:00am** - Dominoes **10:30am** - Fun Bingo **11:00am** - Silver Sneakers **12:00pm** - Lunch **1:00pm** - Hand & Foot Card **1:00pm** - Mah Jong	6 **9:00am** - Sportsplex Class **9:00am** - Intergenerational P **10:00am** - Free Spirit Freedo **1:00pm** - Free Spirit Freedo

Orange County Department on Aging
endless possibilities

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 **12:00pm** - Lunch **12:30pm** - Pottery-Mon **1:00pm** - Hand & Foot Card **1:00pm** - Walk with Ease **1:00pm** - Card Making **1:00pm** - Rock Painting **1:00pm** - Contract Bridge **2:00pm** - Line Dance **3:00pm** - Oil Painting **4:30pm** - Tai Chi -Chen **5:00pm** - Pickle Ball **5:30pm** - Tarheel Depressio **5:30pm** - Cooking and Dinn **6:00pm** - Pottery Class-even	2 **1:00pm** - Line Dance **1:00pm** - Chess **1:00pm** - Sleeping Mats for t **1:00pm** - Mah Jong **2:00pm** - Acrylic Painting **2:30pm** - Walking **3:30pm** - Project EngAGE **4:00pm** - Caregivers Suppor **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Open Pottery Studi **6:00pm** - Rock Painting	3 **1:00pm** - Hand & Foot Card **1:00pm** - Walk with Ease **1:00pm** - Wood Carving Clu **1:00pm** - Contract Bridge **2:00pm** - Pickle Ball **2:00pm** - Make and Take M **3:00pm** - Oil Painting Studio **4:00pm** - Sew What Sewing **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Digital Photograph **6:00pm** - Wood Carving Clu	4 **12:00pm** - Wii-open play **1:00pm** - Bakgammon & Ch **1:00pm** - Digital Photograph **1:30pm** - Advanced Waterco **4:00pm** - Fused Glass **5:30pm** - Beg Watercolor-Ev **6:00pm** - Basketball Shoot A **7:00pm** - Ballroom Dance Cl	5 **1:30pm** - Open Pottery Studi **2:00pm** - Pickle Ball **3:00pm** - Busy Beaders	6

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 **6:00pm** - Basic Drawing **6:00pm** - Tai Chi Wu/Hao	2	3	4	5	6

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Games **9:00am** - Therapeutic Mass **9:00am** - Rummikub **10:00am** - Open Pottery Studi **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Aerobics **10:30am** - In Praise of Age **11:00am** - Silver Sneakers **12:00pm** - Lunch **12:30pm** - Pottery-Mon **1:00pm** - Hand & Foot Card	9 **8:00am** - Billiards **9:00am** - Games **9:00am** - Tap Dance-Beginn **9:00am** - Farmers' Market at **9:00am** - Rummikub **10:00am** - Inspirational Topic **10:00am** - Tap Dance-Interm **10:00am** - Quilting **10:00am** - TOPS Weigh in **10:00am** - Dominoes **10:00am** - Strong and Steady **11:00am** - Take off pounds s **12:00pm** - Physical Therapy **12:00pm** - Lunch	10 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Fit Feet-May **9:00am** - Leatherworks **9:00am** - Rummikub **10:00am** - Garden Club **10:00am** - Uber and Lyft **10:00am** - Strength Training f **10:00am** - Karaoke Sing A Lo **10:00am** - Dominoes **10:00am** - Aerobics **11:00am** - Silver Sneakers **11:15am** - Ageless Grace **12:00pm** - Lunch	11 **8:00am** - Billiards **9:00am** - Games **9:00am** - Rummikub **9:30am** - Blood pressure ch **9:30am** - Line Dance **10:00am** - Creative Crafters **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Strong and Steady **10:30am** - Scrabble Talk **10:30am** - Celebration of Wo **11:00am** - Age Out Loud Seri **12:00pm** - Physical Therapy **12:00pm** - Thursday Tell All	12 **8:00am** - Billiards **9:00am** - Games **9:00am** - Leatherworks **9:00am** - Physical Function **9:00am** - Rummikub **9:30am** - NC Symphony-Bra **9:30am** - Rook **10:00am** - Open Artist Studio/ **10:00am** - Care Partner Resp **10:00am** - Dominoes **10:30am** - Friends of the CO **11:00am** - Silver Sneakers **12:00pm** - Lunch **1:00pm** - Hand & Foot Card	13 **9:00am** - Sportsplex Class **9:00am** - Intergenerational P

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8 **1:00pm** - Walk with Ease **1:00pm** - Card Making **1:00pm** - Travel Club **1:00pm** - Contract Bridge **2:00pm** - Line Dance **2:30pm** - Natural Skin Care **3:00pm** - Art Show **3:00pm** - Oil Painting **4:30pm** - Tai Chi -Chen **5:00pm** - Pickle Ball **5:30pm** - Cooking and Dinn **6:00pm** - Pottery Class-even **6:00pm** - Basic Drawing **6:00pm** - Tai Chi Wu/Hao	9 **1:00pm** - Line Dance **1:00pm** - Advisory Board on **1:00pm** - Chess **1:00pm** - Sleeping Mats for t **1:00pm** - Mah Jong **2:00pm** - Acrylic Painting **2:30pm** - Walking **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Open Pottery Studi	10 **12:30pm** - Beginning Pottery **1:00pm** - Hand & Foot Card **1:00pm** - Walk with Ease **1:00pm** - Wood Carving Clu **1:00pm** - Contract Bridge **2:00pm** - Pickle Ball **3:00pm** - Oil Painting Studio **4:00pm** - Sew What Sewing **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Digital Photograph **6:00pm** - Wood Carving Clu	11 **12:00pm** - Lunch **12:00pm** - Wii-open play **1:00pm** - Bakgammon & Ch **1:00pm** - Digital Photograph **1:15pm** - Flicks at Passmore **1:30pm** - Advanced Waterco **3:00pm** - Telling Your Story **4:00pm** - Fused Glass **5:30pm** - Beg Watercolor-Ev **6:00pm** - Basketball Shoot A **7:00pm** - Ballroom Dance Cl	12 **1:00pm** - Mah Jong **1:30pm** - Open Pottery Studi **2:00pm** - Pickle Ball **3:00pm** - Busy Beaders	13

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Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Games **9:00am** - Therapeutic Mass **9:00am** - Rummikub **9:15am** - Public Bus Trip to **9:30am** - Friends of Passmo **10:00am** - Open Pottery Studi **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Aerobics **10:30am** - In Praise of Age **11:00am** - Silver Sneakers **12:00pm** - Lunch	16 **8:00am** - Billiards **9:00am** - Games **9:00am** - Tap Dance-Beginn **9:00am** - Farmers' Market at **9:00am** - Rummikub **9:30am** - Dementia Basics **10:00am** - Inspirational Topic **10:00am** - Tap Dance-Interm **10:00am** - Quilting **10:00am** - TOPS Weigh in **10:00am** - Dominoes **10:00am** - Strong and Steady **11:00am** - Take off pounds s **12:00pm** - Physical Therapy	17 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Leatherworks **9:00am** - Rummikub **10:00am** - Garden Club **10:00am** - Strength Training f **10:00am** - Karaoke Sing A Lo **10:00am** - Dominoes **10:00am** - Aerobics **11:00am** - Silver Sneakers **11:15am** - Ageless Grace **12:00pm** - Lunch **12:30pm** - Beginning Pottery **1:00pm** - Hand & Foot Card	18 **8:00am** - Hillsborough Senio **8:00am** - Billiards **9:00am** - Games **9:00am** - CarFit **9:00am** - Rummikub **9:30am** - Blood pressure ch **9:30am** - Line Dance **10:00am** - Creative Crafters **10:00am** - Gentle Joy of Yog **10:00am** - Project EngAGE **10:00am** - Dominoes **10:00am** - Strong and Steady **10:15am** - Public Bus Trip to **10:30am** - Scrabble Talk	19 **8:00am** - Billiards **9:00am** - Games **9:00am** - Leatherworks **9:00am** - Physical Function **9:00am** - Rummikub **9:30am** - Rook **9:30am** - Table Tennis **10:00am** - Open Artist Studio/ **10:00am** - Care Partner Resp **10:00am** - Dominoes **11:00am** - Silver Sneakers **12:00pm** - Lunch **1:00pm** - Hand & Foot Card **1:00pm** - Spring Plant Sale	20 **9:00am** - Sportsplex Class **9:00am** - Intergenerational P **10:00am** - Spring Plant Sale

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15 **12:30pm** - Pottery-Mon **1:00pm** - Hand & Foot Card **1:00pm** - Walk with Ease **1:00pm** - Card Making **1:00pm** - Contract Bridge **2:00pm** - Line Dance **2:00pm** - Memory Cafe **3:00pm** - Oil Painting **4:30pm** - Tai Chi -Chen **5:00pm** - Pickle Ball **5:00pm** - NCCU Alumni Ass **5:30pm** - Cooking and Dinn **6:00pm** - Pottery Class-even **6:00pm** - Basic Drawing	16 **12:00pm** - Lunch **1:00pm** - Line Dance **1:00pm** - Chess **1:00pm** - Sleeping Mats for t **1:00pm** - Mah Jong **2:00pm** - Acrylic Painting **2:30pm** - Walking **3:30pm** - Project EngAGE **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Open Pottery Studi	17 **1:00pm** - Walk with Ease **1:00pm** - Wood Carving Clu **1:00pm** - Contract Bridge **2:00pm** - Pickle Ball **3:00pm** - Oil Painting Studio **4:00pm** - Sew What Sewing **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Digital Photograph **6:00pm** - Wood Carving Clu	18 **11:00am** - Age Out Loud Seri **12:00pm** - Physical Therapy **12:00pm** - Lunch **12:00pm** - Wii-open play **1:00pm** - Bakgammon & Ch **1:00pm** - Digital Photograph **1:30pm** - Advanced Waterco **3:30pm** - Adult Care Home **4:00pm** - Fused Glass **5:30pm** - Pot Luck-Age Out **5:30pm** - Beg Watercolor-Ev **7:00pm** - Ballroom Dance Cl	19 **1:00pm** - Mah Jong **1:30pm** - Open Pottery Studi **2:00pm** - Pickle Ball **3:00pm** - Busy Beaders	20

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15 **6:00pm** - Tai Chi Wu/Hao	16	17	18	19	20

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Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Games **9:00am** - Rummikub **9:00am** - Reflexology **10:00am** - Open Pottery Studi **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Aerobics **10:30am** - In Praise of Age **11:00am** - Silver Sneakers **12:00pm** - Lunch **12:30pm** - Pottery-Mon **1:00pm** - Hand & Foot Card	23 **8:00am** - Billiards **9:00am** - Games **9:00am** - Tap Dance-Beginn **9:00am** - Farmers' Market at **9:00am** - Rummikub **9:00am** - SEANC **9:30am** - Dementia Basics **10:00am** - Inspirational Topic **10:00am** - Tap Dance-Interm **10:00am** - Quilting **10:00am** - TOPS Weigh in **10:00am** - Dominoes **10:00am** - Strong and Steady **11:00am** - Take off pounds s	24 **8:00am** - Billiards **8:45am** - Pacesetter Class **8:45am** - Healthy Carolinian **9:00am** - Fit Feet-May **9:00am** - Leatherworks **9:00am** - Rummikub **10:00am** - Garden Club **10:00am** - Strength Training f **10:00am** - Karaoke Sing A Lo **10:00am** - Dominoes **10:00am** - Aerobics **11:00am** - Silver Sneakers **11:15am** - Ageless Grace **12:00pm** - Lunch	25 **8:00am** - Billiards **9:00am** - Games **9:00am** - Rummikub **9:30am** - Blood pressure ch **9:30am** - Line Dance **10:00am** - Creative Crafters **10:00am** - Gentle Joy of Yog **10:00am** - Dominoes **10:00am** - Strong and Steady **10:30am** - Scrabble Talk **11:00am** - Age Out Loud Seri **12:00pm** - Physical Therapy **12:00pm** - Thursday Tell All **12:00pm** - Lunch	26 **8:00am** - Billiards **9:00am** - Games **9:00am** - Leatherworks **9:00am** - Rummikub **9:30am** - Rook **9:30am** - Table Tennis **10:00am** - Open Artist Studio/ **10:00am** - Care Partner Resp **10:00am** - Dominoes **11:00am** - Silver Sneakers **12:00pm** - Lunch **12:15pm** - Memorial Day Cel **1:00pm** - Hand & Foot Card **1:00pm** - Mah Jong	27 **9:00am** - Sportsplex Class **9:00am** - Intergenerational P

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Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22 **1:00pm** - Walk with Ease **1:00pm** - Card Making **1:00pm** - Contract Bridge **2:00pm** - Line Dance **2:30pm** - Natural Skin Care **3:00pm** - Oil Painting **4:30pm** - Tai Chi -Chen **5:00pm** - Pickle Ball **5:30pm** - Cooking and Dinn **6:00pm** - Pottery Class-even **6:00pm** - Basic Drawing **6:00pm** - Tai Chi Wu/Hao	23 **12:00pm** - Physical Therapy **12:00pm** - Lunch **1:00pm** - Line Dance **1:00pm** - Chess **1:00pm** - Sleeping Mats for t **1:00pm** - Mah Jong **2:00pm** - Acrylic Painting **2:30pm** - Walking **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Open Pottery Studi	24 **1:00pm** - Hand & Foot Card **1:00pm** - Walk with Ease **1:00pm** - Wood Carving Clu **1:00pm** - Contract Bridge **2:00pm** - Pickle Ball **3:00pm** - Oil Painting Studio **4:00pm** - Sew What Sewing **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Digital Photograph **6:00pm** - Wood Carving Clu	25 **12:00pm** - Wii-open play **1:00pm** - Bakgammon & Ch **1:00pm** - Digital Photograph **3:00pm** - Telling Your Story **3:30pm** - Direct Care Worke **4:00pm** - Fused Glass **5:30pm** - Beginning Waterco **6:00pm** - Basketball Shoot A **7:00pm** - Ballroom Dance Cl	26 **1:30pm** - Open Pottery Studi **2:00pm** - Pickle Ball **3:00pm** - Busy Beaders	27

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 **8:00am** - Billiards **8:45am** - Pacesetter Class **9:00am** - Games **9:00am** - Rummikub **10:00am** - Open Pottery Studi **10:00am** - Dominoes **10:00am** - Aerobics **10:30am** - In Praise of Age **11:00am** - Silver Sneakers **12:30pm** - Pottery-Mon **1:00pm** - Hand & Foot Card **1:00pm** - Card Making **1:00pm** - Contract Bridge **2:00pm** - Line Dance	30 **8:00am** - Billiards **9:00am** - Games **9:00am** - Tap Dance-Beginn **9:00am** - Farmers' Market at **9:00am** - Rummikub **9:30am** - Dementia Basics **10:00am** - Inspirational Topic **10:00am** - Tap Dance-Interm **10:00am** - Quilting **10:00am** - TOPS Weigh in **10:00am** - Dominoes **10:00am** - Strong and Steady **11:00am** - Take off pounds s **12:00pm** - Physical Therapy	31 **8:00am** - Billiards **8:45am** - Pacesetter Class **8:45am** - Healthy Carolinian **9:00am** - Leatherworks **9:00am** - Rummikub **10:00am** - Garden Club **10:00am** - Strength Training f **10:00am** - Karaoke Sing A Lo **10:00am** - Dominoes **10:00am** - Aerobics **11:00am** - Silver Sneakers **11:15am** - Ageless Grace **12:00pm** - Lunch **1:00pm** - Hand & Foot Card			

NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Activity Calendar

May 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 **3:00pm** - Oil Painting **6:00pm** - Pottery Class-even	30 **12:00pm** - Lunch **1:00pm** - Line Dance **1:00pm** - Chess **1:00pm** - Sleeping Mats for t **1:00pm** - Mah Jong **2:00pm** - Acrylic Painting **2:30pm** - Walking **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Open Pottery Studi	31 **1:00pm** - Wood Carving Clu **1:00pm** - Contract Bridge **2:00pm** - Pickle Ball **3:00pm** - Oil Painting Studio **4:00pm** - Sew What Sewing **6:00pm** - Sportsplex Class **6:00pm** - Sportsplex **6:00pm** - Wood Carving Clu			

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