

PASSMORE CENTER

March 2017 - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:00am - Billiards ¹	8:00am - Billiards ²	8:00am - Billiards ³	8:00am - VITA ⁴
			8:00am - VITA	9:00am - Games	9:00am - Games	9:00am - Intergenerational P
			8:00am - VITA	9:00am - Rummikub	9:00am - Rummikub	9:00am - Sportsplex Class
			8:45am - Pacesetter Class	9:30am - Blood pressure ch	9:00am - Leatherworks	
			9:00am - Rummikub	9:30am - Line Dance	9:30am - Rook	
			9:00am - Leatherworks	10:00am - Dominoes	10:00am - Open Artist Studio	
			10:00am - Dominoes	10:00am - Coffee with Corina	10:00am - Dominoes	
			10:00am - Garden Club	10:00am - Creative Crafters	10:00am - Care Partner Resp	
			10:00am - Strength Training	10:00am - Gentle Joy of Yog	10:30am - Fun Bingo	
			10:00am - Aerobics	10:30am - Scrabble Talk	11:00am - Silver Sneakers	
			10:00am - Karaoke Sing A Lo	12:00pm - Lunch	12:00pm - Lunch	
			11:00am - Silver Sneakers	12:00pm - Wii-open play	1:00pm - Hand & Foot Card	
			11:15am - Ageless Grace	12:00pm - Physical Therapy	1:00pm - Mah Jong	
			12:00pm - Outsmart the Sca	1:00pm - Bakgammon & Ch	3:00pm - Busy Beaders	



NOTE: Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			12:00pm - Lunch	1:00pm - Recipes and Tales		
			12:30pm - Beginning Pottery	1:30pm - Advanced Waterco		
			1:00pm - Hand & Foot Card	4:00pm - Fused Glass		
			1:00pm - Contract Bridge	5:30pm - Beg Watercolor-Ev		
			1:00pm - Wood Carving Clu	6:00pm - Basketball Shoot A		
			2:00pm - Pickle Ball	7:00pm - Ballroom Dance Cl		
			2:00pm - Rehearsal			
			3:00pm - Oil Painting Studio			
			4:00pm - Sew What Sewing			
			6:00pm - Wood Carving Clu			
			6:00pm - Sportsplex			
			6:00pm - Sportsplex Class			

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - VITA
	8:45am - Pacesetter Class	9:00am - Games	8:00am - VITA	9:00am - Games	9:00am - Games	9:00am - Intergenerational P
	9:00am - Games	9:00am - Rummikub	8:00am - VITA	9:00am - Rummikub	9:00am - Rummikub	9:00am - Sportsplex Class
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	8:45am - Pacesetter Class	9:30am - Blood pressure ch	9:00am - Leatherworks	
	9:00am - Therapeutic Mass	9:00am - Farmers' Market at	9:00am - Rummikub	9:30am - Line Dance	9:00am - Physical Function	
	10:00am - Project EngAGE	10:00am - Tap Dance-Interm	9:00am - Leatherworks	10:00am - Dominoes	9:30am - Rook	
	10:00am - Dominoes	10:00am - Dominoes	9:00am - Fit Feet-Mar	10:00am - Creative Crafters	9:30am - Table Tennis	
	10:00am - Open Pottery Studi	10:00am - Inspirational Topic	10:00am - Dominoes	10:00am - Gentle Joy of Yog	10:00am - Open Artist Studio	
	10:00am - Gentle Joy of Yog	10:00am - Strong and Steady	10:00am - Garden Club	10:00am - Strong and Steady	10:00am - Dominoes	
	10:00am - Aerobics	10:00am - Quilting	10:00am - Strength Training	10:30am - Scrabble Talk	10:00am - Care Partner Resp	
	10:00am - Jolly 79ers Club	10:30am - TOPS Weigh in	10:00am - Aerobics	12:00pm - Thursday Tell All	11:00am - Silver Sneakers	
	10:30am - In Praise of Age	11:00am - Take off pounds s	10:00am - Karaoke Sing A Lo	12:00pm - Lunch	12:00pm - Project EngAGE	
	11:00am - Silver Sneakers	12:00pm - Lunch	11:00am - Silver Sneakers	12:00pm - Wii-open play	12:00pm - Lunch	
	12:00pm - Birthday Party	12:00pm - Physical Therapy	11:15am - Ageless Grace	12:00pm - Physical Therapy	1:00pm - Hand & Foot Card	

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

5

12:00pm - Lunch
12:30pm - Pottery Class
1:00pm - Hand & Foot Card
1:00pm - Contract Bridge
2:00pm - Line Dance
3:00pm - Art Show
3:00pm - Oil Painting
4:30pm - Tai Chi -Chen Begi
5:00pm - Pickle Ball
5:30pm - Tarheel Depressio
5:30pm - Cooking and Dinn
6:00pm - Tai Chi Beginning
6:00pm - Intro to Raku Potte
6:00pm - Basic Drawing

6

1:00pm - Mah Jong
1:00pm - Chess
1:00pm - Line Dance
1:00pm - Crocheting-Beginn
1:00pm - Grief Support Grou
2:00pm - Acrylic Painting
2:30pm - Walking
3:30pm - Project EngAGE
4:00pm - Caregivers Suppor
6:00pm - Sportsplex
6:00pm - Open Pottery Studi
6:00pm - Sportsplex Class

7

12:00pm - Lunch
12:30pm - Beginning Pottery
1:00pm - Hand & Foot Card
1:00pm - Contract Bridge
1:00pm - Wood Carving Clu
2:00pm - Pickle Ball
2:00pm - Rehearsal
3:00pm - Oil Painting Studio
4:00pm - Sew What Sewing
6:00pm - Digital Photograph
6:00pm - Wood Carving Clu
6:00pm - Sportsplex
6:00pm - Sportsplex Class

8

1:00pm - Bakgammon & Ch
1:00pm - Digital Photograph
1:15pm - Flicks at Passmore
1:30pm - Advanced Waterco
2:00pm - Volunteer Meeting
3:00pm - Telling Your Story
4:00pm - Fused Glass
5:30pm - Beg Watercolor-Ev
6:00pm - Basketball Shoot A
7:00pm - Ballroom Dance Cl

9

1:00pm - Mah Jong
2:00pm - Pickle Ball
3:00pm - Busy Beaders

10

11

11

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

12	13	14	15	16	17	18
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - VITA
	8:45am - Pacesetter Class	9:00am - Games	8:00am - VITA	8:00am - Hillsborough Senio	9:00am - Games	9:00am - Intergenerational P
	9:00am - Games	9:00am - Rummikub	8:00am - VITA	9:00am - Games	9:00am - Rummikub	9:00am - Sportsplex Class
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	8:45am - Pacesetter Class	9:00am - Rummikub	9:00am - Leatherworks	
	9:00am - Therapeutic Mass	9:00am - Farmers' Market at	9:00am - Rummikub	9:30am - Blood pressure ch	9:00am - Physical Function	
	10:00am - Dominoes	10:00am - Tap Dance-Interm	9:00am - Exploring Mebane	9:30am - Line Dance	9:30am - Rook	
	10:00am - Gentle Joy of Yog	10:00am - Dominoes	9:00am - Leatherworks	10:00am - Dominoes	9:30am - Table Tennis	
	10:00am - Aerobics	10:00am - Inspirational Topic	10:00am - Strength Training	10:00am - Creative Crafters	10:00am - Open Artist Studio	
	10:00am - Low Vision Suppor	10:00am - Strong and Steady	10:00am - Dominoes	10:00am - Gentle Joy of Yog	10:00am - Dominoes	
	10:30am - In Praise of Age	10:00am - Quilting	10:00am - Garden Club	10:00am - Strong and Steady	10:00am - Care Partner Resp	
	11:00am - Silver Sneakers	10:30am - TOPS Weigh in	10:00am - Aerobics	10:00am - Bus Riding 101	11:00am - Silver Sneakers	
	12:00pm - Lunch	11:00am - Take off pounds s	10:00am - Karaoke Sing A Lo	10:30am - Scrabble Talk	12:00pm - Lunch	
	12:30pm - Pottery	12:00pm - Lunch	11:00am - Silver Sneakers	12:00pm - Lunch	1:00pm - Hand & Foot Card	
	1:00pm - Hand & Foot Card	12:00pm - Physical Therapy	11:15am - Ageless Grace	12:00pm - Wii-open play	1:00pm - Mah Jong	

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

12

1:00pm - Travel Club
1:00pm - Contract Bridge
1:00pm - Memory Glass Pe
2:00pm - Line Dance
2:30pm - Natural Skin Care
3:00pm - Oil Painting
4:30pm - Tai Chi -Chen Begi
5:00pm - Pickle Ball
5:30pm - Cooking and Dinn
6:00pm - Tai Chi Beginning
6:00pm - Intro to Raku Potte
6:00pm - Basic Drawing

13

1:00pm - Advisory Board on
1:00pm - Mah Jong
1:00pm - Chess
1:00pm - Line Dance
1:00pm - Crocheting-Beginn
1:00pm - Grief Support Grou
2:00pm - Acrylic Painting
2:30pm - Walking
6:00pm - Sportsplex
6:00pm - Sportsplex Class

14

12:00pm - Lunch
12:30pm - Beginning Pottery
1:00pm - Hand & Foot Card
1:00pm - Contract Bridge
1:00pm - Wood Carving Clu
2:00pm - Pickle Ball
2:00pm - Rehearsal
3:00pm - Oil Painting Studio
4:00pm - Sew What Sewing
6:00pm - Digital Photograph
6:00pm - Wood Carving Clu
6:00pm - Sportsplex
6:00pm - Sportsplex Class

15

12:00pm - Physical Therapy
1:00pm - Bakgammon & Ch
1:00pm - Digital Photograph
1:30pm - Advanced Waterco
3:30pm - Adult Care Home
4:00pm - Fused Glass
4:00pm - Flash Mob Class
5:30pm - Beg Watercolor-Ev
5:30pm - PotLuck-Celtic Eve
7:00pm - Ballroom Dance Cl

16

2:00pm - Pickle Ball
3:00pm - Busy Beaders

17

18

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - Billiards	8:00am - VITA
	8:45am - Pacesetter Class	9:00am - Games	8:00am - VITA	9:00am - Games	9:00am - Games	9:00am - Intergenerational P
	9:00am - Games	9:00am - Rummikub	8:00am - VITA	9:00am - Rummikub	9:00am - Rummikub	9:00am - Sportsplex Class
	9:00am - Rummikub	9:00am - Tap Dance-Beginn	8:45am - Pacesetter Class	9:30am - Blood pressure ch	9:00am - Leatherworks	
	9:00am - Therapeutic Mass	9:00am - Farmers' Market at	8:45am - Healthy Carolinian	9:30am - Line Dance	9:30am - Rook	
	9:30am - Friends of Passmo	10:00am - Tap Dance-Interm	9:00am - Rummikub	10:00am - Dominoes	9:30am - Table Tennis	
	10:00am - Dominoes	10:00am - Dominoes	9:00am - Leatherworks	10:00am - Creative Crafters	10:00am - Open Artist Studio	
	10:00am - Gentle Joy of Yog	10:00am - Inspirational Topic	9:00am - Fit Feet-Mar	10:00am - Gentle Joy of Yog	10:00am - Dominoes	
	10:00am - Aerobics	10:00am - Strong and Steady	10:00am - Strength Training	10:00am - Strong and Steady	10:00am - Care Partner Resp	
	10:30am - In Praise of Age	10:00am - Quilting	10:00am - Dominoes	10:30am - Scrabble Talk	10:30am - Temple Theatre-A	
	11:00am - Silver Sneakers	10:30am - TOPS Weigh in	10:00am - Garden Club	12:00pm - Thursday Tell All	11:00am - Silver Sneakers	
	12:00pm - Lunch	11:00am - Take off pounds s	10:00am - Aerobics	12:00pm - Lunch	12:00pm - Lunch	
	12:30pm - Pottery	12:00pm - Lunch	10:00am - Karaoke Sing A Lo	12:00pm - Wii-open play	1:00pm - Hand & Foot Card	
	1:00pm - Hand & Foot Card	12:00pm - Physical Therapy	11:00am - Silver Sneakers	12:00pm - Physical Therapy	1:00pm - Mah Jong	

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	19	20	21	22	23	24
	1:00pm - Contract Bridge	1:00pm - Mah Jong	11:15am - Parkinson's Caregi	1:00pm - Bakgammon & Ch	2:00pm - Pickle Ball	
	2:00pm - Memory Cafe	1:00pm - Chess	11:15am - Ageless Grace	1:00pm - Digital Photograph	3:00pm - Busy Beaders	
	2:00pm - Line Dance	1:00pm - Line Dance	11:15am - Parkinson's Suppo	1:30pm - Advanced Waterco		
	3:00pm - Oil Painting	1:00pm - Crocheting-Beginn	12:00pm - Lunch	2:00pm - Spades Play		
	4:30pm - Tai Chi -Chen Begi	1:00pm - Grief Support Grou	12:30pm - Beginning Pottery	2:00pm - Retirement for Boo		
	5:00pm - NCCU Alumni Ass	2:00pm - Acrylic Painting	1:00pm - Hand & Foot Card	3:00pm - Telling Your Story		
	5:00pm - Pickle Ball	2:30pm - Walking	1:00pm - Contract Bridge	4:00pm - Fused Glass		
	5:30pm - Cooking and Dinn	3:30pm - Rehearsal	1:00pm - Wood Carving Clu	4:00pm - Flash Mob Class		
	6:00pm - Tai Chi Beginning	3:30pm - Project EngAGE	2:00pm - Pickle Ball	5:30pm - Beg Watercolor-Ev		
	6:00pm - Pottery Class-Eve	6:00pm - Sportsplex	3:00pm - Oil Painting Studio	6:00pm - Medicare Presenta		
	6:00pm - Basic Drawing	6:00pm - Sportsplex Class	4:00pm - Sew What Sewing	6:00pm - Basketball Shoot A		
			6:00pm - Digital Photograph	7:00pm - Ballroom Dance Cl		
			6:00pm - Wood Carving Clu			
			6:00pm - Sportsplex			

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

19

20

21

22

23

24

25

6:00pm - Sportsplex Class

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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

26	8:00am - Billiards 8:45am - Pacesetter Class 9:00am - Games 9:00am - Rummikub 9:00am - Reflexology 10:00am - Dominoes 10:00am - Gentle Joy of Yog 10:00am - Aerobics 10:30am - In Praise of Age 11:00am - Silver Sneakers 12:00pm - Lunch 12:30pm - Pottery 1:00pm - Hand & Foot Card 1:00pm - Contract Bridge	27	8:00am - Billiards 9:00am - Games 9:00am - SEANC 9:00am - Tap Dance-Beginn 9:00am - Farmers' Market at 10:00am - Tap Dance-Interm 10:00am - Dominoes 10:00am - Inspirational Topic 10:00am - Strong and Steady 10:00am - Quilting 10:30am - TOPS Weigh in 11:00am - Take off pounds s 12:00pm - Lunch 12:00pm - Physical Therapy	28	8:00am - Billiards 8:00am - VITA 8:00am - VITA 8:45am - Pacesetter Class 9:00am - Rummikub 9:00am - Leatherworks 10:00am - Strength Training 10:00am - Dominoes 10:00am - Garden Club 10:00am - Aerobics 10:00am - Karaoke Sing A Lo 11:00am - Silver Sneakers 11:15am - Ageless Grace 12:00pm - Lunch	29	8:00am - Billiards 9:00am - Games 9:00am - Rummikub 9:30am - Blood pressure ch 9:30am - Line Dance 10:00am - Dominoes 10:00am - Creative Crafters 10:00am - Gentle Joy of Yog 10:00am - Strong and Steady 10:00am - Health Expert-Clea 10:30am - Scrabble Talk 12:00pm - Lunch 12:00pm - Wii-open play 12:00pm - Physical Therapy	30	8:00am - Billiards 9:00am - Games 9:00am - Rummikub 9:00am - Leatherworks 9:30am - Rook 9:30am - Table Tennis 10:00am - Open Artist Studio 10:00am - Dominoes 10:00am - Care Partner Resp 11:00am - Silver Sneakers 12:00pm - Lunch 1:00pm - Hand & Foot Card 1:00pm - Mah Jong 2:00pm - Pickle Ball	31	
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PASSMORE - Activity Calendar

March 2017 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

26	<p>2:00pm - Line Dance</p> <p>2:30pm - Natural Skin Care</p> <p>3:00pm - Oil Painting</p> <p>4:30pm - Tai Chi -Chen Begi</p> <p>5:00pm - Pickle Ball</p> <p>5:30pm - Cooking and Dinn</p> <p>6:00pm - Tai Chi Beginning</p> <p>6:00pm - Pottery Class-Eve</p> <p>6:00pm - Basic Drawing</p>	27	<p>1:00pm - Mah Jong</p> <p>1:00pm - Chess</p> <p>1:00pm - Line Dance</p> <p>1:00pm - Crocheting-Beginn</p> <p>1:00pm - Grief Support Grou</p> <p>2:00pm - Acrylic Painting</p> <p>2:30pm - Walking</p> <p>6:00pm - Sportsplex</p> <p>6:00pm - Sportsplex Class</p>	28	<p>12:30pm - Beginning Pottery</p> <p>1:00pm - Hand & Foot Card</p> <p>1:00pm - Contract Bridge</p> <p>1:00pm - Wood Carving Clu</p> <p>2:00pm - Pickle Ball</p> <p>2:00pm - Rehearsal</p> <p>3:00pm - Oil Painting Studio</p> <p>4:00pm - Sew What Sewing</p> <p>6:00pm - Digital Photograph</p> <p>6:00pm - Wood Carving Clu</p> <p>6:00pm - Sportsplex</p> <p>6:00pm - Sportsplex Class</p>	29	<p>1:00pm - Bakgammon & Ch</p> <p>1:00pm - Digital Photograph</p> <p>1:30pm - Advanced Waterco</p> <p>2:00pm - Retirement for Boo</p> <p>4:00pm - Fused Glass</p> <p>4:00pm - Flash Mob Class</p> <p>5:30pm - Beg Watercolor-Ev</p> <p>6:00pm - Basketball Shoot A</p> <p>7:00pm - Ballroom Dance Cl</p>	30	<p>3:00pm - Busy Beaders</p>	31	
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