AGING TRANSITIONS TEAM

Mary Fraser, DSW
Administrator

Keisha Andrews, MSW
Social Worker

Lisa Berley, MSW
Transportation Specialist

Carolyn Jefferson, BSN
Caregivers Day Out Coordinator

Ryan Lavalley, MOT, OTR/L
Occupational Therapy Consultant

Ana Lima, MSW
Bilingual Social Worker / SHIIP Coord.

Beverly Shuford, BS
Information and Benefits Specialist

Pam Tillett, MSW
Social Worker

Mary-Ann Weston, MSW
Social Worker

Jenny Womack, MS OTR/L
Occupational Therapy Consultant

Zhenzhen Yu, MSW
Bilingual Social Worker

ONE - STOP - SHOP LOCATIONS

Robert & Pearl Seymour Center
2551 Homestead Road
Chapel Hill, NC 27516
919.968.2070

Central Orange Senior Center
103 Meadowlands Drive
Hillsborough, NC 27278
(Adjacent to the Sportsplex)
919.245.2015

Visit us online:
www.orangecountync.gov/departments/aging

Like us on Facebook:
www.facebook.com/OrangeCountyDepartmentOnAging

Orange County Department on Aging
endless possibilities

ONE - STOP - SHOP

Aging Transitions Services

HELPLINE
919.968.2087

agingtransitions@orangecountync.gov

ONE - STOP - SHOP AGING TRANSITIONS SERVICES

**All services are offered at no charge to older adults living in Orange County.*

Information & Assistance Helpline

Resource information, consultation, and referrals to aging services available Monday-Friday, 9:00 a.m. - 4:00 p.m.
Please call 919.968.2087.

- For information and assistance in Chinese, please call 919.259.0232
- For information and assistance in Spanish, please call 919.245.4279 x 1

Insurance & Benefits

Counselors available by appointment to help clients understand and navigate the public benefits system.

Long-Term Care Planning

Certified Options Counselors help create plans for immediate and future long-term care needs.

Caregiver Support Services

Dementia and Parkinson's caregiver support groups offered at both senior centers.

Caregiver Day Out Respite Program

Caregivers can get time to themselves on Wednesdays from 11:00 a.m. - 4:00 p.m. Respite program provides lunch and activities weekly at the Seymour Center. Call the Helpline for information and reservations.

ONE - STOP - SHOP BENEFITS

One-Stop-Shop is a collaboration between the Orange County Departments on Aging and Social Services.

Through One-Stop-Shop, residents can visit the County's Senior Centers to learn about and access a full range of aging-related services and supports.

The Aging Transitions Team is available to help people determine what services they are eligible for and to make plans for the future.

Contact Us Today!

919.968.2087

agingtransitions@orangecountync.gov

ONE - STOP - SHOP AGING TRANSITIONS SERVICES

**All Services are offered at no charge to older adults living in Orange County.*

In-Home Safety Inspections

An Occupational Therapist is available to conduct home safety inspections and make recommendations that could help prevent falls and enhance mobility.

Public Transportation

A Transportation Specialist is available to help identify transportation options for non-drivers and help with accessing services. Transportation Call Center 919.717.1853, Monday-Friday.

Durable Medical Equipment

Gently used durable medical equipment is available free of charge to those in need. Please consider donating your gently used equipment.

Telephone Reassurance

"Good morning" safety calls made by volunteers to those who live alone Monday-Friday, between 8:00 a.m. - 9:30 a.m.

Friend to Friend Program

Community-based volunteers are matched with socially isolated seniors for companionship and friendship.