



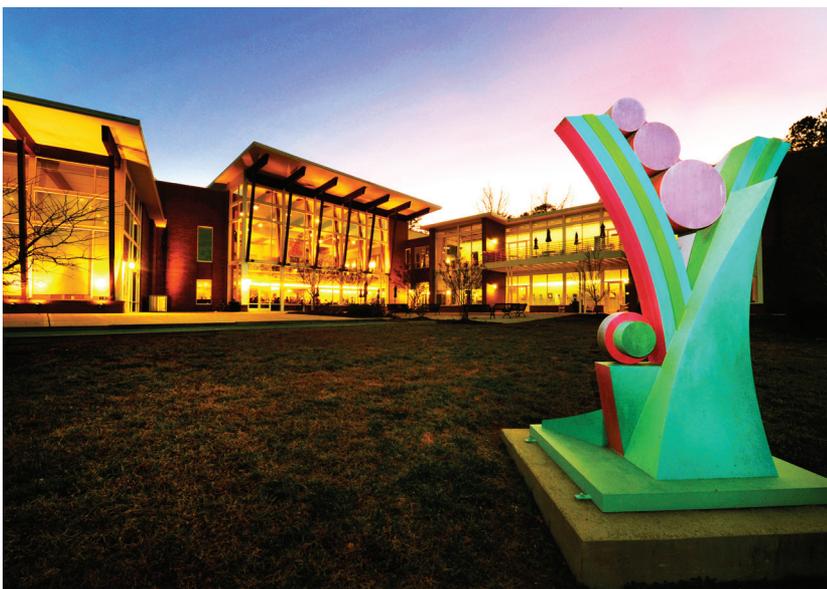
# 2016-17 COMMUNITY RESOURCE GUIDE

## For Seniors and Their Families



### PASSMORE CENTER

103 Meadowlands Drive  
Hillsborough, NC 27278  
(919) 245-2015



### SEYMOUR CENTER

2551 Homestead Road  
Chapel Hill, NC 27516  
(919) 968-2070

**ONE-STOP-SHOP for Aging Services & Enrichment**



[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)



[facebook.com/  
OrangeCounty  
DepartmentOnAging](https://facebook.com/OrangeCountyDepartmentOnAging)



**Aging Helpline:**  
(919) 968-2087





# COMMUNITY RESOURCE GUIDE

## For Seniors and Their Families

### **LIST YOUR BUSINESS OR AGENCY**

To list your business or agency in the Resource Guide, please complete and submit a form online at:

**[www.orangecountync.gov/departments/aging/community-resource-form.php](http://www.orangecountync.gov/departments/aging/community-resource-form.php)**

### **UPDATE YOUR LISTING**

To update your listing, please visit the page below for instructions:

**[www.orangecountync.gov/departments/aging/resource\\_guide.php](http://www.orangecountync.gov/departments/aging/resource_guide.php)**

### **ANNUAL LISTING VERIFICATION**

It is the responsibility of listing agencies to verify that your information is up to date. Even if you have corrected or updated your information mid-year, you still must verify your information during the annual verification process below:

1. Once a year, Orange County Department on Aging will send a request via email for you to verify that your agency information is correct or to update any changes.
2. If we do not receive a reply, we will resend the email verification request.
3. If we do not receive a reply from the second email, we will give one follow-up phone call.
4. Finally, if we do not get a response from the follow-up phone call, your agency will be deleted from the Community Resource Guide.

### **DISCLAIMER**

Inclusion in this Community Resource Guide does not imply endorsement by Orange County and exclusion does not indicate disapproval. The Orange County Department on Aging neither guarantees nor makes any representations as to the accuracy or completeness of the information contained in its Resource Guide. The Orange County Department on Aging disclaims any and all responsibility and liability that may be asserted or claimed resulting from or arising out of reliance upon the information presented in the Resource Guide. The Orange County Department on Aging reserves the right to edit information to meet format, guideline and space requirements.

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# ABUSE / ADULT PROTECTIVE SERVICES

See also: MENTAL HEALTH RESOURCES & SERVICES

The Department of Social Services (DSS) in each county evaluates allegations of abuse, neglect and exploitation of disabled adults and provides services to persons in need of protection. Reports are kept confidential and may be made anonymously. If there is even a suspicion of abuse, a report should be made so that the situation can be assessed. Call 911 if after hours, weekends & holidays, or if someone is in danger.

## DEPARTMENTS OF SOCIAL SERVICES (DSS)

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### Alamance County Department of Social Services—APS

319 North Graham-Hopedale Rd., Ste. C  
Burlington, NC 27217  
Phone: 336-229-2908  
[www.alamance-nc.com/dss](http://www.alamance-nc.com/dss)

### Chatham County Department of Social Services—APS

102 Camp Dr.  
Pittsboro, NC 27312  
Phone: 919-542-2759  
[www.chathamnc.org](http://www.chathamnc.org)

### Durham County Department of Social Services—APS

414 East Main St.  
Durham, NC 27701  
Phone: 919-560-8000  
[www.dconc.gov](http://www.dconc.gov)

### Orange County Department of Social Services—APS

Hillsborough Commons, 113 Mayo St.  
Hillsborough, NC 27278  
Phone: 919-245-2800  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## LAW ENFORCEMENT AGENCIES

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In a police or medical emergency, call 911. Some law enforcement agencies may offer non-police crisis assistance through specially trained crisis units. In a non-emergency, call the agency below that serves your residence.

### Carrboro Police Department

100 North Greensboro St.  
Carrboro, NC 27510  
Phone: 919-918-7398  
[www.carrboropolice.com](http://www.carrboropolice.com)

### Chapel Hill Police Department

828 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514  
Phone: 919-968-2760  
[www.townofchapelhill.org](http://www.townofchapelhill.org)

### Chapel Hill Police Department Crisis Unit

NON-police crisis assistance for Chapel Hill residents only. NOT police response. In a police or medical emergency, call 911.  
Phone: 919-968-2806

[www.townofchapelhill.org](http://www.townofchapelhill.org)

### Hillsborough Police Department

127 North Churton St.  
Hillsborough, NC 27278  
Phone: 919-732-9381  
[www.hillsboroughnc.com](http://www.hillsboroughnc.com)

## **Mebane Police Department**

116 W. Center St.

Mebane, NC 27302

Phone: 919-563-9031

[www.cityofmebane.com/police.asp](http://www.cityofmebane.com/police.asp)

## **Orange County Sheriff Department Crisis Unit**

106 East Margaret Lane

Hillsborough, NC 27278

Phone: 919-245-2900

Alt Phone: 919-644-3050

[www.ocsonc.com](http://www.ocsonc.com)

## **ABUSE / FAMILY VIOLENCE PREVENTION AGENCIES**

### **Compass Center for Women and Families**

24-hour crisis line offers support and crisis counseling for victims of domestic violence. Helps people develop a safety plan and provides cell phones to call 911. English / Spanish. Support groups for women. Free and confidential.

COUNTIES SERVED: Orange

210 Henderson St.

Chapel Hill, NC 27514

Phone: 919-968-4610

Alt Phone: 919-929-7122

[www.compassctr.org](http://www.compassctr.org)

### **HopeLine**

Helps people find the help they need during times of crisis through caring conversations on crisis and suicide intervention as well as referrals to community resources. Helps with any type of crisis such as domestic violence, sexual assault, child abuse, loneliness, suicide and mental health challenges. Free and confidential. NATIONWIDE

P.O. Box 10490

Raleigh, NC 27605

Phone: 877-235-4525; 8am–11pm

[www.hopeline-nc.org](http://www.hopeline-nc.org)

## **Orange County Rape Crisis Center**

Free confidential counseling and group support for victims of sexual assault including their friends or loved ones. Also offers community education and therapy referrals. COUNTIES SERVED: Orange

1506 East Franklin St., Ste 302

Chapel Hill, NC 27514

Phone: 919-968-4647

Alt Phone: 866-935-4783 or 919-967-7273

[www.ocrcc.org](http://www.ocrcc.org)

## **UNC Hospitals' Beacon Child and Family Program**

101 Manning Dr.

Chapel Hill, NC 27514

Phone: 984-974-0470

After hours: 888-378-0551

[www.med.unc.edu/beacon](http://www.med.unc.edu/beacon)

## **ADULT DAY CARE**

See also: ADVOCACY and OMBUDSMEN

Group programs provide supervision, meals and a variety of stimulating activities during daytime hours to functionally impaired and/or isolated adults.

## **ALAMANCE COUNTY**

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### **Friendship Adult Day Services, Inc.**

1946-B Martin St.

Burlington, NC 27217

Phone: 336-222-7797

## **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

1214 Vaughn Rd.  
Burlington, NC 27217  
Phone: 336-532-0000  
Alt Phone: 877-714-2100

[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

## **The Harbor at Twin Lakes**

3810 Heritage Dr.  
Burlington, NC 27215  
Phone: 336-585-2393  
Email: [Kevans@twinlakescomm.org](mailto:Kevans@twinlakescomm.org)

## **CHATHAM COUNTY**

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### **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

163 Chatham Business Dr.  
Pittsboro, NC 27312  
Phone: 919-545-7337  
Alt Phone: 877-714-2100

[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

## **DURHAM COUNTY**

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### **Center for Senior Life—Adult Day Health**

Provides social activities and meets many medical needs with a part-time RN and full-time Certified Nursing Assistants (CNA) on staff. Accessible shower available.

406 Rigsbee Ave., Ste. 202  
Durham, NC 27701  
Phone: 919-682-0215

[www.dcsInc.org/adh.php](http://www.dcsInc.org/adh.php)

## **ORANGE COUNTY**

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### **Charles House—Sunrise Adult Day Health**

Daytime eldercare program provides quality personalized care to elders, experiential learning programs, and caregiver respite and resources.

7511 Sunrise Rd.  
Chapel Hill, NC 27516  
Phone: 919-967-7570  
Email: [info@charleshouse.org](mailto:info@charleshouse.org)

[www.charleshouse.org](http://www.charleshouse.org)

### **Florence Gray Soltys Adult Day Health Program**

Provides social activities and meets some medical needs with a part-time RN and full-time Certified Nursing Assistants (CNA) on staff. Accessible shower available.

105 Meadowlands Dr.  
Hillsborough, NC 27278  
Phone: 919-245-2017

[www.soltysdayhealth.org](http://www.soltysdayhealth.org)

## ADVOCACY GROUPS

See also: OMBUDSMEN

Concerns about long-term care services (both availability and quality). Long-term care facilities are defined as nursing homes and adult care homes (family care homes/assisted living). Contact the Triangle J Area Agency on Aging 800-310-9777 to find your Regional Ombudsman if not listed below; or contact one of the following specialized advocacy organizations:

### **AARP**

Addresses the needs of persons 50+ to fight for and equip them to lead their best lives. Information, education, advocacy, policies, volunteerism, research & member discounts.

Phone: 888-687-2277

TTY: 877-434-7598

[www.aarp.org](http://www.aarp.org)

### **Disability Rights North Carolina**

Advocates for and protects the rights of people living with disabilities. STATEWIDE

3724 National Dr., Ste. 100

Raleigh, NC 27612

Phone: 919-856-2195

Email: [info@disabilityrightsn.org](mailto:info@disabilityrightsn.org)

[www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **El Centro Hispano—Main Office**

Provides help for needs ranging from tax & legal advice to health, employment assistance and more. COUNTIES SERVED: Durham, Orange, Other

2000 Chapel Hill Rd., Ste. 26A

Durham, NC, 27707

Phone: 919-687-4635

[www.elcentronc.org](http://www.elcentronc.org)

### **El Pueblo, Inc.**

A non-profit advocacy and public policy organization dedicated to strengthening the Latino community. COUNTIES SERVED: Durham, Orange, Other

2321 Crabtree Blvd., Ste. 105

Raleigh, NC 27604

Phone: 919-835-1525

[www.elpueblo.org](http://www.elpueblo.org)

### **Elder Matters of the Carolinas**

Mediation services to families facing age-related issues. Our mediators create a safe platform for families to gather together. We facilitate setting goals and objectives by identifying where interests converge and divide to chart a path forward that best preserves essential family relationships. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

1007 Vickers Ave.

Durham, NC 27707

Phone Number: 984-444-9393

Email: [info@eldermatters.org](mailto:info@eldermatters.org)

[www.eldermatters.org](http://www.eldermatters.org)

### **Friends of Residents in Long-Term Care**

Seeks to improve the lives of individuals who receive long-term care services and support through advocacy and educational activities. STATEWIDE

6300 Creedmoor Rd., Ste. 170 #326

Raleigh, NC 27612

Phone: 919-782-1530

[www.forltc.org](http://www.forltc.org)

## **North Carolina Division of Health Service Regulation—Adult Care Licensure Section**

NC state-licensing agency for long-term care facilities. Checks adequacy of adult care homes. Licenses and regulates nursing and adult care homes.

Phone: 919-855-4500 – Complaint Line  
Alt Phone: 919-855-4520 – Nursing Home Info  
[www2.ncdhhs.gov/dhsr](http://www2.ncdhhs.gov/dhsr)

## **Orange County Adult Care Home & Nursing Home Community Advisory Committees**

State-mandated and county-appointed citizen committees serve as advocates for long-term care residents. Promotes community involvement and cooperation with these homes to ensure quality care. Search for quarterly site visit reports on various facilities on the Orange County Department on Aging's web site below. COUNTIES SERVED: Orange

Phone: 919-558-2711 – Committee Questions  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Orange County Department of Social Services—Adult Care Home Specialist**

Monitors and documents every adult care home's compliance with licensure requirements and residents' Bill of Rights. May work with ombudsmen to resolve issues and complaints. COUNTIES SERVED: Orange

Phone: 919-245-2878  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## **TRIANGLE J AREA AGENCY ON AGING (TJAAA)—OMBUDSMEN**

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TJAAA Ombudsmen investigate complaints about the care of residents in long-term care facilities & serve as residents' advocates. They provide mediation & education in an effort to resolve grievances and increase understanding of long-term care residents' rights. Contact TJAAA to find your Regional Ombudsman if not listed below. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Other

4307 Emperor Blvd., Ste. 110  
Durham, NC 27703  
Phone: 800-310-9777  
[www.tjaaa.org](http://www.tjaaa.org)

## **OMBUDSMEN PHONE RESOURCES**

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### **TJAAA—Alamance County Ombudsman**

Phone: 336-904-0300  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Chatham County Ombudsman**

Phone: 919-558-2711  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Durham County Ombudsman**

Phone: 919-558-2714  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Orange County Ombudsman**

Phone: 919-558-2711  
[www.tjaaa.org](http://www.tjaaa.org)

## **AGING AGENCIES / SOCIAL SERVICE AGENCIES**

Aging agencies provide information and services to all seniors and their caregivers. Departments of Social Services provide an array of services including Medicaid and other assistance.

### **COUNTY AGENCIES**

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#### **Alamance County Department of Social Services**

319 North Graham-Hopedale Rd., Ste. C  
Burlington, NC 27217  
Phone: 336-570-6532  
[www.alamance-nc.com/dss](http://www.alamance-nc.com/dss)

#### **Alamance Eldercare, Inc.**

Provides information, referral, case assistance, care management, family caregiver education and support programs.

3019 South Church St.  
Burlington, NC 27215  
Phone: 336-538-8080  
[www.alamanceeldercare.org](http://www.alamanceeldercare.org)

#### **Center for Senior Life—Durham**

Information on benefits, long-term care, housing and more. Services: an adult day health program, congregate meal program, promotion program, information & assistance program, transportation, support groups, and counseling on caregiving and health insurance.

406 Rigsbee Ave., Ste. 202  
Durham, NC 27701  
Phone: 919-688-8247  
[www.dsclnc.org](http://www.dsclnc.org)

#### **Chatham County Council on Aging**

Provides information and assistance on issues such as aging, Medicare and caregiver support.

365 NC HWY 87 North  
P.O. Box 715  
Pittsboro, NC 27312  
Phone: 919-542-4512  
[www.chathamcouncilonaging.org](http://www.chathamcouncilonaging.org)

#### **Chatham County Department of Social Services**

102 Camp Dr.  
Pittsboro, NC 27312  
Phone: 919-542-2759  
[www.chathamnc.org/socialservices](http://www.chathamnc.org/socialservices)

#### **Durham County Department of Social Services**

Provides information and assistance on food stamps, adult protective services, guardianship, home-centered care and group home monitoring.

414 East Main St.  
Durham, NC 27701  
Phone: 919-560-8000  
[www.dconc.gov](http://www.dconc.gov)

#### **Orange County Department of Social Services—Chapel Hill**

Southern Human Services Ctr.  
2501 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2000  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## **Orange County Department of Social Services—Hillsborough**

Hillsborough Commons

113 Mayo St.

Hillsborough, NC 27278

Phone: 919-245-2800

Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)

[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## **Orange County Department on Aging—Services at Passmore Center**

Resource information, consultation and referrals to aging services. For information in Chinese, call 919-259-0232. For information in Spanish, call 919-245-4279. Helplines are staffed Monday–Friday, 9:00 am–4:00 pm.

103 Meadowlands Dr.

Hillsborough, NC 27278

Phone: 919-245-2015

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Orange County Department on Aging—Services at Seymour Center**

Resource information, consultation and referrals to aging services. For information in Chinese, call 919-259-0232. For information in Spanish, call 919-245-4279. Helplines are staffed Monday–Friday 9:00 am–4:00 pm.

2551 Homestead Rd.

Chapel Hill, NC 27516

Phone: 919-968-2070

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **FEDERAL AGENCIES**

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### **National Council on Aging (NCOA)**

Partners with non-profit organizations, government and businesses to provide innovative community programs and services, online help and advocacy.

[www.ncoa.org](http://www.ncoa.org)

### **National Eldercare Locator**

Connects you to local services and resources for older adults and their families.

Phone: 800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)

### **National Institute on Aging**

Provides leadership in aging research, training, health information and other programs related to aging and older people.

[www.nia.nih.gov](http://www.nia.nih.gov)

## **NORTH CAROLINA AGENCIES**

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### **North Carolina Division of Aging and Adult Services**

Information on community-based services, housing and long-term care arrangements in North Carolina.

2101 Mail Service Center

Raleigh, NC 27699

Phone: 919-855-3400

[www.ncdhhs.gov/divisions/daas](http://www.ncdhhs.gov/divisions/daas)

### **Triangle J Area Agency on Aging**

Regional public connection to aging networks, services and protective supports for older adults and caregivers. COUNTIES SERVED: Chatham, Durham, Orange, Other

Phone: 800-310-9777

[www.tjaaa.org](http://www.tjaaa.org)

## **ASSISTED LIVING / ADULT CARE HOME FACILITIES**

See also: **ADVOCACY, FAMILY CARE HOMES, NURSING HOMES** and **OMBUDSMEN**

Each county Department of Social Services (DSS) works with the state to license and monitor local assisted living and adult care home facilities (excludes nursing homes). To report a complaint or for general information: call your county DSS and ask for the adult home specialist; call the North Carolina Division of Health Service Regulation; or call 800-310-9777 to find your Triangle J Area Agency on Aging (TJAAA) Regional Ombudsman. When contacting individual agencies, ask what is included in the monthly fee and for information on extra charges.

### **ADULT CARE HOME / ASSISTED LIVING RESOURCES**

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#### **Assisted Living / Adult Care Homes**

Provides private or semi-private rooms and services such as three meals a day, assistance with personal care, medications, activities and transportation. Contact the facilities directly; or contact your county Department of Social Services; or TJAAA Regional Ombudsman about specific facilities at 800-310-9777.

#### **Family Care Homes**

Family Care Homes are assisted living/adult care homes that are state-licensed & limited to six unrelated residents. They provide lodging, meal services & assistance with daily living activities. They are also monitored by the county's Department of Social Services & the TJAAA Regional Ombudsman.

### **North Carolina Division of Health Service Regulation—Adult Care Licensure Section**

NC state-licensing agency for long-term care facilities. Checks adequacy of adult care homes. Licenses and regulates nursing and adult care homes.

Phone: 919-855-4500 – Complaint Line  
Alt Phone: 919-855-4520 – Nursing Home Info  
[www2.ncdhhs.gov/dhsr](http://www2.ncdhhs.gov/dhsr)

### **Orange County Adult Care Home Community Advisory Committee**

State-mandated and county-appointed citizen committees serve as advocates for long-term care residents. They promote community involvement and cooperation with these homes to ensure quality care. Search for quarterly site visit reports on various facilities on the Orange County Department on Aging's web site below.  
COUNTIES SERVED: Orange

Phone: 919-558-2711 – Committee Questions  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### **Senior Living Facilities—National Trade Association**

Formerly the Assisted Living Federation of America, Argentum promotes operational excellence through education, research, networking and online tools in the field of senior living. Offers an online tool to find a local facility.

[www.alfa.org](http://www.alfa.org)

## **ALAMANCE COUNTY**

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For information about specific facilities, contact the facilities directly; or the Alamance County Department of Social Services at 919-570-6532; or your TJAAA Regional Ombudsman at 800-310-9777.

### **A Vision Come True**

Accepts special assistance.

220 Hatch St.  
Burlington, NC 27217  
Phone: 336-227-4960

### **Blakey Hall**

Accepts special assistance. Has a separate dementia care unit.

501 North Manning Ave.  
Elon, NC 27244  
Phone: 336-506-2300  
[www.bhhamlet.com](http://www.bhhamlet.com)

### **Brookdale Burlington**

3615 South Mebane St.  
Burlington, NC 27215  
Phone: 336-584-9066  
[www.brookdale.com](http://www.brookdale.com)

### **Brookdale Burlington at Clare Bridge**

Dementia care only.

3619 South Mebane St.  
Burlington, NC 27215  
Phone: 336-538-0367  
[www.brookdaleliving.com](http://www.brookdaleliving.com)

### **Burlington Care Center**

Accepts special assistance.

2201 Burch Bridge Rd.  
Burlington, NC 27215  
Phone: 336-222-1077

### **Elon Village Home**

Accepts special assistance.

715 East Haggard Ave.  
Elon, NC 27244  
Phone: 336-584-7930

### **Golden Years Assisted Living**

Accepts special assistance.

205 East Sixth St.  
Burlington, NC 27215  
Phone: 336-227-5854

### **Golden Years Assisted Living II**

Accepts special assistance.

209-B East Sixth St.  
Elon, NC 27215  
Phone: 336-229-5165

### **Golden Years Family Care I**

Accepts special assistance.

205-A East Sixth St.  
Burlington, NC 27215  
Phone: 336-227-5854

### **Golden Years Family Care II**

Accepts special assistance.

207 East Sixth St.  
Burlington, NC 27215  
Phone: 336-229-0883

### **Homeplace of Burlington**

Has a separate dementia care unit.

118 Alamance Rd.  
Burlington, NC 27215  
Phone: 336-227-2328  
[www.homeplaceofburlington.com](http://www.homeplaceofburlington.com)

### **Lane Street Retirement Home**

Accepts special assistance.

625 Lane St.  
Burlington, NC 27217  
Phone: 336-229-9900

### **Pleasant Grove Retirement Home**

Accepts special assistance.

4516 HWY 49 North  
Burlington, NC 27217  
Phone: 336-578-0441

### **Springview—Brock Building (Administrative Office)**

Accepts special assistance. Dementia care only.

1032-C North Mebane St.  
Burlington, NC 27217  
Phone: 336-227-3808

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **Springview—Crouse Building**

Accepts special assistance.

613 West Whitsett St.  
Graham, NC 27253  
Phone: 336-227-8913

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **Springview—Phillips Family Care Home**

Accepts special assistance.

414 Chapel Hill Rd.  
Burlington, NC 27215  
Phone: 336-222-8913

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **Springview—Ross Building**

Accepts special assistance. Dementia care only.

1032-B North Mebane St.  
Burlington, NC 27217  
Phone: 336-227-4417

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **Springview—Stewart Building**

Accepts special assistance.

611 West Whitsett St.  
Graham, NC 27253  
Phone: 336-222-1888

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **The Oaks of Alamance**

Accepts special assistance.

1670 Westbrook Ave.  
Burlington, NC 27215  
Phone: 336-584-3070

[www.caring.com/oaksofalamance](http://www.caring.com/oaksofalamance)

### **Warren Care Services—Adult Care**

Located in Alamance County, WCS accepts men and women 55+. Offers 24/7 personal care, meal planning, medication management, short-term respite, hospice care services & more. Limited dementia/Alzheimer care services available for individuals who do not exhibit wandering and/or behavioral conditions. COUNTIES SERVED: Alamance, Caswell, Chatham, Orange, Other

1237 Westmoreland Dr.  
Burlington, NC 27217  
Phone: 336-270-5259

Email: [info@warrencareservices.com](mailto:info@warrencareservices.com)

[www.warrencareservices.com](http://www.warrencareservices.com)

## CHATHAM COUNTY

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For information about specific facilities, contact the facilities directly; or the Chatham County Department of Social Services at 919-542-2759; or your TJAAA Regional Ombudsman at 800-310-9777.

### **Cambridge Hills Assisted Living of Pittsboro**

Accepts special assistance. Has a locked unit.

140 Brookstone Lane  
Pittsboro, NC 27312  
Phone: 919-545-9573

### **Coventry House of Siler City**

Accepts special assistance.

260 Village Lake Rd.  
Siler City, NC 27344  
Phone: 919-742-4052

[www.coventryassistedliving.com](http://www.coventryassistedliving.com)

## DURHAM COUNTY

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For information about specific facilities, contact the facilities directly; or the Durham County Department of Social Services at 919-560-8000; or your TJAAA Regional Ombudsman at 800-310-9777.

### **Atria Southpoint Walk**

5705 Fayetteville Rd.  
Durham, NC 27713  
Phone: 919-401-0100  
Email: [teresa.seate@atriaseniorliving.com](mailto:teresa.seate@atriaseniorliving.com)  
[www.atriaseniorliving.com](http://www.atriaseniorliving.com)

### **Brookdale Cary**

Dementia care only. Private pay only.

7870 Chapel Hill Rd.  
Cary, NC 27513-5428  
Phone: 919-852-1355  
[www.brookdale.com](http://www.brookdale.com)

### **Brookdale Chapel Hill**

Private pay. Accepts special assistance.

2220 Farmington Dr.  
Chapel Hill, NC 27517  
Phone: 919-933-1430  
[www.brookdale.com](http://www.brookdale.com)

### **Brookdale Chapel Hill Memory Care—Clare Bridge**

Private pay. Accepts special assistance.

2230 Farmington Dr.  
Chapel Hill, NC 27517  
Phone: 919-929-5850  
[www.brookdale.com](http://www.brookdale.com)

### **Brookdale Durham**

Has a separate dementia unit available.

4434 Ben Franklin Blvd.  
Durham, NC 27704  
Phone: 919-479-9966  
[www.brookdale.com](http://www.brookdale.com)

### **Camellia Gardens**

Accepts special assistance.

5010 South Alston Ave.  
Durham, NC 27713  
Phone: 919-544-0257

## **Durham Ridge Assisted Living Memory Care**

Large, spacious secure building to enhance the comfort of our residents. Limited to memory care. Accepts special assistance.

3420 Wake Forest Highway

Durham, NC 27703

Phone: 919-596-9464

[www.durhamridgeassistedliving.com](http://www.durhamridgeassistedliving.com)

## **Eden Spring Living Center**

Accepts special assistance.

3812 Booker St.

Durham, NC 27713

Phone: 919-237-3506

## **Ellison's Rest Home**

Accepts special assistance.

100 Ellison Dr.

Durham, NC 27713

Phone: 919-544-3714

## **Eno Pointe Assisted Living**

Accepts special assistance.

5600 North Roxboro Rd.

Durham, NC 27712

Phone: 919-471-6306

[www.enopointe.com](http://www.enopointe.com)

## **Seasons at Southpoint**

Dementia care only.

1002 HWY 54 East

Durham, NC 27713

Phone: 919-484-8518

[www.seasonsatsouthpoint.com](http://www.seasonsatsouthpoint.com)

## **Spring Arbor of Durham**

Accepts special assistance.

4523 Hope Valley Rd.

Durham, NC 27707

Phone: 919-766-9938

[www.springarborliving.com](http://www.springarborliving.com)

## **ORANGE COUNTY**

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For information about specific facilities, contact the facilities directly; or the Orange County Department of Social Services at 919-245-2800; or your TJAAA Regional Ombudsman at 800-310-9777.

## **Brookdale Meadowmont**

Has a dementia unit on a separate floor.

1911 Lanark Rd.

Chapel Hill, NC 27517

Phone: 919-918-7600

[www.brookdaleliving.com](http://www.brookdaleliving.com)

## **Carillon Assisted Living of Hillsborough**

Separate dementia unit available.

1911 Orange Grove Rd.

Hillsborough, NC 27278

Phone: 919-732-9040

[www.carillonassistedliving.com](http://www.carillonassistedliving.com)

## **Crescent Green Assisted Living**

Accepts special assistance.

624 Jones Ferry Rd.

Carrboro, NC 27510

Phone: 919-933-9570

## **The Stratford**

Separate dementia unit available. Accepts special assistance.

405 Smith Level Rd.

Chapel Hill, NC 27516

Phone: 919-929-7859

## **Villines**

Accepts special assistance.

401 West Queen St.

Hillsborough, NC 27278

Phone: 919-732-4201

## BENEFITS

See also: AGING AGENCIES, MEDICAID, SOCIAL SERVICE AGENCIES and VETERANS

### DEPARTMENTS OF SOCIAL SERVICES (DSS)

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Departments of Social Services provide benefits such as Medicaid and food stamps to people who meet limited income qualifications. Limited funds for emergency assistance may be available.

#### **Alamance County Department of Social Services**

319 North Graham-Hopedale Rd., Ste. C  
Burlington, NC 27217  
Phone: 336-570-6532  
[www.alamance-nc.com/dss](http://www.alamance-nc.com/dss)

#### **Chatham County Department of Social Services**

102 Camp Dr.  
Pittsboro, NC 27312  
Phone: 919-542-2759  
[www.chathamnc.org/socialservices](http://www.chathamnc.org/socialservices)

#### **Durham County Department of Social Services**

Provides information and assistance on food stamps, adult protective services, guardianship, home-centered care and group home monitoring.  
414 East Main St.  
Durham, NC 27701  
Phone: 919-560-8000  
[www.dconc.gov](http://www.dconc.gov)

#### **Orange County Department of Social Services—Chapel Hill**

Southern Human Services Ctr.  
2501 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2000  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

#### **Orange County Department of Social Services—Hillsborough**

Hillsborough Commons  
113 Mayo St.  
Hillsborough, NC 27278  
Phone: 919-245-2800  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

### OTHER

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#### **AARP**

Addresses the needs of persons 50+ to fight for and equip them to lead their best lives. Information, education, advocacy, policies, volunteerism, research & member discounts.  
Phone: 888-687-2277  
TTY: 877-434-7598  
[www.aarp.org](http://www.aarp.org)

#### **Legal Aid of North Carolina—Senior Law Project**

Free legal help on civic matters to North Carolinians 60+. No income limitations for senior clients. Priority is given to those with the greatest need. Call the Senior Legal Helpline for free legal help.  
Phone: 877-579-7562  
[www.legalaidnc.org](http://www.legalaidnc.org)

## **Social Security Administration**

Accepts Medicare, Social Security and Survivors' Benefits applications in person or online. Call for an appointment for a phone interview. Use the online Social Security Office Locator to find your closest local office. Brochures on a variety of subjects may be downloaded from the website.

3004 Tower Blvd.  
Durham, NC 27707  
Phone: 800-772-1213  
TTY: 800-325-0778  
**www.ssa.gov**

## **Veterans Services Office (VSO)— Orange County**

Accredited, authorized representative who represents veterans and their dependents, provides counseling and advisement regarding qualifications, rights and entitlement to federal benefits, and assists with application preparation and presentation of claims for benefits. By appointment only. COUNTIES SERVED: Orange

Phone: 919-245-2890  
Email: bcorbett@orangecountync.gov  
**www.orangecountync.gov/departments/  
social\_services/veteran\_s\_services.php**

## **BETTER BUSINESS BUREAU**

### **Better Business Bureau**

Has reliability/complaint reports on specific companies and charities.

5540 Munford Rd., Ste. 130  
Raleigh, NC 27612-2655  
Phone: 919-277-4222  
Email: info@raleigh.bbb.org  
**www.easternnc.bbb.org/**

## **CARE MANAGEMENT**

See also: AGING AGENCIES and SOCIAL SERVICE AGENCIES

Aging Agencies and Departments of Social Services can provide some care coordination for seniors who need multiple services to remain living in their own homes. Private care managers can be hired for a fee to provide care coordination for seniors. Some care managers are available on call 24/7.

### **Aging Life Care Association**

Offers information about care management for older adults and others facing ongoing health challenges: assessment, care planning, housing, a directory of certified professional care managers, webinars and podcasts. NATIONWIDE

Phone: 520-881-8008  
**www.aginglifecare.org**

### **Aging Outreach Services**

We are advocates for older adults. Our resources, experience & solutions enable you to age the way you choose. The expertise of Aging Life Care™ Professionals helps navigate health & disability, housing, local resources, crisis intervention, private-duty caregivers and much more. COUNTIES SERVED: Chatham, Durham, Orange, Others

P.O. Box 2478  
Southern Pines, NC 28388  
Phone: 919-608-7533  
Alt Phone: 910-692-0683  
Email: info@AOSNC.com  
**www.AgingOutreachServices.com**

## **Everybody Needs a Nurse— Patient Advocates**

81110 Alexander  
Chapel Hill, NC 27517  
Phone: 919-606-1819  
Email: dhalloran@everybodyneedsanurse.com  
[www.everybodyneedsanurse.com](http://www.everybodyneedsanurse.com)

## **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

1214 Vaughn Rd.  
Burlington, NC 27217  
Phone: 336-532-0000  
Alt Phone: 877-714-2100  
[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

## **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

163 Chatham Business Dr.  
Pittsboro, NC 27312  
Phone: 919-545-7337  
Alt Phone: 877-714-2100  
[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

## **Senior Care Management Associates LLC**

Consultants and aging life care professionals assist aging adults and their families to age with dignity by Putting the Pieces Together. Using a person-centered approach, we assess and identify needs, advocate, provide resources, coordinate care and implement an aging-life plan. COUNTIES SERVED: Chatham, Durham, Orange

4711 Hope Valley Rd., Ste. 4F-519  
Durham, NC 27707  
Phone: 919-794-1888  
Email: Caryn@SeniorCM.com  
[www.SeniorCM.com](http://www.SeniorCM.com)

## **Senior Transitions**

1289 North Fordham Blvd., # 353  
Chapel Hill, NC 27514  
Phone: 919-240-7476  
Email: caringforseniors@aol.com  
[www.seniortransitionsnc.com](http://www.seniortransitionsnc.com)

## **CAREGIVER RESPITE**

### **A Helping Hand**

One of our companions can stay with a loved one, allowing a caregiver a chance to attend to personal needs. Overnight stays available. Private pay. Special discounts, volunteer services and subsidized services may be available. COUNTIES SERVED: Chatham, Durham, Orange, Other

1502 West HWY 54, Ste. 405  
Durham, NC 27707  
Phone: 919-403-5555  
Email: info@ahelpinghandnc.org  
[www.ahelpinghandnc.org](http://www.ahelpinghandnc.org)

## **Orange County Department on Aging— OC CARES Care Partner Respite**

Offers a weekly respite care program to support caregivers in Orange County, particularly those caring for people with Alzheimer's disease, related dementias and/or intellectual/developmental disabilities. Available at the Passmore Center in Hillsborough & the Seymour Center in Chapel Hill. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087 – Referrals  
OC CARES: 919-245-4253 – Office  
Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)  
**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

## **CAREGIVING RESOURCES**

See also: AGING AGENCIES, CARE MANAGEMENT, CAREGIVER RESPITE, DEMENTIA, SUPPORT GROUPS and WEBSITES

Each County Department or Council on Aging provides individualized information, education and support to family caregivers. Most agencies have support groups onsite and can refer to other disease-specific support groups in the Triangle. Phone consultations, office appointments and, in some cases, home assessments may be available. Long-distance family caregivers can consult the aging offices where they or their family member resides.

## **LOCAL SPECIALTY CLINICS & PROGRAMS**

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### **Duke Geriatric Evaluation and Treatment Clinic**

Phone: 919-620-4070

**<http://centerforaging.duke.edu/services/59>**

### **Duke Neurological Disorders Clinic at Morreene Road**

Specializes in memory and movement disorders like Alzheimer's, Parkinson's and Huntington's disease. Do not need a physician's referral.

932 Morreene Rd.

Durham, NC 27705

Phone: 919-668-7600

**[www.dukemedicine.org](http://www.dukemedicine.org)**

### **Orange County Department on Aging— Clinic for Community Living**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Project CARE**

For North Carolina caregivers who are caring for someone with dementia in their homes. Provides services, resources and information through an expert family consultant.

Phone: 800-646-2028 – Central Region

Email: [mark.hensley@dhhs.nc.gov](mailto:mark.hensley@dhhs.nc.gov)

**[www.ncdhhs.gov/assistance/adult-services/project-care](http://www.ncdhhs.gov/assistance/adult-services/project-care)**

## **State / County Special Assistance In-Home Program for Adults**

For eligible older adults or adults with disabilities, this program can help with living expenses such as food, shelter, clothing and other daily necessities. For eligible individuals living at home. Apply at your county department of social services.

[www.ncdhhs.gov/document/special-assistance-home-program-adults](http://www.ncdhhs.gov/document/special-assistance-home-program-adults)

## **UNC Center for Aging & Health—Geriatric Evaluation & Management Program**

Phone: 984-974-6599

[www.med.unc.edu/aging/patients](http://www.med.unc.edu/aging/patients)

## **UNC Memory and Cognitive Disorders Clinic**

Physician's referral required. Provides clinical care, education and research into Alzheimer's and related disorders.

194 Finley Golf Course Dr., Ste. 200

Chapel Hill, NC 27517

Phone: 919-962-2685

[www.med.unc.edu/neurology](http://www.med.unc.edu/neurology)

## **TELEPHONE RESOURCES FOR CAREGIVERS**

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### **Alamance Eldercare, Inc.**

Phone: 336-538-8080

### **Alzheimer's Association Eastern North Carolina Chapter**

Phone: 800-272-3900

Alt Phone: 919-803-8285 – Raleigh

### **Alzheimer's North Carolina**

Phone: 800-228-8738

Alt Phone: 919-832-3732 – Raleigh

### **Center for Senior Life—Durham**

Phone: 919-699-8247

### **Chatham County Council on Aging**

Phone: 919-542-4512

### **Duke Family Support Program—Memory Disorders**

Phone: 800-646-2028

### **Guiding Lights Caregiver Support Center—Phone Resources**

Phone: 919-371-2062

### **National Eldercare Locator**

Phone: 800-677-1116

### **Orange County Department on Aging—Helpline**

Phone: Aging Helpline: 919-968-2087

### **United Way—NC 24-HR Help & Information Line**

Phone: 211

## CHINESE RESOURCES

### **Chinese American Friendship Association of North Carolina**

Provides fee-based visa services.

[www.cafanc.org](http://www.cafanc.org)

### **Chinese Christian Mission Church**

Has senior ministry. COUNTIES SERVED: Durham and Orange

4528 Bennett Memorial Rd.

Durham, NC 27705

Phone: 919-794-4743

Alt Phone: 919-413-9557 – Social Service

[www.ccmnc.org/](http://www.ccmnc.org/)

### **Orange County Department on Aging—Chinese Resources**

The Aging Transition team at the Orange County Department on Aging maintains a list of resources available to the Chinese community. Please call the Chinese Helpline for information in Mandarin Chinese or visit our web site.

COUNTIES SERVED: Orange

Phone: 919-259-0232 – Mandarin Chinese

Email: [zyu@orangecountync.gov](mailto:zyu@orangecountync.gov)

[www.orangecountync.gov/departments/aging/chinese\\_resources.php](http://www.orangecountync.gov/departments/aging/chinese_resources.php)

## COMMUNITY CENTERS

See also: HEALTH AND WELLNESS, SENIOR CENTERS and SOCIAL & RECREATIONAL RESOURCES

### **Carrboro Century Center**

100 North Greensboro St.

Carrboro, NC 27510

Phone: 919-918-7385

Email: [RecParks@townofcarrboro.org](mailto:RecParks@townofcarrboro.org)

[www.townofcarrboro.org/290/Century-Center](http://www.townofcarrboro.org/290/Century-Center)

### **Cedar Grove Community Center**

5800 NC HWY 86N

Hillsborough, NC 27278

Phone: 919-245-2660

[www.orangecountync.gov/departments/deapr/cedar\\_grove\\_community\\_center.php](http://www.orangecountync.gov/departments/deapr/cedar_grove_community_center.php)

### **Central Recreation Center**

300 West Tryon St.

Hillsborough, NC 27278

Phone: 919-245-2660

[www.orangecountync.gov/departments/deapr/central\\_recreation\\_center.php](http://www.orangecountync.gov/departments/deapr/central_recreation_center.php)

### **Chapel Hill Community Center**

120 South Estes Dr.

Chapel Hill, NC 27514

Phone: 919-968-2790

[www.townofchapelhill.org/town-hall/departments-services/parks-recreation/facilities-greenways-parks](http://www.townofchapelhill.org/town-hall/departments-services/parks-recreation/facilities-greenways-parks)

### **Efland Cheeks Park & Community Center**

117 Richmond Rd.

Efland, NC 27243

Phone: 919-245-2660

[www.orangecountync.gov/departments/deapr/efland-cheeks\\_park\\_and\\_community\\_center.php](http://www.orangecountync.gov/departments/deapr/efland-cheeks_park_and_community_center.php)

### **Hargraves Community Center**

216 North Roberson St.

Chapel Hill, NC 27516

Phone: 919-968-2794

[www.townofchapelhill.org/town-hall/departments-services/parks-recreation/facilities-greenways-parks](http://www.townofchapelhill.org/town-hall/departments-services/parks-recreation/facilities-greenways-parks)

### **Orange County Parks Online Locator**

Orange County's web-based locator map has a drop-down menu and county map to help you find recreational activities by topic.

<http://server2.co.orange.nc.us/parklocator/>

### **Rogers Road Community Center**

101 Edgar Dr.

Chapel Hill, NC 27516

Phone: 919-918-2822

Email: [rogers.road.cc@gmail.com](mailto:rogers.road.cc@gmail.com)

[www.renacommunitycenter.com](http://www.renacommunitycenter.com)

## **COMMUNITY HEALTH CENTERS**

See also: DENTAL CARE and HEALTH INSURANCE INFORMATION

### **Lincoln Community Health Center, Inc.**

1301 Fayetteville St.

Durham, NC 27717

Phone: 919-956-4000

[www.lincolnchc.org](http://www.lincolnchc.org)

### **Orange County Health Department**

Southern Human Services Ctr.

2501 Homestead Rd.

Chapel Hill, NC 27516

Phone: 919-968-2022

[www.orangecountync.gov/departments/health/index.php](http://www.orangecountync.gov/departments/health/index.php)

### **Orange County Health Department**

300 West Tryon St.

Hillsborough, NC 27278

Phone: 919-245-2400

[www.orangecountync.gov/departments/health/index.php](http://www.orangecountync.gov/departments/health/index.php)

## **PIEDMONT HEALTH CENTERS**

Offers full-scope family medical and dental care, on-site lab and pharmacy, and care support services including assistance with insurance enrollment. Accepts most insurance and offers a sliding-fee scale to those who qualify. Not all services are offered at all sites. Call for more details.

### **PIEDMONT HEALTH—Burlington Community Health Center**

1214 Vaughn Rd.

Burlington, NC 27217

Phone: 336-506-5840

[www.piedmonthhealth.org](http://www.piedmonthhealth.org)

### **PIEDMONT HEALTH—Carrboro Community Health Center**

301 Lloyd St.

Carrboro, NC 27510

Phone: 929-942-8741

[www.piedmonthhealth.org](http://www.piedmonthhealth.org)

**PIEDMONT HEALTH—Chapel Hill  
Community Health Center**

1828 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514  
Phone: 919-951-7600  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Charles Drew  
Community Health Center**

221 N. Graham Hopedale Rd.  
Burlington, NC 27217-2971  
Phone: 336-570-3739  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Moncure Community  
Health Center**

7228 Pittsboro-Moncure Rd.  
Moncure, NC 27559  
Phone: 919-542-4991  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Prospect Hill  
Community Health Center**

322 Main St.  
Prospect Hill, NC 27314  
Phone: 336-562-3311  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Scott Community  
Health Center**

5270 Union Ridge Rd.  
Burlington, NC 27314  
Phone: 336-421-3247  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Siler City Community  
Health Center**

224 South 10th Ave.  
Siler City, NC 27344  
Phone: 919-663-1744  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**PIEDMONT HEALTH—Sylvan Community  
Health Center**

7718 Sylvan Rd.  
Snow Camp, NC 27349  
Phone: 336-506-0631  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

**CONTINUING  
CARE RETIREMENT  
COMMUNITIES**

Continuing Care Retirement Communities (CCRCs) provide varying levels of housing options and assistance based on a resident's needs. These range from independent units (such as apartments or cottages / villas) to assisted living to skilled nursing care. Many CCRCs require applicants to be functionally independent when they apply and / or become a resident. Call individual CCRCs for specific information. The NC Department of Insurance publishes an annual reference guide on North Carolina Continuing Care Retirement Communities. To order a free copy, call 919-807-6140 or visit [www.ncdoi.com](http://www.ncdoi.com).

**ALAMANCE COUNTY**

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**The Village at Brookwood**

1860 Brookwood Ave.  
Burlington, NC 27215  
Phone: 336-570-8440  
[www.villageatbrookwood.org](http://www.villageatbrookwood.org)

**Twin Lakes Community**

3701 Wade Coble Dr.  
Burlington, NC 27215  
Phone: 336-538-1500  
[www.twinlakescommunity.org](http://www.twinlakescommunity.org)

## CHATHAM COUNTY

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### **Carolina Meadows**

100 Carolina Meadows

Chapel Hill, NC 27517

Phone: 800-458-6756

Alt Phone: 919-942-4014

[www.carolinameadows.org](http://www.carolinameadows.org)

### **Galloway Ridge at Fearington**

3000 Galloway Ridge

Pittsboro, NC 27312

Phone: 888-763-9600

Alt Phone: 919-545-2215

[www.gallowayridge.com](http://www.gallowayridge.com)

### **Pittsboro Christian Village**

1825 East St.

Pittsboro, NC 27312

Phone: 919-542-3151

[www.pcvnc.org](http://www.pcvnc.org)

## DURHAM COUNTY

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### **Croasdaile Village Retirement Community**

2600 Croasdaile Farm Parkway

Durham, NC 27705

Phone: 919-384-2475

[www.croasdailevillage.com](http://www.croasdailevillage.com)

### **The Cedars**

100 Cedar Club Cir.

Chapel Hill, NC 27517

Phone: 919-259-7000

[www.cedarsofchapelhill.com](http://www.cedarsofchapelhill.com)

### **The Forest at Duke**

2701 Pickett Rd.

Durham, NC 27705

Phone: 919-490-8000

[www.forestduke.org](http://www.forestduke.org)

## ORANGE COUNTY

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### **Carol Woods Retirement Community**

750 Weaver Dairy Rd.

Chapel Hill, NC 27514

Phone: 919-968-4511

[www.carolwoods.org](http://www.carolwoods.org)

## DECLUTTERING & DOWNSIZING

### **National Association of Professional Organizers®**

Organizing and productivity professionals dedicated to helping people and organizations bring order and efficiency to their lives. Are you ready to conquer clutter and chaos? Use NAPO's Professional Organizer or Productivity Search Tool to find the help you need. NATIONWIDE

1120 Route 73, Ste. 200

Mount Laurel, NJ 08054

Phone: 856-380-6828

Email: [napo@napo.net](mailto:napo@napo.net)

[www.napo.net](http://www.napo.net)

### **Organize and Downsize**

Useful online tips on downsizing and organizing. To find a senior move manager in your area, contact the National Association of Senior Move Managers.

<http://organizeanddownsize.com>

# DEMENTIA / ALZHEIMER'S DISEASE

See also: AGING AGENCIES, CAREGIVING RESOURCES, GERIATRIC ASSESSMENT, PERSONAL EMERGENCY RESPONSE SYSTEMS, SUPPORT GROUPS and WEBSITES

## ALZHEIMER'S DISEASE RESOURCES

### Alzheimer's Association Eastern North Carolina Chapter

This Chapter provides programs and support services, information, referral, education and advocacy to 51 counties of Eastern North Carolina.

Phone: 800-272-3900

Alt Phone: 919-803-8285 – Raleigh Office

Email: [encinfo@alz.org](mailto:encinfo@alz.org)

[www.alz.org](http://www.alz.org)

### Alzheimer's North Carolina

Local offices in North Carolina provide educational programming and family support services while raising awareness and funding local research for a cause, prevention, treatment and a cure.

Phone: 800-228-8738

Alt Phone: 919-832-3732 – Office

Email: [info@alznc.org](mailto:info@alznc.org)

[www.alznc.org](http://www.alznc.org)

### Duke Family Support Program

Offers support to North Carolina families and caregivers concerned about or caring for persons with all stages of memory disorders.

Phone: 800-646-2028

Email: [dukefamilysupport@duke.edu](mailto:dukefamilysupport@duke.edu)

[www.dukefamilysupport.org](http://www.dukefamilysupport.org)

### Duke Health

Education, disease-specific support groups, research opportunities and memory disorders' clinic and treatment.

Phone: 855-855-6484

[www.dukemedicine.org](http://www.dukemedicine.org)

### Guiding Lights Caregiver Support Center—Dementia Resources

Offers "You Know Who I Am?," an Alzheimer's disease training program for family and professional caregivers. Interactive approach to learning how to work with individuals with dementia, especially Alzheimer's. Also support groups. COUNTIES SERVED: Durham and Other

Phone: 919-371-2062

[www.guidinglightsn.org](http://www.guidinglightsn.org)

### National Alzheimer's Association

A national association that provides online educational materials on dementia, links to local support groups and a 24/7 helpline. Has "Inside the Brain: An Interactive Tour," an educational resource for caregivers of individuals with dementia.

[www.alz.org](http://www.alz.org)

### Orange County Department on Aging—Clinic for Community Living at Passmore Center

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

103 Meadowlands Dr.

Hillsborough, NC 27278

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

**Orange County Department on Aging—  
Clinic for Community Living at  
Seymour Center**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

2551 Homestead Rd.

Chapel Hill, NC 27516

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

**Orange County Department on Aging—  
OC CARES Dementia Support**

Offers support for caregivers in Orange County, caring for people with dementias or intellectual/developmental disabilities: respite care; assessment; consultation for care partners dealing with behavioral, activity or safety challenges; caregiver support groups; & training for paid caregivers. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087 – Referrals

OC CARES: 919-245-4253 – Office

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

**Orange County Sheriff Department—  
Life Track**

Helps locate enrolled clients with brain disorders who wander away from their caregivers. Clients may have Alzheimer’s disease, Autism, Down’s syndrome or dementia. Clients wear a transmitter that emits a tracking signal. If the client wanders away, the caregiver calls 911 for a search and rescue team with a mobile receiver. COUNTIES SERVED: Orange

106 East Margaret Lane

Hillsborough, NC 27278

Phone: 919-245-2900

Alt Phone: 919-644-3050

[www.ocsonc.com](http://www.ocsonc.com)

**Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

1214 Vaughn Rd.

Burlington, NC 27217

Phone: 336-532-0000

Alt Phone: 877-714-2100

[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

**Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

163 Chatham Business Dr.

Pittsboro, NC 27312

Phone: 919-545-7337

Alt Phone: 877-714-2100

[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)

## **Project CARE**

For North Carolina caregivers who are caring for someone with dementia in their homes. Provides services, resources and information through an expert family consultant.

Phone: 800-646-2028 – Central Region

Email: [mark.hensley@dhhs.nc.gov](mailto:mark.hensley@dhhs.nc.gov)

[www.ncdhhs.gov/assistance/adult-services/project-care](http://www.ncdhhs.gov/assistance/adult-services/project-care)

## **DIAGNOSTIC AND TREATMENT CLINICS FOR MEMORY DISORDERS**

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### **Duke Neurological Disorders Clinic at Morreene Road**

Specializes in memory and movement disorders like Alzheimer's, Parkinson's and Huntington's diseases. Do not need a physician's referral.

932 Morreene Rd.

Durham, NC 27705

Phone: 919-668-7600

[www.dukemedicine.org](http://www.dukemedicine.org)

### **UNC Center for Rehabilitation Care (CRC)**

Helps improve function through speech, language and cognitive evaluations and treatment; swallowing assessments and treatment; and neuromuscular electrical stimulation.

1807 North Fordham Blvd.

Chapel Hill, NC 27514

Phone: 984-974-9700

[www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/?id=410](http://www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/?id=410)

## **UNC Memory and Cognitive Disorders Clinic**

Physician's referral required. Provides clinical care, education and research into Alzheimer's and related disorders.

194 Finley Golf Course Dr., Ste. 200

Chapel Hill, NC 27517

Phone: 919-962-2685

[www.med.unc.edu/neurology](http://www.med.unc.edu/neurology)

## **SPECIALTY CARE UNITS ALZHEIMER'S / DEMENTIA**

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### **Black Mountain Neuro-Medical Center**

932 Old US HWY 70

Black Mountain, NC 28711

Phone: 828-259-6700

Alt Phone: 828-259-6945 – Admissions

[www.bmcnc.org](http://www.bmcnc.org)

### **Longleaf Neuro-Medical Treatment Center**

4761 Ward Blvd.

Wilson, NC 27893

Phone: 252-399-2112

[www.longleafneuromedical.ncdhhs.gov](http://www.longleafneuromedical.ncdhhs.gov)

## DENTAL CARE CLINICS

### Dental SHAC (Student Health Action Coalition)

A free, student-run clinic for screenings, cleanings, fillings & extractions. Patients admitted by lottery only, not first-come first-serve. It's possible that some patients may not be seen. To become part of the lottery, you have to be present at the clinic by 6 pm on lottery dates listed online.

UNC School of Dentistry  
Ground Floor Tarrson Hall  
101 Manning Dr.  
Chapel Hill, NC 27599  
Email: [shacdental@dentistry.unc.edu](mailto:shacdental@dentistry.unc.edu)  
[www.med.unc.edu/shac/clinics/dental/dental-clinic](http://www.med.unc.edu/shac/clinics/dental/dental-clinic)

### Durham VA Medical Center

Veterans only. Call for eligibility criteria.

508 Fulton St.  
Durham, NC 27705  
Phone: 919-286-0411 ext. 6993  
[www.va.gov](http://www.va.gov)

### Orange County Health Department Dental Clinic

Our dental clinic is open Monday–Thursday and Friday half-days (call for hours). Services include dental exams, cleanings, fillings and extractions. Accepts Medicaid and most private insurance plans that cover dental services. Hillsborough location only. COUNTIES SERVED: Orange

300 West Tryon St.  
Hillsborough, NC 27278  
Phone: 919-245-2435  
[www.orangecountync.gov/departments/health/index.php](http://www.orangecountync.gov/departments/health/index.php)

### The Happy Tooth

Oral health care, cosmetic and family dentistry and tooth replacement options. English / Spanish.  
COUNTIES SERVED: Orange

121 South Estes Dr., Ste. 206  
Chapel Hill, NC 27514  
Phone: 919-933-3310  
[www.happytoothnc.com](http://www.happytoothnc.com)

### Triangle Mobile Dentistry

Professional dental team travels to patients' homes, nursing homes, senior living communities & rehabilitation centers to bring expert, compassionate care. The high-tech portable dental office comes equipped for emergency evaluation, cleaning, fillings, extraction & the repair of partials/dentures. COUNTIES SERVED: Orange

104 North Elliott Rd. #B  
Chapel Hill, NC 27514  
Phone: 919-799-2770  
[www.TriangleMobileDentistry.com](http://www.TriangleMobileDentistry.com)

### UNC Dental Clinic

Located inside the hospital. Referrals only. Patients must have a medically compromised situation that prevents them from being seen in a dentist's office.

101 Manning Dr., CB#7600  
Chapel Hill, NC 27514  
Phone: 984-974-1485  
Alt Phone: 984-974-0355

### UNC School of Dentistry

Care provided at the dental school by students and/or an attending dentist with UNC. Fee depends on whether work is provided by students under an attending dentist or by a UNC faculty member dentist. Referral required. Wait list.

Ground Floor Tarrson Hall, Room 0017  
Chapel Hill, NC 27599  
Phone: 919-537-3866  
[www.dent.unc.edu](http://www.dent.unc.edu)

## **PIEDMONT HEALTH CENTERS— DENTAL CARE**

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Our Dental Clinics are open Monday–Thursday (call for hours). Offers full-scope family dental care, on-site lab and pharmacy. Accepts most insurance. Offers a sliding-fee scale to those who qualify. English / Spanish. STATEWIDE

### **PIEDMONT HEALTH—Carrboro Community Health Center - Dental Care**

301 Lloyd St.

Carrboro, NC 27510

Phone: 919-933-9087

[www.piedmonthealth.org](http://www.piedmonthealth.org)

### **PIEDMONT HEALTH—Moncure Community Health Center - Dental Care**

7228 Pittsboro-Moncure Rd.

Moncure, NC 27559

Phone: 919-542-1641

[www.piedmonthealth.org](http://www.piedmonthealth.org)

### **PIEDMONT HEALTH—Prospect Hill Community Health Center - Dental Care**

322 Main St.

Prospect Hill, NC 27314

Phone: 336-562-3123 – Dental Clinic

[www.piedmonthealth.org](http://www.piedmonthealth.org)

### **PIEDMONT HEALTH—Siler City Community Health Center - Dental Care**

224 South 10th Ave.

Siler City, NC 27344

Phone: 919-633-4401

[www.piedmonthealth.org](http://www.piedmonthealth.org)

## **DISABILITIES—COGNITIVE**

See also: CARE MANAGEMENT, CAREGIVING RESOURCES, DEMENTIA, SHERIFF DEPARTMENT and SUPPORT GROUPS

### **UNC Center for Rehabilitation Care (CRC)**

Provides neurological rehab by occupational therapists. Interventions target motor recovery, cognitive impairment, return to education and work, community mobility & activities of daily living. Referral required.

1807 North Fordham Blvd.

Chapel Hill, NC 27514

Phone: 984-974-9700

[www.uncrehabilitationcare.org](http://www.uncrehabilitationcare.org)

## **DISABILITIES— INTELLECTUAL & DEVELOPMENTAL**

See also: SUPPORT GROUPS

### **Advanced Health Resources**

Provides residential services to adults with intellectual / developmental disabilities.

COUNTIES SERVED: Durham and Others

1224 Copeland Oaks Dr.

Morrisville, NC 27560

Phone: 919-465-3277

[www.ahrnc.com](http://www.ahrnc.com)

## **Arc of the Triangle**

Provides a variety of services to people with intellectual and developmental disabilities of all ages and their families. Sliding fee scale. Accepts Medicaid. COUNTIES SERVED: Durham, Orange, Other

1709 Legion Rd., Ste. 100  
Chapel Hill, NC 27517  
Phone: 919-942-5119  
Email: rbaker@arctrangle.org  
[www.arctrangle.org](http://www.arctrangle.org)

## **Cardinal Innovations Healthcare Community Office—Alamance**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Alamance and Caswell

2929 Crouse Lane, Ste. B  
Burlington, NC 27215  
Phone: 800-939-5911 – Call Center  
Alt Phone: 336-513-4222 – Local Office  
[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

## **Cardinal Innovations Healthcare Community Office—Orange**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Chatham, Orange, Person

201 Sage Rd.  
Chapel Hill, NC 27517  
Phone: 800-939-5911 – Call Center  
Alt Phone: 919-913-4000 – Local Office  
[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

## **Club Nova**

Assists with finding housing and provides clubhouse services to individuals who receive mental health, developmental disability and substance abuse services. COUNTIES SERVED: Orange

103-D West Main St.  
Carrboro, NC 27510  
Phone: 919-968-6682  
Email: membership@clubnova.org  
[www.clubnova.org](http://www.clubnova.org)

## **Disability Rights North Carolina**

Advocates for and protects the rights of people living with disabilities. STATEWIDE

3724 National Dr., Ste. 100  
Raleigh, NC 27612  
Phone: 919-856-2195  
Email: info@disabilityrightsncc.org  
[www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

## **First In Families of North Carolina**

Provides family support to people with developmental disabilities and traumatic brain injuries by helping them become involved members of their communities; meet current goals and plan for the future; acquire needed goods and services; and find opportunities to give back to others. COUNTIES SERVED: Chatham, Durham, Orange, Person

Phone: 919-724-3423 – Durham  
Alt Phone: 919-251-8368 ext: 107 – Chatham, Orange, Person  
Email: info@fifnc.org  
[www.fifnc.org](http://www.fifnc.org)

## **ResCare Home Care**

Offers professional nursing, personal care services, homemaking, companionship, respite & more. Available 24/7, including holidays. Accepts private pay, Medicaid, long-term care insurance. COUNTIES SERVED: All

4011 University Dr., Ste. 201  
Durham, NC 27707  
Phone: 919-493-7059  
Alt Phone: 866-737-2273  
[www.rescare.com](http://www.rescare.com)

## **Residential Services Chapel Hill**

Provides group home housing for people with intellectual and developmental disabilities. Assists with building in-home skills for people living independently. COUNTIES SERVED: Orange

111 Providence Rd.  
Chapel Hill, NC 27514  
Phone: 919-942-7391  
Email: [mail@rsi-nc.org](mailto:mail@rsi-nc.org)  
[www.rsi-nc.org](http://www.rsi-nc.org)

## **TEACCH® Autism Program**

Provides clinical services that are tailored to meet the unique needs of each individual with autism spectrum disorder (ASD) and their family. Includes evaluation, support services/groups, family and community education. Works with individuals of all ages and skill levels. STATEWIDE

100 Renee Lynne Ct.  
Carrboro, NC 27510  
Phone: 919-966-2174  
Email: [TEACCH@unc.edu](mailto:TEACCH@unc.edu)  
[www.teacch.com](http://www.teacch.com)

## **DISABILITIES—PHYSICAL & SENSORY**

See also: SUPPORT GROUPS

## **DISABILITY RESOURCES**

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### **Alliance of Disability Advocates— Center for Independent Living**

Assists people with any disability to develop steps to reach their goals for independent community-based living. Offers information, referral, life skills training, peer mentoring and support. Advocates for accessibility. COUNTIES SERVED: Durham, Orange, Other

1012 Oberlin Rd., Ste. 300  
Raleigh, NC 27605  
Voice/TTY: 919-833-1117  
Email: [alliance@alliancecil.org](mailto:alliance@alliancecil.org)  
[www.alliancecil.org](http://www.alliancecil.org)

### **Disability Rights North Carolina**

Advocates for and protects the rights of people living with disabilities. STATEWIDE

3724 National Dr., Ste. 100  
Raleigh, NC 27612  
Phone: 919-856-2195  
Email: [info@disabilityrightsn.org](mailto:info@disabilityrightsn.org)  
[www.disabilityrightsn.org](http://www.disabilityrightsn.org)

## **North Carolina Assistive Technology Program (NCATP)**

Administered by the NC Division of Vocational Rehabilitation Services. Provides assistive technology (AT) services to people of all ages and abilities. Has adaptive equipment for demonstrations and short-term loan. Some services fee-based. Offers online Exchange Post for North Carolinians to donate/sell AT devices or durable medical equipment. AREA SERVED: Statewide Regional Centers

4900 Waters Edge Dr.  
Raleigh, NC 27606  
Voice/TTY: 919-859-8360

[www.ncatp.org](http://www.ncatp.org)

## **North Carolina Independent Living Program**

Provides adaptive equipment; guidance and counseling and rehabilitative engineering for housing and vehicle modifications. People must meet financial guidelines and have a severe physical disability. COUNTIES SERVED: Chatham, Durham, Orange

4312 Western Park Pl.  
Durham, NC 27705  
Phone: 919-560-6810

[www.dvr.dhhs.state.nc.us](http://www.dvr.dhhs.state.nc.us)

## **North Carolina Vocational Rehabilitation**

Prepares people with a disability to find or keep a job. May provide financial help for eligible people who want to return to school. COUNTIES SERVED: Chatham, Durham, Orange

104 Village Lake Dr.  
Siler City, NC 27344  
Phone: 919-663-2544

[www.dvr.dhhs.state.nc.us](http://www.dvr.dhhs.state.nc.us)

## **HEARING IMPAIRMENT**

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### **Duke Hospital Speech Pathology and Audiology Clinic**

Assessments, therapy and hearing devices.

40 Duke Medicine Cir.

Durham, NC 27710

Phone: 919-684-3859

[www.dukespeechandhearing.org](http://www.dukespeechandhearing.org)

### **Hear Now**

Provides hearing aids at no cost to eligible individuals. Application fee required but may be refunded if application is denied. Accepts hearing aids as taxable donation. NATIONWIDE

Phone: 800-328-8602

Email: [hearnow@starkey.com](mailto:hearnow@starkey.com)

[www.starkeyhearingfoundation.org](http://www.starkeyhearingfoundation.org)

### **Hearing Loss Association of America**

Support and information provided in a group setting for individuals with hearing loss. NATIONWIDE with local chapters

Phone: 919-469-0924 – Wake County

[www.hearingloss.org](http://www.hearingloss.org)

### **International Hearing Society**

Hearing aid helpline and referrals to local providers.

Phone: 800-521-5247

[www.ihinfo.org](http://www.ihinfo.org)

## **North Carolina Division of Services for the Deaf and Hard of Hearing**

Statewide regional centers with programs and services to help clients achieve full participation in daily life: advocacy, communication tips and tools (sign language interpreters), referrals to community resources (legal to recreation), library resources. Free.

1100 Navaho Dr., Wood Oaks Bldg.  
Raleigh, NC 27609-2301  
Voice/TTY: 919-874-2212  
Alt Phone: 800-851-6099  
[www.ncdhs.gov/divisions/dsdhh](http://www.ncdhs.gov/divisions/dsdhh)

## **Relay North Carolina**

Provides services to help people who are hard of hearing or deaf communicate by telephone. STATEWIDE

Phone: 800-676-3777 – Customer Service  
Voice/TTY: 800-735-2962  
[www.relaync.com](http://www.relaync.com)

## **UNC Hospital Audiology Department**

Hearing tests, hearing aids, cochlear ear implants and programming. Bilingual. Visit our website. Click: CARE AND TREATMENT then Click: AUDIOLOGY.

2226 Nelson Highway  
Chapel Hill, NC 27517  
Phone: 984-974-4479  
[www.unomedicalcenter.org](http://www.unomedicalcenter.org)

## **VISUAL IMPAIRMENT**

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### **Academy Eye Center**

Low vision exams, rehabilitation, aids and resources. Visit our web site and Search: LOW VISION. COUNTIES SERVED: Durham and Orange

3115 Academy Rd.  
Durham, NC 27707  
Phone: 919-493-7456  
[www.academyeye.com](http://www.academyeye.com)

## **American Foundation for the Blind Information Center**

2 Penn Plaza, Ste. 1102  
New York, NY 10121  
Phone: 800-232-5463  
Email: [info@afb.net](mailto:info@afb.net)  
[www.afb.org/directory](http://www.afb.org/directory)

## **Community Low Vision Center**

Provides low vision services at no charge to enable people with any level of vision change to live as independently as possible. Provides information and resource referral, support in learning about vision changes and using visual aids, on-site store with assistive devices such as text and speech machines. STATEWIDE

2226 Nelson Highway, Ste. 200  
Chapel Hill, NC 27517  
Phone: 984-974-2058

## **Duke Eye Center—Low Vision Rehabilitation**

Provides evaluation; helps patients set rehabilitation goals; offers disability adjustment counseling; and family support groups.

2351 Erwin Rd.  
Durham, NC 27710  
Phone: 800-422-1575  
[www.dukeeyecenter.duke.edu](http://www.dukeeyecenter.duke.edu)

## **National Library Service for the Blind and Physically Handicapped**

Free library services to people with visual problems.

Phone: 800-424-8567  
Alt Phone: 202-707-5100  
Email: [nls@loc.gov](mailto:nls@loc.gov)  
[www.loc.gov/nls](http://www.loc.gov/nls)

## **North Carolina Division of Services for the Blind**

Provides services to people who are visually impaired, blind and deaf-blind to help them develop skills to reach their goals of independent living. Call to find an office near you.

309 Ashe Ave., Fisher Bldg.

Raleigh, NC 27606

Phone: 866-222-1546

[www.ncdhhs.gov/dsb](http://www.ncdhhs.gov/dsb)

## **North Carolina Library for the Blind and Physically Handicapped**

People who cannot use regular printed materials because of a visual or other physical handicap (such as not being able to hold a book) are eligible. Provides free downloadable digital talking players, books and magazines. Applications available from your local reference librarian. Free.

1841 Capital Blvd.

Raleigh, NC 27635

TDD: 919-733-1462

Alt Phone: 888-388-2460 or 919-733-4376

Email: [nclbph@ncdcr.gov](mailto:nclbph@ncdcr.gov)

[www.statelibrary.ncdcr.gov/lbph](http://www.statelibrary.ncdcr.gov/lbph)

## **Social Worker for the Blind—Durham and Orange Counties**

To help individuals with vision loss identify where they need help to meet their goals to be independent. Assessments, training, adjustments to vision loss. Operates through the NC Division of Services for the Blind. COUNTIES SERVED:

Durham and Orange

414 East Main St., Room 244-M

Durham, NC 27701

Phone: 919-560-8633

## **Triangle Radio Reading Service**

Connects people who are blind and print impaired by delivering news, information and entertainment using the latest audio technology. 24/7 online programming via special radio (loaned free). Listen to News and Observer, USA Today, Our State Magazine and special programs such as Tech Tips, Legal Matters and Health Issues. STATEWIDE

211 E. Six Forks Rd., Ste. 103

Raleigh, NC 27609

Phone: 919-832-5138

Email: [may@trrsnc.org](mailto:may@trrsnc.org)

[www.trianglereadingservice.org](http://www.trianglereadingservice.org)

# DRIVING

## **DRIVER SAFETY CLASSES**

### **AAA (American Automobile Association)**

Offers online traffic safety courses to refresh driving skills or may purchase a computer program on traffic safety. NATIONWIDE

2301 Blue Ridge Rd.

Raleigh, NC 27607

Phone: 800-444-8691 ext: 10883

[www.aaa.com/safety](http://www.aaa.com/safety)

### **AARP Driver Safety Program**

Online and classroom driver safety classes for members/nonmembers. Find a location near you. STATEWIDE

Phone: 888-227-7669

[www.aarp.org/drive](http://www.aarp.org/drive)

## **Andes Driving School**

Offers instruction including AAA Driver Improvement Program for Seniors. English / Spanish.

5007 Southpark Dr., Ste. 120

Durham, NC 27713

Phone: 919-484-0330

[www.driveandes.com](http://www.driveandes.com)

## **DRIVING EVALUATIONS**

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An evaluation may be needed for an aging adult with a compromised driving ability. May be done through a private company or some hospital outpatient clinics. Follow-up training may be available. Fee. Some insurance may apply.

## **Andes Driving School**

Evaluates driving skills behind the wheel normally at the office. Written report to medical provider. English / Spanish.

5007 Southpark Dr., Ste. 120

Durham, NC 27713

Phone: 919-484-0330

[www.driveandes.com](http://www.driveandes.com)

## **Driver Rehabilitation Services, PA**

Provides clinical and behind the wheel testing of physical, visual and cognitive skills needed for safe vehicle operation. Evaluations are completed by an occupational therapist/certified driver rehabilitation specialist. Evaluations are in McLeansville office. Training, if needed, is provided at client's location.

P.O. Box 448

5417 Frieden Church Rd.

McLeansville, NC 27301

Phone: 888-888-0039

Alt Phone: 336-697-7841 – Guilford County

[www.driver-rehab.com](http://www.driver-rehab.com)

## **Duke University Rehab—Duke Driving Program**

Evaluates a person's driving potential or enables a person to return to safe driving. In-clinic evaluation by an occupational therapist. Financial counseling available.

3000 Erwin Rd.

Durham, NC 27707

Phone: 919-668-3988

<http://sites.duke.edu/ptot/outpatient-services/driving-evaluations>

## **UNC Center for Rehabilitation Care (CRC)**

Only does in-clinic driving evaluations by an occupational therapist using a driving simulator. Written report sent to medical provider. If further evaluation is needed, CRC may recommend an on-the-road assessment. English / Spanish. Location: former Borders Bookstore Building.

1807 North Fordham Blvd.

Chapel Hill, NC 27514

Phone: 855-609-0803

[www.uncrehabilitationcare.org](http://www.uncrehabilitationcare.org)

## **EDUCATIONAL OPPORTUNITIES**

### **Carolina College for Lifelong Learning**

Offers comprehensive enrichment opportunities sponsored by the UNC General Alumni Association. Classes are taught primarily by UNC faculty and graduate teaching fellows and are usually held on the UNC Campus or at Flyleaf Books in Chapel Hill. Mornings, evenings, weekends. Tuition.

General Alumni Association

P.O. Box 660

Chapel Hill, NC 27514-0660

Phone: 919-962-3574

Email: [ccll@unc.edu](mailto:ccll@unc.edu)

[www.alumni.unc.edu](http://www.alumni.unc.edu)

### **Durham Technical Community College— Main Campus**

Offers career and university transfer programs in Health, Public Service, Early Childhood Education, Engineering/Technology, and Computer and Information Systems. Also offers general education (GED) classes, English as a Second Language (ESL) classes and personal enrichment courses.

1637 Lawson St.

Durham, NC 27703

Phone: 919-536-7200

[www.DurhamTech.edu](http://www.DurhamTech.edu)

### **Durham Technical Community College— Orange County Campus**

Offers a two-year Associate in Arts degree, also general education (GED) classes, English as a Second Language (ESL) classes and personal enrichment courses.

525 College Park Rd.

Hillsborough, NC 27278

Phone: 919-536-7238

[www.DurhamTech.edu](http://www.DurhamTech.edu)

### **North Carolina Cooperative Extension in Orange County**

Provides educational opportunities in four major program areas: Agricultural and Natural Resources, Family and Consumer Sciences, 4-H and Youth Development, and Community and Rural Development. COUNTIES SERVED: Orange

306-E Revere Rd.

Hillsborough, NC 27278

Phone: 919-245-2050

[www.orange.ces.ncsu](http://www.orange.ces.ncsu)

### **Orange County Department on Aging— Education at Passmore Center**

Offers a wide variety of educational opportunities for lifetime learners: lectures, classes, computer skills, health, language, financial planning, cooking, the arts and more. Visit our website or pick up a copy of the *Senior Times* at our senior centers and other public locations.

103 Meadowlands Dr.

Hillsborough, NC 27278

Phone: 919-245-2015

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### **Orange County Department on Aging— Education at Seymour Center**

Offers a wide variety of educational opportunities for lifetime learners: lectures, classes, computer skills, health, language, financial planning, cooking, the arts and more. Visit our website or pick up a copy of the *Senior Times* at our senior centers and other public locations.

2551 Homestead Rd.

Chapel Hill, NC 27516

Phone: 919-968-2070

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### **Osher Lifelong Learning Institute at Duke (OLLI)**

Offers non-credit 10-week courses to people age 50+. Three times a year in various local locations. Program areas such as: literature, history, sciences, economics, computer and performing arts. Fee. Meetings: The Bishop's House. COUNTIES SERVED: Durham, Orange, Other

Duke University-Box 90700

Durham, NC 27708

Phone: 919-684-2703

Email: [gjc3@duke.edu](mailto:gjc3@duke.edu)

[www.learnmore.duke.edu/olli](http://www.learnmore.duke.edu/olli)

### **Peer Learning of Chapel Hill**

An educational program for seniors and retirees that provides both learning and social experiences through volunteer-led classes, guest speakers and dining at area restaurants. Fee. Meetings: Olin T. Binkley Baptist Church. COUNTIES SERVED: Chatham, Durham, Orange

Education Annex, 1712 Willow Dr.  
Chapel Hill, NC 27514  
Email: [info@peerlearningofchapelhill.com](mailto:info@peerlearningofchapelhill.com)  
**[www.peerlearningofchapelhill.com](http://www.peerlearningofchapelhill.com)**

### ***Senior Times***

Published quarterly by the Orange County Department on Aging. It lists programs and activities held countywide, along with a variety of educational opportunities. It is available at senior centers and other public locations. Visit our website for pick-up locations:

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Shared Learning Association of Chapel Hill**

A voluntary association of persons living in or near Chapel Hill who wish to continue learning by attending classes designed and conducted by fellow members as well as programs given by invited speakers. Classes are held weekday mornings. Annual membership dues. Meetings: Expand Church. COUNTIES SERVED: Chatham, Durham, Orange

114 Weaver Dairy Rd.  
Chapel Hill, NC 27514  
Phone: 919-642-0606  
Email: [amparson@uci.edu](mailto:amparson@uci.edu)  
**[www.sharedlearningofchapelhill.com](http://www.sharedlearningofchapelhill.com)**

### **UNC Program in the Humanities**

Offers a wide variety of one-day sessions in various locations. Provides weekend seminars, scholarships and tuition reduction benefits. Tuition varies. COUNTIES SERVED: Orange, Other

1700 Martin Luther King Jr. Blvd., CB#3425  
Chapel Hill, NC 27599  
Phone: 919-962-1544  
Email: [human@unc.edu](mailto:human@unc.edu)  
**<http://humanities.unc.edu>**

### **University of North Carolina at Chapel Hill**

Offers short non-credit courses from morning classes that may meet up to three sessions to the "What's the Big" Idea evening lecture series, which consists of four individual lectures within one theme. Registration fees. COUNTIES SERVED: Chatham, Durham, Orange, Other

The Friday Center  
100 Friday Center Dr.  
Chapel Hill, NC 27599-1020  
Phone: 919-962-2643  
Alt Phone: 800-845-8640  
Email: [conradj@email.unc.edu](mailto:conradj@email.unc.edu)  
**<http://fridaycenter.unc.edu/nocreditprograms/>**

## EMERGENCY ASSISTANCE

See also: FINANCIAL COUNSELING, PRESCRIPTION ASSISTANCE and SOCIAL SERVICE AGENCIES

Limited resources may be available for fuel, food, medicine, finances, utilities, rent, shelter or other emergencies for individuals and families in crisis. Contact the agency for their guidelines and qualifications.

### **American Red Cross—Triangle Chapter**

Disaster relief. Provides support for military families and international relief services. COUNTIES SERVED: Durham, Orange, Person, Other

4737 University Dr., Bldg. 3  
Durham, NC 27707  
Phone: 919-489-6541  
Email: info@triangleredcross.org  
[www.redcross.org/enc](http://www.redcross.org/enc)

### **Binkley Baptist Church**

Help with payment of rent or bills only. Call Thursday AM to see if funds are available. Open Friday mornings only. COUNTIES SERVED: Orange

1712 Willow Dr.  
Chapel Hill, NC 27514  
Phone: 919-942-4964  
Email: office@binkleychurch.org

### **Catholic Charities**

Requires referral from social worker or church. Limited funds available each month to eligible clients. Food Pantry every Wednesday—call for times. COUNTIES SERVED: Durham

3711 University Dr., Ste. B  
Durham, NC 27707  
Phone: 919-286-1964  
Email: catholiccharities.org  
[www.catholiccharities.org](http://www.catholiccharities.org)

### **Inter-Faith Council for Social Services (IFC)**

Serves local households and persons who live or work in Carrboro or Chapel Hill who face an illness, economic or other hardship that might lead to homelessness. May provide food, clothing, rent/utility assistance, help with IDs, transportation and referrals. AREA SERVED: Carrboro and Chapel Hill

110 West Main St.  
Carrboro, NC 27510  
Phone: 919-929-6380  
Email: info@ifcmailbox.org  
[www.ifcweb.org](http://www.ifcweb.org)

### **Jewish Federation of Durham-Chapel Hill**

Serves the Jewish community. COUNTIES SERVED: Chatham, Durham, Orange

1937 West Cornwallis Rd.  
Durham, NC 27707  
Phone: 919-354-4922  
[www.shalomdch.org](http://www.shalomdch.org)

### **OCIM Samaritan Relief**

Orange Congregations in Mission provides emergency food, clothes, rent and utility payments, prescription assistance and shelter to those in crisis. By referral only from a county agency or from member pastors of OCIM. AREA SERVED: Orange County School District area

300 Millstone Dr.  
Hillsborough, NC 27278  
Phone: 919-732-6194  
Email: ocim300mill@mindspring.com

## **Salvation Army Boys and Girls Club**

Provides temporary, emergency food and financial assistance, training classes, social work counseling. Call for eligibility and type of documents required. COUNTIES SERVED: Durham, Orange, Person

909 Liberty St.

Durham, NC 27701

Phone: 919-688-7306

[www.salvationarmy.org](http://www.salvationarmy.org)

## **St. Thomas More**

Help with rent and utility payments only. Open Monday mornings only. Call for times. COUNTIES SERVED: Orange

940 Carmichael St.

Chapel Hill, NC 27514

Phone: 919-942-1040

[www.stmchapelhill.org](http://www.stmchapelhill.org)

## **State / County Special Assistance In-Home Program for Adults**

For eligible older adults or adults with disabilities, this program can help with living expenses such as food, shelter, clothing and other daily necessities. For eligible individuals living at home. Apply at your county department of social services.

[www.ncdhhs.gov/document/special-assistance-home-program-adults](http://www.ncdhhs.gov/document/special-assistance-home-program-adults)

## **Urban Ministries**

Provides short-term shelter and food to address basic emergency needs for Durham County citizens. However, anyone regardless of circumstances can come to the Community Cafe. For information and eligibility guidelines, contact UMD. COUNTIES SERVED: Durham

410 Liberty St.

Durham, NC 27701

Phone: 919-682-0538

[www.umdurham.org](http://www.umdurham.org)

## **EMPLOYMENT**

### **North Carolina Department of Commerce Division of Work Force**

State job service connects talent to jobs.

COUNTIES SERVED: Orange

503 West Franklin St.

Chapel Hill, NC 27516

Phone: 919-968-2031

Email: [ncws.3100@nccommerce.com](mailto:ncws.3100@nccommerce.com)

[www.ncworks.gov](http://www.ncworks.gov)

### **North Carolina Works Career Center**

One-stop location that provides services to individuals, job-seekers, businesses and employers. COUNTIES SERVED: Orange

503 West Franklin St.

Chapel Hill, NC 27516

Phone: 919-245-4335

Email: [sdccjoblink@co.orange.edu](mailto:sdccjoblink@co.orange.edu)

[www.orangecountyjoblink.org](http://www.orangecountyjoblink.org)

## **END OF LIFE PLANNING (ADVANCED DIRECTIVES)**

See also: AGING AGENCIES, GRIEF, HOSPICE, HOME CARE, LEGAL and WEBSITES

It is advisable to seek an attorney to make property, financial and other legal decisions such as when making a Will, establishing a Trust or designating a Durable or Financial Power of Attorney.

## **Advanced Health Care Directive Registry—NC Secretary of State**

Register advanced directives with the Secretary of State's office to make them available online. Includes Health Care Power of Attorney, Living Will, advance instructions for mental health treatment and anatomical gifts (organ donations). Provides multi-language service online.

Phone: 919-807-2215

Email: AHCDR@sosnc.gov

[www.secretary.state.nc.us/ahcdr/](http://www.secretary.state.nc.us/ahcdr/)

## **Aging Life Care Professionals™**

National association offers information about care management for older adults and others facing ongoing health challenges: assessment, care planning, housing, a directory of certified professional care managers, webinars and podcasts.

[www.aginglifecare.org](http://www.aginglifecare.org)

## **Aging with Dignity**

National non-profit agency affirms and safeguards the human dignity of individuals as they age. "Five Wishes" can be used as a helpful guide and documentation of your wishes. Meets the legal requirements for an advance directive in 42 states including NC. Multi-lingual resource.

[www.agingwithdignity.org](http://www.agingwithdignity.org)

## **Association for Death Education and Counseling (ADEC)**

Offers conferences, courses, workshops, certification and publications on dying, death and bereavement. ADEC members include mental and medical health personnel, educators, clergy, funeral directors and volunteers.

[www.adec.org](http://www.adec.org)

## **CaringInfo**

Provides free resources to help people make decisions about end-of-life care and services before a crisis. Includes state Advanced Directive forms, a hospice locator & resources on caregiving, hospice, grief and loss. English / Spanish.

[www.caringinfo.org](http://www.caringinfo.org)

## **Duke Center for Spirituality, Theology and Health**

Located in the Center for Aging at Duke, provides opportunities for scholarly trans-disciplinary conversation and the development of collaborative research initiatives.

[www.dukespiritualityandhealth.org](http://www.dukespiritualityandhealth.org)

## **Dying Consciously**

This Greatest Journey website is dedicated to helping people come to the end of life with grace. It offers a message of hope that it is possible to bring dignity and peace back to the dying process. Includes reading materials, DVDs, web links and training program.

[www.dyingconsciously.org](http://www.dyingconsciously.org)

## **Hospice Foundation of America (HFA)**

Educates the public and health care professionals about death, dying and the grief process. Offers information on research, health policy issues and other publications.

[www.hospicefoundation.org](http://www.hospicefoundation.org)

## **National Hospice and Palliative Care Organization (NHPCO)**

A non-profit organization advocating for the terminally ill and their families. They provide education, resources and information to improve end-of-life care and expand access to hospice care.

[www.nhpco.org](http://www.nhpco.org)

# FAMILY CARE HOMES

Family Care Homes are assisted living/adult care homes that are state-licensed & limited to six unrelated residents. They provide lodging, meal services & assistance with daily living activities. They are also monitored by the county's Department of Social Services & the TJAAA Regional Ombudsman.

## ALAMANCE COUNTY

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### **A Touch of Country Family Care**

4159 Brandon Lane  
Burlington, NC 27217  
Phone: 336-570-1748  
Email: atocfc@yahoo.com

### **Above and Beyond Adult Care Home**

Accepts special assistance.  
1616 East Webb Ave.  
Burlington, NC 27217  
Phone: 336-270-4454

### **Alvarado's Family Care**

Accepts special assistance.  
646 Country Club Dr.  
Burlington, NC 27215  
Phone: 336-222-0303

### **Bethany Tender Love and Care**

Accepts special assistance.  
532 Greenwood Dr.  
Burlington, NC 27215  
Phone: 336-584-2763

### **C & M Adult Care Home**

Accepts special assistance.  
422 North Main St.  
Burlington, NC 27217  
Phone: 336-227-5216

### **Caring Hearts Assisted Living**

Accepts special assistance.  
218 Adams St.  
Burlington, NC 27217  
Phone: 336-228-7900

### **Cham-Net Family Care Home**

Accepts special assistance. COUNTIES SERVED:  
Alamance, Chatham, Orange  
1010 Richmond Ave.  
Burlington, NC 27217  
Phone: 336-226-5060

### **Creekview Family Care Home**

Accepts special assistance.  
3524 Dickey Mill Rd.  
Mebane, NC 27302  
Phone: 336-578-8374

### **Dee & G Enrichment Center**

Accepts special assistance.  
2822 South Mebane St.  
Burlington, NC 27715  
Phone: 336-570-3072

### **Emmanuel Family Care II**

Accepts special assistance.  
2655 White Oak Dr.  
Burlington, NC 27215  
Phone: 336-585-2025

**Evans Forever Young Family Care Home, LLC**

Accepts special assistance.

3746 Danieleley-Water Wheel Rd.  
Burlington, NC 27217  
Phone: 336-584-4500

**Golden Years Family Care Home**

Accepts special assistance.

205-A East Sixth St.  
Burlington, NC 27215  
Phone: 336-227-5854

**Golden Years Family Care Home #2**

Accepts special assistance.

207 East Sixth St.  
Burlington, NC 27215  
Phone: 336-229-0883

**Graham Drive Family Care Home**

Accepts special assistance.

509 Graham Dr.  
Graham, NC 27253  
Phone: 336-228-1525

**Guardian Angel**

Accepts special assistance.

1006 Richmond Ave.  
Burlington, NC 27217  
Phone: 336-222-0114

**Gwen’s Family Care Home II**

Accepts special assistance.

7964-A County Line Rd.  
Liberty, NC 27298  
Phone: 336-622-1842

**Homewood Avenue Assisted Living Facility**

Accepts special assistance.

301 Homewood Ave.  
Burlington, NC 27217  
Phone: 336-270-6140

**Lane Street Retirement Home**

Accepts special assistance.

625 Lane St.  
Burlington, NC 27217  
Phone: 336-229-9900

**Sheridanville, Inc.**

Accepts special assistance.

2051 Miles Chapel Rd.  
Mebane, NC 27302  
Phone: 336-578-5774

**Springview Assisted Living—Burlington**

Accepts special assistance.

1405 North Sellars Mill Rd. Ext.  
Burlington, NC 27217  
Phone: 336-570-9424

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

**Springview Assisted Living—Mebane**

Accepts special assistance.

1032 North Mebane St.  
Burlington, NC 27217  
Phone: 336-222-8913

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

**Springview Assisted Living—Wilson Building**

Accepts special assistance.

350 North Sellars Mill Rd.  
Burlington, NC 27217  
Phone: 336-513-0396

[www.springviewassistedliving.com](http://www.springviewassistedliving.com)

### **Warren Care Services—Adult Care**

Located in Alamance County, WCS accepts men and women 55+. Offers 24/7 personal care, meal planning, medication management, short-term respite, hospice care services & more. Limited dementia/Alzheimer care services available for individuals who do not exhibit wandering and/or behavioral conditions. COUNTIES SERVED: Alamance, Caswell, Chatham, Orange, Other

1237 Westmoreland Dr.

Burlington, NC 27217

Phone: 336-270-5259

Email: info@warrencareservices.com

[www.warrencareservices.com](http://www.warrencareservices.com)

### **We Care Family Care**

Accepts special assistance.

1718 Morgantown Rd.

Burlington, NC 27217

Phone: 336-570-0770

## **CHATHAM COUNTY**

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### **Liselotte Care Home**

Private pay only.

3035 Silk Hope Gum Springs Rd.

Pittsboro, NC 27312

Phone: 919-542-3089

## **DURHAM COUNTY**

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### **Angelica House**

Accepts special assistance.

2007 Stadium Dr.

Durham, NC 27705

Phone: 919-477-6540

### **B.J.'s Family Care Home**

Accepts special assistance.

716 Hugo St.

Durham, NC 27704

Phone: 919-220-5203

### **Begin Again Family Care Home #2**

Accepts special assistance.

407 North Hyde Park Ave.

Durham, NC 27703

Phone: 919-682-6079

### **Central Family Care Home #1**

Accepts special assistance.

206 East Murray Ave.

Durham, NC 27704

Phone: 919-620-8662

### **Central Family Care Home #2**

Accepts special assistance.

3714 Cole Mill Rd.

Durham, NC 27701

Phone: 919-383-5724

### **Central Home Health Service**

811 9th St., Ste. 120-137

Durham, NC 27705

Phone: 919-682-6877

Alt Phone: 800-672-5905

### **Circle of Daughters**

Accepts special assistance.

106 Oakmont Ave.

Durham, NC 27713

Phone: 919-361-0346

### **Elsie Doris Family Care Home**

Accepts special assistance.

306 Cherry Grove St.

Durham, NC 27703

Phone: 919-913-5369

### **Jones Family Care Home**

Accepts special assistance.

2122 Overland Dr.  
Durham, NC 27704  
Phone: 919-688-6205

### **Richardson Family Home Care**

Accepts special assistance.

1913 Haverford St.  
Durham, NC 27705  
Phone: 919-220-6257

### **The Pickett House Family Care Home**

Accepts special assistance.

3811 Pickett Rd.  
Durham, NC 27705  
Phone: 919-403-0390  
Email: Cjones1970@nc.rr.com

### **Tower of Blessing**

Accepts special assistance.

2309 Ellington St.  
Durham, NC 27704  
Phone: 919-680-6360

## **ORANGE COUNTY**

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### **Cedar Grove Family Care Home**

Accepts special assistance.

313 Saw Mill Rd.  
Cedar Grove, NC 27231  
Phone: 919-732-8850

### **Cedar Grove Family Care Home #2**

Accepts special assistance.

317 Saw Mill Rd.  
Cedar Grove, NC 27231  
Phone: 919-732-8850

### **Charles House—Winmore**

121 Della St.  
Chapel Hill, NC 27516  
Phone: 919-537-8396  
Email: info@charleshouse.org  
[www.charleshouse.org](http://www.charleshouse.org)

### **Charles House—Yorktown**

303 Yorktown Dr.  
Chapel Hill, NC 27516  
Phone: 919-537-8351  
Email: info@charleshouse.org  
[www.charleshouse.org](http://www.charleshouse.org)

### **LiveWell @ Birchwood Lake Estates**

Provides concierge care for older adults in need of assisted living services. Situated in a beautiful home in a desirable neighborhood, LiveWell offers a “smaller is better” alternative to institutionalized assisted living and dementia care. Specializes in serving clients at all stages of dementia.

6720 Pauline Dr.  
Chapel Hill, NC 27514  
Phone: 919-403-6718  
Email: livewellassistedliving@gmail.com  
[www.livewellassistedliving.com](http://www.livewellassistedliving.com)

### **LiveWell @ Coker Hills**

Provides concierge care for older adults in need of assisted living services. Situated in a beautiful home in a desirable neighborhood, LiveWell offers a “smaller is better” alternative to institutionalized assisted living and dementia care. Specializes in serving clients at all stages of dementia.

202 N. Elliott Rd.  
Chapel Hill, NC 27514  
Phone: 919-230-7899  
Email: livewellassistedliving@gmail.com  
[www.livewellassistedliving.com](http://www.livewellassistedliving.com)

## FINANCIAL COUNSELING

See also: EMERGENCY ASSISTANCE and PRESCRIPTION ASSISTANCE

### COMMUNITY FINANCIAL COUNSELING

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#### **Compass Center for Women and Families**

Debt, credit, budgeting and financial goals counseling provided by trained financial counselors. Sliding fee scale. Workshops available. Counseling for any county resident by appointment only in the Chapel Hill office. STATEWIDE

210 Henderson St.  
Chapel Hill, NC 27514  
Phone: 919-968-4610  
Email: frv@compassctr.org  
[www.compassctr.org](http://www.compassctr.org)

#### **Consumer Education Services Inc.**

Offers comprehensive financial services for those experiencing financial distress. From Credit Counseling and Debt Management to Reverse Mortgage Counseling and Representative Payee Services, we can help eliminate the financial stress of debt. STATEWIDE

3700 Barrett Dr.  
Raleigh, NC 27609  
Phone: 877-322-8816  
[www.cesolutions.org](http://www.cesolutions.org)

#### **Durham Regional Financial Center**

A HUD-approved housing counseling agency. Offers some fee-based services on financial budgeting, credit counseling, credit repair, debt management, rental. Homebuyer education, pre/post purchase ownership counseling, reverse mortgage counseling. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

2634 Durham-Chapel Hill Blvd.  
Durham, NC 27707  
Phone: 919-688-3381  
Email: info@drfcenter.org  
[www.drfcenter.org](http://www.drfcenter.org)

### FINANCIAL ADVISORS

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#### **The National Association of Personal Financial Advisors (NAPFA)**

NAPFA is the country's leading professional association of fee-only financial advisors—highly trained professionals who are committed to working in the best interests of those they serve, in accordance with the fee-only compensation model.

8700 West Bryn Mawr Ave., Ste. 700N  
Chicago, IL 60631  
Phone: 888-333-6659  
[www.napfa.org](http://www.napfa.org)

## GERIATRIC ASSESSMENT

See also: DEMENTIA

Comprehensive medical evaluation by a team of medical and allied health professionals trained in the assessment of older adults with complex medical problems.

### EVALUATION CLINICS

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#### **Duke Geriatric Evaluation and Treatment Clinic**

Services and resources to help people 65+ and their families cope with the challenges of daily living and health maintenance: evaluation, treatment, counseling and research opportunities. Physician referral only.

2580-A Stead Bldg., DHS Blue Zone  
200 Trent Dr.  
Durham, NC 27710  
Phone: 919-620-4070

<http://centerforaging.duke.edu/services/59>

#### **UNC Geriatrics Specialty Clinic (UNC GSC)**

6011 Farrington Rd., Bldg. 100  
Chapel Hill, NC 27517  
Phone: 919-957-6599 ext: 1

[www.med.unc.edu/aging/patients](http://www.med.unc.edu/aging/patients)

### MEMORY CLINICS

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#### **Duke Neurological Disorders Clinic at Morreene Road**

Specializes in memory and movement disorders like Alzheimer's, Parkinson's and Huntington's disease. Do not need a physician's referral.

932 Morreene Rd.  
Durham, NC 27705  
Phone: 919-668-7600

[www.dukemedicine.org](http://www.dukemedicine.org)

#### **UNC Memory and Cognitive Disorders Clinic**

Physician's referral required. Provides clinical care, education and research into Alzheimer's and related disorders.

194 Finley Golf Course Dr., Ste. 200  
Chapel Hill, NC 27517  
Phone: 919-962-2685

[www.med.unc.edu/neurology](http://www.med.unc.edu/neurology)

### ORANGE COUNTY DEPARTMENT ON AGING

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#### **Orange County Department on Aging—Clinic for Community Living at Passmore Center**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

103 Meadowlands Dr.  
Hillsborough, NC 27278  
Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

#### **Orange County Department on Aging—Clinic for Community Living at Seymour Center**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

2551 Homestead Rd.  
Chapel Hill, NC 27516  
Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## GRIEF

See also: HOSPICE and WEBSITES

### **Eventually**

Free online tool for those coping with the grieving process. A collection of first-person videos reflecting on personal experiences and events leading up to and surrounding the death of family members or loved ones. Reflections on coping and exploring loss and grief.

[www.eventually.be](http://www.eventually.be)

### **Hospice & Palliative Care Center of Alamance and Caswell, Inc.**

Phone: 336-532-0100

Alt Phone: 800-588-8879

[www.hospiceac.org](http://www.hospiceac.org)

### **UNC Hospice**

Offers bereavement services for patient's family members for 13 months after death. Chaplain services available. COUNTIES SERVED: Chatham, Durham, Orange

287 East St., Ste. 221

Pittsboro, NC 27312

Phone: 919-542-5545

Alt Phone: 984-215-2650

[www.unhealthcare.org/site/hospice](http://www.unhealthcare.org/site/hospice)

### **Unicorn Bereavement Center— Duke Hospice**

Bereavement counseling available.

1001 Corporate Dr.

Hillsborough, NC 27278

Phone: 919-644-6869

[www.dhch.duhs.duke.edu](http://www.dhch.duhs.duke.edu)

## GUARDIANSHIP

See also: LEGAL

Guardians must be appointed by the Clerk of Court after a competency hearing. The appointed Guardian makes health care decisions and/or provides financial management for an adult who has been adjudicated incompetent in a legal hearing. Contact the Clerk of Court office in your county for County Clerks of Court.

### **Alamance County Clerk of Court**

Call and ask for Special Proceedings.

1 Court Square

Graham, NC 27253

Phone: 336-570-5206

[www.alamance-nc.com/clerkofcourt](http://www.alamance-nc.com/clerkofcourt)

### **Chatham County Clerk of Court**

40 East Chatham St.

Pittsboro, NC 27512

Phone: 919-545-3500

[www.nccourts.com/county/chatham](http://www.nccourts.com/county/chatham)

### **Durham County Clerk of Court**

510 South Dillard St.

Durham, NC 27701

Phone: 919-808-3003

[www.nccourts.com/county/durham](http://www.nccourts.com/county/durham)

### **Orange County Clerk of Court**

106 East Margaret Lane

Hillsborough, NC 27278

Phone: 919-644-4500

[www.nccourts.com/county/orange](http://www.nccourts.com/county/orange)

## HEALTH AND WELLNESS

See also: SOCIAL & RECREATIONAL RESOURCES

### **Duke Health and Fitness Center**

3475 Erwin Rd.

Durham, NC 27705

Phone: 919-660-6660

**[www.dukehealth.org/locations/duke-health-and-fitness-center](http://www.dukehealth.org/locations/duke-health-and-fitness-center)**

### **NIHSeniorHealth**

Provides easy-to-understand, up-to-date health information for older adults from the National Institutes of Health.

**[www.nihseniorhealth.gov](http://www.nihseniorhealth.gov)**

### **Orange County Department on Aging— Clinic for Community Living at Passmore Center**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

103 Meadowlands Dr.

Hillsborough, NC 27278

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Orange County Department on Aging— Clinic for Community Living at Seymour Center**

Free multi-disciplinary assessments for Orange County residents 60+. Includes falls, strength and balance, memory function, mood and medication review. Individualized recommendations and referrals are made to additional services as needed. COUNTIES SERVED: Orange

2551 Homestead Rd.

Chapel Hill, NC 27516

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Orange County Department on Aging— Wellness at Passmore Center**

Offers wellness screenings, fitness assessments & educational classes, Fit Feet, indoor basketball, health education topics & massages, along with memberships to the Orange County Sportsplex. Fees vary; some are free. Check out our special events and Senior Striders. For people 55+. COUNTIES SERVED: Orange

103 Meadowlands Dr.

Hillsborough, NC 27278

Phone: 919-245-2015

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Orange County Department on Aging— Wellness at Seymour Center**

Offers wellness screenings, fitness assessments & educational classes, Fit Feet, indoor basketball, physical therapy, special events, Senior Striders and massages. Fees vary; some are free. Memberships available to our on-site fitness studio & to the Orange County Sportsplex. For people 55+.

COUNTIES SERVED: Orange

2551 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2070

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **Orange County Sportsplex**

Fitness assessments and classes, indoor pool, ice skating, hockey, massage, personal trainers, Silver Sneakers or Silver and Fit. By membership or per visit rates. If 55+ and an Orange County resident, ask about our partner membership with both the Passmore and Seymour Centers.

101 Meadowlands Dr.  
Hillsborough, NC 27278  
Phone: 919-644-0339

**[www.oc-sportsplex.com/](http://www.oc-sportsplex.com/)**

### **Toni's Massage**

Sessions are available at the Passmore Center in Hillsborough or the Mebane office for massage and/or reflexology. Reflexology is also available at the Seymour Center in Chapel Hill. Appointment required. Fee. COUNTIES SERVED: Alamance and Orange

301 North Third St.  
Mebane, NC 27302  
Phone: 336-260-0101  
Email: [tonismassage@gmail.com](mailto:tonismassage@gmail.com)

**[www.tonismassage.massagetherapy.com](http://www.tonismassage.massagetherapy.com)**

### **UNC Wellness Center at Meadowmont**

Membership facility with indoor pool and track, indoor basketball court, whirlpool and sauna, cardio and strength training equipment, fitness assessment, fitness classes, nutrition services and more.

100 Sprunt St.  
Chapel Hill, NC 27517  
Phone: 919-966-5500  
Email: [wellness@unch.unc.edu](mailto:wellness@unch.unc.edu)

**[www.uncwellness.com/meadowmont/](http://www.uncwellness.com/meadowmont/)**

### **YMCA of Chapel Hill-Carrboro**

Fitness classes, clubs, wellness, swimming, sports, basketball. COUNTIES SERVED: Orange

980 Martin Luther King Jr. Blvd.  
Carrboro, NC 27514  
Phone: 919-442-9622

**[www.ymcatriangle.org/chapelhill-carrboro-ymca](http://www.ymcatriangle.org/chapelhill-carrboro-ymca)**

## **HEALTH INSURANCE INFORMATION & COUNSELING**

See also: COMMUNITY HEALTH CENTERS and WEBSITES

Organizations provide health insurance information, counseling, applications, claims assistance and more.

## **Comfort Long Term Care**

Long-term care insurance is our specialty. As brokers we represent multiple companies, products and planning solutions. "The policy is not the plan...the policy pays for the plan." We are dedicated to helping you prepare for long-term care expenses. STATEWIDE

4905 Pine Cone Dr., Ste. 3  
Durham, NC 27707  
Phone: 888-507-3588  
Email: Bill@ComfortLTC.com  
**www.ComfortLTC.com**

## **Healthcare.gov**

Information for people who need health insurance and want to apply for or enroll in the Marketplace. Available 24 hours a day, 7 days a week; closed Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas Day.

Health Insurance Marketplace  
Attn: Coverage Processing  
465 Industrial Blvd.  
London, KY 40750-0001  
Phone: 800-318-2596  
TTY: 855-889-4325  
**www.healthcare.gov**

## **Medical Claims Rx, Inc.**

Patient advocate service representing patients in negotiations with insurance companies and providers to ensure claims are paid properly, patient balances are correct and disputed claims are resolved. We file long-term care claims; review health, Part D and LTC insurance policies; and assist with enrollment. NATIONWIDE

1201 Raleigh Rd., Ste. 208  
Chapel Hill, NC 27517  
Phone: 919-942-7211  
Email: medicalclaimsrx@mindspring.com

## **Medicare.gov**

The official site for Medicare. Information and resources for people with Medicare, including plan comparison & enrollment, provider locator and benefits. NATIONWIDE

Centers for Medicare & Medicaid Services  
7500 Security Blvd.  
Baltimore, MD 21244-1850  
Phone: 800-MEDICARE (800-633-4227)  
TTY: 877-486-2048  
**www.medicare.gov**

## **North Carolina Health Info**

UNC Health Services Library guide to health & medical information and local health services statewide: health insurance, doctor selection, health conditions, pharmaceuticals & website links. "Ask a Librarian" service available via phone, text or email for help with finding related information.

**www.nchealthinfo.org**

## **North Carolina Seniors' Health Insurance Information Program (NC-SHIIP)**

NC-SHIIP counselors offer free and unbiased information regarding all Medicare health care products and assist with enrollment. In addition, NC-SHIIP provides Medicare-certified staff and volunteer counselors in all 100 counties. STATEWIDE

11 South Boylan Ave.  
Raleigh, NC 27603  
Phone: 855-408-1212  
Email: ncshiip@ncdoi.gov  
**www.ncshiip.com/shiip/**

### **Orange County Seniors' Health Insurance Information Program (OC-SHIIIP)**

Certified SHIIP staff & volunteer counselors assist beneficiaries with Medicare, Medicare supplements, Medicare claims processing, Medicare Advantage, Medicare Part D, long-term care insurance, & provide limited Affordable Care counseling to individuals age 50–64. Call for an appointment. COUNTIES SERVED: Orange

Phone: 919-245-2015 – Hillsborough  
Alt Phone: 919-968-2070 – Chapel Hill  
Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### **PIEDMONT HEALTH CENTERS—INSURANCE ASSISTANCE**

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Coordinators below can assist with health insurance offered under the Affordable Care Act. Schedule a free appointment if you have questions or need assistance enrolling in an insurance plan. They will share strategies for choosing the best plan for you & your family. English / Spanish.

#### **Piedmont Health—Burlington Community Health Center - Health Insurance**

Phone: 336-260-2720  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Carrboro Community Health Center - Health Insurance**

Phone: 919-724-5227  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Charles Drew Community Health Center - Health Insurance**

Phone: 336-260-2720  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Moncure Community Health Center - Health Insurance**

Phone: 919-710-1554  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Prospect Hill Community Health Center - Health Insurance**

Phone: 336-639-0427  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Scott Community Health Center - Health Insurance**

Phone: 919-619-5457  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

#### **Piedmont Health—Siler City Community Health Center - Health Insurance**

Phone: 919-357-8216  
[www.piedmonthealth.org](http://www.piedmonthealth.org)

## **HISPANIC / LATINO RESOURCES**

#### **El Centro Hispano—Main Office**

Provides help for needs ranging from tax & legal advice to health, employment assistance and more. COUNTIES SERVED: Durham, Orange, Other

2000 Chapel Hill Rd., Ste. 26A  
Durham, NC, 27707  
Phone: 919-687-4635  
[www.elcentronc.org](http://www.elcentronc.org)

#### **El Centro Hispano—Carrboro Branch**

201 W. Weaver St.  
Carrboro, NC 27510  
Phone: 919-945-0132  
[www.elcentronc.org](http://www.elcentronc.org)

## El Futuro

Provides mental health & substance abuse services to Spanish-speaking individuals & families in central North Carolina. Offers Durham walk-in clinic for people not currently in treatment. Accepts Medicaid and other insurance as well as serves uninsured in some counties. COUNTIES SERVED: Chatham and Durham

136 East Chapel Hill St.

Durham, NC 27701

Phone: 919-799-2625 – Chatham

Alt Phone: 919-688-7101 – Durham

[www.elfuturo-nc.org](http://www.elfuturo-nc.org)

## El Pueblo, Inc.

A non-profit advocacy and public policy organization dedicated to strengthening the Latino community. COUNTIES SERVED: Durham, Orange, Other

2321 Crabtree Blvd., Ste. 105

Raleigh, NC 27604

Phone: 919-835-1525

[www.elpueblo.org](http://www.elpueblo.org)

## Orange County Department on Aging— Spanish Resources

Información sobre recursos, consultas y referencias para servicios de la Tercera Edad está disponible Lunes a Viernes de 9:00 am a 4:00 pm. Llamar para información y asistencia en español or inglés. Condados en los que se provee este servicio: Orange

(Resource Information, consultation & referrals to aging services available Monday–Friday, 9 am–4 pm. Call for information and assistance in Spanish or English. COUNTIES SERVED: Orange)

Spanish Helpline: 919-245-4279 – Español

Alt Phone: 919-968-2087 – Inglés

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## HOME CARE

See also: CAREGIVING RESOURCES, CAREGIVER RESPITE, HOME HEALTH / SKILLED AGENCIES and WEBSITES

Trained professionals and paraprofessionals provide a range of services to enable a functionally impaired person to remain at home with contracted services. For a list of independent caregivers, not employed through an agency, call the Orange County Department on Aging at 919-968-2087.

## COMPANIONSHIP AGENCIES

Provides staff to assist with non-personal care tasks, such as companionship, transportation, meal preparation, errands and more.

### A Helping Hand

Services for adults 65+ years & younger adults who have a temporary or ongoing need due to an accident, illness, injury or disability. Call to discuss your needs. Private pay. Special discounts, volunteer services and subsidized services may be available. COUNTIES SERVED: Chatham, Durham, Orange, Other

1502 West HWY 54, Ste. 405

Durham, NC 27707

Phone: 919-403-5555

Email: [info@ahelpinghandnc.org](mailto:info@ahelpinghandnc.org)

[www.ahelpinghandnc.org](http://www.ahelpinghandnc.org)

### Advanced Home Care

COUNTIES SERVED: Durham

105 West NC HWY 54, Ste. 267

Durham, NC 27713

Phone: 919-852-0052

[www.advhomecare.org](http://www.advhomecare.org)

### **Advantage Care In-Home Services**

Provides homecare, CAP, community support, vocational, diagnostic, residential services and support, personal care services, private duty, companion and housecleaning services. COUNTIES SERVED: Durham

3600 North Duke St., Ste. 100  
Durham, NC 27704  
Phone: 919-471-1314

Email: [advantagecare@centurylink.net](mailto:advantagecare@centurylink.net)  
**[www.advantagecarenc.com](http://www.advantagecarenc.com)**

### **Aging Outreach Services**

As the only accredited Caregiver Registry in NC, we represent the highest quality of private-duty caregivers. From companions to registered nurses, the caregivers we represent have a range of skills that can be matched to meet your needs. We also offer needs assessments and care coordination. COUNTIES SERVED: Chatham, Durham, Orange, Other

P.O. Box 2478  
Southern Pines, NC 28388  
Phone: 919-608-7533  
Alt Phone: 910-692-0683

**[www.agingoutreachservices.com](http://www.agingoutreachservices.com)**

### **Always Best Care**

Provides non-medical home care, senior living consulting, veteran's assistance program counseling and more. COUNTIES SERVED: Alamance, Chatham, Durham, Orange

1340 Environ Way  
Chapel Hill, NC 27517  
Phone: 919-357-1440

Email: [TPalmer@abc-seniors.com](mailto:TPalmer@abc-seniors.com)

**[www.alwaysbestcarechapelhill-durham.com](http://www.alwaysbestcarechapelhill-durham.com)**

### **Bayada Home Health Piedmont Adult**

Offers adult skilled nursing services as well as assistive care. COUNTIES SERVED: Alamance, Caswell, Durham, Orange, Person

610 North Madison Blvd.  
Roxboro, NC 27573  
Phone: 336-322-3200

**[www.bayada.com](http://www.bayada.com)**

### **Carolina Villages (CV)—Companionship**

Provides network of resources that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. Transportation, non-medical home care, groceries, errands, visits, comfort calls or help with garden, home, technology. COUNTIES SERVED: Chatham, Durham, Orange

P.O. Box 4622  
Chapel Hill, NC 27515  
Phone: 919-960-1941

**[www.carolinavillages.org](http://www.carolinavillages.org)**

### **Comfort Keepers**

Includes companionship, transportation, meal preparation, light housekeeping, laundry, personal care and more. COUNTIES SERVED: Durham and Orange

1415 West NC HWY 54, Ste. 209  
Durham, NC 27707  
Phone: 919-338-2044

**[www.durham-832.comfortkeepers.com](http://www.durham-832.comfortkeepers.com)**

Email: [comfortkeeperschapelhill@gmail.com](mailto:comfortkeeperschapelhill@gmail.com)

## **Lilies of Hope Homecare Companionship LLC**

Offers 24/7 live-in; companionship, sitter and respite; meal preparation; attending social outings; monitoring light exercise; light housekeeping; grocery shopping; medication reminder; escort on errands and walking; accompany to appointments; and some laundry. COUNTIES SERVED: Alamance, Caswell, Chatham, Durham, Orange

13503 HWY 130  
Maxton, NC 28364  
Phone: 910-674-9109  
Alt Phone: 910-674-2244  
Email: liliesofhope7777@yahoo.com

## **LiveWell Care Homes**

Offers personal care, companionship, light housekeeping, meal preparation, transportation, post-operative care and hospice care. COUNTIES SERVED: Chatham, Durham, Orange

1829 East Franklin St., Ste. 1100-A  
Chapel Hill, NC 27514  
Phone: 919-719-9127  
Alt Phone: 919-929-6444  
Email: marresa.livewellcare@gmail.com  
[www.livewellhomecarenc.com](http://www.livewellhomecarenc.com)

## **Premier Home Healthcare Services**

Provides appointment escort service, homemaker companions, personal care, home health aides, live-in, respite, skilled nursing, IV/infusion, dementia and end-of-life care. COUNTIES SERVED: Alamance

562 Huffman Mill Rd.  
Burlington, NC 27215  
Phone: 336-586-1721  
[www.premierhomehealthcare.com](http://www.premierhomehealthcare.com)

## **ResCare Home Care**

Offers professional nursing, personal care services, homemaking, companionship, respite & more. Available 24/7, including holidays. Accepts private pay, Medicaid, long-term care insurance. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

4011 University Dr., Ste. 201  
Durham, NC 27707  
Phone: 919-493-7059  
Alt Phone: 866-737-2273  
[www.rescare.com](http://www.rescare.com)

## **HOME CARE AGENCIES**

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Provides nurse-supervised aides who can assist with personal care tasks, homemaking and companionship. Medicare does not pay for these services. Medicaid may fund them. Some agencies may be covered by long-term care insurance. In-home assessment is available to all listed agencies.

## **Accessible Home Care of Mid Carolina**

COUNTIES SERVED: Durham, Orange, Other  
8315 Six Forks Rd., Ste. 101  
Raleigh, NC 27615  
Phone: 919-896-7679  
Alt Phone: 919-896-7153  
Email: tcallaway@ahcglobal.com  
[www.accessiblemidcarolina.com](http://www.accessiblemidcarolina.com)

## **Acorn Home Care Services, Inc.**

Dementia care specialists. 2014 Orange County Quality Service Award. 2014 Alzheimer's Foundation Dementia Care Professional of the Year. Founder, Dementia Friendly Orange County. COUNTIES SERVED: Chatham, Durham, Orange, Wake

209 Lloyd St., Office 260  
Carrboro, NC 27510  
Phone: 800-481-7977 ext: 1  
Email: info@acornhcs.com  
[www.acornhcs.com](http://www.acornhcs.com)

### **Advantage Care In-Home Services**

Provides homecare, CAP, community support, vocational, diagnostic, residential services and support, personal care services, private duty, companion and housecleaning services. COUNTIES SERVED: Durham

3600 North Duke St., Ste. 100  
Durham, NC 27704

Phone: 919-471-1314

Email: [advantagecare@centurylink.net](mailto:advantagecare@centurylink.net)

**[www.advantagecarenc.com](http://www.advantagecarenc.com)**

### **Aegis Home Care**

COUNTIES SERVED: Orange

50101 Governors Dr., Ste. 105A  
Chapel Hill, NC 27517

Phone: 919-442-5252

Email: [alan@aegishomecare.com](mailto:alan@aegishomecare.com)

**[www.aegishomecare.com](http://www.aegishomecare.com)**

### **Always Best Care**

Provides non-medical home care, senior living consulting, veteran's assistance program counseling and more. COUNTIES SERVED: Alamance, Chatham, Durham, Orange

1340 Environ Way  
Chapel Hill, NC 27517

Phone: 919-357-1440

Email: [TPalmer@abc-seniors.com](mailto:TPalmer@abc-seniors.com)

**[www.alwaysbestcarechapelhill-durham.com](http://www.alwaysbestcarechapelhill-durham.com)**

### **AmeriCare HomeCare**

COUNTIES SERVED: Alamance, Chatham, Durham, Orange

1829 East Franklin St., Ste. 100-B  
Chapel Hill, NC 27514

Phone: 919-942-2840

Email: [earmstrong@americare-homecare.com](mailto:earmstrong@americare-homecare.com)

**[www.americarechapelhill.com](http://www.americarechapelhill.com)**

### **Bayada Home Health Care**

COUNTIES SERVED: Durham and Other

One Crosspointe Plaza  
5505 Creedmoor Rd., Ste. 220  
Raleigh, NC 27617-6352

Phone: 919-420-0100

**[www.bayada.com](http://www.bayada.com)**

### **Bayada Home Health Piedmont Adult**

Offers adult skilled nursing services as well as assistive care. COUNTIES SERVED: Alamance, Caswell, Durham, Orange, Person

610 North Madison Blvd.  
Roxboro, NC 27573

Phone: 336-322-3200

**[www.bayada.com](http://www.bayada.com)**

### **Caring Senior Service**

COUNTIES SERVED: Durham and Orange

5630 Six Fords Rd., Ste. 203  
Raleigh, NC 27609

Phone: 919-386-0522

Alt Phone: 919-847-0010

Email: [Raleigh@caringinc.com](mailto:Raleigh@caringinc.com)

**[www.raleigh.caring seniorservice.com](http://www.raleigh.caring seniorservice.com)**

### **Comfort Keepers**

Includes companionship, transportation, meal preparation, light housekeeping, laundry, personal care and more. COUNTIES SERVED: Durham and Orange

1415 West NC HWY 54, Ste. 209  
Durham, NC 27707

Phone: 919-338-2044

Email: [comfortkeeperschapelhill@gmail.com](mailto:comfortkeeperschapelhill@gmail.com)

**[www.durham-832.comfortkeepers.com](http://www.durham-832.comfortkeepers.com)**

## **Community Home Care and Hospice**

COUNTIES SERVED: Alamance

2730 Tucker St.

Burlington, NC 27215

Phone: 336-584-6033

[www.communityhch.com](http://www.communityhch.com)

## **Happy Home Care Staffing**

All certified nursing aides have clear criminal background checks. Mailing: 6720 Pentecost Rd., Cedar Grove, NC 27231. COUNTIES SERVED: Alamance, Durham, Orange, Person

224-D Orange Grove St.

Hillsborough, NC 27278

Phone: 919-732-4663

Alt Phone: 919-563-0129

[www.hhomecarestaffing.com](http://www.hhomecarestaffing.com)

## **Helping Hands of America**

All certified nursing aides have clear criminal background checks. COUNTIES SERVED: Alamance, Durham, Orange, Other

211 E. Six Fords Rd., Ste. 222

Raleigh, NC 27609

Phone: 919-829-2505

[www.hhamerica.com](http://www.hhamerica.com)

## **Home Instead Senior Care—Durham**

COUNTIES SERVED: Chatham, Durham, Orange, Other

2726 Croisdale Dr., Ste. 203

Durham, NC 27705

Phone: 919-479-4600

[www.homeinsteadseniorcare.com/157](http://www.homeinsteadseniorcare.com/157)

## **Home Instead Senior Care—Orange**

COUNTIES SERVED: Chatham, Durham, Orange, Other

1289 Fordham Blvd., Ste. E-5

Chapel Hill, NC 27514

Phone: 919-928-5433

[www.homeinstead.com/106](http://www.homeinstead.com/106)

## **Homecare Providers**

COUNTIES SERVED: Alamance and Orange

3025 South Church St.

Burlington, NC 27215

Phone: 336-538-8557

## **Homewatch Caregivers of the Triangle**

COUNTIES SERVED: Chatham, Durham, Orange

101 Cosgrove Ave., Ste. 120

Chapel Hill, NC 27514

Phone: 919-960-6038

Alt Phone: 919-960-8142 – After Hours

Email: [anzor@hwcg.com](mailto:anzor@hwcg.com)

[www.homewatchcaregivers.com](http://www.homewatchcaregivers.com)

## **Interim HealthCare**

COUNTIES SERVED: Durham and Orange

3710 University Dr., Ste. 135

Durham, NC 27707

Phone: 919-493-7575

Email: [lewing@interimhealthcare.com](mailto:lewing@interimhealthcare.com)

[www.interimhealthcare.com/durhamnc/home](http://www.interimhealthcare.com/durhamnc/home)

## **Keston Care**

COUNTIES SERVED: Chatham, Durham, Orange

Chatham Crossing

11312 HWY 15-501 North, Ste. 400

Chapel Hill, NC 27517

Phone: 919-967-0507

### **LiveWell Care Homes**

Offers personal care, companionship, light housekeeping, meal preparation, transportation, post-operative care and hospice care. COUNTIES SERVED: Chatham, Durham, Orange

1829 East Franklin St., Ste. 1100-A

Chapel Hill, NC 27514

Phone: 919-719-9127

Alt Phone: 919-929-6444

Email: marresa.livewellcare@gmail.com

**www.livewellhomecarenc.com**

### **Maxim Healthcare Services**

COUNTIES SERVED: Chatham, Durham, Orange

2634 Chapel Hill Blvd., Ste. 210

Durham, NC 27707

Phone: 919-419-1484

**www.maxhealth.com**

### **Medi Home Health**

COUNTIES SERVED: Durham and Orange

9131 Anson Way, Ste. 204

Raleigh, NC 27615

Phone: 919-870-6733

**www.msa-corp.com**

### **Nurse Care of North Carolina**

COUNTIES SERVED: Chatham, Durham, Orange

3200 Croasdaile Dr., Ste. 701

Durham, NC 27705

Phone: 919-309-4333

Email: barbara@nursecarenc.com

**www.nursecarenc.com**

### **Options for Senior America**

Companion and personal care services including short-term respite for family caregivers, long-term live in, special care needs and veterans. Specializes in live-in care. Licensed, bonded and insured. Reasonable rates. AREA SERVED: Triangle and Triad

315 East Chatham St.

Cary, NC 27511

Phone: 919-380-6812

Email: raleighdurham@optionscorp.com

**www.optionscorp.com**

### **Premier Home Healthcare Services**

Provides appointment escort service, homemaker companions, personal care, home health aides, live-in, respite, skilled nursing, IV/infusion, dementia and end-of-life care. COUNTIES SERVED: Alamance

562 Huffman Mill Rd.

Burlington, NC 27215

Phone: 336-586-1721

**www.premierhomehealthcare.com**

### **ResCare Home Care**

Offers professional nursing, personal care services, homemaking, companionship, respite & more. Available 24/7, including holidays. Accepts private pay, Medicaid, long-term care insurance. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

4011 University Dr., Ste. 201

Durham, NC 27707

Phone: 919-493-7059

Alt Phone: 866-737-2273

**www.rescare.com**

## Right At Home

COUNTIES SERVED: Alamance, Durham, Orange, Person

4905 Pine Tree Dr., Ste. 2  
Durham, NC 27707

Phone: 919-241-5292

Alt Phone: 919-237-2333

Email: [info@rahdch.com](mailto:info@rahdch.com)

[www.rahdch.com](http://www.rahdch.com)

## Senior Helpers

COUNTIES SERVED: Durham and Orange

5007 Southpark Dr., Ste. 200-H  
Durham, NC 27713

Phone: 919-544-6848

Email: [lolson@seniorhelpers.com](mailto:lolson@seniorhelpers.com)

[www.seniorhelpers.com](http://www.seniorhelpers.com)

## Synergy HomeCare of the Triangle

COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Other

8801 Fast Park Dr., Ste. 211  
Raleigh, NC 27617

Phone: 919-786-5052

Email: [info@shctriangle.com](mailto:info@shctriangle.com)

[www.synergyhomecare.com](http://www.synergyhomecare.com)

## Visiting Angels of Central North Carolina

COUNTIES SERVED: Alamance, Chatham, Durham, Orange

104 Jones Ferry Rd., Ste. A  
Carrboro, NC 27510

Phone: 919-968-3724

Email: [visitingangelscnc@hotmail.com](mailto:visitingangelscnc@hotmail.com)

[www.visitingangels.com/chapelhill/home/](http://www.visitingangels.com/chapelhill/home/)

## HOME DELIVERED MEALS

### MEALS ON WHEELS

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Volunteers deliver one lunch per day to eligible homebound adults Monday–Friday. Sliding-fee scale. Contact the agency about eligibility.

#### Chapel Hill-Carrboro Meals on Wheels

Located in Binkley Baptist Church. Referral form available online. AREA SERVED: Chapel Hill, Carrboro and surrounding area

Olin T. Binkley Baptist Church  
1712 Willow Dr.

Chapel Hill, NC 27514

Phone: 919-942-2948

[www.chcmow.org](http://www.chcmow.org)

#### OCIM Meals on Wheels

Orange Congregations in Mission also has a food pantry and thrift shop. AREA SERVED: Orange County School District

300 Millstone Dr.

Hillsborough, NC 27278

Phone: 919-732-6194

Email: [ocim300mill@mindspring.com](mailto:ocim300mill@mindspring.com)

### PRIVATE MEAL AND GROCERY DELIVERY SERVICES

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#### Carolina Villages (CV)—Home Meals

Provides network of resources including grocery shopping that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. COUNTIES SERVED: Chatham, Durham, Orange

P.O. Box 4622

Chapel Hill, NC 27515

Phone: 919-960-1941

[www.carolinavillages.org](http://www.carolinavillages.org)

## **Produce Box**

Delivers fresh, local produce and specialty products like meats, cheese, bread to homes and offices. Choose what you want to order and skip a week if you need to anytime. Help our members support over 50 local farmers. Annual membership fee plus box fees. AREA SERVED: Chapel Hill and most of state

[www.theproducebox.com/](http://www.theproducebox.com/)

## **Seniors On The Go**

Shops and delivers groceries right from the store to your kitchen. Grocery lists and store selections can be phoned in, emailed or faxed. Delivery is also available for Harris Teeter and Lowes Food online shoppers. Reservations required. Fee charged. COUNTIES SERVED: Durham, Orange, Other

P.O. Box 11961

Durham, NC 27703

Phone: 800-517-4149

Email: [sotgo@ncseniorsonthego.com](mailto:sotgo@ncseniorsonthego.com)

[www.ncseniorsonthego.com](http://www.ncseniorsonthego.com)

## **Tarheel Takeout Express**

Delivers meals within Chapel Hill from over 30 Chapel Hill-Carrboro area restaurants. Delivery charge (does not include tip for the driver). AREA SERVED: Chapel Hill and Durham

Phone: 919-942-7678

[www.tarheeltakeout.com](http://www.tarheeltakeout.com)

## **The Food Fairy®, Inc.**

Personal chef prepares meals in private homes based on your dietary preferences—weekly, monthly or as needed. Also offers meal planning and grocery shopping. COUNTIES SERVED: Chatham, Durham, Orange, Other

P.O. Box 3184

Chapel Hill, NC 27515

Phone: 919-933-4431

Alt Phone: 919-740-5856

Email: [terry@foodfairy.com](mailto:terry@foodfairy.com)

[www.food-fairy.com](http://www.food-fairy.com)

# **HOME DELIVERED MEDICATIONS**

## **Carrboro Family Pharmacy**

Delivers within Chapel Hill-Carrboro city limits. Located in Carrboro Plaza.

104-J NC HWY 54

Carrboro, NC 27510

Phone: 919-933-7629

[www.carrborofamilypharmacy.com](http://www.carrborofamilypharmacy.com)

## **Hillsborough Pharmacy & Nutrition**

Delivers within Chapel Hill and Hillsborough city limits.

110 Boone Square St., Ste. 29

Hillsborough, NC 27278

Phone: 919-245-1212

Email: [info@hillsboroughpharmacync.com](mailto:info@hillsboroughpharmacync.com)

[www.hillsboroughpharmacync.com](http://www.hillsboroughpharmacync.com)

## **Kerr Drug Stores**

Delivers within Chapel Hill city limits.

1106 Environ Way

Chapel Hill, NC 27517

Phone: 919-942-8738

[www.kerrdrug.com](http://www.kerrdrug.com)

## **Walgreens Store Locator**

Call your local store to see what prescription delivery service they provide. All stores offer in-store pick-up. Some stores may provide delivery and/or mail service pharmacy for 90-day refills. Visit the website and use the store locator to find stores in your area.

Phone: 800-925-4733 – General

Alt Phone: 877-250-5823 – Online Mail Service

[www.walgreens.com](http://www.walgreens.com)

## HOME HEALTH / SKILLED AGENCIES

See also: CAREGIVING RESOURCES, CAREGIVER RESPITE, HOME CARE and WEBSITES

Provides a variety of skilled services such as nursing; physical, speech and occupational therapies; social work; and nurse-supervised personal care aides. Requires a physician's order. Some short-term services may be covered by Medicare. If you have a Medicare Advantage plan, contact specific agencies to find out if they will accept that plan.

### **Amedisys Home Health—Alamance**

COUNTIES SERVED: Alamance

2929 Crouse Lane, Ste. F  
Burlington, NC 27215  
Phone: 336-524-0127

[www.amedisys.com](http://www.amedisys.com)

### **Amedisys Home Health—Durham**

COUNTIES SERVED: Durham

1005 Slater Rd., Ste. 105  
Durham, NC 27703  
Phone: 919-941-5793

[www.amedisys.com](http://www.amedisys.com)

### **Amedisys Home Health—Orange**

COUNTIES SERVED: Orange

120 Providence Rd., Ste. 200  
Chapel Hill, NC 27514  
Phone: 919-401-3000  
Alt Phone: 800-672-5905

[www.amedisys.com](http://www.amedisys.com)

### **Bayada Home Health Care Raleigh Visits**

COUNTIES SERVED: Durham and Other

One Crosspointe Plaza  
5505 Creedmoor Rd., Ste. 205  
Raleigh, NC 27612-6333  
Phone: 919-785-9090

[www.bayada.com](http://www.bayada.com)

### **Central Home Health Service**

811 9th St., Ste. 120-137  
Durham, NC 27705  
Phone: 919-682-6877  
Alt Phone: 800-672-5905

### **Duke HomeCare & Hospice**

Provides home-based health services: home infusion, home health, hospice, bereavement services. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

4321 Medical Park Dr., Ste 101  
Durham, NC 27704  
Phone: 919-620-3853

Alt Phone: 800-599-9339

Email: [dhchinfo@notes.duke.edu](mailto:dhchinfo@notes.duke.edu)

[www.dhch.duhs.duke.edu](http://www.dhch.duhs.duke.edu)

### **Heartland Hospice Care**

COUNTIES SERVED: Chatham, Durham, Orange, Other

4505 Falls of the Neuse, Ste. 650  
Raleigh, NC 27609  
Phone: 919-877-9959

Alt Phone: 919-981-6238 – Referrals

[www.heartlandhospice.com](http://www.heartlandhospice.com)

### **Liberty HomeCare & Hospice**

STATEWIDE

Phone: 800-999-9883

[www.libertyhomecare.com](http://www.libertyhomecare.com)

## Premier Home Healthcare Services

Professional team provides in-home nursing and assistive care services with 24-hour clinical support. Private insurance or private pay.  
COUNTIES SERVED: Alamance

562 Huffman Mill Rd.  
Burlington, NC 27215  
Phone: 336-586-1721

[www.premierhomehealthcare.com](http://www.premierhomehealthcare.com)

## UNC Home Health

COUNTIES SERVED: Alamance, Chatham, Durham, Orange

1101 Weaver Dairy Rd., Ste. 200  
Chapel Hill, NC 27514  
Phone: 984-974-6350  
Alt Phone: 888-424-6273

## HOME MODIFICATIONS & REPAIR PROGRAMS

Resources are available to help assess the need, make recommendations and correct safety hazards or accessibility problems within existing homes. Some services are fee-based; some provide loans to eligible owners.

## ASSESSMENTS

### Orange County Department on Aging—Home Assessments

Occupational therapists can be scheduled to conduct home assessments focused on the fit between your abilities and your home's set-up. Safety is also a major focus of these assessments. They are aware of common accessibility issues, standards for universal and adaptive design, and durable medical equipment that may help in certain situations. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## LOANS

### Rebuilding Together of the Triangle

Participants must own and live in their own home, and the household income must fall at or below 65% of Area Median Income. Application required. COUNTIES SERVED: Chatham, Durham, Orange, Other

324 South Wilmington St. # 118  
Raleigh, NC 27601

Phone: 919-341-5980

Email: [info@rebuildingtogethertriangle.org](mailto:info@rebuildingtogethertriangle.org)

[www.rebuildingtogethertriangle.org](http://www.rebuildingtogethertriangle.org)

### USDA Rural Development

Housing funds available to assist eligible very low-income families with home repairs or improvements. Homeowners only. COUNTIES SERVED: Durham and Orange

853 South Beckford Dr., Ste. A  
Henderson, NC 27536

Phone: 252-438-3134 ext 4

[www.rd.usda.gov/nc](http://www.rd.usda.gov/nc)

## PROVIDERS

### 101 Mobility

COUNTIES SERVED: Durham and Orange

Phone: 919-890-8667

<http://raleigh.101mobility.com>

### AmRamp of Eastern North Carolina

Also has portable ramps to rent or buy.  
COUNTIES SERVED: Chatham, Durham, Orange, Other

3208 Wellington Ct., Ste. 114  
Raleigh, NC 27615

Phone: 888-715-7598

Alt Phone: 919-850-4585 – Local

[www.amramp.com/easternnc](http://www.amramp.com/easternnc)

### **Carolina Villages (CV)—Home Repairs**

Provides network of resources including home maintenance that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. COUNTIES SERVED: Chatham, Durham, Orange

P.O. Box 4622

Chapel Hill, NC 27515

Phone: 919-960-1941

[www.carolinavillages.org](http://www.carolinavillages.org)

### **Freedom Frogs**

Statewide referral service to help older adults remain safe and independent in their home by connecting them with pre-screened licensed and bonded health care businesses that offer services, products or resources such as home modifications. Free.

Phone: 919-599-6940 – Valerie Jurik

Email: [valeriejurik@gmail.com](mailto:valeriejurik@gmail.com)

[www.freedomfrogs.com](http://www.freedomfrogs.com)

### **JOCCA Weatherization**

Weatherization Grant Program for income-eligible Chatham and Orange residents. May make certain repairs related to energy savings. Call for application. May own or rent home. COUNTIES SERVED: Chatham and Orange

P.O. Box 27, 35 Chatham St.

Pittsboro, NC 27312

Phone: 919-542-4781

### **North Carolina Baptist Men's Association**

Client buys materials; agency provides labor. Mainly builds ramps. STATEWIDE

Phone: 800-395-5102 ext. 5596

Email: [mlandis@ncbaptist.org](mailto:mlandis@ncbaptist.org)

[www.baptistsonmission.org](http://www.baptistsonmission.org)

### **North Carolina Independent Living Program**

Collaborates with eligible clients on plan to address accessibility or safety issues of home or vehicle for future modifications or for repairs related to modifications. Application process. Once the plan is authorized, the client will be connected with contractor through a bidding process. No exchange of funds. COUNTIES SERVED: Chatham, Durham, Orange

Phone: 919-560-6810

[www.dvr.dhhs.nc.gov](http://www.dvr.dhhs.nc.gov)

### **Orange County Urgent Repair Program**

Program participants must be over age 65 or disabled. They must also be low income and own the home, which must be their primary residence. Urgent repairs only. COUNTIES SERVED: Orange

Orange County Housing, Human Rights & Comm. Develop.

300 West Tryon St.

PO Box 8181

Hillsborough, NC 27278

Phone: 919-245-2490

Email: [HousingHumanRightsCD@orangecountync.gov](mailto:HousingHumanRightsCD@orangecountync.gov)

[www.orangecountync.gov/departments/hhrkd/index.php](http://www.orangecountync.gov/departments/hhrkd/index.php)

### **Rebuilding Together of the Triangle**

Assists eligible low-income homeowners with home repairs related to health and safety, allowing them to remain in their homes. No emergency repairs. No charge. Tend to have waitlist. COUNTIES SERVED: Chatham, Durham, Orange, Other

324 South Wilmington St. #118

Raleigh, NC 27601

Phone: 919-341-5980

Email: [info@rebuildingtogethertriangle.org](mailto:info@rebuildingtogethertriangle.org)

[www.rebuildingtogethertriangle.org](http://www.rebuildingtogethertriangle.org)

## **Reversible Renovations**

Renovations geared to seniors, the handicapped and disabled. AREA SERVED: Triangle

5421 Old Poole Rd.

Raleigh, NC 27610

Phone: 919-675-2260

Alt Phone: 919-650-2260

Email: hcc4649@gmail.com

**www.ReversibleRenovations.com**

## **Stalls Medical Inc. / Adaptive Vans Inc.**

STATEWIDE

7980 Chapel Hill Rd., Ste. 101

Cary, NC 27513

Phone: 800-627-0732

**www.stallsmedical.com**

## **HOSPICE CARE**

See also: END OF LIFE PLANNING, GRIEF, LEGAL and WEBSITES

Provides palliative (comfort) care for terminally ill patients by an interdisciplinary care team. Covered by health insurance, including Medicare and Medicare Advantage plans. Bereavement counseling (both individual and group) is available, whether hospice services were or were not used prior to a patient's death.

## **Amedisys Home Health—Alamance**

COUNTIES SERVED: Alamance

2929 Crouse Lane, Ste. F

Burlington, NC 27215

Phone: 336-524-0127

**www.amedisys.com**

## **Amedisys Home Health—Durham**

COUNTIES SERVED: Durham

1005 Slater Rd., Ste. 105

Durham, NC 27703

Phone: 919-941-5793

**www.amedisys.com**

## **Amedisys Home Health—Orange**

COUNTIES SERVED: Orange

120 Providence Rd., Ste. 200

Chapel Hill, NC 27514

Phone: 919-401-3000

Alt Phone: 800-672-5905

**www.amedisys.com**

## **Community Home Care and Hospice**

COUNTIES SERVED: Alamance

2730 Tucker St.

Burlington, NC 27215

Phone: 336-584-6033

**www.communityhch.com**

## **Duke HomeCare & Hospice**

Provides home-based health services: home infusion, home health, hospice, bereavement services. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

4321 Medical Park Dr., Ste 101

Durham, NC 27704

Phone: 919-620-3853

Alt Phone: 800-599-9339

Email: dhchinfo@notes.duke.edu

**www.dhch.duhs.duke.edu**

## **Get Palliative Care**

Learn more about palliative care: answers to frequently asked questions; fact sheets; web links; videos; resources for caregivers, clinicians & policymakers; and a directory to find hospitals nationwide that have a palliative care team.

**<https://getpalliativecare.org>**

### **Heartland Hospice Care**

COUNTIES SERVED: Chatham, Durham, Orange,  
Other

4505 Falls of the Neuse, Ste. 650

Raleigh, NC 27609

Phone: 919-877-9959

Alt Phone: 919-981-6238 – Referrals

[www.heartlandhospice.com](http://www.heartlandhospice.com)

### **Hospice & Palliative Care Center of Alamance and Caswell, Inc.**

Phone: 336-532-0100

Alt Phone: 800-588-8879

[www.hospiceac.org](http://www.hospiceac.org)

### **Liberty HomeCare & Hospice**

STATEWIDE

Phone: 800-999-9883

[www.libertyhomecare.com](http://www.libertyhomecare.com)

### **LiveWell Care Homes**

Offers personal care, companionship, light housekeeping, meal preparation, transportation, post-operative care and hospice care. COUNTIES SERVED: Chatham, Durham, Orange

1829 East Franklin St., Ste. 1100-A

Chapel Hill, NC 27514

Phone: 919-719-9127

Alt Phone: 919-929-6444

Email: [marresa.livewellcare@gmail.com](mailto:marresa.livewellcare@gmail.com)

[www.livewellhomecarenc.com](http://www.livewellhomecarenc.com)

### **Transitions LifeCare**

Support for caregivers and their families.

COUNTIES SERVED: Chatham, Durham, Orange,  
Other

250 Hospice Cir.

Raleigh, NC 27605

Phone: 919-828-0890

[www.transitionslifecare.org](http://www.transitionslifecare.org)

### **UNC Hospice**

New hospice home in Pittsboro will offer inpatient and residential hospice services.

COUNTIES SERVED: Chatham, Durham, Orange

287 East St., Ste. 221

Pittsboro, NC 27312

Phone: 919-542-5545

Alt Phone: 984-215-2650

[www.unhealthcare.org/site/hospice](http://www.unhealthcare.org/site/hospice)

### **United Hospice**

COUNTIES SERVED: Alamance, Durham, Orange

Phone: 800-973-3938

Alt Phone: 252-442-9126

[www.pruitthealth.com](http://www.pruitthealth.com)

### **Warren Care Services—Adult Care**

Located in Alamance County, WCS accepts men and women 55+. Offers 24/7 personal care, meal planning, medication management, short-term respite, hospice care services & more. Limited dementia/Alzheimer care services available for individuals who do not exhibit wandering and/or behavioral conditions. COUNTIES SERVED: Alamance, Caswell, Chatham, Orange, Other

1237 Westmoreland Dr.

Burlington, NC 27217

Phone: 336-270-5259

Email: [info@warrencareservices.com](mailto:info@warrencareservices.com)

[www.warrencareservices.com](http://www.warrencareservices.com)

## HOUSING APARTMENTS FOR SENIORS— INDEPENDENT LIVING WITH SERVICES

See also: EMERGENCY ASSISTANCE, FINANCIAL COUNSELING and HOUSING AUTHORITIES

Services include meals, transportation and housekeeping. No personal services or help with medication is provided.

### ALAMANCE COUNTY

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#### **Oak Creek Retirement Community**

For people age 65+. Emergency call alert system.

343 Baldwin Rd.

Burlington, NC 27217

Phone: 336-226-5739

[www.whiteoakindependentliving.com](http://www.whiteoakindependentliving.com)

### DURHAM COUNTY

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#### **Atria Southpoint Walk**

5705 Fayetteville Rd.

Durham, NC 27713

Phone: 919-401-0100

Email: [teresa.seate@atriaseniorliving.com](mailto:teresa.seate@atriaseniorliving.com)

[www.atriaseniorliving.com](http://www.atriaseniorliving.com)

#### **Bartlett Reserve Resort Style Senior Living**

For people 55+.

300 Meredith Dr.

Durham, NC 27713

Phone: 919-361-1234

[www.bartlettreserve.com](http://www.bartlettreserve.com)

#### **Durham Regent**

For people 55+. Managers live on the premises. May hire help privately. Emergency personal alert system. Cost calculator available online.

3007 Pickett Rd.

Durham, NC 27705

Phone: 919-490-6224

[www.durhamregent.com](http://www.durhamregent.com)

#### **Emerald Pond**

For people 55+. Managers live on the premises. May hire help privately. Emergency pull cords.

205 Emerald Pond Lane

Durham, NC 27705

Phone: 919-493-4713

[www.emeraldpond.net](http://www.emeraldpond.net)

## HOUSING APARTMENTS FOR SENIORS—SUBSIDIZED

See also: EMERGENCY ASSISTANCE, FINANCIAL COUNSELING and HOUSING AUTHORITIES

These are apartment buildings for senior adults. None of them provide meals or housekeeping. Some have part-time staff that help people access community services. Contact the individual facilities for eligibility requirements (including income maximums) and services. Some are Housing and Urban Development (HUD) properties with rents based on income. Some may accept Housing Choice Vouchers-HCV (formerly Section 8) that provide rental assistance for qualified low-income families and individuals. Information about the HCV application process may be obtained from your county Housing Authority.

## **ALAMANCE COUNTY**

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### **Alamance Plaza**

For people age 62+. Emergency pull cords.

111 Maple Ave.  
Burlington, NC 27215  
Phone: 336-226-1818  
[www.beacon-nc.com](http://www.beacon-nc.com)

### **Ralph Clayton Homes**

For people age 62+ or younger if they have a physical disability. Emergency call alert system.

22-D Cates Circle Dr.  
Graham, NC 27253  
Phone: 336-229-7041

### **Spencer Brown Thomas Homes**

For people age 62+. Emergency call alert system.

431 Sellars St.  
Burlington, NC 27216-8421  
Phone: 336-226-8421

### **The Willows**

For people age 62+. Congregate meal site Monday–Friday. Includes some utilities. HUD property.

124 Tarpley St.  
Burlington, NC 27215  
Phone: 336-228-0597

### **Westhampton Apartments**

For people age 62+ or younger if they have a physical disability.

1015 Airport Rd.  
Mebane, NC 27302  
Phone: 919-563-3700

### **Woodridge Apartments**

1604-1626 Morningside Dr.  
Burlington, NC 27217  
Phone: 336-228-8581  
[www.westministercompany.com](http://www.westministercompany.com)

## **DURHAM COUNTY**

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### **Carver Creek**

For people age 55+. Tax Credit apartments—not a HUD property.

531 East Carver St.  
Durham, NC 27704  
Phone: 919-471-6913  
Email: [carvercreek@wellingtonadvisors.com](mailto:carvercreek@wellingtonadvisors.com)

### **Mutual Manor**

For people age 62+.

3146 Fayetteville St.  
Durham, NC 27707  
Phone: 919-956-7481

### **Preiss-Steele Place**

For people age 55+. A Tax Credit property.

500 Pickwick Trail  
Durham, NC 27704  
Phone: 919-479-5050

### **Rockwood Cottages**

For people age 62+ or younger if they have a physical disability.

14 Wood Cottage Court  
Durham, NC 27707  
Phone: 919-403-9051

## ORANGE COUNTY

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### **Adelaide Walters Apartments**

For people age 62+ or younger if they have a physical disability. Building manager. HUD property.

603 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514  
Phone: 919-968-8018

### **Carolina Spring**

For people age 55+. Accepts Section 8 subsidies. Tax Credit apartments—not a HUD property.

600 West Poplar Ave.  
Carrboro, NC 27510  
Phone: 919-942-9559

[www.firstcentrum.com](http://www.firstcentrum.com)

### **Chase Park Apartments**

Accepts any age over 18. Consists of both some property-based Section 8 housing and some non-Section 8 units. The non-Section 8 units may accept housing vouchers. Not a HUD property.

Office: 106 North Elliott Rd.  
Chapel Hill, NC 27514  
Phone: 919-942-2197

[www.inchucohousing.com](http://www.inchucohousing.com)

### **Covenant Place**

For people age 62+ only. HUD property.

103 Culbreth Rd.  
Chapel Hill, NC 27516  
Phone: 919-929-0061

[www.uchas.org](http://www.uchas.org)

### **Dobbins Hill Apartments**

Accepts Section 8 subsidies. Tax Credit apartments—not a HUD property.

1749 Dobbins Hill Dr.  
Chapel Hill, NC 27514  
Phone: 919-932-3100

### **Elliott Woods Apartments**

Any age over 18. Consists of both some property-based Section 8 housing and some non-Section 8 units. The non-Section 8 units may accept housing vouchers. Not a HUD property.

106 North Elliott Rd.  
Chapel Hill, NC 27514  
Phone: 919-942-2197

[www.inchucohousing.com](http://www.inchucohousing.com)

### **Eno Haven**

For people age 55+. Accepts Section 8 subsidies. Handicapped accessible.

815 US Bus HWY 70 East  
Hillsborough, NC 27278  
Phone: 919-245-0700

### **First Baptist and Manley Estates**

For people age 62+ only. Part-time service coordinator as well as a building manager. HUD property.

805 South Merritt Mill Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-9778  
Email: [firstbaptist@nc.rr.com](mailto:firstbaptist@nc.rr.com)

### **Gateway Village Apartments**

400 Lakeside Dr.  
Hillsborough, NC 27278  
Phone: 919-732-6701

## **HOUSING AUTHORITIES & ADVOCACY**

Promotes adequate and affordable housing, economic opportunity and a suitable living environment free from discrimination. The Housing Choice Voucher (HCV) program provides rental assistance for qualified low-income families and individuals. Information about the application process may be obtained from Housing Authorities.

### **Burlington Housing Authority**

133 North Ireland St.  
Burlington, NC 27217-2635  
Phone: 336-226-8421  
<http://burlingtonhousingauthority.org/>

### **Chatham County Housing Authority**

190 Sanford Rd.  
Pittsboro, NC 27513  
Phone: 919-542-3742  
Alt Phone: 919-742-1236  
[www.chathamnc.org](http://www.chathamnc.org)

### **Durham County Housing Authority**

330 East Main St.  
Durham, NC 27701  
Phone: 919-683-1551  
[www.durhamhousingauthority.org](http://www.durhamhousingauthority.org)

### **Graham Housing Authority**

109 East Hill St.  
Graham, NC 27253  
Phone: 336-229-7041  
[www.grahamhanc.com/](http://www.grahamhanc.com/)

### **Orange County Dept. Housing, Human Rights & Comm. Develop.—Chapel Hill**

Offers the Housing Choice Voucher program, affordable housing program, single-family rehab, urgent repair, fair housing enforcement and more. LOCATION: Southern Human Services Center.

2501 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2022  
Email: [HousingHumanRightsCD@orangecountync.gov](mailto:HousingHumanRightsCD@orangecountync.gov)

[www.orangecountync.gov/departments/hhrcd/index.php](http://www.orangecountync.gov/departments/hhrcd/index.php)

### **Orange County Dept. Housing, Human Rights & Comm. Develop.—Hillsborough**

Offers the Housing Choice Voucher program, affordable housing program, single-family rehab, urgent repair, fair housing enforcement and more. LOCATION: Richard Whitted Human Services Bldg.

300 West Tryon St.  
Hillsborough, NC 27278  
Phone: 919-245-2490  
Email: [HousingHumanRightsCD@orangecountync.gov](mailto:HousingHumanRightsCD@orangecountync.gov)

[www.orangecountync.gov/departments/hhrcd/index.php](http://www.orangecountync.gov/departments/hhrcd/index.php)

# HOUSING COHOUSING

An intentional community of private homes clustered around shared space such as a common house with a shared kitchen, dining or more. Households have independent incomes, private lives and may participate in planning activities. Easy to form clubs, organize child and elder care, carpool and share resources.

## CHATHAM COUNTY

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### **Blue Heron Farm**

Established in Pittsboro; building in process.

Phone: 919-542-2151

Email: [roy@bhfarm.org](mailto:roy@bhfarm.org)

## DURHAM COUNTY

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### **Durham Central Park Cohousing Community**

Established 2014 in Durham; project completed.

Phone: 919-451-5217

Email: [durham.coho@gmail.com](mailto:durham.coho@gmail.com)

<http://durhamcoho.com>

### **Elderberry**

Established 2016 in Rougemont; building in process.

Phone: 336-364-4173

Email: [mbkbennett@gmail.com](mailto:mbkbennett@gmail.com)

[www.elderberrycohousing.com](http://www.elderberrycohousing.com)

### **Eno Commons**

Established 2000 in Durham; project completed.

Email: [info@enocommons.org](mailto:info@enocommons.org)

[www.enocommons.org](http://www.enocommons.org)

### **Intown Neighborhood Place**

Seeking site as of 2016.

Email: [nc277coho@gmail.com](mailto:nc277coho@gmail.com)

### **Solterra**

Established 2003 in Durham; project completed.

Email: [info@solterra.net](mailto:info@solterra.net)

[www.solterra.net](http://www.solterra.net)

### **The Cohousing Association of the United States**

National association helps raise awareness of cohousing benefits and supports the development of cohousing communities nationwide.

130 Hunt St. #405

Durham, NC 27701

Phone: 812-618-2646

[www.cohousing.org](http://www.cohousing.org)

### **Village Hearth Cohousing**

Durham site purchased.

Email: [villagehearthcohousing@gmail.com](mailto:villagehearthcohousing@gmail.com)

[www.villagehearthcohousing.com](http://www.villagehearthcohousing.com)

## ORANGE COUNTY

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### **Arcadia Cohousing**

Established 1999 in Chapel Hill; project completed.

Email: [info@arcadiacohousing.com](mailto:info@arcadiacohousing.com)

[www.arcadiacohousing.com](http://www.arcadiacohousing.com)

### **Elder Commons**

Coming 2020 to Chapel Hill.

Phone: 919-903-7405

Email: [tskeys@eldercommons.com](mailto:tskeys@eldercommons.com)

<http://cohousing.org/Elder%20Commons>

## **Hart's Mill Ecovillage and Farm**

Formed 2012 for Efland location.

[www.hartsmill.org](http://www.hartsmill.org)

## **Pacifica**

Established 2006 in Carrboro.

Email: [pacificaoutreachcommittee@gmail.com](mailto:pacificaoutreachcommittee@gmail.com)

<http://pacificaonline.org>

## **LEGAL**

### **Advanced Health Care Directive Registry—NC Secretary of State**

Register advanced directives with the Secretary of State's office to make them available online. Includes Health Care Power of Attorney, Living Will, advance instructions for mental health treatment and anatomical gifts (organ donations). Provides multi-language service online.

Phone: 919-807-2215

Email: [AHCDR@sosnc.gov](mailto:AHCDR@sosnc.gov)

[www.secretary.state.nc.us/ahcdr/](http://www.secretary.state.nc.us/ahcdr/)

### **Compass Center for Women and Families**

Offers men and women 15 minutes of free phone consultation with an attorney, mainly family law. In addition, UNC Law School students will consult with individuals, then their professors. STATEWIDE

210 Henderson St.

Chapel Hill, NC 27514

Phone: 919-968-4610

Email: [everywoman@mindspring.com](mailto:everywoman@mindspring.com)

[www.compassctr.org](http://www.compassctr.org)

## **Consumer Protection—North Carolina Department of Justice**

Call the Attorney General's office with consumer complaints, including reports of scams against seniors. Complaints can also be filed online.

114 West Edenton St.

Raleigh, NC 27602

Phone: 919-716-6000

Alt Phone: 877-566-7226

Email: [consumer@ncdoj.gov](mailto:consumer@ncdoj.gov)

[www.ncdoj.gov](http://www.ncdoj.gov)

## **Disability Rights North Carolina**

Advocates for and protects the rights of people living with disabilities. STATEWIDE

3724 National Dr., Ste. 100

Raleigh, NC 27612

Phone: 919-856-2195

Email: [info@disabilityrightsncc.org](mailto:info@disabilityrightsncc.org)

[www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

## **Dispute Settlement Center**

Provides mediation services to individuals and communities dealing with family and life issues. STATEWIDE

302 West Weaver St.

Carrboro, NC 27510

Phone: 919-929-8800

[www.disputesettlement.org](http://www.disputesettlement.org)

## **Legal Aid of North Carolina—Senior Law Project**

Free legal help on civic matters to North Carolinians 60+. No income limitations for senior clients. Priority is given to those with the greatest need. Call the Senior Legal Helpline for free legal help.

Phone: 877-579-7562

[www.legalaidnc.org](http://www.legalaidnc.org)

## **National Academy of Elder Law Attorneys**

Professional association dedicated to improving the quality of legal services provided to seniors and people with special needs. Find an elder law professional near you for advice through NAELA's member directory.

[www.naela.org](http://www.naela.org)

## **North Carolina Bar Association**

Has a list of certified attorneys in various specialty areas such as estate planning. Seniors can access publications online or at the library. Online pamphlet: Senior Citizens Handbook Laws and Programs Affecting Senior Citizens in North Carolina.

P.O. Box 3688  
Cary, NC 27519  
Phone: 919-677-0561

[www.ncbar.gov](http://www.ncbar.gov)

## **North Carolina Lawyer Referral Service**

Provides referral to a local attorney. The attorney agrees to charge no more than \$50 for a 30-minute initial consultation. Future fees are negotiated.

Phone: 919-677-8574  
Alt Phone: 800-662-7660

[www.ncfindalawyer.com](http://www.ncfindalawyer.com)

# LIBRARIES

In addition to traditional books, many libraries have CDs, DVDs, large print books and e-books. Some have computers available for public use. Only the main libraries are listed for Alamance, Chatham and Durham. Please call or visit their websites to find their branch libraries.

## **ALAMANCE COUNTY**

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### **Memorial Library—Main**

Offers delivery of large print and audiobooks limited to homebound cardholders in immediate service area.

342 South Spring St.  
Burlington, NC 27215  
Phone: 336-229-3588

[www.alamancelibraries.org](http://www.alamancelibraries.org)

## **CHATHAM COUNTY**

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### **Chatham Community Library—Main**

197 HWY 87 North  
Pittsboro, NC 27312  
Phone: 919-545-8084

[www.chathamlibraries.org](http://www.chathamlibraries.org)

## **DURHAM COUNTY**

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### **Durham County Library—Main**

300 North Roxboro St.  
Durham, NC 27702  
Phone: 919-560-0100

[www.durhamcountylibrary.org](http://www.durhamcountylibrary.org)

## ORANGE COUNTY

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### **Carrboro Branch Library**

900 Old Fayetteville Rd.

Carrboro, NC 27510

Phone: 919-969-3006

Email: [library@orangecountync.gov](mailto:library@orangecountync.gov)

[www.orangecountync.gov/departments/library/index.php](http://www.orangecountync.gov/departments/library/index.php)

### **Chapel Hill Public Library**

100 Library Dr.

Chapel Hill, NC 27514

Phone: 919-968-2777

Email: [library@townofchapelhill.org](mailto:library@townofchapelhill.org)

[www.chapelhillpubliclibrary.org](http://www.chapelhillpubliclibrary.org)

### **Cybrary**

100 North Greensboro St.

Carrboro, NC 27510

Phone: 919-918-7387

Email: [library@orangecountync.gov](mailto:library@orangecountync.gov)

[www.orangecountync.gov/departments/library/index.php](http://www.orangecountync.gov/departments/library/index.php)

### **Orange County Public Library—Main**

137 West Margaret Lane

Hillsborough, NC 27278

Phone: 919-245-2525

Email: [library@orangecountync.gov](mailto:library@orangecountync.gov)

[www.orangecountync.gov/departments/library/index.php](http://www.orangecountync.gov/departments/library/index.php)

## MEDICAID

See also: BENEFITS and SOCIAL SERVICE AGENCIES

Medicaid provides health coverage to eligible low-income adults. Your local Department of Social Services (DSS) in your county of residency determines your eligibility. Contact your county DSS office for more information or to apply.

### **Alamance County Department of Social Services**

319 North Graham-Hopedale Rd., Ste. C  
Burlington, NC 27217

Phone: 336-570-6532

[www.alamance-nc.com/dss](http://www.alamance-nc.com/dss)

### **Chatham County Department of Social Services**

102 Camp Dr.

Pittsboro, NC 27312

Phone: 919-542-2759

[www.chathamnc.org/socialservices](http://www.chathamnc.org/socialservices)

### **Durham County Department of Social Services**

Provides information and assistance on food stamps, adult protective services, guardianship, home-centered care and group home monitoring.

414 East Main St.

Durham, NC 27701

Phone: 919-560-8000

[www.dconc.gov](http://www.dconc.gov)

## **Orange County Department of Social Services—Chapel Hill**

Southern Human Services Ctr.  
2501 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2000  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## **Orange County Department of Social Services—Hillsborough**

Hillsborough Commons  
113 Mayo St.  
Hillsborough, NC 27278  
Phone: 919-245-2800  
Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)  
[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## **MEDICAL EQUIPMENT & SUPPLIES**

The organizations listed provide durable medical equipment and supplies. A physician or licensed therapist should be consulted regarding equipment needs.

### **Advanced Home Care**

COUNTIES SERVED: Durham  
105 West NC HWY 54, Ste. 267  
Durham, NC 27713  
Phone: 919-852-0052

## **Healthcare Equipment**

Representatives at our Durham store & in the field can help families with selections. A therapist & family members are present when samples & choices are decided. Requires letter of medical need & doctor's prescription. Repairs & maintains equipment that we provide. Various payment options. STATEWIDE

4228 Garrett Rd.  
Durham, NC 27707  
Phone: 919-489-7408  
[www.healthcareequipmentinc.com](http://www.healthcareequipmentinc.com)

## **Medi Home Care**

5840 McHines Place, Ste. A  
Raleigh, NC 27616  
Phone: 919-873-1001  
[www.msa-corp.com/companies/medihomecare.aspx](http://www.msa-corp.com/companies/medihomecare.aspx)

## **Medical Supply Super Store—Chatham**

Approved and accredited Medicare provider.  
LOCATION: Chatham Crossing. COUNTIES SERVED: Durham and Orange

11312 HWY 15-501 North, Ste. 306  
Chapel Hill, NC 27517  
Phone: 919-960-8100 – Chapel Hill

## **Medical Supply Super Store—Durham**

Approved and accredited Medicare provider.  
3300 North Guess Rd.  
Durham, NC 27705  
Phone: 919-220-0740  
[www.themedicalsupplysuperstore.com](http://www.themedicalsupplysuperstore.com)

## **Orange County Department on Aging— DME**

Limited amount of gently used medical equipment and supplies available on a loan basis. Donations accepted. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Tarheel Medical Supply**

Provides medical equipment for home health care. Medicare, Medicaid and most insurance accepted. Located behind Rams Plaza. COUNTIES SERVED: Orange

1717 Legion Rd., Ste. 102-B

Chapel Hill, NC 27517

Phone: 919-969-2669

Email: [info@tarheelmedicalsupply.com](mailto:info@tarheelmedicalsupply.com)

[www.tarheelmedicalsupply.com](http://www.tarheelmedicalsupply.com)

## **Triangle Lifeline and Medical Alert Services**

COUNTIES SERVED: Durham

4220 NC HWY 55, Ste. 335

Durham, NC 27713

Phone: 919-479-6050

[www.trianglelifeline.com](http://www.trianglelifeline.com)

## **MEDICAL RIGHTS**

### **KEPRO**

Medicare Quality Improvement Organization offers beneficiary & family-centered care information for providers, patients & families. Conducts medical record reviews for mediation for Medicare beneficiaries when questions arise. Under contract with the Centers for Medicare & Medicaid Services. STATEWIDE

5201 West Kennedy Blvd., Ste. 900

Tampa, FL 33609

Phone: 844-455-8708

[www.keproqui.com](http://www.keproqui.com)

## **MENTAL HEALTH RESOURCES & SERVICES**

See also: SUPPORT GROUPS and WEBSITES

### **ADVOCACY, SUPPORT AND REFERRAL**

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#### **Alliance Behavioral HealthCare**

Operates a 24/7 call center to help people in a mental health or substance use crisis find care that they need. Online handbook to help residents in service area find local resources, understand their rights or voice a grievance. In Spanish and other formats. COUNTIES SERVED: Durham and Other

Phone: 800-510-9132

[www.alliancebhc.org](http://www.alliancebhc.org)

### **Cardinal Innovations Healthcare Community Office—Alamance**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Alamance and Caswell

2929 Crouse Lane, Ste. B  
Burlington, NC 27215  
Phone: 800-939-5911 – Call Center  
Alt Phone: 336-513-4222 – Local Office  
[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **Cardinal Innovations Healthcare Community Office—Orange**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Chatham, Orange, Person

201 Sage Rd.  
Chapel Hill, NC 27517  
Phone: 800-939-5911 – Call Center  
Alt Phone: 919-913-4000 – Local Office  
[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **Club Nova**

Assists with finding housing and provides clubhouse services to individuals who receive mental health, developmental disability and substance abuse services. COUNTIES SERVED: Orange

103-D West Main St.  
Carrboro, NC 27510  
Phone: 919-968-6682  
Email: [membership@clubnova.org](mailto:membership@clubnova.org)  
[www.clubnova.org](http://www.clubnova.org)

### **Disability Rights North Carolina**

Advocates for and protects the rights of people living with disabilities. STATEWIDE

3724 National Dr., Ste. 100  
Raleigh, NC 27612  
Phone: 919-856-2195  
Email: [info@disabilityrightsn.org](mailto:info@disabilityrightsn.org)  
[www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **Mental Health America of the Triangle**

Non-clinical services include education, advocacy, information and referral, and peer support. Teaches Mental Health First Aid. Offers an online mental health service directory for Orange, Chatham and Person (includes services for Spanish-speaking individuals & refugees). COUNTIES SERVED: Chatham, Durham, Orange, Person

3729 Murphy School Rd.  
Durham, NC 27705  
Phone: 919-942-8083  
Email: [info@mhatriangle.org](mailto:info@mhatriangle.org)  
[www.mhatriangle.org](http://www.mhatriangle.org)

### **MentalHealth.gov**

Provides one-stop access to US government mental health resources and information, in addition to local information.

[www.mentalhealth.gov](http://www.mentalhealth.gov)

### **National Alliance on Mental Illness (NAMI)—North Carolina**

Education, advocacy, resources and links to local resources for family members of individuals with a mental illness.

Phone: 800-451-9682 – Limited Hours  
Email: [gharrison@naminc.org](mailto:gharrison@naminc.org)  
<http://naminc.org/>

## **National Alliance on Mental Illness (NAMI)—Orange County**

Advocacy, referral and support groups for people with mental illness and their family members.

Phone: 919-929-7822

Email: [namilistserve@gmail.org](mailto:namilistserve@gmail.org)

[www.namiorangenc.org](http://www.namiorangenc.org)

## **National Institute on Mental Health**

Mental health education, resources, information and help for people and their loved ones struggling with mental illness.

[www.nimh.nih.gov](http://www.nimh.nih.gov)

## **Orange County Department on Aging—Aging Transitions**

Provides a variety of services and supports for older adults and their families as they face changing health needs, relocations and other age-related issues. Available to help people determine what services they are eligible for and to make plans for the future. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **CRISIS SERVICES**

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In a police or medical emergency, always call 911. For NON-police crisis assistance, NOT police response, refer to the LAW ENFORCEMENT AGENCIES subhead under this MENTAL HEALTH category. To find help for a mental health or substance use crisis near you, call the 24/7 CALL CENTER in your county (listings below); or visit <http://crissolutionsnc.org> to find crisis assistance resources in your county.

## **Alliance Behavioral HealthCare**

Operates a 24/7 call center to help people in a mental health or substance use crisis find care that they need. Online handbook to help residents in service area find local resources, understand their rights or voice a grievance. In Spanish and other formats. COUNTIES SERVED: Durham and Other

Phone: 800-510-9132

[www.alliancebhc.org](http://www.alliancebhc.org)

## **Cardinal Innovations Healthcare Community Office—Alamance**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Alamance and Caswell

2929 Crouse Lane, Ste. B

Burlington, NC 27215

Phone: 800-939-5911 – Call Center

Alt Phone: 336-513-4222 – Local Office

[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

## **Cardinal Innovations Healthcare Community Office—Orange**

Operates a 24/7 call center to complement the care members receive for intellectual & developmental disabilities, mental health or substance use disorders. Ensures that people who need access to care, or are experiencing a crisis, can receive care in a timely manner from appropriate providers. COUNTIES SERVED: Chatham, Orange, Person

201 Sage Rd.

Chapel Hill, NC 27517

Phone: 800-939-5911 – Call Center

Alt Phone: 919-913-4000 – Local Office

[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **Chapel Hill Police Department Crisis Unit**

NON-police crisis assistance for Chapel Hill residents only. NOT police response. In a police or medical emergency, call 911.

Phone: 919-968-2806

[www.townofchapelhill.org](http://www.townofchapelhill.org)

### **Crisis Solutions North Carolina**

Coalition responsible for finding resources to address the challenges of crisis intervention and treatment in addition to helping those challenged return to recovery after a crisis. Online tool to find help for a mental health or substance use crisis in your county.

<http://crisissolutionsnc.org/>

### **Freedom House Recovery Center— Crisis / Outpatient Clinic**

Assessment, counseling/outpatient therapy, psychiatric services for those experiencing a mental health or substance use crisis. Facility-based crisis unit offers short-term observation, stabilization, detoxification, walk-in or secure videoconferencing depending on location. COUNTIES SERVED: Orange and Person

110 Stateside Dr.  
Chapel Hill, NC 27516  
Phone: 919-967-8844

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **Freedom House Recovery Center— Mobile Crisis Unit**

Provides mobile crisis psychiatric, substance abuse and mental health services. Mobile crisis teams may travel to a person in crisis to provide integrated, short-term crisis response, stabilization and intervention for a person experiencing a mental health or chemical dependency crisis. COUNTIES SERVED: Durham, Orange, Person

Phone: 919-428-0819 – Durham Mobile Unit  
Alt Phone: 877-987-8844 – Orange & Person Mobile Unit

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **National Suicide Prevention Hotline**

Will connect call to a local resource provider. NATIONWIDE

Phone: 800-SUICIDE

Alt Phone: 800-784-2433

### **Orange County Sheriff Department Crisis Unit**

NON-police crisis assistance for Orange County residents only. NOT police response. In a police or medical emergency, call 911.

Phone: 919-245-2900 – Main

Alt Phone: 919-644-3050

[www.ocsonc.com](http://www.ocsonc.com)

### **Veterans Crisis Line**

If you have a medical emergency, please dial 911. Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text 838255 to receive confidential support 24/7.

Phone: 800-273-8255 ext: 1

TTY: 800-799-4889

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

## **DAYTIME COUNSELING SERVICES**

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### **Art Therapy Institute**

Licensed mental health professionals provide arts-based counseling to diverse populations. Individual counseling services and community support groups for refugee women & adults living with severe & persistent mental illness. Accepts Medicaid, some insurance & private pay. Sliding scale available. COUNTIES SERVED: Orange

200 North Greensboro St., Ste. D6  
Carrboro, NC 27510

Phone: 919-381-6068

Email: [info@ncati.org](mailto:info@ncati.org)

[www.ncati.org](http://www.ncati.org)

### **Duke Outpatient Psychiatry Clinic**

No referral needed. Search the website for Psychiatry Providers. COUNTIES SERVED: Durham

2213 Elba St.

Durham, NC 27705

Phone: 919-684-0100

[www.dukemedicine.org](http://www.dukemedicine.org)

### **Durham VA Medical Center**

Provides health care services to veterans in central and eastern North Carolina.

508 Fulton St.

Durham, NC 27705

Phone: 919-286-0411

24/7 Call Line: 888-878-6890

[www.durham.va.gov/index.asp](http://www.durham.va.gov/index.asp)

### **El Futuro**

Provides mental health & substance abuse services to Spanish-speaking individuals & families in central North Carolina. Offers Durham walk-in clinic for people not currently in treatment. Accepts Medicaid and other insurance as well as serves uninsured in some counties. COUNTIES SERVED: Chatham and Durham

136 East Chapel Hill St.

Durham, NC 27701

Phone: 919-799-2625 – Chatham

Alt Phone: 919-688-7101 – Durham

[www.elfuturo-nc.org](http://www.elfuturo-nc.org)

### **Freedom House Recovery Center— Chapel Hill Outpatient Clinic**

Assists in managing severe mental disorders, resolving shorter term difficulties, achieving recovery from substance use disorders & maintaining sobriety. Comprehensive Clinical Assessment, Therapy, SACOT & SAIOP, Peer Support, Psychiatric Evaluation, Medication Management & Primary Medical Care. COUNTIES SERVED: Chatham, Orange, Person

104 New Stateside Dr.

Chapel Hill, NC 27516

Phone: 919-442-1844

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **Freedom House Recovery Center— Chatham Counseling Center**

Provides support and treatment for people with behavioral disorders or mental illness. Also specializes in recovery treatment for those struggling with substance abuse. COUNTIES SERVED: Chatham

288 East St., Ste. 1004

Pittsboro, NC 27312

Phone: 919-602-5438

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **Freedom House Recovery Center— Durham Outpatient Clinic**

Assists in managing severe mental disorders, resolving shorter term difficulties, achieving recovery from substance use disorders & maintaining sobriety. Comprehensive Clinical Assessment, Therapy, SACOT & SAIOP, Peer Support, Psychiatric Evaluation, Medication Management & Primary Medical Care. COUNTIES SERVED: Durham

400 Crutchfield St., Ste. D

Durham, NC 27704

Phone: 919-251-8806

Alt Phone: 919-428-0819 – Durham Mobile Unit

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **Freedom House Recovery Center— Person Counseling Center**

Provides support and treatment for people with behavioral disorders or mental illness. Also specializes in recovery treatment for those struggling with substance abuse. COUNTIES SERVED: Person

355-C1 South Madison Blvd.

Roxboro, NC 27573

Phone: 336-599-8366

Alt Phone: 877-987-8844 – Mobile Crisis

**[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)**

### **LGBT Center of Raleigh**

Provides a list of mental health providers who have submitted a written statement that they are LGBT-affirming therapists and have agreed to practice in ways that support the LGBT community. STATEWIDE DIRECTORY

324 South Harrington St.

Raleigh, NC 27603

Phone: 919-832-4484

**[www.lgbtcenterofraleigh.com/resources/mental-health-resources.html](http://www.lgbtcenterofraleigh.com/resources/mental-health-resources.html)**

### **Mental Health America of the Triangle**

Offers free counseling to people who are uninsured or underinsured. Online comprehensive service directory for Orange, Chatham and Person (includes services for Spanish-speaking individuals, refugees, LGBT). COUNTIES SERVED:

Chatham, Durham, Orange, Person

3729 Murphy School Rd.

Durham, NC 27705

Phone: 919-942-8083

Email: [info@mhatriangle.org](mailto:info@mhatriangle.org)

**[www.mhatriangle.org](http://www.mhatriangle.org)**

### **Orange County Department on Aging— Counseling**

Short-term counseling regarding geriatric mood disorders & caregiving issues only. By appointment.

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

**[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)**

### **UNC Dept. of Psychiatry Walk-In Clinic**

For emergencies only: 9 am – 3 pm. LOCATION: Neurosciences Hospital – 1st Floor

101 Manning Dr.

Chapel Hill, NC 27514

Phone: 984-974-5217

24 Hr Crisis Line: 984-974-3950

**[www.uncmentalhealthspecialist.com](http://www.uncmentalhealthspecialist.com)**

## **HOSPITALS**

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### **Alamance Regional Medical Center**

1240 Huffman Mill Rd.

Burlington, NC 27215-8700

Phone: 336-538-7000

**[www.armc.com](http://www.armc.com)**

### **Central Regional Hospital**

AREA SERVED: Regional area includes Alamance, Chatham, Durham, Orange

300 Veazey Rd.

Butner, NC 27509

Phone: 919-764-2000

**[www2.ncdhhs.gov/dsohf/services/crh/index.htm](http://www2.ncdhhs.gov/dsohf/services/crh/index.htm)**

### **Chatham Hospital—UNC Healthcare**

475 Progress Blvd.

Siler City, NC 27344

Phone: 919-799-4000

**[www.chathamhospital.org](http://www.chathamhospital.org)**

## **Duke Health**

2301 Erwin Rd.  
Durham, NC 27710  
Phone: 855-855-6484  
[www.dukemedicine.org](http://www.dukemedicine.org)

## **North Carolina Division of State-Operated Healthcare Facilities**

3006 Mail Service Center  
Raleigh, NC 27699-3006  
Phone: 919-855-4700  
[www.ncdhhs.gov/divisions/dsohf/](http://www.ncdhhs.gov/divisions/dsohf/)

## **North Carolina Hospital and Healthcare Guide 2015–16**

Lists hospitals by location, nursing homes, adult care homes-assisted living, local health departments, state and federal health contacts & medical societies. Also found at [www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging). Go to Aging in Place Supports.

[www.nc-hospitals.com/publication/?m=24899&l=1](http://www.nc-hospitals.com/publication/?m=24899&l=1)

## **UNC Hospitals**

101 Manning Dr.  
Chapel Hill, NC 27514  
Phone: 984-974-1000  
[www.uncmedicalcenter.org](http://www.uncmedicalcenter.org)

## **LAW ENFORCEMENT AGENCIES**

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In a police or medical emergency, call 911. Use the numbers below for NON-police crisis assistance. NOT police response.

### **Carrboro Police Department**

Phone: 919-918-7398  
[www.carrboropolice.com](http://www.carrboropolice.com)

### **Chapel Hill Police Department**

Phone: 919-968-2760  
[www.townofchapelhill.org](http://www.townofchapelhill.org)

### **Chatham County Sheriff**

Phone: 919-542-2811  
[www.chathamnc.org](http://www.chathamnc.org)

### **Hillsborough Police Department**

Phone: 919-732-9381  
[www.hillsboroughnc.gov](http://www.hillsboroughnc.gov)

### **Mebane Police Department**

Phone: 919-563-9031  
[www.cityofmebane.com/police.asp](http://www.cityofmebane.com/police.asp)

### **Orange County Sheriff Department**

Phone: 919-245-2900  
Alt Phone: 919-644-3050  
[www.ocsonc.com](http://www.ocsonc.com)

### **Pittsboro Police Department**

Phone: 919-542-3200  
[www.pittsboronc.gov](http://www.pittsboronc.gov)

### **Siler City Police Department**

Phone: 919-742-5626  
[www.silercity.org](http://www.silercity.org)

## TREATMENT CENTERS

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### **Freedom House Recovery Center— Residential Services**

Offers residential recovery services. Has facility-based crisis unit and offers short-term observation or stabilization, detoxification, walk-in or secure videoconferencing depending on location. Sliding scale fees, private insurance, Medicaid, Medicare. COUNTIES SERVED: Durham, Orange, Other

104 New Stateside Dr.  
Chapel Hill, NC 27516-1165  
Phone: 919-967-8844 – 24 Hours

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

### **North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services**

Offers professional treatment services in facility-based crisis programs across the state. Admissions of persons with intellectual/developmental disabilities to any of these programs depends on the acuity of the individual.

Phone: 919-733-7011

[www.ncdhhs.gov/divisions/mhddsas](http://www.ncdhhs.gov/divisions/mhddsas)

### **R.J. Blackley Alcohol and Drug Abuse Treatment Center**

100 H St.  
Butner, NC 27509  
Phone: 919-575-7800

[www.ncdhhs.gov/divisions/dsohf/](http://www.ncdhhs.gov/divisions/dsohf/)

### **TROSA—Triangle Residential Options for Substance Abusers**

Long-term residential substance abuse recovery program that offers education, leadership training, peer counseling, continuing care and vocational training. COUNTIES SERVED: Durham

1820 James St.  
Durham, NC 27707  
Phone: 919-419-1059

[www.trosainc.org](http://www.trosainc.org)

## MOVING SERVICES

### **Aspire Transitions**

COUNTIES SERVED: Chatham, Durham, Orange, Other

1660 Mt. Olive Church Rd.  
Pittsboro, NC 27312  
Phone: 919-533-6610

Alt Phone: 919-636-1636

Email: [aspiretransitions@live.com](mailto:aspiretransitions@live.com)

[www.aspiretransitions.vpweb.com](http://www.aspiretransitions.vpweb.com)

### **Carolina Relocation & Transition Specialists**

AREA SERVED: Triangle region

P.O. Box 1338

Pittsboro, NC 27312

Phone: 919-610-1888

Email: [beth@carolina-rts.com](mailto:beth@carolina-rts.com)

[www.carolina-rts.com/](http://www.carolina-rts.com/)

### **The Right Moves**

Coordinates moves for seniors transitioning to retirement communities or assisted living facilities. STATEWIDE

P.O. Box 17104

Chapel Hill, NC 27516

Phone: 919-942-5993

Alt Phone: 941-232-2732

[www.therightmoves.net](http://www.therightmoves.net)

### **TROSA Moving**

Moving, packing and storage services available. NATIONWIDE

1820 James St.

Durham, NC 27707

Phone: 919-489-3941

Alt Phone: 919-419-1059

Email: [moving@trosainc.org](mailto:moving@trosainc.org)

<http://trosamoving.com>

## NEWCOMERS

### Chapel Hill-Carrboro Chamber of Commerce

COUNTIES SERVED: Orange

104 South Estes Dr.  
Chapel Hill, NC 27514  
Phone: 919-967-7075

[www.carolinachamber.org](http://www.carolinachamber.org)

### Chapel Hill/Orange County Visitors Bureau

COUNTIES SERVED: Orange

501 West Franklin St.  
Chapel Hill, NC 27516  
Phone: 919-245-4320  
Alt Phone: 888-968-2060  
Email: [info@visitchapelhill.org](mailto:info@visitchapelhill.org)

[www.visitchapelhill.org](http://www.visitchapelhill.org)

### Hillsborough Visitors Center

COUNTIES SERVED: Orange

150 East King St.  
Hillsborough, NC 27278  
Phone: 919-732-7741

[www.visithillsborough.org](http://www.visithillsborough.org)

### Newcomers Club of Greater Chapel Hill

COUNTIES SERVED: Orange

[www.newcomersofchapelhill.org](http://www.newcomersofchapelhill.org)

### Orange County Department on Aging—Newcomers

COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087  
Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### UNC Visitors Center

COUNTIES SERVED: Orange

250 East Franklin St.  
Chapel Hill, NC 27599  
Phone: 919-962-1630

[www.unc.edu/visitors](http://www.unc.edu/visitors)

## WEBSITES

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### Orange County, North Carolina

[www.orangecountync.gov](http://www.orangecountync.gov)

### Town of Carrboro

[www.ci.carrboro.nc.us](http://www.ci.carrboro.nc.us)

### Town of Chapel Hill

[www.townofchapelhill.org](http://www.townofchapelhill.org)

### Town of Hillsborough

[www.hillsboroughnc.gov](http://www.hillsboroughnc.gov)

### University of North Carolina

[www.unc.edu](http://www.unc.edu)

## NURSING HOMES

See also: ADVOCACY and HOME HEALTH / SKILLED AGENCIES

Nursing home facilities, also known as skilled nursing and rehab centers, provide skilled nursing care, personal care, as well as physical, occupational and speech therapy for people who need long-term care or rehabilitation. Skilled nursing care is provided 24/7.

Facilities accept Medicare, Medicare Advantage, Medicaid, private insurance, long-term care insurance and/or private pay depending on the facility and patient's need. All Medicare-approved facilities accept Medicare payment, if the patient meets its medical criteria. The same applies to Medicaid-approved facilities. Check with individual facilities to find out if a particular plan or payment method is accepted.

Additional information, reports, ratings and resources may be found at: **www.**

**nursinghomeinfo.com,**  
**www.orangecountync.gov/departments/aging** and **www.medicare.gov/nursinghomecompare**

### ALAMANCE COUNTY

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#### **Alamance Health Care Center**

Accepts Medicaid.

1987 Hilton Rd.  
Burlington, NC 27217  
Phone: 336-226-0848  
**www.alamancerehab.com/center/**

#### **Liberty Commons Nursing & Rehab Center of Alamance County**

Accepts Medicaid.

791 Boone Station Dr.  
Burlington, NC 27215  
Phone: 336-586-9850  
**www.libertyhealthcare.com**

#### **Peak Resources Alamance**

Accepts Medicaid.

779 Woody Dr.  
Graham, NC 27253  
Phone: 336-228-8394  
**www.peakresourcesinc.com**

#### **The Presbyterian Home of Hawfields**

Accepts Medicaid.

2502 South NC HWY 119  
Mebane, NC 27302  
Phone: 336-578-4701  
**www.hawfields.org/**

#### **White Oak Manor—Burlington**

Accepts Medicaid.

323 Baldwin Rd.  
Burlington, NC 27217  
Phone: 336-229-5571  
**www.whiteoakmanor.com/**

### CHATHAM COUNTY

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#### **Siler City Center**

Accepts Medicaid.

900 West Dolphin St.  
Siler City, NC 27344  
Phone: 919-663-3431  
**www.genesishcc.com/silercity**

#### **The Laurels of Chatham**

Dementia unit available. Accepts Medicaid.

72 Chatham Business Dr.  
Pittsboro, NC 27312  
Phone: 919-542-6677  
**www.laurelsfchatham.com/**

## **DURHAM COUNTY**

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### **Brian Center Health & Rehabilitation**

Accepts Medicaid.

6000 Fayetteville Rd.

Durham, NC 27713

Phone: 919-544-9021

[www.briancenterofdurham.com](http://www.briancenterofdurham.com)

### **Carver Living Center**

Dementia unit available. Accepts Medicaid.

303 East Carver St.

Durham, NC 27704

Phone: 919-471-3558

### **Durham Nursing & Rehabilitation Center**

Accepts Medicaid.

411 South LaSalle St.

Durham, NC 27705

Phone: 919-383-5521

[www.healthtiquegroup.com](http://www.healthtiquegroup.com)

### **Hillcrest Convalescent Center**

Private pay. Accepts Medicaid on a very limited basis (6 beds). Dementia unit available.

1417 West Pettigrew St.

Durham, NC 27705

Phone: 919-286-7705

[www.hillcrestnc.com/](http://www.hillcrestnc.com/)

### **Kindred Transitional Care & Rehabilitation—Rose Manor**

Dementia care. Accepts Medicaid.

4230 North Roxboro St.

Durham, NC 27704

Phone: 919-477-9805

[www.rosemanorhc.com](http://www.rosemanorhc.com)

### **Peak Resources Treyburn**

Accepts Medicaid.

2059 Torredge Rd.

Durham, NC 27712

Phone: 919-477-4474

[www.peakresourcesinc.com](http://www.peakresourcesinc.com)

### **Pettigrew Rehabilitation & Health Care Center**

Accepts Medicaid.

1515 West Pettigrew St.

Durham, NC 27705

Phone: 919-286-0751

[www.pettigrewrehab.com/](http://www.pettigrewrehab.com/)

### **PruittHealth—Durham**

Private pay.

3100 Erwin Rd.

Durham, NC 27705

Phone: 919-383-1546

[www.pruitthealth.com](http://www.pruitthealth.com)

## **ORANGE COUNTY**

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### **Brookshire Senior Living**

Accepts Medicaid.

300 Meadowlands Dr.

Hillsborough, NC 27278

Phone: 919-644-6714

[www.brookshirenc.com/](http://www.brookshirenc.com/)

### **PruittHealth—Carolina Point**

Private pay. Accepts Medicaid.

5935 Mt. Sinai Rd.

Durham, NC 27705

Phone: 919-402-2450

[www.pruitthealth.com](http://www.pruitthealth.com)

## **Signature Healthcare of Chapel Hill**

Accepts Medicaid.

1602 East Franklin St.  
Chapel Hill, NC 27514  
Phone: 919-967-1418

<http://shcofchapelhill.com/>

## **OMBUDSMEN**

See also: **ADVOCACY**

Concerns about long-term care services (both availability and quality). Long-term care facilities are defined as nursing homes and adult care homes (family care homes/assisted living). Contact the Triangle J Area Agency on Aging 800-310-9777 to find your Regional Ombudsman if not listed below; or contact one of the following specialized advocacy organizations:

### **Orange County Adult Care Home & Nursing Home Community Advisory Committees**

State-mandated and county-appointed citizen committees serve as advocates for long-term care residents. Promotes community involvement and cooperation with these homes to ensure quality care. Search for quarterly site visit reports on various facilities on the Orange County Department on Aging's web site below. COUNTIES SERVED: Orange

Phone: 919-558-2711 – Committee Questions  
[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Triangle J Area Agency on Aging (TJAAA)—Ombudsmen**

TJAAA Ombudsmen investigate complaints about the care of residents in long-term care facilities & serve as residents' advocates. They provide mediation & education in an effort to resolve grievances and increase understanding of long-term care residents' rights. Contact TJAAA to find your Regional Ombudsman if not listed below. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Other

4307 Emperor Blvd., Ste. 110  
Durham, NC 27703  
Phone: 800-310-9777  
[www.tjaaa.org](http://www.tjaaa.org)

## **OMBUDSMAN PHONE RESOURCES**

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### **TJAAA—Alamance County Ombudsman**

Phone: 336-904-0300  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Chatham County Ombudsman**

Phone: 919-558-2711  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Durham County Ombudsman**

Phone: 919-558-2714  
[www.tjaaa.org](http://www.tjaaa.org)

### **TJAAA—Orange County Ombudsman**

Phone: 919-558-2711  
[www.tjaaa.org](http://www.tjaaa.org)

# PERSONAL EMERGENCY RESPONSE SYSTEMS

Pendants, bracelets or anklets worn by individuals use phone lines to alert a central monitoring facility in an emergency such as a fall, or they may use a tracking transmitter to signal a search and rescue team.

## **5 Star Medical Alert**

NATIONWIDE

Phone: 800-918-8543

[www.greatcall.com](http://www.greatcall.com)

## **Alert 1**

NATIONWIDE

Phone: 888-981-9825

[www.alert-1.com](http://www.alert-1.com)

## **Bay Alarm Medical**

NATIONWIDE

Phone: 877-522-9633

[www.bayalarmmedical.com](http://www.bayalarmmedical.com)

## **Care Innovations**

NATIONWIDE

Phone: 888-227-3301

[www.linkmedicalalert.com](http://www.linkmedicalalert.com)

## **Carolina Medical Alert Services**

COUNTIES SERVED: Alamance, Chatham,  
Durham, Orange, Other

4220 NC HWY 55, Ste. 335

Durham, NC 27713

Phone: 919-479-6050

<http://carolinamedicalalerts.com>

## **Freedom Alert**

NATIONWIDE

Phone: 800-953-5211

[www.freedomalert-911.com](http://www.freedomalert-911.com)

## **Hasten Systems LLC**

STATEWIDE

P.O. Box 11224

Wilmington, NC 28404

Phone: 800-582-3073

[www.hastensystems.com](http://www.hastensystems.com)

## **Help—Personal Response Systems**

COUNTIES SERVED: Durham, Orange, Other

171-B Monroe Lane

Lexington, SC 29072

Phone: 866-672-4852

Email: [healthinfo@msa-corp.com](mailto:healthinfo@msa-corp.com)

<http://helpforyou.com>

## **Life Alert**

NATIONWIDE

Phone: 800-920-3410

[www.lifealert.org](http://www.lifealert.org)

## **LifeFone Medical Alert System**

NATIONWIDE

Phone: 877-857-2836

[www.lifefone.com](http://www.lifefone.com)

## **LifeStation**

NATIONWIDE

Phone: 866-286-5518

[www.lifestation.com](http://www.lifestation.com)

## **Medical Guardian**

NATIONWIDE

Phone: 800-310-5400

[www.medicalguardian.com](http://www.medicalguardian.com)

## Mobile Help

NATIONWIDE

Phone: 800-992-0616

[www.mobilehelpnow.com](http://www.mobilehelpnow.com)

## Orange County Sheriff Department— Life Track

Helps locate enrolled clients with brain disorders who wander away from their caregivers. Clients may have Alzheimer's disease, Autism, Down's syndrome or dementia. Clients wear a transmitter that emits a tracking signal. If the client wanders away, the caregiver calls 911 for a search and rescue team with a mobile receiver. COUNTIES SERVED: Orange

106 East Margaret Lane  
Hillsborough, NC 27278  
Phone: 919-245-2900  
Alt Phone: 919-644-3050  
[www.ocsonc.com](http://www.ocsonc.com)

## Rescue Alert

Phone: 855-268-8779  
[www.rescuealert.com](http://www.rescuealert.com)

## Safe Return

Identifying information is provided to a national registry for people with dementia who wander. Can select either a medical alert pendent or bracelet to wear. Fee.

Phone: 888-572-8566  
[www.medicalert.org/safereturn](http://www.medicalert.org/safereturn)

## Walgreens Ready Response

Phone: 866-310-9061  
[www.walgreenreadyresponse.com](http://www.walgreenreadyresponse.com)

# PHARMACY

See also: PRESCRIPTION ASSISTANCE

## ORANGE COUNTY

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### Carrboro Family Pharmacy

Delivers within Chapel Hill-Carrboro city limits.  
Located in Carrboro Plaza.

104-J NC HWY 54  
Carrboro, NC 27510  
Phone: 919-933-7629  
[www.carrborofamilypharmacy.com](http://www.carrborofamilypharmacy.com)

### CVS

1724 Durham Blvd., Rams Plaza  
Chapel Hill, NC 27514  
Phone: 919-942-5125  
[www.cvs.com](http://www.cvs.com)

### Harris Teeter

1800 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514  
Phone: 919-968-0110  
[www.harristeeter.com](http://www.harristeeter.com)

### Hillsborough Pharmacy & Nutrition

Delivers within Chapel Hill and Hillsborough city limits.

110 Boone Square St., Ste. 29  
Hillsborough, NC 27278  
Phone: 919-245-1212  
Email: [info@hillsboroughpharmacync.com](mailto:info@hillsboroughpharmacync.com)  
[www.hillsboroughpharmacync.com](http://www.hillsboroughpharmacync.com)

### **Lloyd's Pharmacy**

118 West King St.  
Hillsborough, NC 27278  
Phone: 919-732-1500  
[www.pharmacyhillsborough.com](http://www.pharmacyhillsborough.com)

### **Rite Aid Pharmacy**

1800 East Franklin St.  
Chapel Hill, NC 27514  
Phone: 919-929-1178  
[www.riteaid.com](http://www.riteaid.com)

### **Walgreens**

1106 Environ Way  
Chapel Hill, NC 27517  
Phone: 919-942-8738  
[www.walgreens.com](http://www.walgreens.com)

### **Walgreens—Eastgate**

108 East Franklin St.  
Chapel Hill, NC 27514  
Phone: 919-918-3801  
Email: [rxm11423@store.walgreens.com](mailto:rxm11423@store.walgreens.com)  
[www.walgreens.com](http://www.walgreens.com)

### **Walgreens Store Locator**

Call your local store to see what prescription delivery service they provide. All stores offer in-store pick-up. Some stores may provide delivery and/or mail service pharmacy for 90-day refills. Visit the website and use the store locator to find stores in your area.

Phone: 800-925-4733 – General  
Alt Phone: 877-250-5823 – Online Mail Service  
[www.walgreens.com](http://www.walgreens.com)

## **PHYSICAL, OCCUPATIONAL & SPEECH REHAB SERVICES**

See also: DISABILITIES and DRIVING

Physical therapy and rehabilitation services provide evaluation and treatment to help individuals develop, maintain and restore maximum movement, strength and function, especially after a surgery or other health event.

### **ATI Physical Therapy**

Provides physical therapy and rehabilitation services for evaluation and treatment to help maintain and restore maximum movement and function, especially after surgery. COUNTIES SERVED: Orange

304 West Weaver St., Ste. 103  
Carrboro, NC 27510  
Phone: 919-942-0240  
[www.atipt.com](http://www.atipt.com)

### **ElderFit In-Home Rehab**

COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Other

2002 Bartlett Cir.  
Hillsborough, NC 27278  
Phone: 919-614-1923  
Email: [info@elderfitpt.com](mailto:info@elderfitpt.com)  
[www.elderfitpt.com](http://www.elderfitpt.com)

### **Kindred Transitional Care & Rehabilitation—Rose Manor**

Our wide array of services enables our patients and residents to receive the medical care they need, the restorative therapy they require, and the support they and their families deserve.

Our services address their needs for short-term rehabilitation to traditional long-term care. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

4230 North Roxboro Rd.

Durham, NC 27704

Phone: 919-477-9805

[www.rosemanorhc.com](http://www.rosemanorhc.com)

### **LifePath Home Health**

Provides physical therapy and rehabilitation services along with evaluation and treatment to help maintain and restore function, especially after surgery. COUNTIES SERVED: Orange

914 Chapel Hill Rd.

Burlington, NC 27215

Phone: 336-532-0100

[www.hospiceac.org](http://www.hospiceac.org)

### **Mobile Rehab Physical Therapy**

Provides in-home outpatient physical therapy in the convenience of your home. Accepts many major insurances. No rushing, no waiting and no compromise. COUNTIES SERVED: Chatham, Durham, Orange

229 Fearington Post

Pittsboro, NC 27312

Phone: 919-636-2423

[www.mobilerehabnc.com](http://www.mobilerehabnc.com)

### **UNC Center for Rehabilitation Care (CRC)**

Helps improve function through speech, language and cognitive evaluations and treatment; swallowing assessments and treatment; and neuromuscular electrical stimulation.

1807 North Fordham Blvd.

Chapel Hill, NC 27514

Phone: 984-974-9700

[www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/?id=410](http://www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/?id=410)

### **UNC Hospitals Cardiac Rehab**

COUNTIES SERVED: Orange

100 Sprunt St.

Chapel Hill, NC 27517

Phone: 919-966-5500

[www.uncwellness.com](http://www.uncwellness.com)

### **UNC Physical & Occupational Therapy—Chapel Hill**

This service is also available at the Orange County Sportsplex in Hillsborough and at the Seymour Center and the UNC Geriatric Evaluation Clinic in Chapel Hill. COUNTIES SERVED: Orange

590 Manning Dr., UNC Family Medical Center

Chapel Hill, NC 27514

Phone: 919-966-0210

[www.med.unc.edu/ahs/physical/university-pt](http://www.med.unc.edu/ahs/physical/university-pt)

### **UNC Physical & Occupational Therapy—Hillsborough**

This service is also available at the Orange County Sportsplex in Hillsborough and at the Seymour Center and the UNC Geriatric Evaluation Clinic in Chapel Hill. COUNTIES SERVED: Orange

115 Oakdale Dr. #8

Hillsborough, NC 27278

Phone: 919-732-6600

[www.med.unc.edu/ahs/physical/university-pt](http://www.med.unc.edu/ahs/physical/university-pt)

## **PRESCRIPTION ASSISTANCE & MANAGEMENT**

See also: COMMUNITY HEALTH CENTERS, EMERGENCY ASSISTANCE and HEALTH INSURANCE INFORMATION

### **CHATHAM COUNTY**

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#### **Chatham CARES Community Pharmacy**

Provides access to quality pharmacy services for low-income, uninsured and underinsured residents of Chatham County.

127 East Raleigh St.

Siler City, NC 27344

Phone: 919-663-0177

Email: [chathamcares@embarqmail.com](mailto:chathamcares@embarqmail.com)

[www.chathamcares.com](http://www.chathamcares.com)

### **DURHAM COUNTY**

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#### **Senior PHARMAssist**

Provides direct financial assistance for needed medications to DURHAM residents 60+ with limited incomes who are Medicare-eligible.

Durham & surrounding county services: medication mgmt., health educ., Medicare counseling, community referral & advocacy.

406 Rigsbee Ave., Ste. 201

Durham, NC 27701

Phone: 919-688-4772

Email: [info@seniorpharassist.org](mailto:info@seniorpharassist.org)

[www.seniorpharassist.org](http://www.seniorpharassist.org)

### **ORANGE COUNTY**

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#### **Orange County Seniors' Health Insurance Information Program (OC-SHIIP)**

Medicare beneficiaries with limited income and assets may qualify for Extra Help with Medicare prescription drug plan costs. For more information about Extra Help or for help completing an Extra Help application, contact us for an appointment.

Phone: 919-245-2015 – Hillsborough

Alt Phone: 919-968-2070 – Chapel Hill

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

#### **Walgreens Store Locator**

Call your local store to see what prescription delivery service they provide. All stores offer in-store pick-up. Some stores may provide delivery and/or mail service pharmacy for 90-day refills. Visit the website and use the store locator to find stores in your area.

Phone: 800-925-4733 – General

Alt Phone: 877-250-5823 – Online Mail Service

[www.walgreens.com](http://www.walgreens.com)

### **OTHER**

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#### **Medicare Limited Income Newly Eligible Transition Program (LI-NET)**

Helps those with Medicare's "extra help," but not yet enrolled in a Part D prescription drug plan obtain immediate prescription drug coverage. Retroactive coverage for those newly eligible for both Medicare & Medicaid, or Medicare & SSI. Call or visit the website below (search LI-NET).

Phone: 800-783-1307

[www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET.html](http://www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET.html)

## **NC Drug Card**

All NC residents are eligible to get pharmacy discounts through this program. Can be used to supplement most health insurance plans including Health Savings Accounts (HAS) and High Deductible Plans. It can also be used as a Medicare Part D supplement by providing discounts on non-covered drugs. STATEWIDE

**[www.northcarolinadrugcard.com](http://www.northcarolinadrugcard.com)**

## **NC MedAssist**

The Free Pharmacy program provides free prescription medication to NC residents who are low-income, uninsured and fall at or below 200% of the Federal Poverty Level. This program is the answer for those who do not have the means to obtain lifesaving prescription medication. STATEWIDE

4428 Taggart Creek Rd., Ste. 101

Charlotte, NC 28208

Phone: 704-536-1790 – Main

Alt Phone: 866-331-1348

Email: [info@medassist.org](mailto:info@medassist.org)

**<http://medassist.org/free-pharmacy-program/>**

## **NeedyMeds**

NeedyMeds is a national non-profit organization that maintains a website of free information on programs that help people who can't afford medications and healthcare costs. NeedyMeds provides a free drug discount card that offers a discount of up to 80% at more than 63,000 pharmacies nationwide.

P.O. Box 219

Gloucester, MA 01931

Phone: 800-503-6897

Email: [info@needymeds.org](mailto:info@needymeds.org)

**[www.needymeds.org](http://www.needymeds.org)**

## **North Carolina Seniors' Health Insurance Information Program (NC-SHIIP)**

Medicare beneficiaries with limited income and assets may qualify for Extra Help with Medicare prescription drug plan costs. For more information about Extra Help or for help completing an Extra Help application, contact NC-SHIIP or your local SHIIP office. STATEWIDE

11 South Boylan Ave.

Raleigh, NC 27603

Phone: 855-408-1212

Email: [ncshiip@ncdoi.gov](mailto:ncshiip@ncdoi.gov)

**[www.ncshiip.com/shiip/](http://www.ncshiip.com/shiip/)**

## **Partnership for Prescription Assistance (PPA)**

Free information resource to help people locate medication assistance programs. General information only. Get prescription help and find a low-cost clinic near you.

Phone: 888-477-2669

**[www.pparx.org](http://www.pparx.org)**

## **RxAssist**

A resource center and comprehensive database of patient assistance programs, Medicare Part D, programs for low-cost medications and any other issue related to pharmaceutical access. RxAssist does not operate medication programs. Contact the company directly to apply for assistance.

Email: [info@rxassist.org](mailto:info@rxassist.org)

**[www.rxassist.org](http://www.rxassist.org)**

## **Social Security Administration— Extra Help**

Medicare beneficiaries may qualify for Extra Help with their Medicare prescription drug plan costs, such as premiums, deductibles and coinsurance. The application is easy to complete over the phone, on the Internet or by hand. Call or visit the website for more information and for application help. NATIONWIDE

3004 Tower Blvd.  
Durham, NC 27707  
Phone: 800-772-1213  
TTY: 800-325-0778

[www.ssa.gov/medicare/prescriptionhelp/](http://www.ssa.gov/medicare/prescriptionhelp/)

## **Teva Cares Foundation**

Offers Patient Assistance Programs to improve patient access to medication. Provides certain Teva medications at no cost to patients in the United States who meet insurance and income criteria. Eligibility is based on a patient's income and prescription insurance status. NATIONWIDE

Phone: 877-237-4881  
Alt Phone: 888-838-2872

[www.tevacares.org](http://www.tevacares.org)

## **UNC Geriatrics Specialty Clinic (UNC GSC)**

Through the interdisciplinary services offered at UNC Geriatrics Specialty Clinic, a clinical pharmacist helps to screen patients for prescription assistance options and resources. One-on-one medication evaluation and education with the clinical pharmacist are available through provider referral. AREA SERVED: Any UNC GSC patient

6011 Farrington Rd., Bldg 100, Ste. 101  
Chapel Hill, NC 27517  
Phone: 919-957-6599

[www.med.unc.edu/aging/patients](http://www.med.unc.edu/aging/patients)

## **UNC Hospitals—Prescription Assistance**

Income-based, sliding fee prescription assistance program limited to NC residents. Must have a UNC physician(s) and meet with a financial counselor to see if you qualify. Note: this is not "UNC Charity Care," which is a different assistance program. AREA SERVED: NC residents with UNC physician(s)

101 Manning Dr.  
Chapel Hill, NC 27514  
Phone: 919-966-7690

<http://unchealthcare.org/site/healthpatientcare/patient/other/financial.htm>

## **SENIOR CENTERS**

See also: HEALTH AND WELLNESS and SENIOR GAMES

### **ALAMANCE COUNTY**

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#### **Kernodle Senior Center**

1535 South Mebane St.  
Burlington, NC 27215  
Phone: 336-222-5135

[www.ci.burlington.nc.us/1322/Seniors/](http://www.ci.burlington.nc.us/1322/Seniors/)

### **CHATHAM COUNTY**

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#### **Eastern Chatham Senior Center**

365 HWY 87 North  
Pittsboro, NC 27312  
Phone: 919-542-4512

[www.chathamcouncilonaging.org](http://www.chathamcouncilonaging.org)

#### **Western Chatham Senior Center**

112 Village Lake Rd.  
Siler City, NC 27344  
Phone: 919-742-3975

[www.chathamcouncilonaging.org](http://www.chathamcouncilonaging.org)

## DURHAM COUNTY

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### Center for Senior Life—Durham

406 Rigsbee Ave., Ste. 202

Durham, NC 27701

Phone: 919-688-8247

[www.dcsInc.org](http://www.dcsInc.org)

## ORANGE COUNTY

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### Passmore Center

Orange County Department on Aging's Passmore Center offers a variety of programs including classes, lunches, trips and more. Visit us to relax, socialize and immerse yourself in wellness, creativity, intellectual stimulation, volunteerism and community.

103 Meadowlands Dr.

Hillsborough, NC 27278

Phone: 919-245-2015

Aging Helpline: 919-968-2087

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### Seymour Center

Orange County Department on Aging's Seymour Center offers a variety of programs including classes, lunches, trips and more. Visit us to relax, socialize and immerse yourself in wellness, creativity, intellectual stimulation, volunteerism and community.

2551 Homestead Rd.

Chapel Hill, NC 27516

Phone: 919-968-2070

Aging Helpline: 919-968-2087

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## SENIOR GAMES

People age 55+ are invited to participate in a variety of competitive sporting events. Call your local county's contact person for more information or go to [www.ncseniorgames.org](http://www.ncseniorgames.org)

### Alamance County Senior Games

#### Coordinator—Jane Smith

Phone: 336-222-5135

Email: [jesmith@ci.burlingtonnc.us](mailto:jesmith@ci.burlingtonnc.us)

### Chatham County Senior Games

#### Coordinator—Lindsay Hickling

Phone: 919-542-4512

Email: [lindsay.hickling@chathamcouncilonaging.org](mailto:lindsay.hickling@chathamcouncilonaging.org)

### Durham County Senior Games

#### Coordinator—Bridgette Robinson

Phone: 919-560-4355

Email: [bridgette.robinson@durhamnc.gov](mailto:bridgette.robinson@durhamnc.gov)

### Orange County Senior Games

#### Coordinator—Latonya Brown

Phone: 919-245-4270

Email: [lbrown@orangecountync.gov](mailto:lbrown@orangecountync.gov)

## SHERIFF DEPARTMENT

See also: ABUSE / ADULT PROTECTIVE SERVICES, PERSONAL EMERGENCY RESPONSE SYSTEMS and SUPPORT TEAMS

### **Orange County Sheriff Department— Life Track**

Helps locate enrolled clients with brain disorders who wander away from their caregivers. Clients may have Alzheimer's disease, Autism, Down's syndrome or dementia. Clients wear a transmitter that emits a tracking signal. If the client wanders away, the caregiver calls 911 for a search and rescue team with a mobile receiver. COUNTIES SERVED: Orange

106 East Margaret Lane  
Hillsborough, NC 27278  
Phone: 919-245-2900  
Alt Phone: 919-644-3050  
[www.ocsonc.com](http://www.ocsonc.com)

### **Orange County Sheriff Department— Main**

Provides law enforcement, crisis intervention & support for eligible clients: LIFE TRACK program helps connect caregivers with their clients who might wander away. In the separate SALT program, Deputies check older residents to give them a secure home feeling (Seniors And Law Enforcement Together). COUNTIES SERVED: Orange

106 East Margaret Lane  
Hillsborough, NC 27278  
Phone: 919-245-2900  
Alt Phone: 919-644-3050  
[www.ocsonc.com](http://www.ocsonc.com)

### **Orange County Sheriff Department— Seniors And Law Enforcement Together (SALT)**

Aims to reduce crime and fear of crime affecting older adults. Deputies routinely check older residents to see if they need assistance, resource information or a friend to talk to. SALT provides them a secure home feeling while enhancing law enforcement services throughout the community. COUNTIES SERVED: Orange

106 East Margaret Lane  
Hillsborough, NC 27278  
Phone: 919-245-2900  
Alt Phone: 919-644-3050  
[www.ocsonc.com](http://www.ocsonc.com)

## SOCIAL & RECREATIONAL RESOURCES

### ORANGE COUNTY

#### **Orange County Department on Aging— Recreation at Passmore Center**

Offers a variety of social and recreational programs. Visit us to relax, socialize and immerse yourself in a friendly community atmosphere.

103 Meadowlands Dr.  
Hillsborough, NC 27278  
Phone: 919-245-2015

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

#### **Orange County Department on Aging— Recreation at Seymour Center**

Offers a variety of social and recreational programs. Visit us to relax, socialize and immerse yourself in a friendly community atmosphere.

2551 Homestead Rd.  
Chapel Hill, NC 27516  
Phone: 919-968-2070

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## SOCIAL SERVICE AGENCIES

### ALAMANCE COUNTY

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#### Alamance County Department of Social Services

319 North Graham-Hopedale Rd., Ste. C  
Burlington, NC 27217  
Phone: 336-570-6532  
[www.alamance-nc.com/dss](http://www.alamance-nc.com/dss)

### CHATHAM COUNTY

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#### Chatham County Department of Social Services

102 Camp Dr.  
Pittsboro, NC 27312  
Phone: 919-542-2759  
[www.chathamnc.org/socialservices](http://www.chathamnc.org/socialservices)

### DURHAM COUNTY

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#### Durham County Department of Social Services

Provides information and assistance on food stamps, adult protective services, guardianship, home-centered care and group home monitoring.

414 East Main St.  
Durham, NC 27701  
Phone: 919-560-8000  
[www.dconc.gov](http://www.dconc.gov)

#### Orange County Parks & Recreation

302 West Tryon St.  
Hillsborough, NC 27278  
Phone: 919-245-2660  
[www.orangecountync.gov/departments/deapr/index.php](http://www.orangecountync.gov/departments/deapr/index.php)

#### Orange County Parks Online Locator

Orange County's web-based locator map has a drop-down menu and county map to help you find recreational activities by topic.

<http://server2.co.orange.nc.us/parklocator/>

#### Orange County Sportsplex

Fitness assessments and classes, indoor pool, ice skating, hockey, massage, personal trainers, Silver Sneakers or Silver and Fit. By membership or per visit rates. If 55+ and an Orange County resident, ask about our partner membership with both the Passmore and Seymour Centers.

101 Meadowlands Dr.  
Hillsborough, NC 27278  
Phone: 919-644-0339  
[www.oc-sportsplex.com/](http://www.oc-sportsplex.com/)

#### Town of Carrboro Recreation & Parks

100 North Greensboro St.  
Carrboro, NC 27510  
Phone: 919-918-7364  
[www.carrbororec.org/](http://www.carrbororec.org/)

#### Town of Chapel Hill Parks & Recreation

200 Plant Rd.  
Chapel Hill, NC 27514  
Phone: 919-968-2784  
[www.chapelhillparks.org](http://www.chapelhillparks.org)

#### Town of Hillsborough Parks & Recreation

P.O. Box 429  
Hillsborough, NC 27278  
Phone: 919-732-1270  
[www.hillsboroughnc.gov/community/park-facilities](http://www.hillsboroughnc.gov/community/park-facilities)

## ORANGE COUNTY

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### **Orange County Department of Social Services—Chapel Hill**

Southern Human Services Center

2501 Homestead Rd.

Chapel Hill, NC 27516

Phone: 919-968-2000

Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)

[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

### **Orange County Department of Social Services—Hillsborough**

Hillsborough Commons

113 Mayo St.

Hillsborough, NC 27278

Phone: 919-245-2800

Email: [dssinfo@orangecountync.gov](mailto:dssinfo@orangecountync.gov)

[www.orangecountync.gov/departments/social\\_services/index.php](http://www.orangecountync.gov/departments/social_services/index.php)

## SOLID WASTE AND RECYCLING

### **Orange County Solid Waste Management**

1207 Eubanks Rd.

Chapel Hill, NC 27516

Phone: 919-968-2788

Email: [recycling@orangecountync.gov](mailto:recycling@orangecountync.gov)

[www.orangecountync.gov/departments/solid\\_waste\\_management/index.php](http://www.orangecountync.gov/departments/solid_waste_management/index.php)

## SUPPORT GROUPS

See also: CAREGIVING RESOURCES, DEMENTIA, HOSPICE and WEBSITES

For times and locations, please visit the agency's website or call.

### **ADDICTION**

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#### **Al-Anon Family Groups**

Friends and family members of problem drinkers can share experiences, find they have choices that lead to a greater peace of mind and learn to apply the Al-Anon principles to their situations. Call or visit the website below to find out about group, telephone or online meetings in your area.

Phone: 888-425-2666

[www.al-anon.org/al-anon-in-north-carolina](http://www.al-anon.org/al-anon-in-north-carolina)

#### **Alcoholics Anonymous—Chatham and Orange**

Provides fellowship for men and women to share their experiences and hope with each other that they may solve their common problem and help others recover from alcoholism. No dues or fees.

Phone: 888-237-3235 – Chatham and Orange

[www.aanc33.org](http://www.aanc33.org)

#### **Alcoholics Anonymous—Durham**

Phone: Hotline 24/7: 919-286-9499 – Durham

[www.aanc32.org/](http://www.aanc32.org/)

#### **Duke Health**

Phone: 855-855-6484

[www.dukemedicine.org](http://www.dukemedicine.org)

#### **Freedom House Recovery Center—Chapel Hill Outpatient Clinic**

Phone: 919-942-2803

[www.freedomhouserecovery.org](http://www.freedomhouserecovery.org)

## **Gamblers Anonymous**

Phone: 919-460-9039

<http://gamblersanonymous.org>

## **Overeaters Anonymous**

Phone: 919-406-9300

[www.triangleaoa.org](http://www.triangleaoa.org)

## **AGING**

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### **Alamance Eldercare, Inc.**

Phone: 336-538-8080

[www.alamanceeldercare.org](http://www.alamanceeldercare.org)

### **Center for Senior Life—Durham**

Phone: 919-688-8247

[www.dcsInc.org](http://www.dcsInc.org)

### **Chatham County Council on Aging**

Phone: 919-542-4512

[www.chathamcouncilonaging.org](http://www.chathamcouncilonaging.org)

### **Elder Matters of the Carolinas**

Mediation services to families facing age-related issues. Our mediators create a safe platform for families to gather together. We facilitate setting goals and objectives by identifying where interests converge and divide to chart a path forward that best preserves essential family relationships. COUNTIES SERVED: Alamance, Chatham, Durham, Orange, Person, Other

1007 Vickers Ave.

Durham, NC 27707

Phone Number: 984-444-9393

Email: [info@eldermatters.org](mailto:info@eldermatters.org)

[www.eldermatters.org](http://www.eldermatters.org)

## **Orange County Department on Aging— Support Groups**

Multiple support groups unaffiliated with the OCDOA meet at one or both of our senior centers. Call for information or pick up a *Senior Times* at a public location.

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **ALZHEIMER'S AND DEMENTIA**

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### **Alzheimer's Association Eastern North Carolina Chapter**

This Chapter provides programs and support services, information, referral, education and advocacy to 51 counties of Eastern North Carolina.

Phone: 800-272-3900

Alt Phone: 919-803-8285 – Raleigh Office

Email: [encinfo@alz.org](mailto:encinfo@alz.org)

[www.alz.org](http://www.alz.org)

### **Alzheimer's North Carolina**

Local offices in North Carolina provide educational programming and family support services while raising awareness and funding local research for a cause, prevention, treatment and a cure.

Phone: 800-228-8738

Alt Phone: 919-832-3732 – Office

Email: [info@alznc.org](mailto:info@alznc.org)

[www.alznc.org](http://www.alznc.org)

## **Dementia Support Services**

Free consultation service by appointment in order for family members who are caring for a loved one with dementia to speak with a dementia care specialist.

Phone: 336-532-7207

Email: [info@dementiasupport.org](mailto:info@dementiasupport.org)

[www.hospiceac.org/dementia-support-services/](http://www.hospiceac.org/dementia-support-services/)

## **Duke Family Support Program**

Offers support to North Carolina families and caregivers concerned about or caring for persons with all stages of memory disorders.

Phone: 800-646-2028

Email: [dukefamilysupport@duke.edu](mailto:dukefamilysupport@duke.edu)

[www.dukefamilysupport.org](http://www.dukefamilysupport.org)

## **National Alzheimer's Association**

A national association that provides online educational materials on dementia, links to local support groups and a 24/7 helpline. Has "Inside the Brain: An Interactive Tour," an educational resource for caregivers of individuals with dementia.

[www.alz.org](http://www.alz.org)

## **Project CARE**

For North Carolina caregivers who are caring for someone with dementia in their homes. Provides services, resources and information through an expert family consultant.

Phone: 800-646-2028 – Central Region

Email: [mark.hensley@dhhs.nc.gov](mailto:mark.hensley@dhhs.nc.gov)

[www.ncdhhs.gov/assistance/adult-services/project-care](http://www.ncdhhs.gov/assistance/adult-services/project-care)

## **APHASIA**

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### **Triangle Aphasia Project**

Helps individuals, family members and friends improve communication after an injury to the brain from stroke, tumor or other illnesses.

Phone: 919-968-2070

Alt Phone: 919-650-3854

[www.aphasiaproject.org](http://www.aphasiaproject.org)

Email: [info@aphasiaproject.org](mailto:info@aphasiaproject.org)

## **CANCER**

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### **American Cancer Society**

Phone: 800-227-2345

[www.cancer.org](http://www.cancer.org)

### **Cornucopia House Cancer Support Center**

Phone: 919-401-9333

[www.cancersupport4u.org](http://www.cancersupport4u.org)

### **UNC Lineberger Comprehensive Cancer Support Program**

Helps patients, caregivers and families with cancer treatment, recovery & survivorship. Includes counseling & mental health services, integrative medicine, supportive care, exercise & nutrition support, survivorship programs and a Patient & Family Resource Center offering patient-centered support.

Phone: 866-869-1856

Alt Phone: 984-974-2277

Email: [ccsp@med.unc.edu](mailto:ccsp@med.unc.edu)

[www.unclineberger.org](http://www.unclineberger.org)

## **CAREGIVER**

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### **Charles House—UNC Caregiver Support Group**

Phone: 919-967-7570

Email: [paul@charleshouse.org](mailto:paul@charleshouse.org)

[www.charleshouse.org](http://www.charleshouse.org)

## **Daughters as Caregivers**

For daughters or daughters-in-law who are caregivers.

Phone: 919-660-7510

Alt Phone: 800-646-2028

[www.dukefamilysupport.org](http://www.dukefamilysupport.org)

## **Orange County Department on Aging— Caregiver Support Groups**

Meet with other caregivers to share experiences, learn new skills and get answers to questions about long-term disabilities. Friendly and informal. Supervised activities may be available for loved ones during group time with a reservation 24 hours in advance. Groups meet at both senior centers. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **DEMENTIA CAREGIVER GROUPS— ORANGE COUNTY**

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### **Orange County Department on Aging— OC CARES Support Groups**

Offers a variety of support groups for those caring for people with cognitive dysfunction due to dementia or intellectual/developmental disabilities. Available at the Passmore Center in Hillsborough & the Seymour Center in Chapel Hill. Limited to Orange County residents.

Aging Helpline: 919-968-2087 – Referrals

OC CARES: 919-245-4253 – Office

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **DISEASE SPECIFIC SUPPORT GROUPS**

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### **Duke Health**

Phone: 855-855-6484

[www.dukemedicine.org](http://www.dukemedicine.org)

### **Guiding Lights Caregiver Support Center—Support Groups**

ALS, arthritis, amputee, brain injury, dementia, diabetes, caregiver, grief, Parkinson's, stroke.

COUNTIES SERVED: Durham and Other

Phone: 919-371-2062

[www.guidinglightsnc.org](http://www.guidinglightsnc.org)

## **DOMESTIC VIOLENCE**

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### **Compass Center for Women and Families**

Phone: 919-968-4610

Alt Phone: 919-929-7122

[www.compassctr.org](http://www.compassctr.org)

## **GRIEF**

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### **UNC Hospice Support Groups**

Offers Grief and Widows' Support Groups.

Phone: 919-542-5545

Alt Phone: 984-215-2650

[www.unhealthcare.org/site/hospice](http://www.unhealthcare.org/site/hospice)

## **MENTAL HEALTH**

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### **National Alliance on Mental Illness (NAMI)—Orange County**

Advocacy, referral and support groups for people with mental illness and their family members.

Phone: 919-929-7822

Email: [namilistserve@gmail.org](mailto:namilistserve@gmail.org)

[www.namiorangenc.org](http://www.namiorangenc.org)

## **PARKINSON'S DISEASE**

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### **Chapel Hill Parkinson's Disease Support Group**

Phone: 919-843-1657

Email: [jkatz@neurology.unc.edu](mailto:jkatz@neurology.unc.edu)

## **STROKE**

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### **Stroke Support Group**

Focuses on support related to speech therapy.

Phone: 919-966-2029 – UNC Healthcare

## **VISION (LOW OR BLIND)**

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### **Duke Eye Center—Low Vision Support**

Phone: 800-422-1575

[www.dukeeyecenter.duke.edu](http://www.dukeeyecenter.duke.edu)

### **Low Vision Support Group**

Phone: 919-968-2070

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **SUPPORT TEAMS**

### **Guiding Lights Caregiver Support Center—Support Teams**

Assists families and professional caregivers with accessing relevant, timely and comprehensive support information, training, care plan development and vetted caregiver referral.

3724 National Dr., Ste. 130

Raleigh, NC 27612

Phone: 919-371-2062

[www.guidinglightsnc.org](http://www.guidinglightsnc.org)

### **Orange County Department on Aging—OC CARES Support Team**

Orange County Caregiver Awareness, Respite, Education & Support offers resources to support caregivers in Orange County, caring for people with Alzheimer's, related dementias and/or intellectual/developmental disabilities: assessment, consultation, training, support groups, referral & respite. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087 – Referrals

OC CARES: 919-245-4253 – Office

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### **Orange County Sheriff Department—Seniors And Law Enforcement Together (SALT)**

Aims to reduce crime and fear of crime affecting older adults. Deputies routinely check older residents to see if they need assistance, resource information or a friend to talk to. SALT provides them a secure home feeling while enhancing law enforcement services throughout the community. COUNTIES SERVED: Orange

106 East Margaret Lane

Hillsborough, NC 27278

Phone: 919-245-2900

Alt Phone: 919-644-3050

[www.ocsonc.com](http://www.ocsonc.com)

# TAXES

## ASSISTANCE PROGRAMS

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Under certain circumstances, individuals may be eligible for reduced taxes or participation in other special programs if they meet the requirements specified in the North Carolina General Statutes. Please contact your county's tax administration office for assistance.

### Orange County Tax Administration

P.O. Box 8181

Hillsborough, NC 27278

Phone: 919-245-2100

Email: [tax@orangecountync.gov](mailto:tax@orangecountync.gov)

[www.orangecountync.gov/departments/tax/assistance\\_programs.php](http://www.orangecountync.gov/departments/tax/assistance_programs.php)

## PERSONAL INCOME TAX ASSISTANCE

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### Volunteer Income Tax Assistance (VITA)

National program provides FREE federal & state income tax preparation to eligible individuals with low to middle income regardless of age or resident county. IRS-trained volunteers complete individual income tax forms during tax season. For locations & schedules, visit [www.irs.gov](http://www.irs.gov). For Orange County NC VITA, see below.

Phone: 919-245-4242 – Orange County

[www.orangecountync.gov/departments/aging/tax\\_assistance.php](http://www.orangecountync.gov/departments/aging/tax_assistance.php)

## REAL ESTATE TAX RELIEF

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The NC Homestead Exemption Act applies to low-income people age 65+ and individuals with disabilities. Contact your county tax assessor's office directly for eligibility, information regarding tax relief programs or assistance completing the application.

### Alamance County Tax Assessor

124 West Elm St.

Graham, NC 27253

Phone: 336-228-1312

[www.alamance-nc.com](http://www.alamance-nc.com)

### Chatham County Tax Assessor

12 East St. (Courthouse Annex)

Pittsboro, NC 27312

Phone: 919-542-8261

[www.chathamnc.org](http://www.chathamnc.org)

### Durham County Tax Assessor

200 East Main St.

Durham, NC 27701

Phone: 919-560-0300

[www.dconc.gov/government/departments-f-z/tax-administration](http://www.dconc.gov/government/departments-f-z/tax-administration)

### Orange County Tax Assessor

Gateway Center, 228 South Churton St.

Hillsborough, NC 27278

Phone: 919-942-2100

[www.orangecountync.gov/departments/tax/elderly](http://www.orangecountync.gov/departments/tax/elderly)

## TELEPHONE PROGRAMS

### Cell Phone Program—Subsidized

People may qualify for a wireless cell phone if they participate in one of the following programs: Medicaid, Food Stamps, Section 8 housing or Low-income Energy Assistance Program (LIEAP). Contact your local Department of Social Services (DSS) office to find out when a representative is scheduled to receive appointments in your area. STATEWIDE

Phone: 919-245-2800 – Orange DSS  
Alt Phone: 888-850-3155 – Other Information  
[www.safelinkwireless.com](http://www.safelinkwireless.com)

### TELEPHONE REASSURANCE PROGRAMS FOR SENIORS

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Telephone reassurance programs provide calls to senior citizens who may not have a family member living locally who can check on their well-being.

### Carolina Villages (CV)—Telephone Calls

Provides a network of resources including comfort calls that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. COUNTIES SERVED: Chatham, Durham, Orange

P.O. Box 4622  
Chapel Hill, NC 27515  
Phone: 919-960-1941

[www.carolinavillages.org](http://www.carolinavillages.org)

### Orange County Department on Aging—Telephone Reassurance

Morning safety calls are made Monday-Friday by volunteers to those who live alone. Call for an assessment. Free. COUNTIES SERVED: Orange

Aging Helpline: 919-968-2087

Email: [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

### Town of Hillsborough Police Department—Are You OK? Program

Police officers will personally call or visit the resident once a week. Free. AREA SERVED: Hillsborough Town Limits

127 North Churton St.  
Hillsborough, NC 27278  
Phone: 919-732-2441

## TRANSPORTATION

See also: HOME CARE

In addition to private and volunteer transportation options, there are two kinds of public transportation in Orange County: buses on fixed routes and smaller buses or vans that pick up at the home and deliver passengers to their destination. This door-to-door service is sometimes called paratransit. Receipt of paratransit services requires a form filled out by a health professional.

## **A Helping Hand**

One-time medical transportation is available to non-clients for a fee. For free eligible transportation services, individuals must be an ongoing client of Helping Hand. COUNTIES SERVED: Chatham, Durham, Orange, Other

1502 West HWY 54, Ste. 405

Durham, NC 27707

Phone: 919-403-5555

Email: [info@ahelpinghandnc.org](mailto:info@ahelpinghandnc.org)

[www.ahelpinghandnc.org](http://www.ahelpinghandnc.org)

## **Alliance of Disability Advocates— Center for Independent Living**

Individualized travel training to older adults (such as how to pay or how to use schedules) who, due to physical or cognitive disabilities, find it difficult to access public transportation options.

COUNTIES SERVED: Durham, Orange, Other

1012 Oberlin Rd., Ste. 300

Raleigh, NC 27605

Voice/TTY: 919-833-1117

Email: [alliance@alliancecil.org](mailto:alliance@alliancecil.org)

[www.alliancecil.org](http://www.alliancecil.org)

## **Carolina Villages (CV)—Transportation**

Provides network of resources including transportation that address practical needs to help CV members 62+ remain in their home as they age. Annual Membership fee. Free referrals to vetted vendors (bills directly) or trained CV volunteers. COUNTIES SERVED: Chatham, Durham, Orange

P.O. Box 4622

Chapel Hill, NC 27515

Phone: 919-960-1941

[www.carolinavillages.org](http://www.carolinavillages.org)

## **Chapel Hill Transit Authority (CHT)**

Free buses on fixed routes for people of all ages. The CHT "A" Route bus stops at the Seymour Center. AREAS SERVED: Orange County—Limited to Chapel Hill, Carrboro and Hillsborough

6900 Millhouse Rd.

Chapel Hill, NC 27516

Phone: 919-485-7433

[www.townofchapelhill.org/transit](http://www.townofchapelhill.org/transit)

## **Durham Medicaid Transportation**

For Durham County residents who have active Medicaid and need transportation to medical appointments in Durham County and UNC Hospital. If you don't qualify, we can refer you to another resource. Call for eligibility and screening. A Durham County Social Services program. COUNTIES SERVED: Durham

Phone: 919-560-8607

## **E-Z Rider - Chapel Hill Transit Authority**

Provides paratransit curb-to-curb service to eligible riders. Call for application. Reservations required. In addition, the Senior Shuttle takes all seniors on a set bus route to shopping centers, the library, the Seymour Center and several senior living locations. Free. AREA SERVED: Residents within the Chapel Hill and Carrboro city limits

6900 Millhouse Rd.

Chapel Hill, NC 27516

Phone: 919-969-5544 – Dispatch

Alt Phone: 919-969-4920 – Eligibility & Applications

[www.townofchapelhill.org/town-hall/departments-services/transit/ez-rider](http://www.townofchapelhill.org/town-hall/departments-services/transit/ez-rider)

## **GoTriangle**

Offers fixed-route public transportation, an online/by phone service to help you plan your bus trip, and GoLinx paratransit service for Raleigh, Durham and Chapel Hill citizens with disabilities who are not able to ride fixed-route public transportation. Reservations required. Fee. AREA SERVED: Raleigh, Durham, Chapel Hill

4600 Emperor Blvd., Ste. 100

Durham, NC 27703

Phone: 919-485-7433

[www.gotriangle.org](http://www.gotriangle.org)

## **Johnston Ambulance Service (non-emergency service)**

Regional non-emergency transportation for individuals who cannot walk. Transport for dialysis, medical appointments, emergency room and more. Fee. May accept Medicaid. Operates out of Durham. AREA SERVED: eastern North Carolina including Durham and Orange

2803 HWY 70W

Goldsboro, NC 27530

Phone: 800-625-3500

Email: [wecare@jas-online.org](mailto:wecare@jas-online.org)

[www.jas-online.org/](http://www.jas-online.org/)

## **OPT-Orange Bus (Orange County Public Transportation)**

Offers bus and van services outside the Chapel Hill/Carrboro city limits including planning and coordinating for county residents with transportation needs. Call or visit our website for routes, schedules and fees. Paratransit available based on eligibility. AREA SERVED: Orange County outside Chapel Hill-Carrboro city limits with routes between Cedar Grove, Hillsborough and Chapel Hill

P.O. Box 8181

Hillsborough, NC 27278

Phone: 919-245-2008

[www.orangecountync.gov/departments/  
planning\\_and\\_inspections/orange\\_public\\_  
transportation/index.php](http://www.orangecountync.gov/departments/planning_and_inspections/orange_public_transportation/index.php)

## **Orange County Department on Aging— Transportation Options**

Advocates for the transportation needs of non-driving older adults. Helps them identify options provided by public bus operators. Visit our website or call the Transportation Specialist to find specific routes to senior centers or medical appointments, travel tips and the Orange County Transportation Guide for Older Adults. COUNTIES SERVED: Orange

Transportation Helpline: 919-717-1853

Email: [lberley@orangecountync.gov](mailto:lberley@orangecountync.gov)

[www.orangecountync.gov/departments/  
aging](http://www.orangecountync.gov/departments/aging)

## **Orange County Department on Aging— Volunteer Driver Program**

Volunteer drivers needed for a special program that fills the gaps in the existing public transportation system. For information about this program or to register for a ride, call the Transportation Helpline. COUNTIES SERVED: Orange

Transportation Helpline: 919-717-1853

Email: [lberley@orangecountync.gov](mailto:lberley@orangecountync.gov)

[www.orangecountync.gov/departments/  
aging](http://www.orangecountync.gov/departments/aging)

## **Orange County Medicaid Transportation Line (MTL)**

Medicaid transportation for approved medical appointments only is provided to Orange County residents who currently receive Medicaid & and have been determined eligible. Allow 4 business days prior to appointment for eligibility to be determined. Call for eligibility or appointment. COUNTIES SERVED: Orange

Phone: 919-245-2774

### **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

1214 Vaughn Rd.  
Burlington, NC 27217  
Phone: 336-532-0000  
Alt Phone: 877-714-2100

**[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)**

### **Piedmont Health SeniorCare (PACE)**

All-inclusive care program for the elderly that provides comprehensive long-term health, social, medical, dietary care and special transportation needs for eligible seniors. COUNTIES SERVED: Alamance, Caswell, Chatham, Lee, Orange

163 Chatham Business Dr.  
Pittsboro, NC 27312  
Phone: 919-545-7337  
Alt Phone: 877-714-2100

**[www.piedmonthhealthseniorcare.org](http://www.piedmonthhealthseniorcare.org)**

### **Premier Home Healthcare Services**

Provides appointment escort service. Fee based. COUNTIES SERVED: Alamance

562 Huffman Mill Rd.  
Burlington, NC 27215  
Phone: 336-586-1721

**[www.premierhomehealthcare.com](http://www.premierhomehealthcare.com)**

### **Seniors On The Go—Transportation**

Provides escorted door through door transportation services to seniors 60+ and people of all ages with any disability or temporary medical condition that prevents driving. Additional services: medical or airport companion, errands, grocery delivery and mobile notary services. Reservations required. Fee. AREA SERVED: Durham, Orange, Other

Phone: 800-517-4149  
Email: [sotgo@ncseniorsonthego.com](mailto:sotgo@ncseniorsonthego.com)

**[www.ncseniorsonthego.com](http://www.ncseniorsonthego.com)**

### **Triangle Travel Companion**

Personal travel assistant providing door-to-door transportation. Fee. COUNTIES SERVED: Chatham, Durham, Orange

Phone: 919-451-3077 – Jim Pickeral

### **UNC Parking and Hospital Shuttle**

Short- and long-term parking at UNC Hospital's campus includes valet service, parking decks & lots. Free shuttles 24/7 based on location, day & time: all campus medical centers, parking areas & Ronald McDonald House. Evening/Overnight Shuttles (984-974-3686) also serve Chapel Hill Park and Ride Lots.

Phone: 984-974-1031 – Parking  
Alt Phone: 984-974-0460 – Day Shuttle  
**[www.uncmedicalcenter.org/uncmc/patients-visitors/parking-and-transportation](http://www.uncmedicalcenter.org/uncmc/patients-visitors/parking-and-transportation)**

### **Wheelchair Getaways—Raleigh**

Assists with wheelchair-accessible vehicle rental needs for daily or long-term use. Provides pick up and delivery as well as 24-hour emergency assistance for our rentals. Visit our website and click on Rental for current rates and information. AREA SERVED: Regional near Raleigh

Phone: 800-662-7572  
Alt Phone: 919-878-7110 – Raleigh  
**[www.vanproducts.com](http://www.vanproducts.com)**

## VETERANS' SERVICES

See also: BENEFITS, FINANCIAL COUNSELING and SOCIAL SERVICE AGENCIES

### Department of Veterans Affairs

Evidence Intake Center

P.O. Box 444

Janesville, WI 53547-4444

<https://iris.custhelp.com>

### Durham VA Medical Center

Provides health care services to veterans in central and eastern North Carolina.

508 Fulton St.

Durham, NC 27705

Phone: 919-286-0411

24/7 Call Line: 888-878-6890

[www.durham.va.gov/index.asp](http://www.durham.va.gov/index.asp)

### NC4VETS

Comprehensive resource for veterans, their dependents and survivors. Includes Federal, State, local and non-profit veterans' services, employment, VA benefits, healthcare, education, housing, personal services, 24/7 Veterans Helpline, Veterans Services locator tool and a downloadable resource guide.

Phone: 844-NC4-VETS (844-624-8387)

[www.nc4vets.com](http://www.nc4vets.com)

### TRICARE for Life

Veterans' insurance

Phone: 877-874-2273

[www.tricare.mil](http://www.tricare.mil)

### VA National Call Center (NCC)

Call or email the NCC for general VA benefits information and claims assistance with the full range of federal veterans' benefits: compensation and pension, education, vocational rehabilitation and employment, home loans and insurance benefits.

Phone: 800-827-1000

TDD: Dial 711

<https://iris.custhelp.com/>

### Veterans Administration Healthcare Benefits

You may qualify for VA health care benefits. To enroll in VA Health, please call 877-222-VETS or contact the Durham VA Medical Center at 919-286-0411 to enroll in VA Health at the Durham VA.

The Durham VA Medical Center is located at: 508 Fulton Street, Durham NC 27705.

Phone: 877-222-VETS (877-222-8387)

[www.va.gov/HEALTHBENEFITS/index.asp](http://www.va.gov/HEALTHBENEFITS/index.asp)

### Veterans Administration Patient Advocates

The Patient Advocacy Program is for all veterans and their families who receive care at Veterans Health Administration (VHA) facilities and clinics. If you need help getting care or getting your problems resolved, talk to the Patient Advocate at your VA Medical Center.

Phone: 919-286-0411 ext: 6906

[www.durham.va.gov/patients/customerservice.asp](http://www.durham.va.gov/patients/customerservice.asp)

### **Veterans Crisis Line**

If you have a medical emergency, please dial 911. Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text 838255 to receive confidential support 24/7.

Phone: 800-273-8255 ext: 1

TTY: 800-799-4889

**[www.veteranscrisisline.net](http://www.veteranscrisisline.net)**

### **Veterans Services Office (VSO)— Durham County**

Accredited, authorized representative who represents veterans and their dependents, provides counseling and advisement regarding qualifications, rights and entitlement to federal benefits, and assists with application preparation and presentation of claims for benefits.

COUNTIES SERVED: Durham

414 East Main St., 1st Floor

Durham, NC 27701

Phone: 919-560-8387

Email: [lharvin-ravin@dconc.gov](mailto:lharvin-ravin@dconc.gov)

### **Veterans Services Office (VSO)— Orange County**

Accredited, authorized representative who represents veterans and their dependents, provides counseling and advisement regarding qualifications, rights and entitlement to federal benefits, and assists with application preparation and presentation of claims for benefits. By appointment only. COUNTIES SERVED: Orange

Phone: 919-245-2890

Email: [bcorbett@orangecountync.gov](mailto:bcorbett@orangecountync.gov)

**[www.orangecountync.gov/departments/  
social\\_services/veteran\\_s\\_services.php](http://www.orangecountync.gov/departments/social_services/veteran_s_services.php)**

### **VHA National Call Center—Health Resource Center (NCC-HRC)**

Serves as the Veterans Health Administration's national call center. NCC-HRC provides customer service and support to veterans, caregivers, other government agencies and the general public regarding VA health benefits, eligibility and billing questions.

Phone: 877-222-8387

**[www.va.gov/HEALTHRESOURCECENTER/  
index.asp](http://www.va.gov/HEALTHRESOURCECENTER/index.asp)**

### **Volunteers of America Carolinas (VOA)**

Volunteers support VOA programs that provide health care in the home and community so older adults can live more independently; that help veterans with challenges of employment & housing; and that provide housing through affordable living communities for seniors, families and those with disabilities. COUNTIES SERVED: Varies with program but includes Durham and Orange

207 Commons Blvd.

Durham, NC 27704

Phone: 919-477-9005 – Veterans Programs

Alt Phone: 864-246-6734 – Housing Inquiries

Email: [infocarolinas@voa.org](mailto:infocarolinas@voa.org)

**[www.voacarolinas.org](http://www.voacarolinas.org)**

## VOLUNTEER OPPORTUNITIES

### **HandsOnTriangle.org**

Supporting nonprofits in the area since 1972 by inspiring volunteers to get involved in short- or long-term community service projects. Searchable website to locate volunteer opportunities for individuals or groups. AREA SERVED: Greater Triangle

Phone: 919-613-5101

[www.handsontriangle.org](http://www.handsontriangle.org)

### **Orange County Department on Aging— Volunteer Connect 55+**

Seeks to enrich the lives of Orange County residents by recruiting volunteers of any age or county to serve Orange County residents 55+. Also our peer-to-peer engagement model encourages connections between community members through both senior center & community-based volunteer opportunities. COUNTIES SERVED: Orange

Phone: 919-245-4241

[www.orangecountync.gov/departments/aging/volunteer.php](http://www.orangecountync.gov/departments/aging/volunteer.php)

### **Volunteers of America Carolinas (VOA)**

Volunteers support VOA programs that provide health care in the home and community so older adults can live more independently; that help veterans with challenges of employment & housing; and that provide housing through affordable living communities for seniors, families and those with disabilities. COUNTIES SERVED: Varies with program but includes Durham and Orange

207 Commons Blvd.

Durham, NC 27704

Phone: 919-477-9005 – Veterans Programs

Alt Phone: 864-246-6734 – Housing Inquiries

Email: [infocarolinas@voa.org](mailto:infocarolinas@voa.org)

[www.voacarolinas.org](http://www.voacarolinas.org)

## WEBSITE RESOURCES

Many websites offer information on aging issues and links to other websites. Listing the sites here is NOT a guarantee of their quality or accuracy.

### **AARP**

Addresses the needs of persons 50+ to fight for and equip them to lead their best lives. Information, education, advocacy, policies, volunteerism, research & member discounts. "Prepare to Care: planning guide for family caregivers."

[www.aarp.org](http://www.aarp.org)

### **Administration on Aging**

A clearinghouse for information on aging from the federal government. Offers a nationwide searchable directory of national and local agencies, health associations and organizations. Also provides general and statistical materials.

[www.aoa.gov](http://www.aoa.gov)

### **Advanced Person-Centered Living**

Advocates for residents in assisted living facilities by promoting person-centered practices that treat relationships with dignity and foster personal choice and responsibility to optimize health and well-being.

[www.ccal.org](http://www.ccal.org)

### **Aging Life Care Professionals™**

National association offers information about care management for older adults and others facing ongoing health challenges: assessment, care planning, housing, a directory of certified professional care managers, webinars and podcasts.

[www.aginglifecare.org](http://www.aginglifecare.org)

## **Aging with Dignity**

National non-profit agency affirms and safeguards the human dignity of individuals as they age. "Five Wishes" can be used as a helpful guide and documentation of your wishes. Meets the legal requirements for an advance directive in 42 states including NC. Multi-lingual resource.

[www.agingwithdignity.org](http://www.agingwithdignity.org)

## **Alzheimer's Association Eastern North Carolina Chapter**

This Chapter provides programs and support services, information, referral, education and advocacy to 51 counties of Eastern North Carolina.

[www.alz.org/NC](http://www.alz.org/NC)

## **Alzheimer's North Carolina**

Local offices in North Carolina provide educational programming and family support services while raising awareness and funding local research for a cause, prevention, treatment and a cure.

[www.alznc.org](http://www.alznc.org)

## **American Association for Geriatric Psychiatry**

Dedicated to the mental health research and treatment of older adults through professional education and advocacy. Education, links and resources for professionals.

[www.aagponline.org](http://www.aagponline.org)

## **American Bar Association**

Professional organization of attorneys dedicated to improving the legal profession, eliminating bias and advancing the rule of law. Search for articles, resources on elder abuse, elder law, legal problems and the Commission on Legal Problems of the Elderly.

[www.americanbar.org](http://www.americanbar.org)

## **Benefits Check-Up**

A service of the National Council on Aging. Designed to help adults over 55 find the right benefits programs that may pay for some of their medical care and / or prescription costs.

[www.benefitscheckup.org](http://www.benefitscheckup.org)

## **Caregivers Education**

Helpful site with emphasis on parent care, easy-to-find information, to-do lists, conversations with experts and a senior care directory.

[www.caring.com](http://www.caring.com)

## **Caregivers Home Companion**

Committed to helping caregivers balance their family life and career with elder care responsibilities by delivering education, support and access to important resources.

[www.caregivershomecompanion.com](http://www.caregivershomecompanion.com)

## **CaringInfo**

Provides free resources to help people make decisions about end-of-life care and services before a crisis. Includes state Advanced Directive forms, a hospice locator & resources on caregiving, hospice, grief and loss. English / Spanish.

[www.caringinfo.org](http://www.caringinfo.org)

## **Center for Disease Control and Prevention (CDC)**

Promotes healthy and safe behaviors of communities and its people through research, health monitoring and response, and prevention. Has a general information section for older adults.

[www.cdc.gov/aging](http://www.cdc.gov/aging)

## **Center for Medicare Advocacy**

An advocacy agency for Medicare recipients. Also involved in policy development.

[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

### **Center to Advance Palliative Care (CAPC)**

Hub for palliative care innovations, development, training and tools for professional members.

Families and caregivers refer to <https://getpalliativecare.org>.

[www.capc.org/](http://www.capc.org/)

### **Centers for Medicare and Medicaid Services (CMS)**

Publications about Medicare and Medicaid available in large print.

[www.cms.gov](http://www.cms.gov)

### **Duke University Center for the Study of Aging and Human Development**

One of the nation's oldest research and teaching programs on geriatrics. Information on research, education, services and websites for medical professionals and faculty. Includes the Duke Family Support Program and the Geriatric Evaluation & Treatment Clinic.

[www.geri.duke.edu](http://www.geri.duke.edu)

### **Family Caregiver Alliance**

Easy-to-search topics with practical suggestions for new and established caregivers. Tool to connect with local programs.

[www.caregiver.org](http://www.caregiver.org)

### **Find Federal Agencies & Elected Officials**

US government's official web portal. Can apply for benefits, review common questions on buying and using medications, see tips on communicating with your health care provider, learn about low-cost services and more. Toll-free: 844-872-4681.

[www.usa.gov](http://www.usa.gov)

### **Fitness for Older Adults**

Promotes fitness for older adults.

[www.nia.nih.gov/Go4Life](http://www.nia.nih.gov/Go4Life)

### **Get Palliative Care**

Learn more about palliative care: answers to frequently asked questions; fact sheets; web links; videos; resources for caregivers, clinicians & policymakers; and a directory to find hospitals nationwide that have a palliative care team.

<https://getpalliativecare.org>

### **Guiding Lights Caregiver Support Center—Websites**

Assists families and professional caregivers with accessing relevant, timely and comprehensive support information, training, care plan development and vetted caregiver referral.

[www.guidinglightsnc.org](http://www.guidinglightsnc.org)

### **Healthfinder.gov**

Guide to a searchable database and clearinghouse on health topics A–Z.

[www.healthfinder.gov](http://www.healthfinder.gov)

### **Home Care and Hospice Locator**

National association offers basic information to help select a provider; explain accreditation, billing and services; and locate a facility.

[www.nahc.org/consumer-information/](http://www.nahc.org/consumer-information/)

### **Hospice Foundation of America (HFA)**

Educates the public and health care professionals about death, dying and the grief process. Offers information on research, health policy issues and other publications.

[www.hospicefoundation.org](http://www.hospicefoundation.org)

## **Leading Age**

International membership organization dedicated to making America a better place to grow old. Offers information to help people make the most of the aging experience: caregiving resources, planning and paying for services, and a directory of member-provided aging services.

**[www.leadingage.org](http://www.leadingage.org)**

## **Medicare**

The official US Government site for all aspects of Medicare.

**[www.medicare.gov](http://www.medicare.gov)**

## **Medline Plus**

Information on health topics available in English, Spanish and Vietnamese for seniors and others.

**[www.nlm.nih.gov/medlineplus/languages/seniorhealth.html](http://www.nlm.nih.gov/medlineplus/languages/seniorhealth.html)**

## **Mental Health America**

Promotes mental health as a critical part of overall wellness, including prevention, early identification, intervention, integrated health, behavioral health and other services.

**[www.nmha.org](http://www.nmha.org)**

## **MentalHealth.gov**

Provides one-stop access to US government mental health resources and information, in addition to local information.

**[www.mentalhealth.gov](http://www.mentalhealth.gov)**

## **National Academy of Elder Law Attorneys**

Professional association dedicated to improving the quality of legal services provided to seniors and people with special needs. Find an elder law professional near you for advice through NAELA's member directory.

**[www.naela.org](http://www.naela.org)**

## **National Alliance for Caregiving**

A non-profit coalition of national organizations focused on improving the lives of family caregivers.

**[www.caregiving.org](http://www.caregiving.org)**

## **National Alliance on Mental Illness (NAMI)—North Carolina**

Education, advocacy, resources and links to local resources for family members of individuals with a mental illness.

**[www.naminc.org](http://www.naminc.org)**

## **National Alzheimer's Association**

A national association that provides online educational materials on dementia, links to local support groups and a 24/7 helpline. Has "Inside the Brain: An Interactive Tour," an educational resource for caregivers of individuals with dementia.

**[www.alz.org](http://www.alz.org)**

## **National Center on Elder Abuse (NCEA)**

Provides up-to-date information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation.

**[www.ncea.aoa.gov](http://www.ncea.aoa.gov)**

### **National Citizens' Coalition for Nursing Home Reform (NCCNHR)**

Advocacy, education and a consumer's guide to choosing a nursing home.

[www.geronurseonline.org](http://www.geronurseonline.org)

### **National Coalition for Hospice and Palliative Care (NCHPC)**

Presents a united voice to the public on behalf of providers who care for patients & families living with chronic & life-limiting illnesses. Aims to enhance member organization cooperation & coordination, to improve care and public policy, and to advocate on behalf of patients & families.

[www.nationalcoalitionhpc.org](http://www.nationalcoalitionhpc.org)

### **National Council on Aging (NCOA)**

Partners with non-profit organizations, government and businesses to provide innovative community programs and services, online help and advocacy.

[www.ncoa.org](http://www.ncoa.org)

### **National Eldercare Locator**

Connects you to local services and resources for older adults and their families.

[www.eldercare.gov](http://www.eldercare.gov)

### **National Family Caregivers Association**

Provides family caregivers with practical help, support and information; access to a caregiver action network; & links to other caregiver websites.

[www.caregiveraction.org](http://www.caregiveraction.org)

### **National Hospice and Palliative Care Organization (NHPCO)**

A non-profit organization advocating for the terminally ill and their families. They provide education, resources and information to improve end-of-life care and expand access to hospice care.

[www.nhpc.org](http://www.nhpc.org)

### **National Institute on Aging**

Provides leadership in aging research, training, health information and other programs related to aging and older people.

[www.nia.nih.gov](http://www.nia.nih.gov)

### **National Institute on Mental Health**

Mental health education, resources, information and help for people and their loved ones struggling with mental illness.

[www.nimh.nih.gov](http://www.nimh.nih.gov)

### **NIHSeniorHealth**

Provides easy-to-understand, up-to-date health information for older adults from the National Institutes of Health.

[www.nihseniorhealth.gov](http://www.nihseniorhealth.gov)

### **North Carolina Bar Association—Websites**

Has a list of certified attorneys in various specialty areas such as estate planning. Seniors can access publications online or at the library such as "Senior Citizens Handbook, Laws and Programs Affecting Senior Citizens in North Carolina."

[www.ncbar.org](http://www.ncbar.org)

### **North Carolina Cooperative Extension**

Publications and videos on a wide variety of research-based information for NC residents.

[www.ces.ncsu.edu](http://www.ces.ncsu.edu)

## **North Carolina Department of Health and Human Services (NCDHHS)**

Provides comprehensive health- and human-related services for all North Carolinians, especially the most vulnerable citizens: children, the elderly, disabled and low-income families.

[www.ncdhhs.gov](http://www.ncdhhs.gov)

## **North Carolina Division of Medical Assistance (Medicaid)**

Official site for Medicaid recipients or individuals who want to apply for Medicaid in North Carolina.

[www.ncdhhs.gov/dma](http://www.ncdhhs.gov/dma)

## **North Carolina Division on Aging and Adult Services**

Information on community-based services, housing and long-term care arrangements in North Carolina.

[www.ncdhhs.gov/divisions/daas](http://www.ncdhhs.gov/divisions/daas)

## **North Carolina Health Care Personnel Registry**

A free online tool that screens for individuals with findings of abuse or pending cases of abuse against them. Also verifies individuals who have completed the NC state-approved Home Care Aide Specialty Training Course.

[www.ncnar.org/verify\\_listings1.jsp#dataprov](http://www.ncnar.org/verify_listings1.jsp#dataprov)

## **North Carolina Health Info**

UNC Health Services Library guide to health & medical information and local health services statewide: health insurance, doctor selection, health conditions, pharmaceuticals & website links. "Ask a Librarian" service available via phone, text or email for help with finding related information.

[www.nchealthinfo.org](http://www.nchealthinfo.org)

## **North Carolina Hospital and Healthcare Guide 2015–16**

Lists hospitals by location, nursing homes, adult care homes-assisted living, local health departments, state and federal health contacts & medical societies. Also found at [www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging). Go to Aging in Place Supports.

[www.nc-hospitals.com/publication/?m=24899&l=1](http://www.nc-hospitals.com/publication/?m=24899&l=1)

## **North Carolina House of Representatives**

[www.ncleg.net/House/House.html](http://www.ncleg.net/House/House.html)

## **North Carolina Senate**

[www.ncleg.net/Senate/Senate.html](http://www.ncleg.net/Senate/Senate.html)

## **North Carolina Seniors' Health Insurance Information Program (NC-SHIIP)**

SHIIP, a program of the NC Department of Insurance, provides free, unbiased information and counseling about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.

[www.ncshiip.com](http://www.ncshiip.com)

## **Nursing Home Compare**

Offers detailed information about every Medicare- and Medicaid-certified nursing home in the country.

[www.medicare.gov/nursinghomecompare](http://www.medicare.gov/nursinghomecompare)

## **Nursing Home Info**

Information and resources on nursing homes.

[www.nursinghomeinfo.com](http://www.nursinghomeinfo.com)

## **Orange County Department on Aging— Online**

A one-stop resource where older adults and caregivers can meet their social, mental, physical, financial and day-to-day practical needs. Offers integrated aging services and programs at our two senior centers including wellness and education classes, lunches, trips, volunteer opportunities and more.

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Partnership for Prescription Assistance (PPA)**

Free information resource to help people locate medication assistance programs. General information only. Get prescription help and find a low-cost clinic near you.

[www.pparx.org](http://www.pparx.org)

## **Reports on Long-term Care Facilities in Orange County**

Quarterly site visit reports on various long-term care facilities conducted by state-mandated and county-appointed citizen committees.

[www.orangecountync.gov/departments/aging](http://www.orangecountync.gov/departments/aging)

## **Senior Living Facilities—National Trade Association**

Formerly the Assisted Living Federation of America, Argentum promotes operational excellence through education, research, networking and online tools in the field of senior living. Offers an online tool to find a local facility.

[www.alfa.org](http://www.alfa.org)

## **Social Security Administration**

Information on benefits, frequently asked questions and more. Can apply for benefits online.

[www.socialsecurity.gov/](http://www.socialsecurity.gov/)

## **State / County Special Assistance In-Home Program for Adults**

For eligible older adults or adults with disabilities, this program can help with living expenses such as food, shelter, clothing and other daily necessities. For eligible individuals living at home. Apply at your county department of social services.

[www.ncdhhs.gov/document/special-assistance-home-program-adults](http://www.ncdhhs.gov/document/special-assistance-home-program-adults)

## **Triangle J Area Agency on Aging**

Regional public connection to aging networks, services and protective supports for older adults and caregivers. COUNTIES SERVED: Chatham, Durham, Orange, Other

[www.tjaaa.org](http://www.tjaaa.org)

## **US Department of Veterans Affairs**

[www.va.gov](http://www.va.gov)

## **US House of Representatives**

[www.house.gov](http://www.house.gov)

## **US Senate**

[www.senate.gov](http://www.senate.gov)

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## THE ORANGE COUNTY DEPARTMENT ON AGING

(OCDOA) is a one-stop resource where older adults and caregivers can meet their social, mental, physical, financial and day-to-day practical needs. We offer integrated aging services and programs at our two senior centers including: wellness and education classes, lunches, trips, volunteer opportunities and much more.



### OUR MISSION

To provide leadership in planning and operating a system of integrated aging services through state-of-the-art senior centers, serving as focal points for coordinated community and individualized programs designed to educate seniors and their families and maximize the health, well-being, community engagement and independence of older adults at all functional levels.

### AGING SERVICES

**AGING TRANSITIONS** is a division of the Department on Aging that provides a variety of services and supports for older adults and their families as they face changing health needs, relocations and other age-related issues.

The Aging Transitions Team is available to help people determine what services they are eligible for and to make plans for the future.

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Contact the Aging Helpline today:

Call **919-968-2087** or email [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov)

### SENIOR CENTERS

The Orange County Department on Aging's two senior centers, the **JERRY M. PASSMORE CENTER** and the **ROBERT & PEARL SEYMOUR CENTER**, offer a variety of programs including classes, lunches, trips and much more. Visit us to relax, socialize, and immerse yourself in wellness, creativity, intellectual stimulation, volunteerism and community.

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Contact either senior center to find out how to connect and get involved:

Passmore Center:  
**919-245-2015**  
Seymour Center:  
**919-968-2070**

### VOLUNTEER OPPORTUNITIES

Engage with the community and make a difference by volunteering at our senior centers or in the greater Orange County through the **VOLUNTEER CONNECT 55+** program.

Connect with a variety of volunteer opportunities including assisting with tax preparation through VITA (Volunteer Income Tax Assistance Program), provide Medicare counseling through SHIP (Senior Health Insurance & Information Program) or help teach computer classes at The Seymour Technology Center.

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Call **919-245-4241** to get started today.

