

# **MEDICARE ANNUAL ENROLLMENT**

**October 15 – December 7**

For those with Medicare, the open enrollment period is your annual opportunity to make changes that could save you money. The Senior Health Insurance Information Program offers individual counseling sessions to help evaluate the best options for you.

EXTRA HELP is available for people on Medicare with limited income and assets. Find out if you qualify for Extra Help.

**To make an appointment in Orange County call:**

Central Orange Senior Center, Hillsborough  
**919-245-2015**

Seymour Senior Center, Chapel Hill  
**919-968-2070**

