

Evening Activities and Programs

Athletic Activities - see pages 36-37 for details

Passmore Center

Billiards

Bring a friend and enjoy shooting a round of pool - every day and almost any time.

Pickle Ball

Mon (251016-01) 5 - 8 pm

Seymour Center

Badminton

Tue (351022) 4:30 - 6:45 pm

Wed (*New!*) 7:30 - 9 pm

Basketball - Shoot Around

Thu (357022) 5:30 - 7pm

Billiards

Bring a friend and enjoy shooting a round of pool - every day and almost any time.

Art Classes - see pages 27-28 for details

Passmore Center

Basic Drawing

Fee: \$40

Session I: Mon, Sep 12 - Oct 3 (254021-09) 6 - 8 pm

Session II: Mon, Oct 10 - 31 (254021-10) 6 - 8 pm

Session III: Mon, Nov 7 - 28 (254021-11) 6 - 8 pm

Watercolor Painting - Beginning

Fee: \$40

Session I: Thu, Sep 1 - 22 (254039-09) 5:30 - 7:30 pm

Session II: Thu, Sep 29 - Oct 20 (254039-10) 5:30 - 7:30 pm

Session III: Thu, Oct 27 - Nov 17 (254039-11) 5:30 - 7:30 pm

Seymour Center

Drawing

Fee: \$80 for 4 weeks

NEW – evening classes

Session I: Tue, Sep 13 - Oct 4 (354053-10) 7 – 9 pm

Session II: Tue: Oct 11- Nov 1 (354053-11) 7 – 9 pm

Session III: Tue: Nov 8 -29 (354053-12) 7 – 9 pm

Exploring Acrylics & Mixed Media

Wed, Oct 5 – 26 (4 weeks) (344060-01) 6 – 7:30 pm

Pastel (New Evening Program)

Fee: \$80

Session I: Thu, Sep 15 - Oct 6 (354083-01) 7 - 9 pm

Session II: Thu, Oct 13 - Nov 3 (354083-02) 7 --9 pm

Session III: Thu Nov 10 – Dec 8 (no class Nov 24) (354083-01) 7 - 9 pm

Bridge & Other Games – see pages 30 - 31 for details

Seymour Center

Mah Jong – Evening

Thu (351001-01) 7 - 9 pm

Dance, Music & Theater – see pages 37 - 38 for details

Dance

Passmore Center

Ballroom Dance Lessons

Fee: \$5

Thu (254032) 7 – 8 pm

Seymour Center

Argentine Tango Dance

For more information, contact Katherine Polk at 919- 967-4967.

Fee: FREE

4th & 5th Thu, Sep 22, 29; Oct 27 (353007- 03) 7 - 8:30 pm

(no dance on Nov 24 due to holiday)

Clogging Lessons

Fee: FREE

Mon, Oct 31 – Nov21 (323048-01) 7 - 8 pm

New! Nightclub Two Step Dancing

Fee: \$50 for 4 lessons (Pay for the full session - \$12.50 per class) Drop-Ins: \$15 *for drop-ins after the second week, Couples: \$90 for couples.

Foundations I Beginner/Advanced Beginner

Tue, Sep 13 - Oct 4 (354038-13) 7:30 - 8:30 pm

Foundations II Advanced Beginner/ Intermediate

Tue, Oct 11- Nov 1 (354038-14) 7:30 - 8:30 pm

Foundations I Beginner/Advanced Beginner

Tue, Nov 8 - 29 (354038-15) 7:30 - 8:30 pm

Waltz Social/ Practice

Fee: FREE

1st, 2nd & 3rd Thu, Sept 1, 8, 15; Oct 6, 13, 20; Nov 3, 10, 17 (353006) 7- 8:30 pm

West Coast Swing

Fee: \$50 for 4 lessons (Pay for the full session - \$12.50 per class) Drop-Ins: \$15 *for drop-ins after the second week, Couples: \$90 for couples.

Foundations I Beginner/Advanced Beginner

Tue, Sep 13 - Oct 4 (354038-10) 6:30 - 7:30pm

Foundations II Advanced Beginner/ Intermediate

Tue, Oct 11- Nov 1 (354038-11) 6:30 - 7:30pm

Foundations I Beginner/Advanced Beginner

Tue, Nov 8 - 29 (354038-12) 6:30 - 7:30pm

Music

Seymour Center

Song Swap

Fee: FREE

1st Tue, Sept 6; Oct 4; Nov1 (353017) 7 - 8:30 pm

Educational Opportunities - see pages 32-33 for details

Seymour Center

Improv 101

Fee: \$5

Tues, Oct 18- Nov 22 (354137-03) 6:30 - 8:30 pm

Interest Groups - see page 38 - 39 for details

Passmore Center

Tar Heel Depression Glass Club

1st Mon: Sep 12 (2nd Mon due to holiday); Oct 3; Nov 7 (237001-01) 5:30 - 8 pm

Organizations & Club Meetings – see pages 39 - 40 for details

Passmore Center

NC Central University Alumni Association

Mon, Sep 19; Oct 17; Nov 21 (258005-01) 5 pm

Seymour Center

Central NC Mineral Club

Tue, Sep 6; Oct 4; Nov 1 (358001) 7 pm

Chapel Hill Camera Club

Tue, Sep 13, 20, 27; Oct 11, 18, 25; Nov 8, 15, 22 (358002) 6:30 - 9 pm

Chapel Hill Camera Club - Digital Imaging Group

Tue, Sep 6; Oct 4; Nov 1 (358000) 6:30 - 9 pm

Spanish Social Club

Thu 7 - 8:30 pm

Triangle Weavers Organization

Thu, Sep 22, Oct 27, no meeting in Nov (357004) 6:45 - 8:45 pm

Special Events – see pages 33 - 36 for details

Passmore Center

Art of Miming Performance and Workshops

Performance

Thu, Sep 15 - Mime Performance (253007-09) 6 - 7 pm

Pot Luck Dinner and Performance

Fee: FREE

Thu, Sep 15 (253007-09) 5:30 pm

Cooking and Dinner with David Sovero – The Art of Cooking

Fee: \$9 per class plus two ingredients

Mon, Sep 12 - 26 (233016-09) 5:30 - 8 pm

Mon, Oct 3 - 31 (233016-10) 5:30 - 8 pm

Mon, Nov 7 - 28 (233016-11) 5:30 - 8 pm

Seymour Center

Art of Miming Performance and Workshops

Mon, Sep 26 - Mime Performance (343038-01) 7 - 8 pm

Wed, Sep 28 - Story Circle (343038-02) 7 - 9 pm

Mon, Oct 3 - Writing Sessions (343038-03) 7 - 9 pm

Wed, Oct 5 - Open Mic Session (343038-04) 7 - 9 pm

Autumn Evening in Paris Senior Prom

Register by Fri, Sep 30

Fee: FREE

Fri, Oct 7 (313016-02) 6 - 9 pm

Backyard Bocce and Burgers Party!

Fee: FREE

Tue, Sep 20 (343039-01) 6 - 8 pm

Find Balance at Your Center features Booming Nights at Seymour Series

Fee: \$15 per class (includes most or all materials - see each class description for directives)

Mon, Sep 26 **Plant Night** with Priscilla Boomer (344059-01) 6 - 9 pm

Mon, Oct 24 **Paint Night** with Robin Greenberg (344059-02) 6 - 9 pm

Mon, Nov 28 **Picterragraphics Night** with Geoff Huffman (344059-03) 6 - 9 pm

"Let Me Entertain You" Dinner and Show featuring Local Author and Newspaper Columnist, Regina Gale

Fee: FREE

Fri, Nov 4 (343044-01) 6 - 8 pm

Support Groups - see page 24 for details

Seymour Center

Multiple Sclerosis (MS) Support Group

Last Tue, Sep 27; Oct 25; Nov 29 6:30 - 8 pm

NAMI Orange County Support Group

4th Tue, Sep 27; Oct 25; Nov 22 7 - 8:30 pm

Wellness - Exercise Classes - see page 20 for details

Passmore Center

T'ai Chi - Wu/Hao Beginner

Fee: \$8/ class

Mon (252008-09, 10, 11) 6 - 6:50 pm

Seymour Center

Circuit Training with Alicia Reid

Fee: \$50 per session

Wed (352046-01) 6:15 – 7:15 pm

Exercise Boot Camp for Boomers

Fee:

Mon (352041-01) 5:30 – 6:30 pm

Ω Gentle Joy of Yoga

Fee: \$6/class

Wed (352023-03) 5:30 – 6:30 pm

Ω Music Therapy Class

Fee:

Tue, Oct 18 – Dec 20 (352091) 5 – 7 pm

T'ai Chi - Yang Short Form - Advanced

Fee: FREE

Tue (352005-10) 7 - 8:15 pm

Wellness - Special Events - see page 16-19 for details

Seymour Center

NAMI Family-to-Family Education Program

Fee: FREE

Seymour Center

Thu, Sep 8 – Dec 1 5:30 – 9:30 pm

Smoke Cessation Program - Freshstart

Fee: FREE

Tue, Oct 4, 11, 18, 25 (332000-04) 6-- 7 pm