

DANCE, MUSIC & THEATER

Classes must be registered for in advance (Classes may be cancelled if minimum numbers are not reached.) by calling the **Seymour Center** in Chapel Hill at 919-968-2070 or the **Passmore Center** in Hillsborough at 919-245-2015.

Dance

Argentine Tango Dance

Learn this vibrant and playful dance which is based on improvisational movement. Although tango is a "leader" and follower" style of dance, no partner is necessary. Come and embrace harmony and connect with upbeat music that is sure to be fun and exciting. For more information, contact Katherine Polk at 919- 967-4967.

Facilitator: Bill Caspary

Fee: FREE

Seymour Center

4th & 5th Thu, Dec 22; Jan 26; Feb 23 (353007- 04)

7 - 8:30 pm

Chinese Dance for Active Adults

The class is free and open to the public. Chinese Dance is famous for its varieties. There are 56 officially recognized ethnic groups in China, and each one has its own folk dances. This class will tailor different Chinese dancing movements to meet active adults' needs. With relative slow speed, people can enjoy the gracefulness of Chinese dance. Accompanied with Chinese music and songs, performers entertain themselves while dancing. For more information, please contact Hui Di at hui.di@jmp.com for the

Dance Instructor: Hui Di

Fee: FREE

Seymour Center

Tuesdays (354045-08)

9 - 10 am

Thursdays (354045-00)

7:45 - 8:45 pm

Saturdays (354045-09)

10:30 - 11:30 am

Chinese Folk Dance

This is fun, low-impact cardio dance class suitable for women 45+ years old. This fitness dance class will combine beautiful music, Chinese folk dance elements, Latin dance techniques, and ethnic culture. Popular Chinese and international songs will be used to accompany the dances, so you can enjoy beautiful music while you dance. The choreography for this class is simpler and the moves are less intense. Julie will break down the moves to make sure they are easy for you to learn and master.

The typical format of a class is: 2 warm-ups, 5 - 7 cardio routines, 2 cool-downs and 1 full stretch, in total 10 - 12 songs played one after another. We would like to build a supportive and friendly community to stay physically fit and mentally sharp by dancing together. Swing gracefully to the lively folk music. For more information, please contact Julie Gu at xiaojungu@yahoo.com or 919-397-3648.

Dance Instructor: Julie Gu

Fee: FREE

Seymour Center

Mondays (354103-01)

7 - 8:45 pm

Saturdays (354103-02)

9 - 10:15 am

Irish Set Dancing

Irish set dancing is a form of community dance popular in Ireland. The sets are danced to Irish traditional music and our dances use a mixture of recorded and live music provided by local musicians. Beginning set dancers follow instructions from a caller as they move from place to place, whereas advanced dancers add footwork and have memorized the dances so that no calling is needed. For more information, videos, and a calendar see www.wildmusette.com.

Facilitator: Tyler Johnson

Fee: \$5 per session

Seymour Center

2nd Wednesdays (353034-01)

7 - 9:30 pm

Line Dancing

Line Dancing is great exercise. Best of all, no partner is needed. Join this growing class and learn the best line dancing around.

Instructor: Bruce Gillooly

Fee: \$3 per class. Purchase tickets at the front desk.

Seymour Center

Mondays (354019-19)

3:15 - 4:45 pm

Line Dancing

This class is for both new and experienced line dancers. You will improve your memory and get the benefits of exercising while having fun. Please call before your first visit to the Wed evening class. *There's a new beginner's class on Mondays.

Fee: FREE

Instructor: Becky Walker

Passmore Center

Mondays (Beginners class) (254006-2)
(254006-2)

2 - 3 pm

3 - 4:30 pm

Tuesdays (254006-1)

1 - 2:30 pm

Line Dancing

First 30 min of the class is for beginners, and all levels are together from 10 - 11 am.

Instructor: Esther Booker

Fee: FREE

Passmore Center

Thursdays (254006-3)

9:30 - 11 am

Nightclub Two Step Dancing

The Nightclub Two Step is a great alternative for dancers who want to go beyond a simple slow dance with their partner. It's a great dance to learn how to dance to slow music. It is often danced to pop, smooth jazz, and R&B music. The Nightclub Two Step is a popular style with wedding couples because of its romantic, slow, and relaxed characteristics. The Nightclub Two Step is also popular with country music fans as well as a common dance at West Coast Swing dance events because the music shares the same emphasis on the second beat as West Coast Swing Music, only at a slower tempo.

Instructor: Wesley Boz

Fee: \$50 for 4 lessons (Pay for the full session - \$12.50 per class) Drop-Ins: \$15 *for drop-ins after the second week, Couples: \$90 for couples, please call Debbie Ramsey at 919-274-4400 or Wesley Boz, 919-749-3030 for additional information.

Seymour Center

Foundations I Beginner/Advanced Beginner

Tue, Dec 6 – Dec 20 (354038-16) 7:30 - 8:30 pm

Foundations II Advanced Beginner/ Intermediate

Tue, Jan 10 - Jan 31 (354038-17) 7:30 - 8:30 pm

Foundations I Beginner/Advanced Beginner

Tue, Feb 7 – Feb 28 (354038-18) 7:30 - 8:30 pm

Tap Dancing

Learn to tap dance with an experienced and friendly teacher. You will learn basic and historical steps, as well as how to tap to all kinds of music. Tap dancing is a great way to have fun while exercising without stressing your body.

Instructor: Katie Moorehead

Fee: \$52 for the first four lessons

Seymour Center

Thu, Dec 1- Dec 22 (354032-08) Beginners 11 am – 12 noon

Intermediate/ Advanced 10 am - 11 am

Thu, Jan 5 - Jan 26 (354032-09) Beginners 11 am -12 noon

Intermediate/ Advanced 10 am - 11 am

Thu, Feb 3 - Feb 23 (354032-10) Beginners 11 am -12 noon

Intermediate/ Advanced 10 am – 11am

Tap Dancing

Did you tap dance as a child? Even if you've never danced, have you always had a desire to learn? Now is your chance to learn the fine art of tap dancing for free.

Instructor: Bruce Gillooly, has been dancing for 50 years.

Fee: FREE

Passmore Center

Tuesdays - Beginners (254007-1) 9 – 10 am

Tuesdays - Intermediate (254007-2) 10 – 11 am

Urban Soul Line Dancing

Ever been to a party, reunion or wedding reception where people were line dancing and having a good time? Want to learn those dances as well? Here is your chance. Dance routines will include the cupid shuffle, the wobble, sanctified slide, cha-cha and much more. Come with your dancing shoes, dance requests and have a great time to popular and upbeat R& B music. Class will meet on the last Thu of the month. Must have 10 participants for class to take place and participants must register a week in advance of each class. Mark your calendar and don't miss out!

Instructor: Debbie Ramsey

Fee: \$5 per class

Seymour Center

Thu, Dec 29; Jan 26; Feb 23 (354072-02) 1 – 2 pm

Waltz Social/ Practice

For those who love to waltz, and for those learning. On 1st and 3rd Thu there will be waltzing; 2nd Thu there will be mostly waltzing as well other dances, such as Swing, Scandinavian, Tango, etc. All ages welcome. For more information, contact Katherine Polk at 919- 967-4967.

Fee: FREE

Seymour Center

1st, 2nd & 3rd Thu, Dec 1, 8, 15; Jan 5, 12, 19; Feb 2, 9, 16 (353006) 7- 8:30 pm

West Coast Swing

Requisite - Some basic west coast swing experience necessary, no partner necessary. Learn to dance to Blues, R&B, Top 40 Swing music. This is a slow, sexy style swing dance that's very popular across the country. Join award winning instructor Wesley Boz for this 4 week series. Space is limited.

Instructor: Wesley Boz

Fee: \$50 for 4 lessons (Pay for the full session - \$12.50 per class) Drop-Ins: \$15 *for drop-ins after the second week, Couples: \$90 for couples, please call Debbie Ramsey at 919-274-4400 or Wesley Boz, 919-749-3030 for additional information.

Seymour Center

Foundations I Beginner/Advanced Beginner

Tue, Dec 6 - Dec 20 (354038-13) 6:30 - 7:30pm

Foundations II Advanced Beginner/ Intermediate

Tue, Jan 10 - Jan 31 (354038-14) 6:30 - 7:30pm

Foundations I Beginner/Advanced Beginner

Tue, Feb 7 - Feb 28 (354038-15) 6:30 - 7:30pm

Music

Chorus at Passmore Center

If you are interested in participating in a singing group please contact Terry at 919-245-2016

Finding Your Voice

No, you didn't lose it!!! Wouldn't you like to have more fun with it? Join us for 6 weeks and get more joy out of singing. Each class starts with vocal exercises. It's important that vocalists use every body muscle to achieve the sound they want. We'll do full body stretches, facial gestures, tongue exercises, lip and tongue trills, head, neck, and face exercises, etc. We will learn how to "place the sound forward" to get the fullest sound. In addition, there will be tongue twisters, catchy songs and harmonic exercises. Then comes the good stuff - songs. We'll learn new songs and refine them as the class progresses. The rate of progression depends on the desire of the group.

Here are some types of songs we'll cover:

- Folk
- Country
- Blues
- Gospel

Within your comfort level, each participant is encouraged to bring a song to class to sing – this is the fun part because we'll all be sharing a song with each other. Instructor will teach new skills and some harmony and also invite input from participants as to what they'd like to cover.

Must have a minimum of 5 students; maximum of 10 for class to take place. **Register for this class by Wed, Dec 28.**

Instructor: Marie Vanderbeck

Fee: \$50 for 6 week sessions

Seymour Center

Wed, Jan 4 – Feb 8 (354063-11)

2 - 3:30 pm

Hong Yan Chinese Choir 鸿雁华人合唱团

Singing is one of the most wonderful and beautiful things in the world! Our Chinese older adults meet regularly on Mon and Fri to enjoy popular songs. You are welcome to sit in and sing along! Come to share their joy and happiness! Language is not a barrier.

Fee: FREE

Seymour Center

Mondays and Fridays (354051-01)

12:45 – 1:30 pm

Introduction to Keyboard Theory and Performance

This introductory class will enable you to play simple tunes with your right hand. You will need to bring a keyboard to each session and purchase the recommended textbook, *Alfred's Self-teaching Adult Piano Course*. The textbook can be purchased at Music and Arts, located at 3603 Witherspoon Blvd, Suite 11, Durham, NC. The book's price is \$26.74 which includes tax. To reinforce what you learn in class, you will have homework assignments each week. Classes will be an hour long and will run for 10 weeks. Full payment for all 10 classes must be received prior to the first class meeting. Register for this course by Sat, Dec 17. If you are interested in private lessons with Mr. Smith, you may contact him at 919-338-9049.

Instructor: Jimmy Smith

Fee: \$200 for 10 classes (\$20 per class)

Seymour Center

Sat, Jan 7 – Mar 4 (314043-01)

10 - 11:30 am

Karaoke Sing-A-Long

Join Haryo and friends for a variety of songs and fun.

Fee: FREE

Passmore Center

Wednesdays (257003-01)

10 – 11 am

Opera at the Seymour Center

Your local opera group presents a classic opera usually on the 3rd Sat of the month.

Details about the schedule and upcoming performances are available at

www.meetup.com/Chapel-Hill-Opera/. Come and join other opera lovers in a

wonderful afternoon of romantic and dramatic drama with some of the best singers and

orchestras in the world. After the passionate and beautiful *Tosca* in Nov, we will show a delightful performance of *The Magic Flute* by Mozart in Dec. This performance features glorious music, a magical fairy tale and life-size puppets of birds and bears and snakes. In Jan we'll be amused and musically charmed by Rossini's version of Cinderella and her wicked stepsisters. Feb brings *Fidelio*, Beethoven's only opera. It tells of how the faithful Leonore rescues her husband from death in a political prison. It's a great lineup. Put the following dates on your calendar now!

Opera Coordinator: Evelyn Daniel, Daniel@ils.unc.edu

Fee: \$3 per family

Seymour Center

Sat, Nov 19 - *Tosca* by Puccini 1 - 5 pm

(353031-05)

Sat, Dec 17 - *The Magic Flute* by Mozart 1 - 5 pm

(353031-06)

Sat, Jan 21 - *La Cenerentola* (Cinderella) by Rossini 1 - 5 pm

(353031-07)

Sat, Feb 18 - *Fidelio* by Beethoven 1 - 5 pm

(353031-08)

The Retros

The Retros is a close harmony performance group that sings oldies from the 50's and 60's. They are seeking to expand, if interested call Lisa Berley at 919-717-1853 for more information.

Seymour Center

Mondays 1 - 2 pm

Song Swap

Bring your favorite songs and/or your acoustic instruments, and let's make some music! Folk, blues, old time, bluegrass, or original songs - whatever suits your mood or your style, all are welcome.

Leader Ralph Besser

Seymour Center

1st Tue, Dec 6; Jan 3; Feb 7 (353017) 7 - 8:30 pm

Theatre

Prime Time Spring Reader's Theater

Be a Star! The Prime Time Players will hold **auditions for their spring play on Mon, Feb 6 in the Seymour auditorium from 3 to 5 pm**. The spring production is a chance for seniors who want to be on stage but may feel hampered by mobility or intimidated by a lot of lines: the show will be a reader's theater production that promises plenty of laughs and surprises. Some songs will be needed also, so please come by the audition if you think you'd want to add some music to the production. Performances are set for Mar 29 and 30, as well as Apr 1.

Seymour Center

Mon, Feb 6 (323001-03) 3 - 5 pm