



Orange County
Department on Aging

FREE Orange County Clinic for Community Living

at
**Passmore Center and
Seymour Center**



Stay Active ♦ Stay Fit ♦ Stay Safe in Your Home

What will a visit to the Clinic include?

- Multidisciplinary assessments for falls risk, strength and balance, memory function, mood, medication review, and general medical issues
- Individualized recommendations for exercise, diet, home modifications, medication management, and more
- Referral to additional services as needed
- Expect to spend about 90 minutes meeting with team members

How much does it cost?

The clinics are FREE to Orange County residents 60+ years old

When are the Clinics? 9:00 a.m. – 12:00 noon

2nd Thursday of every month (alternating centers):

Passmore Center, 103 Meadowlands Drive, Hillsborough
Seymour Center, 2551 Homestead Road, Chapel Hill

What if I already have a doctor?

A clinic appointment will not replace a visit to your regular doctor. However, we will provide you an overview of the clinic results which can be shared with your primary care physician and other specialists.

Call for an appointment today!

Passmore Center at 919-245-2015
Seymour Center at 919-968-2070

